

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:30 Leg Exercise 10:30 PM Bus Ride 1:00 PM Then & Now 2:00 PM National Gingersnap Day 3:00 PM Boogie Music	9:30 AM Arm Exercise 10:00 AM Spa Day 11:00 AM Noodle Ball 1:00 PM Worship Service with Pastor Tim 2:00 PM Story Time 3:00 PM Thrive with Music	9:30 AM Dancing Exercise 10:00 AM Price is Right 11:00 PM Painting Craft 1:00 PM Bubbles 2:00 PM Coffee Mug Craft 3:00 PM Thriving with the Good Time Oldies	9:30 AM Chair Exercise 10:00 AM Firecracker Bingo 10:30 AM Independence Day Celebration 1:00 PM Bomb Pops 2:00 PM Happy Hour with Music 3:00 PM Relaxing with the Classics	9:30 AM Popcorn & Movie 11:00 AM Ball Toss 1:00 PM Drums 2:00 PM Thriving with Music 3:00 PM Story Time
9:30 AM Movie & Popcorn 11:00 AM Ball Toss 1:00 PM Worship Service with Pastor David & Associates 2:30 PM Root beer Floats 3:00 PM Story Time	9:30 AM Arm Exercise 10:00 AM Bingo 11:00 AM Game: Math 1:00 PM Hand Massages 2:00 PM Ocean in a Bag 3:00 PM 50's Music	9:30 AM Arm Exercise 10:30 AM Bus Ride 1:00 PM Then & Now 2:00 PM National Raspberry Day 3:00 PM Boogie Music	9:30 AM Balance Exercise 10:00 AM Spa Day 11:00 AM Noodle Ball 1:00 PM Worship Service with Pastor Tim 2:00 PM Story Time 3:00 PM Thrive with Music	9:30 AM Dancing Exercise 10:00 AM Price is Right 11:00 AM Coloring Craft 1:00 PM Sensory 2:00 PM Painting Craft 3:00 PM Thriving with the Good Time Oldies	9:30 AM Chair Exercise 10:30 AM Taste Testing with Suzette 11:00 PM Firecracker Bingo 1:00 PM Go Fish 2:00 PM Happy Hour with Music 3:00 PM Relaxing with the Classics	9:30 AM Movie & Popcorn 11:00 AM Ball Toss 1:00 PM Drums 2:00 PM Thriving with Music 3:00 PM Story Time
9:30 AM Movie & Popcorn 11:00 AM Ball Toss 1:00 PM Worship Service with Pastor David & Associates 2:30 PM Root beer Floats 3:00 PM Story Time	9:30 AM Leg Exercise 10:00 AM Bingo 11:00 AM Game: Math 1:00 PM Hand Massages 2:00 PM Popsicle Stick Frames 3:00 PM 50's Music	9:30 AM Balance Exercise 10:30 AM Bus Ride 1:00 PM Then & Now 2:00 PM Give Something Away Day 3:00 PM Boogie Music  Spirit Day: Patriotic Day	9:30 AM Leg Exercise 10:00 AM Spa Day 11:00 AM Noodle Ball 1:00 PM Worship Service with Pastor Tim 2:00 PM Story Time 3:00 PM Thrive with Music	9:30 AM Dancing Exercise 10:00 AM Price is Right 11:00 AM Paining Craft 1:00 PM Cards 2:00 PM Craft with Rocks 3:00 PM Thriving with the Good Time Oldies	9:30 AM Chair Exercise 10:30 AM Taste Testing with Suzette 11:00 PM Firecracker Bingo 1:00 PM Match This & That 2:00 PM Happy Hour with Music 3:00 PM Relaxing with the Classics	9:30 AM Movie & Popcorn 11:00 AM Ball Toss 1:00 PM Drums 2:00 PM Thriving with Music 3:00 PM Story Time
9:30 AM Movie & Popcorn 11:00 AM Ball Toss 1:00 PM Worship Service with Pastor David & Associates 2:30 PM Root beer Floats 3:00 PM Story Time	9:30 AM Balance Exercise 10:00 AM Bingo 11:00 AM Game: Math 1:00 PM Hand Massages 2:00 PM Sensory Bottles 3:00 PM 50's Music	9:30 AM Band Exercise 10:30 AM Bus Ride 1:00 PM Then & Now 2:00 PM National Fragile Day 3:00 PM Boogie Music	9:30 AM Band Exercise 10:00 AM Spa Day 11:00 PM Noodle Ball 1:00 PM Worship Service with Pastor Tim 2:00 PM Story Time 3:00 PM Thrive with Music	9:30 AM Dancing Exercise 10:00 AM Price is Right 11:00 AM Coloring Craft 1:00 PM Bubbles 2:00 PM Craft 3:00 PM Thriving with the Good Time Oldies	9:30 AM Chair Exercise 10:30 AM Taste Testing with Suzette 11:00 AM Firecracker Bingo 1:00 PM Lemon Drops 2:00 PM Happy Hour with Music 3:00 PM Relaxing with the Classics	9:30 AM Movie & Popcorn 11:00 AM Ball Toss 1:00 PM Drums 2:00 PM Thriving with Music 3:00 PM Story Time
9:30 AM Movie & Popcorn 11:00 AM Ball Toss 1:00 PM Worship Service with Pastor David & Associates 2:30 PM Root beer Floats 3:00 PM Story Time	9:30 AM Range in Motion Exercise 10:00 AM Bingo 11:00 AM Game: Math 1:00 PM Hand Massages 2:00 PM Sponge Painting 3:00 PM 50's Music	9:30 AM Range in Motion Exercise 10:30 AM Bus Ride 1:00 PM Then & Now 2:00 PM National Lipstick/ Chap Stick Day 3:00 PM Boogie Music	9:30 AM Range in Motion Exercise 10:00 AM Birthday Celebration 11:00 AM Noodle Ball 1:00 PM Worship Service with Pastor Tim 2:00 PM Story Time 3:00 PM Thrive with Music	9:30 Dancing Exercise 10:00 AM Price is Right 11:00 AM Painting Craft 1:00 PM Cards 2:00 PM Sensory Craft 3:00 PM Thriving with the Good Time Oldies	 	
<div>JULY 2025</div> <div>The Gardens</div> <div> WHITE CLIFFS SENIOR LIVING A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup></div>		ACTIVITY LOCATOR KEY				