

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Note:</u> Activities in <b>bold</b> denote special programs such as: live music, religious services, &amp; Watermark University courses.</p>	<p><b>Pet Therapy</b></p> <p>Reduce Anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dogs; Karma, Fiona, Bunny and Gus.</p>		<p><b>Dates to Remember</b> <b>8/1</b> Mass w/Fr. Wayne <b>8/5</b> Memory Lane Performs <b>8/7</b> Walking Club Trip <b>8/13</b> Dave Colucci Performs <b>8/16</b> Tony Rarus Sings <b>8/17</b> Piano Entertainment <b>8/17</b> Grace Church Service</p>	<p><b>8/20</b> American Melody Band <b>8/21</b> Jeff The Plant Guy <b>8/21</b> Friendly’s Lunch Trip <b>8/22</b> Beverly on the Piano <b>8/23</b> Hip Hop Dance Exercise <b>8/26</b> David Soltz Entertains</p>	<p><b>9:45-</b> Balance Exercise <b>10:30-</b> Group Crossword Puzzle <b>1:30- Mass With Father Wayne</b> <b>2:45 Karma The Dog Visits</b> <b>3:00-</b> Happy Hour in the Pub <b>4:15- iN2L:</b> Breathe <b>6:15-</b> An Eye For Art: Vision <b>1</b></p>	<p><b>9:45-</b> Flexibility Exercise <b>10:30-</b> Darts &amp; Billiards <b>1:30-</b> Prize Bingo <b>3:00-</b> Movie Matinee: <i>Downton Abbey</i> <b>4:15- iN2L:</b> Piggy Bankers <b>6:15-</b> Coffee Social in Cafe/Daily Chronicles <b>2</b></p>
<p><b>9:45-</b> Exercise with Krysten <b>10:00-</b> Mass on TV Ch 9 <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>2:00- Chaplet of Divine Mercy</b> <b>3:00-</b> Volleyball <b>4:15- iN2L:</b> Art History <b>6:15-</b> EWTN Worship Service CH 18 <b>3</b></p>	<p><b>9:45-</b> Resistance Exercise <b>10:15- Balance Assessment</b> <b>10:30-</b> Scattergories <b>1:30-</b> Wii Bowling <b>3:00-</b> Happy Hour in the Pub/ Person of Interest: Roger Clemens <b>4:15- iN2L:</b> Animal Adventures <b>6:15-</b> Comedy Club: “Rodney Dangerfield” <b>4</b></p>	<p><b>9:45- WU: Exercise with Kim</b> <b>10:30-</b> One Long Word <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>1:30- WU: Engage VR</b> <b>1:30- Memory Lane Performs</b> <b>3:00-</b> Outdoor Reflection <b>4:15- iN2L:</b> Meditation <b>6:15-</b> Prize Bingo <b>5</b></p>	<p><b>9:30 Blood Pressure Clinic</b> <b>9:45-</b> Cardio Exercise <b>10:30-</b> Plinko/Trivia <b>1:30- WU: Tropical Card Making</b> <b>3:00- WU: Timely Topics Around The World</b> <b>4:15-</b> Dominoes in the Pub <b>6:00- EL Concert Trip</b> <b>6</b></p>	<p><b>9:45-</b> Theraband Exercise <b>10:30- WU: Health Talk “Balance &amp; Aging”</b> <b>10:15- Walking Club Trip</b> <b>11:00-</b> Word Games <b>1:30- WU: Engage VR</b> <b>1:30-</b> Pokeno <b>3:00-</b> Horseracing <b>4:15- iN2L:</b> Relaxation <b>6:15-</b>LCR in Activity Room <b>7</b></p>	<p><b>9:45-</b> Balance Exercise <b>10:30-</b> Group Crossword Puzzle <b>1:30-</b> Axe Throwing <b>2:45- Karma the Dog Visits</b> <b>3:00-</b> Happy Hour in the Pub/Conversations with Emily <b>4:15- iN2L:</b> Breathe <b>6:15-</b> An Eye For Art: Watercolor <b>8</b></p>	<p><b>9:45-</b> Flexibility Exercise <b>10:30-</b> Darts &amp; Billiards <b>1:30-</b> Prize Bingo <b>3:00-</b> Movie Matinee: <i>The Legend of Zorro</i> <b>4:15- iN2L:</b> Piggy Bankers <b>6:15-</b> Coffee Social in Cafe/Daily Chronicles <b>9</b></p>
<p><b>9:45-</b> Exercise with Krysten <b>10:00-</b> Mass on TV Ch 9 <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>2:00- Chaplet of Divine Mercy</b> <b>3:00-</b> Volleyball <b>4:15- iN2L:</b> Art History <b>6:15-</b> EWTN Worship Service CH 18 <b>10</b></p>	<p><b>9:45-</b> Resistance Exercise <b>10:30-</b> Scattergories <b>1:15- Communion</b> <b>1:30- WU: Family Recipes</b> <b>3:00-</b> Happy Hour in the Pub/ Person of Interest: Hulk Hogan <b>4:15- iN2L:</b> Animal Adventures <b>6:15-</b> Comedy Club: “Steve Martin” <b>11</b></p>	<p><b>9:45- WU: Exercise with Kim</b> <b>10:30-</b> One Long Word <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>1:30- WU: Engage VR</b> <b>1:30- WU: Music Appreciation</b> <b>2:30 Ice Cream Truck</b> <b>3:00- WU: Timely Topics Around The World</b> <b>4:15- iN2L:</b> Meditation <b>6:15-</b> Prize Bingo <b>12</b></p>	<p><b>9:45-</b> Cardio Exercise <b>10:30- WU: 360 Well “Healthy Sleep From A-ZZZZZ’s”</b> <b>1:30- Dave Colucci Performs</b> <b>3:00-</b> Outdoor Walks <b>4:15-</b> Dominoes in the Pub <b>6:15-</b> Poker With Friends <b>13</b></p>	<p><b>9:45-</b> Theraband Exercise <b>10:30- WU: Scrumptious Delights</b> <b>11:00-</b> Word Games <b>1:30-</b> Prize Bingo <b>1:30- WU: Engage VR</b> <b>3:00-</b> Human Slot Machine <b>4:15- iN2L:</b> Relaxation <b>6:15-</b>LCR in Activity Room <b>14</b></p>	<p><b>9:45-</b> Balance Exercise <b>10:30-</b> Group Crossword Puzzle <b>1:30- Disco Dance Party</b> <b>2:45- Karma The Dog Visits</b> <b>3:00-</b> Happy Hour in the Pub <b>4:15- iN2L:</b> Breathe <b>6:15-</b> An Eye For Art: Colored Pencil Creations <b>15</b></p>	<p><b>9:45-</b> Flexibility Exercise <b>10:30-</b> Darts &amp; Billiards <b>1:30- Tony Rarus Entertains</b> <b>3:00-</b> Movie Matinee: <i>The Miracle Club</i> <b>4:15- iN2L:</b> Piggy Bankers <b>6:15-</b> Coffee Social in Cafe/Daily Chronicles <b>16</b></p>
<p><b>9:45-</b> Exercise with Krysten <b>10:00-</b> Mass on TV Ch 9 <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>1:00- Piano Entertainment</b> <b>2:00- Grace Church Service</b> <b>4:15- iN2L:</b> Art History <b>6:15-</b> EWTN Worship Service CH 18 <b>17</b></p>	<p><b>9:45-</b> Resistance Exercise <b>10:30-</b> Scattergories <b>1:30- Chaplet Of Divine Mercy Prayer</b> <b>2:15-</b> Wii Bowling <b>3:00-</b> Happy Hour in the Pub/ Person of Interest: Robert Redford <b>4:15- iN2L:</b> Animal Adventures <b>6:15-</b> Comedy Club: “The Three Stooges” <b>18</b></p>	<p><b>9:45- WU: Exercise with Kim</b> <b>10:30-</b> One Long Word <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>1:30- WU: Engage VR</b> <b>1:30 WU: Chef’s Kitchen</b> <b>1:30- Jimmy Mazz Trip</b> <b>3:00- WU: Timely Topics Around The World</b> <b>4:15- iN2L:</b> Meditation <b>6:15-</b> Prize Bingo <b>19</b></p>	<p><b>9:45-</b> Cardio Exercise <b>10:30-</b> Finish The Lyrics <b>1:30- American Melody Band Performs</b> <b>3:00-</b> Outdoor Walks <b>4:15-</b> Dominoes in the Pub <b>6:15-</b> Poker With Friends <b>20</b></p>	<p><b>9:45-</b> Theraband Exercise <b>10:00- WU: Jeff The Plant Guy/Pineapples</b> <b>11:30- Friendly’s Lunch Trip</b> <b>1:30- WU: Engage VR</b> <b>3:30-</b> Corn Hole <b>4:15- iN2L:</b> Relaxation <b>6:15-</b>LCR in Activity Room <b>21</b></p>	<p><b>9:45-</b> Balance Exercise <b>10:30-</b> Group Crossword Puzzle <b>1:30-</b> Prize Bingo <b>2:45- Karma the Dog Visits</b> <b>3:00- Beverly On the Piano</b> <b>4:15- iN2L:</b> Breathe <b>6:15-</b> An Eye For Art: Vision <b>22</b></p>	<p><b>9:45-</b> Flexibility Exercise <b>10:30-</b> Darts &amp; Billiards <b>2:00- Hip Hop Dance Exercise</b> <b>3:00-</b> Movie Matinee: <i>The Great Outdoors</i> <b>4:15- iN2L:</b> Piggy Bankers <b>6:15-</b> Coffee Social in Cafe/Daily Chronicles <b>23</b></p>
<p><b>9:45-</b> Exercise with Krysten <b>10:00-</b> Mass on TV Ch 9 <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>2:00- Chaplet of Divine Mercy</b> <b>3:00-</b> Volleyball <b>4:15- iN2L:</b> Art History <b>6:15-</b> EWTN Worship Service CH 18 <b>24</b></p>	<p><b>9:45-</b> Resistance Exercise <b>10:30-</b> Scattergories <b>1:15- Communion</b> <b>1:30- WU: Not Just Rocks Geology</b> <b>3:00- WU: Traveling Beers</b> <b>4:15- iN2L:</b> Animal Adventures <b>6:15-</b> Comedy Club: “Art Linkletter” <b>25</b></p>	<p><b>9:45- WU: Exercise with Kim</b> <b>10:30-</b> One Long Word <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>1:30- WU: Engage VR</b> <b>1:30- Davis Soltz Performs/Monthly Birthday Party</b> <b>3:00-</b> Outdoor Walks <b>4:15- iN2L:</b> Meditation <b>6:15-</b> Prize Bingo <b>26</b></p>	<p><b>9:45-</b> Cardio Exercise <b>10:30- Food For Thought Meeting/Sunshine Club</b> <b>1:30-Ice Cream Trip to Collins Creamery</b> <b>3:30- WU: Timely Topics Around The World</b> <b>4:15-</b> Dominoes in the Pub <b>6:15-</b> Poker with Friends <b>27</b></p>	<p><b>9:45-</b> Theraband Exercise <b>10:30- Resident Council Meeting</b> <b>11:00-</b> Word Games <b>1:30- WU: Engage VR</b> <b>1:30- WU: Astronomy “Cassini Mission to Saturn”</b> <b>3:00-</b> Pitch &amp; Putt Golf <b>4:15- iN2L:</b> Relaxation <b>6:15-</b>LCR in Activity Room <b>28</b></p>	<p><b>9:45-</b> Balance Exercise <b>10:30-</b> Group Crossword Puzzle <b>1:30- WU: Armchair Travel</b> <b>2:45- Karma the Dog Visits</b> <b>3:00- Ice Cream Social</b> <b>4:15- iN2L:</b> Breathe <b>6:15-</b> An Eye For Art: Acrylic Painting <b>29</b></p>	<p><b>9:45-</b> Flexibility Exercise <b>10:30-</b> Darts &amp; Billiards <b>1:30-</b> Prize Bingo <b>3:00-</b> Movie Matinee: <i>Instant Family</i> <b>4:15- iN2L:</b> Piggy Bankers <b>6:15-</b> Coffee Social in Cafe/Daily Chronicles <b>30</b></p>
<p><b>9:45-</b> Exercise with Krysten <b>10:00-</b> Mass on TV Ch 9 <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>2:00- Chaplet of Divine Mercy</b> <b>3:00-</b> Volleyball <b>4:15- iN2L:</b> Art History <b>6:15-</b> EWTN Worship Service CH 18 <b>31</b></p>	<div><div>August 2025</div><div>Assisted Living</div><div><div>WATERMARK RETIREMENT COMMUNITIES®</div></div></div>		<div><div>ACTIVITY LOCATOR KEY</div><div><div>*Schedule is subject to change</div><div>Engage VR-Virtual Reality If you are interested in traveling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus.</div></div></div>	<div><div>Happy Birthday!</div><div><div>14<sup>th</sup> Natalie Cooper</div><div>17<sup>th</sup> Jeannette Reopel</div><div>19<sup>th</sup> Julian Zawacki</div><div>22<sup>nd</sup> joan Piper</div><div>23<sup>rd</sup> Marcia Radner</div><div>28<sup>th</sup> Lynn Romansky</div></div></div>	<div><div>Transportation/Medical Appointments</div><div><div>Appointments can be made on <b>Tuesdays</b> and <b>Thursdays</b>, 9-3 only through Judy Gagnon. For Memory Care residents,a family member or staff person <b>must</b> accompany them.</div></div></div>	