

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ADD TEXT HERE 	ADD TEXT HERE 	10:00 am Morning Yoga 10:30 am iN2L Brain Games 11:00 am Daily Chronicles 1:00 pm (WU) Garden Club 2:30 pm HH Sunrise Sunset 3:00 pm Afternoon Stroll 4:00 pm iN2L Family Feud 6:00 pm Television Classics 1	10:00 am Fitness w/ Tiara 10:30 am Daily Chronicles 11:00 am ES - Name that Tune 1:00 pm (WU) Floral Designing 2:00 pm Relax & Engage: Spa 3:00 pm Afternoon Stroll 4:00 pm Yard Games 6:00 pm Broadway Musicals 2	10:00 am Sit and Stretch 10:30 am Daily Chronicles 11:00 am iN2L - Did You Know 1:00 pm Beach Volleyball 2:30 pm (WU) Taste and Tell 4:00 pm Lakeside Stroll 6:00 pm Movie Night 3	10:00 am Chair Zumba 10:30 am Daily Chronicles 11:00 am (WU) Sign Language 1:00 pm Take A Swing Golf 2:00 pm Puzzle Party 3:00 pm Afternoon Stroll 4:00 pm July 4th Celebration 6:00 pm Television Classics 4	10:00 am Saturday Yoga 10:30 am Daily Chronicles 11:00 am Word Games 1:00 pm VR - Nature Exploration 2:00 pm iN2L - Watercolors 3:00 pm Lakeside Stroll 4:00 pm Word Match 6:00 pm Movie Night 5
10:00 am Chair Zumba 10:30 am Daily Chronicles 11:00 am Sunday Worship 1:00 pm (WU) Creative Corner 2:00 pm iN2L - Word Scabble 3:00 pm Afternoon Stroll 4:00 pm Golf & Games 6:00 pm Movie Night 6	10:00 am Tai Chi 10:30 am Daily Chronicles 11:00 am Golf Challenge 1:00 pm (WU) Woodworking 2:00 pm iN2L - Trivia Challenge 3:00 pm Bingo on the Patio 4:00 pm Afternoon Stroll 6:00 pm Movie Night 7	10:00 am Morning Yoga 10:30 am iN2L Brain Games 11:00 am Daily Chronicles 1:00 pm (WU) Garden Club 2:30 pm HH Pink Paradise 3:00 pm Afternoon Stroll 4:00 pm iN2L Family Feud 6:00 pm Television Classics 8	10:00 am Fitness w/ Tiara 10:30 am Daily Chronicles 11:00 am ES - Name that Tune 1:00 pm (WU) Floral Designing 2:00 pm Relax & Engage: Spa 3:00 pm Afternoon Stroll 4:00 pm Yard Games 6:00 pm Broadway Musicals 9	10:00 am Sit and Stretch 10:30 am Daily Chronicles 11:00 am Lunch Brunch Outing 1:00 pm iN2L - Did You Know 1:00 pm Beach Volleyball 2:30 pm (WU) Taste and Tell 4:00 pm Lakeside Stroll 6:00 pm Movie Night 10	10:00 am Chair Zumba 10:30 am Daily Chronicles 11:00 am (WU) Sign Language 1:00 pm Take A Swing Golf 2:00 pm Puzzle Party 3:00 pm Afternoon Stroll 4:00 pm iN2L Brain Games 6:00 pm Television Classics 11	10:00 am Saturday Yoga 10:30 am Daily Chronicles 11:00 am Word Games 1:00 pm VR - Nature Exploration 2:00 pm iN2L - Watercolors 3:00 pm Lakeside Stroll 4:00 pm Word Match 6:00 pm Movie Night 12
10:00 am Chair Zumba 10:30 am Daily Chronicles 11:00 am Sunday Worship 1:00 pm (WU) Creative Corner 2:00 pm iN2L - Word Scabble 3:00 pm Afternoon Stroll 4:00 pm Golf & Games 6:00 pm Movie Night 13	10:00 am Tai Chi 10:30 am Daily Chronicles 11:00 am Golf Challenge 1:00 pm (WU) 1964 World Fair 2:00 pm **Danny Allen Guitar 3:00 pm Bingo on the Patio 4:00 pm Afternoon Stroll 6:00 pm Movie Night 14	10:00 am Morning Yoga 10:30 am iN2L Brain Games 11:00 am **Music: Jack and Rose 1:00 pm (WU) Garden Club 2:30 pm HH Summer Splash 3:00 pm Afternoon Stroll 4:00 pm iN2L Family Feud 6:00 pm Television Classics 15	10:00 am Fitness w/ Tiara 10:30 am Daily Chronicles 11:00 am ES - Name that Tune 1:00 pm (WU) Floral Designing 2:00 pm Relax & Engage: Spa 3:00 pm Afternoon Stroll 4:00 pm Yard Games 6:00 pm Broadway Musicals 16	10:00 am Sit and Stretch 10:30 am Daily Chronicles 11:00 am iN2L - Did You Know 1:00 pm Beach Volleyball 2:30 pm (WU) Taste and Tell 3:30 pm Summer Concert 4:00 pm Lakeside Stroll 6:00 pm Movie Night 17	10:00 am Chair Zumba 10:30 am Daily Chronicles 11:00 am (WU) Sign Language 1:00 pm Take A Swing Golf 2:00 pm Puzzle Party 3:00 pm Afternoon Stroll 4:00 pm iN2L Brain Games 6:00 pm Television Classics 18	10:00 am Saturday Yoga 10:30 am Daily Chronicles 11:00 am Word Games 1:00 pm VR - Nature Exploration 2:00 pm iN2L - Watercolors 3:00 pm Lakeside Stroll 4:00 pm Word Match 6:00 pm Movie Night 19
10:00 am Chair Zumba 10:30 am Daily Chronicles 11:00 am Sunday Worship 1:00 pm (WU) Creative Corner 2:00 pm iN2L - Word Scabble 3:00 pm Afternoon Stroll 4:00 pm Golf & Games 6:00 pm Movie Night 20	10:00 am Tai Chi 10:30 am Daily Chronicles 11:00 am Golf Challenge 1:00 pm (WU) Wonders of the World 2:00 pm iN2L - Trivia Challenge 3:00 pm Bingo on the Patio 4:00 pm Afternoon Stroll 6:00 pm Movie Night 21	10:00 am Morning Yoga 10:30 am iN2L Brain Games 11:00 am Daily Chronicles 1:00 pm (WU) Garden Club 2:30 pm HH "Cran this be love" 3:00 pm Afternoon Stroll 4:00 pm iN2L Family Feud 6:00 pm Television Classics 22	10:00 am Fitness w/ Tiara 10:30 am Daily Chronicles 11:00 am ES - Name that Tune 1:00 pm (WU) Floral Designing 2:00 pm Relax & Engage: Spa 2:30 pm Birthday Celebration 3:00 pm Afternoon Stroll 4:00 pm Yard Games 6:00 pm Broadway Musicals 23	10:00 am Sit and Stretch 10:30 am Daily Chronicles 11:00 am iN2L - Did You Know 1:00 pm Beach Volleyball 2:30 pm (WU) Taste and Tell 4:00 pm Lakeside Stroll 6:00 pm Movie Night 24	10:00 am Chair Zumba 10:30 am Daily Chronicles 11:00 am (WU) Sign Language 1:00 pm Take A Swing Golf 2:00 pm Puzzle Party 3:00 pm Afternoon Stroll 4:00 pm iN2L Brain Games 6:00 pm Television Classics 25	10:00 am Saturday Yoga 10:30 am Daily Chronicles 11:00 am Word Games 1:00 pm VR - Nature Exploration 2:00 pm iN2L - Watercolors 3:00 pm Lakeside Stroll 4:00 pm Word Match 6:00 pm Movie Night 26
10:00 am Chair Zumba 10:30 am Daily Chronicles 11:00 am Sunday Worship 1:00 pm (WU) Creative Corner 2:00 pm iN2L - Word Scabble 3:00 pm Afternoon Stroll 4:00 pm Golf & Games 6:00 pm Movie Night 27	10:00 am Tai Chi 10:30 am Daily Chronicles 11:00 am Golf Challenge 1:00 pm (WU) Inventions 2:00 pm **Danny Allen Guitar 3:00 pm Bingo on the Patio 4:00 pm Afternoon Stroll 6:00 pm Movie Night 28	10:00 am Morning Yoga 10:30 am iN2L Brain Games 11:00 am **Music: Jack and Rose 1:00 pm (WU) Garden Club 2:30 pm HH Tropical Breeze 3:00 pm Afternoon Stroll 4:00 pm iN2L Family Feud 6:00 pm Television Classics 29	10:00 am Fitness w/ Tiara 10:30 am Daily Chronicles 11:00 am ES - Name that Tune 1:00 pm (WU) Floral Designing 2:00 pm Relax & Engage: Spa 3:00 pm Afternoon Stroll 4:00 pm Yard Games 6:00 pm Broadway Musicals 30	10:00 am Sit and Stretch 10:30 am Oakland Zoo 11:00 am iN2L - Did You Know 1:00 pm - Beach Volleyball 2:30 pm - (WU) Taste and Tell 4:00 pm - Lakeside Stroll 6:00 pm Movie Night 31	 Special Events July 4th BBQ July 3rd@ 4PM Lunch Brunch Outing 2nd Thursday @ 11:00 Special Events Oakland Zoo July 31st @ 10:30 AM Sounds of Summer Concert 3rd Thursday @ 3:30	
JULY 2025 Prema Memory Support  LAKESIDE PARK A WATERMARK RETIREMENT COMMUNITYSM	ACTIVITY LOCATOR KEY Body Community Mind Spirit	WU - Watermark University iN2L - It's Never too late activity program ES - Eversound Headphones VR - Virtual Reality ** - Live Music HH - Happy Hour	*All activities are subject to change		Charles E. - 7/9 Dennis C. - 7/12 Mary F. - 7/26	