

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
We will attempt to do music Events on the patio unless stated.	Hawaiian Theme month Dress Hawaiian attire.	Gratitude Meditation Exercise Tai Chi w/ Master Fung Poker Puzzles Sunshine Garden Club Sports Games Memory Lane Social Music & VR Practical Engagement	Gratitude Meditation Balance & Strength w/Monique Sports Games Hearthside Book Club Card Sharks Thrive Music After Dinner TED talk social Practical Engagement	Yoga Art w/Monique The Baking Bunch Bingo Dominoes Thrive Music After Dinner Sensory Box Practical Engagement	Hula Dance w/Julia Word Search Tricity News Spa Day Tropical Art w/Jessica WU- Music Theory w/DJ Warren @2:45pm VR After Dinner Movie Social w/Discussion Practical Engagement	Cardio Dance Garden clean up Aqua Painting Art w/ Naya Practical Engagment Music Memories Afternoon Stretch After Dinner Bingo Social
CBS Sunday Morning Exercise w/ Nayas WU - Sunday Mass @1PM Basketball w/Naya Art w/ Naya Ukulele w/Molly Afternoon Stretch Spiritual Songs Sing-a-long	Good Morning Stretch Balance & Strength Music with Jacqueline WU-Lap Harp Parachute Games Sundae Mondays @1:30pm Sports Games Thrive Music After Dinner Flower Arranging Practical Engagement	Gratitude Meditation Exercise Tai Chi w/ Master Fung Lady Bug Art Sunshine Garden Club Sports Games Memory Lane Social Music & VR Practical Engagement	Gratitude Meditation Balance & Strength w/Monique Sports Games Hearthside Book Club Card Sharks Thrive Music After Dinner TED talk social Practical Engagement	Yoga Fremont Hills Outing The Baking Bunch Bingo Dominoes Thrive Music After Dinner Sensory Box Practical Engagement	Hula Dance w/Julia Spa Day Tropical Art w/Jessica Science Club Thrive Music After Dinner Movie Social w/Discussion Practical Engagement	Cardio Dance Aqua Painting Art w/ Naya Practical Engagment Music Memories Afternoon Stretch After Dinner Bingo Social
CBS Sunday Morning Exercise w/ Nayas WU - Sunday Mass @1PM Basketball w/Naya Art w/ Naya Ukulele w/Molly Afternoon Stretch Spiritual Songs Sing-a-long	Good Morning Stretch Balance & Strength Parachute Games Sundae Mondays @1:30pm Sports Games Thrive Music After Dinner Flower Arranging Practical Engagement	Gratitude Meditation Exercise Tai Chi w/ Master Fung Sunshine Garden Club Music w/Ranjani @1:45pm Dominoes Sports Games Tri-city News Music & VR Practical Engagement	Gratitude Meditation Balance & Strength w/Monique Name that tune w/Jessica Hearthside Book Club Card Sharks Thrive Music After Dinner TED talk social Practical Engagement	Yoga The Baking Bunch Bingo Rock Painting Dominoes Thrive Music After Dinner Sensory Box Practical Engagement	Hula Dance w/Julia Spa Day Tropical Art w/Jessica WU- Music Theory w/DJ Warren @2:45pm Science Club Thrive Music After Dinner Movie Social w/Discussion Practical Engagement	Cardio Dance Aqua Painting Ice Tea Social Art w/ Naya Practical Engagment Music Memories Afternoon Stretch After Dinner Bingo Social
CBS Sunday Morning Exercise w/ Nayas WU - Sunday Mass @1PM Basketball w/Naya Art w/ Naya Ukulele w/Molly Afternoon Stretch Spiritual Songs Sing-a-long	Good Morning Stretch Balance & Strength Music w/Jacqueline Parachute Games Sundae Mondays @1:30pm Sports Games Thrive Music After Dinner Flower Arranging Practical Engagement	Gratitude Meditation Exercise Tai Chi w/ Master Fung Dominoes Sunshine Garden Club Sports Games Memory Lane Social Music & VR Practical Engagement	Gratitude Meditation Balance & Strength w/Monique Sports Games Hearthside Book Club Card Sharks Thrive Music After Dinner TED talk social Practical Engagement	Yoga The Baking Bunch Bingo Dominoes Thrive Music After Dinner Sensory Box Practical Engagement	Hula Dance w/Julia Spa Day Tropical Art w/Jessica Science Club Thrive Music After Dinner Movie Social w/Discussion Practical Engagement	Cardio Dance Aqua Painting Art w/ Naya Practical Engagment Music Memories Afternoon Stretch After Dinner Bingo Social
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