

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Note:</u> Activities in bold denote special programs such as live music, religious services & Watermark University courses.</p>	<p><u>Transportation/ Medical Appointments:</u></p> <p>Appointments are available on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or a staff person must accompany them.</p>	<p>Pet Therapy:</p> <p>Reduce anxiety, increase socialization, and improve overall quality of life by spending time with our visiting dogs:</p> <p>Karma, Fiona, Bunny, & Gus</p>	<p>As the Weather improves we will be making every effort to host our activities outside in the courtyard.</p>			
<p>10:00 - Mass on TV Ch. 9</p> <ul style="list-style-type: none">● Conductorcise● Brain Games● Sole to Soul Walking Club <p>2:00 - Chaplet of Divine Mercy</p> <p>Outdoor Relaxation</p> <p>LCR</p> <p>Music Hour: Broadway Musicals</p> <p>6:30 - EWTN Worship Service Ch.18</p>	<ul style="list-style-type: none">● Joyful Movement● WU: Artistry Unleashed:● Card Games● Energy Burst <p>WU: Person of Interest: Roger Clemens</p> <p>Billiards</p> <p>Bird Watching</p> <p>Music Hour: Classical Dominoes</p>	<ul style="list-style-type: none">● Strength Exercise● 10:30 - WU: Culinary Creations● Group Discussion: Beach Trips● Energy Burst <p>1:30 - Memory Lane Performs</p> <p>Outdoor Relaxation</p> <p>Music Hour: Country</p> <p>Hearthside Book Club</p>	<ul style="list-style-type: none">● Cardio Exercise● 10:30 - Plinko/ Trivia● 11:30- Lunch Trip to Jake's● Energy Burst● Connect 4 <p>3:00 - WU: Timely Topics Around the World</p> <p>Music Hour: Rock & Roll</p> <p>BINGO</p>	<ul style="list-style-type: none">● Balance Exercise● 10:30 - WU: Health Talk: "Balance & Aging"● Walking Club● 1:30 - Pokeno● Energy Burst <p>3:00 - Horse Racing</p> <p>Music Hour: Polka</p> <p>Comedy Club:</p>	<ul style="list-style-type: none">● Flexibility Exercise● Coffee Social in Cafe'● Daily Chronicle● Energy Burst <p>1:30 - Axe Throwing</p> <p>Karma the Dog Visits</p> <p>Pokeno</p> <p>Music Hour: Honky Tonk Piano</p> <p>Card Games</p>	<ul style="list-style-type: none">● Conductorcise● BINGO● 1:30- Saturday Matinee● <i>Downton Abbey</i>● Energy Burst● Billiards● Outdoor Reflection● Music Hour: Frank Sinatra● Cafe' Social/Daily Chronicle
<p>10:00 - Mass on TV Ch. 9</p> <ul style="list-style-type: none">● Conductorcise● Brain Games● Sole to Soul Walking Club <p>2:00 - Chaplet of Divine Mercy</p> <p>Outdoor Relaxation</p> <p>LCR</p> <p>Music Hour: Bach</p> <p>6:30 - EWTN Worship Service Ch.18</p>	<ul style="list-style-type: none">● Joyful Movement● WU: Artistry Unleashed:● Card Games● Energy Burst <p>1:00 - Communion</p> <p>WU: Family Recipes</p> <p>Billiards</p> <p>Bird Watching</p> <p>Music Hour: Willie Nelson</p> <p>Dominoes</p>	<ul style="list-style-type: none">● Strength Exercise● 10:30 - WU: Culinary Creations● Group Discussion: Relaxation● Energy Burst <p>1:30 - WU: Music Appreciation</p> <p>2:30- Ice Cream Truck!!</p> <p>3:00 - WU: Timely Topics Around the World</p> <p>Outdoor Relaxation</p> <p>Music Hour: Johnny Cash</p> <p>Hearthside Book Club</p>	<ul style="list-style-type: none">● Cardio Exercise● 10:30 - WU: 360 Well "Healthy Sleep From A to ZZZZ's"● Energy Burst● 1:30 - Dave Colucci Performs● Connect 4 <p>Word Game: Categories</p> <p>Music Hour: Chuck Berry</p> <p>BINGO</p>	<ul style="list-style-type: none">● Balance Exercise● 10:30 - WU: Scrumptious Delights● 11:00 - Word Game● Energy Burst● Happy Hour/Jokes <p>3:00 - Human Slot Machine</p> <p>Music Hour: Mamas & the Papas</p> <p>Comedy Club:</p>	<ul style="list-style-type: none">● Flexibility Exercise● Coffee Social in Cafe'● Daily Chronicle● Energy Burst <p>1:30 - Disco Dance Party</p> <p>Karma the Dog Visits</p> <p>Karaoke</p> <p>Music Hour: Tom Jones</p> <p>Card Games</p>	<ul style="list-style-type: none">● Conductorcise● BINGO● 1:50- Tony Rarus Performs● Saturday Matinee:● <i>The Miracle Club</i>● Energy Burst● Billiards● Outdoor Reflection● Music Hour: Elton John● Cafe' Social/Daily Chronicle
<p>10:00 - Mass on TV Ch. 9</p> <ul style="list-style-type: none">● Conductorcise● Brain Games● Sole to Soul Walking Club <p>1:00 - Piano Entertainment</p> <p>2:00 - Grace Church Service</p> <p>Outdoor Relaxation</p> <p>LCR</p> <p>Music Hour: Brahms</p> <p>6:30 - EWTN Worship Service Ch.18</p>	<ul style="list-style-type: none">● Joyful Movement● WU: Artistry Unleashed:● Card Games● Energy Burst <p>1:30 - Chaplet of Divine Mercy</p> <p>WU: Person of Interest: Robert Redford</p> <p>Billiards</p> <p>Bird Watching</p> <p>Music Hour: Dolly Parton</p> <p>Dominoes</p>	<ul style="list-style-type: none">● Strength Exercise● 10:30 - WU: Culinary Creations● Group Discussion: Ice Cream● Energy Burst <p>1:30 - WU: Chef's Kitchen</p> <p>3:00 - WU: Timely Topics Around the World</p> <p>Outdoor Relaxation</p> <p>Music Hour: Bob Dylan</p> <p>Hearthside Book Club</p>	<ul style="list-style-type: none">● Cardio Exercise● Discussion: Gratitude● 10:30- Finish The Lyrics● Brain Games: Cat & Dog Trivia● Energy Burst <p>1:30 - American Melody Band Performs</p> <p>Connect 4</p> <p>Word Game: Categories</p> <p>Music Hour: Bill Haley</p> <p>BINGO</p>	<ul style="list-style-type: none">● Balance Exercise● 10:00 - Jeff the Plant Guy: Pineapples● Energy Burst● Table Top Bowling● Outdoor Stroll <p>3:30- Corn Hole</p> <p>Discussion: Gratitude</p> <p>Music Hour: The Doors</p> <p>Comedy Club</p>	<ul style="list-style-type: none">● Flexibility Exercise● Coffee Social in Cafe'● Daily Chronicle● Energy Burst <p>1:30- Ice Cream Trip</p> <p>Pokeno</p> <p>Karma the Dog Visits</p> <p>3:00 - Beverly on Piano</p> <p>Music Hour: Neil Diamond</p> <p>Card Games</p>	<ul style="list-style-type: none">● Conductorcise● BINGO● 1:30- Saturday Matinee:● <i>The Great Outdoors</i>● 2:00 - Hip Hop Dance Exercise● Energy Burst● Billiards● Outdoor Reflection● Music Hour: Van Morrison● Cafe' Social/Daily Chronicle
<p>10:00 - Mass on TV Ch. 9</p> <ul style="list-style-type: none">● Conductorcise● Brain Games● Sole to Soul Walking Club <p>2:00 - Chaplet of Divine Mercy</p> <p>Outdoor Relaxation</p> <p>LCR</p> <p>Music Hour: Piano</p> <p>6:30 - EWTN Worship Service Ch.18</p>	<ul style="list-style-type: none">● Joyful Movement● WU: Artistry Unleashed:● Card Games● Energy Burst <p>1:00 - Communion</p> <p>1:30 - WU: Not Just Rocks: Geology</p> <p>WU: Person of Interest: Rachael Ray</p> <p>Billiards</p> <p>Music Hour: Reba McIntyre</p> <p>Dominoes</p>	<ul style="list-style-type: none">● Strength Exercise● 10:30 - WU: Culinary Creations● Group Discussion: Back to● School Shopping● Energy Burst <p>1:30 - Davis Soltz Performs for Monthly Birthday Party</p> <p>Outdoor Relaxation</p> <p>Music Hour: Joani Mitchell</p> <p>Hearthside Book Club</p>	<ul style="list-style-type: none">● Cardio Exercise● Axe Throwing● Energy Burst● Connect 4 <p>3:00 - WU: Timely Topics Around the World</p> <p>Word Game: Categories</p> <p>Music Hour: Simon & Garfunkel</p> <p>BINGO</p>	<ul style="list-style-type: none">● Balance Exercise● Brain Games: Trivia Challenge● BINGO● 1:30 - WU: Astronomy: "Cassini Mission to Saturn"● WU: Person of Interest: Neil Armstrong● 3:00 - Pitch & Putt Golf● Music Hour: The Beatles● Comedy Club:	<ul style="list-style-type: none">● Flexibility Exercise● Coffee Social in Cafe'● Daily Chronicle● Energy Burst <p>2:20- Ice Cream Social</p> <p>2:30 - WU: Armchair Travel</p> <p>Karma the Dog Visits</p> <p>Corn Hole</p> <p>Music Hour: Dean Martin</p> <p>Card Games</p>	<ul style="list-style-type: none">● Conductorcise● BINGO● 1:30- Saturday Matinee:● <i>Instant Family</i>● Energy Burst● Billiards● Outdoor Reflection● Music Hour: Harp Music● Cafe' Social/Daily Chronicle
<p>10:00 - Mass on TV Ch. 9</p> <ul style="list-style-type: none">● Conductorcise● Brain Games● Sole to Soul Walking Club <p>2:00 - Chaplet of Divine Mercy</p> <p>Outdoor Relaxation</p> <p>LCR</p> <p>Music Hour: Boston Pops</p> <p>6:30 - EWTN Worship Service Ch.18</p>	<h1>August 2025</h1> <h2>Prema Memory Support OP</h2>		<p>ACTIVITY LOCATOR KEY</p> <ul style="list-style-type: none">● Body● Community● Mind● Spirit <p>*Schedule Subject to Change</p>	<p>Happy Birthday!</p> <p>14th Natalie Cooper</p> <p>17th Jeannette Reopel</p> <p>19th Julian Zawacki</p> <p>22nd Joan Piper</p> <p>23rd Marcia Radner</p> <p>28th Lynn Romansky</p>	<p>Dates to Remember</p> <p>1st Catholic Mass w/Father Wayne</p> <p>5th Memory Lane</p> <p>12th Ice Cream Truck Visit</p> <p>13th Dave Colucci Performs</p> <p>15th Disco Dance Party</p> <p>16th Tony Rarus Entertains</p> <p>17th Piano Entertainment</p> <p>17th Grace Church Service</p>	<p>Dates to Remember</p> <p>20th American Melody Band</p> <p>21st Jeff the Plant Guy</p> <p>22nd Beverl on Piano</p> <p>23rd Hip Hop Dance Exercise</p> <p>26th Davis Soltz Performs</p> <p>27th Ice Cream Social</p> <p>28th WU: Astronomy: Cassini Mission to Saturn</p>

