

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:30 The Great Word Search (B) 11:00 Fitness Class: Rhythm and Balance (AR) 11:30 Calm Your Mind (AR) 1:30 Heart and Sole Walkers 2:30 New York Times Group Crossword (BT) 3:30 Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: Luke Doubravsky (LR) 6:00 Movie: The Holiday (LR) 1	10:00 Fitness Class: Chair Yoga (AR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:00 Scenic Drive: Bridle Trail State Park (LO) 11:30 Breathe & Be (AR) 1:30 Heart and Sole Walkers 2:00 Art Fundamentals: Texture Painting (AR) 3:00 Yard Games (LR) 4:00 Virtual Reality: Sail Around the Mediterranean (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Lost Husband (LR) 2
10:00 Sunday Strolls Walking Club 11:00 Aerobic Chair Exercises with FitGroup USA (AR) 1:30 Heart and Sole Walkers 2:00 Margs and Manicures (AR) 2:00 Movie Day and Popcorn: Fiddler on the Roof (LR) 4:00 Service Circle: Paws & Purpose (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: 17 Again (LR) 3	10:00 The Morning Roast (LR) 11:00 Aerobic Chair Exercises with FitGroup USA (AR) 11:30 Calm Your Mind (AR) 12:50 QFC Shopping Outing (1N8SS1BW9) 1:30 Heart and Sole Walkers 3:00 Yard Games (LR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: I Still Believe (LR) 4	10:00 Heart and Sole Walkers 10:00 The Morning Roast (LR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Breathe & Be (AR) 2:00 Classic Icons: Guess & Discover (B) 2:50 Walking Outing: Downtown Bellevue Park (1N4SBW9) 3:00 Stem & Style: Floral Arranging (AR) 4:00 Virtual Sail Around the Mediterranean (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Forge (LR) 5	10:30 The Great Word Search (B) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Calm Your Mind (AR) 1:30 Heart and Sole Walkers 2:00 Botanical Impressions: Pressed Flower Collage (AR) 3:00 Yard Games (LR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Starling (LR) 6	10:00 The Morning Roast (LR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Breathe & Be (AR) 1:00 Outing: The Center For Wooden Boats Museum (LO) 1:30 Heart and Sole Walkers 2:30 WU: Sound Healing with Emma (AR) 4:00 Bingo (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: A Dogs Way Home (LR) 7	10:30 The Great Word Search (B) 11:00 Fitness Class: Rhythm and Balance (AR) 11:30 Calm Your Mind (AR) 1:30 Heart and Sole Walkers 2:30 New York Times Group Crossword (BT) 3:30 Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: Steve Olson (LR) 6:00 Movie: The Hill (LR) 8	10:00 Fitness Class: Chair Yoga (AR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:00 Scenic Drive: Doris Cooper Houghton beach (LO) 11:30 Breathe & Be (AR) 1:30 Heart and Sole Walkers 2:30 Art Fundamentals: National Book Lovers Day (AR) 4:00 Yard Games (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Baby Mama (LR) 9
10:00 Sunday Strolls Walking Club 11:00 Aerobic Chair Exercises with FitGroup USA (AR) 1:30 Heart and Sole Walkers 2:00 Margs and Manicures (AR) 2:00 Movie Day and Popcorn: Till the Clouds Roll By (LR) 4:00 Service Circle: Paws & Purpose (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Love In The Villa (LR) 10	10:00 The Morning Roast (LR) 11:00 Aerobic Chair Exercises with FitGroup USA (AR) 11:30 Calm Your Mind (AR) 1:30 Heart and Sole Walkers 2:30 WU: Sprinkle & Sizzle (AR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Love, Guaranteed (LR) 11	10:00 The Morning Roast (LR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Breathe & Be (AR) 1:30 Heart and Sole Walkers 2:00 Activities & Outings Council Meeting (AR) 3:00 Mini Golf (B) 3:00 Stem & Style: Floral Arranging (AR) 4:00 Virtual Adventure: The Grand Canyon (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Miracle Club (LR) 12	10:30 The Great Word Search (B) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Calm Your Mind (AR) 1:30 Heart and Sole Walkers 2:00 Art Fundamentals: Pots of Possibility (AR) 3:00 WU: Icelandic Adventure with Rose (B) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Home Team (LR) 13	10:00 The Morning Roast (LR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Breathe & Be (AR) 1:00 Documentary: Modern Marvels: The History of Lifehouses (B) 1:00 Heart and Sole Walkers 1:00 Outing: Kubota Garden (LO) 2:30 WU: Petals & Pastries (AR) 4:00 Bingo (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Annie (LR) 14	10:30 The Great Word Search (B) 11:00 Fitness Class: Rhythm and Balance (AR) 11:30 Calm Your Mind (AR) 1:30 Heart and Sole Walkers 2:30 New York Times Group Crossword (BT) 3:30 Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: DUO (LR) 6:00 Movie: Minding The Line (LR) 15	10:00 Fitness Class: Chair Yoga (AR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:00 Scenic Drive: Big Rock Park North (LO) 11:30 Breathe & Be (AR) 1:30 Heart and Sole Walkers 2:00 Pots of Possibility: Rooted in Creativity (AR) 3:30 Yard Games (LR) 4:00 Virtual Reality: Guess the Landmark (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Five-Year Engagement (LR) 16
10:00 Sunday Strolls Walking Club 11:00 Aerobic Chair Exercises with FitGroup USA (AR) 1:30 Heart and Sole Walkers 2:00 Margs and Manicures (AR) 2:00 Movie Day and Popcorn: Matilda the Musical (LR) 4:00 Service Circle: Paws & Purpose (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Set It Up (LR) 17	10:00 The Morning Roast (LR) 11:00 Aerobic Chair Exercises with FitGroup USA (AR) 11:30 Calm Your Mind (AR) 12:50 QFC Shopping Outing (1N8SS1BW9) 1:30 Heart and Sole Walkers 2:00 WU: Palette & Pour (AR) 3:00 Yard Games (LR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Rock (LR) 18	10:00 The Morning Roast (LR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Breathe & Be (AR) 1:00 Heart and Sole Walkers 1:30 WU: Chef's Table (B) 2:00 Virtual Beach Vacation! (LR) 2:30 New Resident Meet & Greet (B) 3:00 Stem & Style: Floral Arranging (AR) 4:00 Living Room Games: Whirl 'n' Whin (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Little (LR) 19	10:30 The Great Word Search (B) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 12:00 Monthly Resident Birthday Luncheon Celebration (DR) 1:00 Resident Council Meeting (AR) 2:30 Art Fundamentals: Expressive Self Portraits (AR) 3:00 Yard Games (LR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Meet The Parents (LR) 20	10:00 The Morning Roast (LR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Breathe & Be (AR) 11:45 Outing: Stone Korean Restaurant (LO) 1:00 Heart and Sole Walkers 1:30 UNO (B) 2:30 WU: Curtain Call Chronicles (B) 4:00 Bingo (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: A Home of Our Own (LR) 21	10:30 The Great Word Search (B) 11:00 Fitness Class: Rhythm and Balance (AR) 11:30 Calm Your Mind (AR) 12:45 Outing: Picnic at Juanita Beach Park 1:30 Heart and Sole Walkers 2:30 New York Times Group Crossword (BT) 3:30 Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: Lindi Moo (LR) 6:00 Movie: A Million Miles Away (LR) 22	10:00 Fitness Class: Chair Yoga (AR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:00 Scenic Drive: Gene Coulon Memorial Beach (LO) 11:30 Breathe & Be (AR) 1:00 Outing: Festival Sundiata Black Arts Fest 1:30 Heart and Sole Walkers 2:00 Art Fundamentals: Expressive Self Portraits (AR) 4:00 Virtual Reality: Guess the City (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Me Before You (LR) 23
10:00 Sunday Strolls Walking Club 11:00 Aerobic Chair Exercises with FitGroup USA (AR) 1:30 Heart and Sole Walkers 2:00 Margs and Manicures (AR) 2:00 Movie Day and Popcorn: Fried Green Tomatoes (LR) 4:00 Service Circle: Paws & Purpose (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Healer (LR) 24	10:00 The Morning Roast (LR) 11:00 Aerobic Chair Exercises with FitGroup USA (AR) 11:30 Calm Your Mind (AR) 12:50 QFC Shopping Outing (1N8SS1BW9) 1:30 Heart and Sole Walkers 3:00 The Great Banana Split Bash (LR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Letters To Juliet (LR) 25	10:00 The Morning Roast (LR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Breathe & Be (AR) 1:30 Heart and Sole Walkers 2:00 Food For Thought: Food Council (B) 3:00 Stem & Style: Floral Arranging (AR) 4:00 Go Fish! (LR) 4:30 Virtual Serenity: Summer Poems (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Finding Grace (LR) 26	10:30 The Great Word Search (B) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Calm Your Mind (AR) 1:30 Heart and Sole Walkers 3:00 Neighborhood Block Party (C) 6:00 Movie: Country Crush (LR) 27	10:00 The Morning Roast (LR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:30 Breathe & Be (AR) 1:30 Heart and Sole Walkers 1:45 Outing: Harbor Cruise of Seattle Waterfront (LO) 2:30 WU: Modern Homesteading (B) 4:00 Bingo (AR) 4:00 Table Tennis! (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Nature of Romance (LR) 28	10:30 The Great Word Search (B) 11:00 Fitness Class: Rhythm and Balance (AR) 11:30 Calm Your Mind (AR) 1:30 Heart and Sole Walkers 2:30 New York Times Group Crossword (BT) 3:30 Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: Bob Cerelli (LR) 6:00 Movie: Twisters (LR) 29	10:00 Fitness Class: Chair Yoga (AR) 11:00 Fitness Class: Sit, Stretch, and Step (AR) 11:00 Outing: Scenic Drive: Poo Poo Point 11:30 Breathe & Be (AR) 1:30 Heart and Sole Walkers 2:00 Art Fundamentals: Framed with Love (AR) 4:00 Virtual Reality: Guess the US State (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Hackshaw ridge (LR) 30
10:00 Sunday Strolls Walking Club 11:00 Aerobic Chair Exercises with FitGroup USA (AR) 1:30 Heart and Sole Walkers 2:00 Margs and Manicures (AR) 2:00 Movie Day and Popcorn: Steel Magnolias (LR) 4:00 Service Circle: Paws & Purpose (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Homefront (LR) 31					LR= Living Room B= Bistro NOM= North of Main DR= Dining Room AR= Activity Room C= Courtyard L= Lobby	Body Community Entertainment Mind Outing Spirit

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