SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		ST. HGUS			10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:30 Happy Hour and Massages with Tiffany - 2AR 4:00 Ice Breakers- Lobby	Independent August Word Games Available in the Bistro
10:00 Communion with Lucy - Bistro 1:00 Watermelon Social - Front Porch 4:00 Ice Breakers- L	10:15 Seated Aerobics - 2T 2:00 Bingo - 2AR 3:15 Activity Planning - 2AR 4:00 Ice Breakers- L	10:15 Chair Yoga - 2T 1:00 Word Mining - 2AR 2:30 Ambler Jazz Quartet - 2T 4:00 Ice Breakers- L 6:00 Discussion with Donna - L	10:15 Coordination & Agility Training - 2T 11:00 Weis Trip 1:00 August IQ and August Gazette -2AR 2:00 Bingo - 2AR 4:00 Ice Breakers- L	10:00 WU: Cardiac & Pulmonary Disease Discussion & Exercise w/ Dr. Wade- Fox Therapy - 2T 2:00 WU: Horticulture 2AR 3:00 Corn Hole - 2T 4:00 Ice Breakers- L 6:00 JT - Singer - 2T	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:30 Happy Hour - 2AR 4:00 Ice Breakers- Lobby	2:15 Word Mining - 2AR Independent August Word Games Available in the Bistro
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L	10:15 Seated Aerobics - 2T 2:15 Painting with Bob Roth - 2AR 3:15 Book Club - 2AR 4:00 Ice Breakers- L 4:30 Order-In Dinner - Rocco's	10:15 Chair Yoga - 2T 10:45 Dollar Tree Trip 1:00 Trivia - 2AR 2:00 WU: Healthy Living with Humana Care - 2AR 4:00 Ice Breakers- L 6:00 Discussion with Donna - L	10:15 Coordination & Agility Training - 2T 1:00 Adult Coloring - 2AR 2:00 WU: Prosecco Class with Ieshia - 2AR 3:00 WU: Cooking Demo with the Chef - 2AR 4:00 Ice Breakers- L	10:15 Stretching & Balance - 2T 1:00 Bingo with Bobbie - 2AR 2:30 Minnie Kalan- 2T 4:00 Ice Breakers- L	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:30 Happy Hour - 2AR 4:00 Ice Breakers- Lobby	Independent August Word Games Available in the Bistro
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L	10:15 Seated Aerobics - 2T 1:00 Famous Women in	10:15 Chair Yoga - 2T 1:00 Menu Planning-B 2:30 Bill Long - Singer/Guitar - 2T 4:00 Ice Breakers- L 6:00 Discussion with Donna -	10:15 Coordination & Agility Training - 2T 1:00 Suann on the Piano - L 2:00 Resident Council -2T 2:30 BBP Store - 2T 3:00 Checkers - 2T 4:00 Ice Breakers- L	National Senior Citizens Day 10:15 Stretching & Balance - 2T 10:45 Wegman's Trip 2:00 Bingo - 2AR 3:15 Shining the Spotlight on You- Share Your Story - 2AR 14:00 Ice Breakers - L	 10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:30 Happy Hour - 2AR 4:00 Ice Breakers- Lobby 	2:15 Word Mining - 2AR Independent August Word Games Available in the Bistro
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L	10:15 Seated Aerobics - 2T 2:00 Banana Split Day - 2AR 3:00 WU: Spotlight on Alfred Hitchcock - 2AR 4:00 Ice Breakers - L	10:15 Chair Yoga - 2T 11:30 Lunch Outing- Phil's Tavern 2:00 Bingo - 2AR 4:00 Ice Breakers- L 6:00 Alan Lurty- Piano	10:15 Coordination & Agility Training - 2T 2:00 Craig Satchel - Piano 3:30 Tic Tac Toe- 2AR 4:00 Ice Breakers- L	Italian Day at Blue Bell Place Wear Your Red or Green 10:15 Stretching & Balance - 2T 10:45 Walmart Trip 2:00 Exploring Italy - 2T 3:00 WU: Learning Italian - 2AR 6:30Movie: "Nonnas" - B	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:30 Happy Hour and Birthday Party - 2AR 4:00 Ice Breakers- Lobby	Independent August Word Games Available in the Bistro
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L	Trad		ACTIVITY LOCATOR KEY L - Lobby DR - Dining Room B - 1st Floor Bistro 2T- 2nd Fl. Theater 2AR - 2nd Fl. Activities Room	Manicures every Wednesday by appointment. Sign up at the front desk	Every Thursday evening join your friends for some jigsaw puzzle therapy in the Activities Room	Calendar is Subject to Change See Daily Calendar in Lobby for most accurate schedule!