

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>As the weather improves we will be making every effort to host our activities outside in the courtyard.</p>		<p><u>Note:</u> Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.</p>	<p>Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.</p>	<p>Pet Therapy: Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.</p>	<ul style="list-style-type: none">Flexibility ExerciseVolleyballMemory Magic GameEnergy Burst1:30 - Mass w/Father Wayne Karma the Dog VisitsHearthside Book ClubMusic Hour: Country Connect 4	<ul style="list-style-type: none">Stretching ExerciseReminisce: Pool PartiesCoffee SocialEnergy BurstSaturday Matinee: <i>Rescued By Ruby</i>Outdoor ReflectionBean Bag TossHousehold TasksVolleyballVirtual Roadtrippers
<ul style="list-style-type: none">10:00- Mass on TV Ch.9Sole to Soul Walking ClubMorning ExerciseSing Along2:00- Chaplet of Divine MercyEnergy BurstBird WatchingMusic Hour: The Singing NunsHearthside Book Club	<ul style="list-style-type: none">Joyful MovementWU: Artistry UnleashedBrain GamesEnergy BurstScenic Relaxation: ScotlandWU: Person of Interest: Roger ClemensOutdoor Patio EnjoymentMusic Hour: Rock & RollGame Night: High/Low	<ul style="list-style-type: none">Strengthening ExerciseWU: Culinary Creations:Group Discussion: PicnicsEnergy Burst1:30 - Memory Lane PerformsHousehold RoutinesSole to Soul Walking ClubMusic Hour: BeethovenArtistic Expression	<ul style="list-style-type: none">Balance ExerciseCoffee Social in Cafe'Daily ChronicleGratitude & ReflectionsPitch & Putt GolfEnergy BurstDominoesWord Game: CategoriesMusic Hour: Nat King ColeScenic Relaxation	<ul style="list-style-type: none">ConductorciseObjects BINGOSorting/ SequencingEnergy BurstBird Watching on PatioTable Top BowlingVolleyballMusic Hour: Bob DylanSorting/ Sequencing	<ul style="list-style-type: none">Flexibility ExerciseShow Tunes Sing AlongMemory Magic GameEnergy BurstJigsaw PuzzlesKarma the Dog VisitsDog TriviaHearthside Book ClubMusic Hour: ClassicalConnect 4	<ul style="list-style-type: none">Stretching ExerciseReminisce: At the ZooCoffee SocialEnergy BurstSaturday Matinee: <i>Annie</i>Outdoor ReflectionBall TossHousehold TasksVolleyballVirtual Roadtrippers
<ul style="list-style-type: none">10:00- Mass on TV Ch.9Sole to Soul Walking ClubMorning ExerciseSing Along2:00- Chaplet of Divine MercyEnergy BurstBird WatchingMusic Hour: The BeatlesHearthside Book Club	<ul style="list-style-type: none">Joyful MovementWU: Creative ThinkingBrain GamesEnergy Burst1:30 - CommunionScenic Relaxation: PortugalWU: Person of Interest: Hulk HoganOutdoor Patio EnjoymentMusic Hour: Lionel HamptonGame Night: High/Low	<ul style="list-style-type: none">Strengthening ExerciseWU: Culinary Creations:Group Discussion: First DateEnergy BurstHousehold Routines2:30 - Ice Cream TruckSole to Soul Walking ClubMusic Hour: BachArtistic Expression	<ul style="list-style-type: none">Balance ExerciseCoffee Social in Cafe'Daily ChronicleTable Top Bowling1:30- Dave Colucci PerformsEnergy BurstDominoesWord Game: Rhymes WithMusic Hour: SinatraScenic Relaxation	<ul style="list-style-type: none">ConductorciseObjects BINGOSorting/ SequencingEnergy BurstStamping1:30- Ice Cream TripHorse RacingHoop TossMusic Hour: The BandSorting/ Sequencing	<ul style="list-style-type: none">Flexibility Exercise1950's Sing AlongMemory Magic GameEnergy Burst1:30 - Disco Dance PartyWatercolor PaintingKarma the Dog VisitsHearthside Book ClubMusic Hour: JazzConnect 4	<ul style="list-style-type: none">Stretching ExerciseReminisce: Visiting the ParkCoffee SocialEnergy Burst2:10 - Tony Rarus PerformsSaturday Matinee: <i>Dolly Parton</i>Outdoor ReflectionBean Bag TossHousehold TasksVolleyballVirtual Roadtrippers
<ul style="list-style-type: none">10:00- Mass on TV Ch.9Sole to Soul Walking ClubMorning ExerciseSing Along1:00 - Piano Entertainment2:00- Grace Church ServiceEnergy BurstBird WatchingMusic Hour: Bay City RollersHearthside Book Club	<ul style="list-style-type: none">Joyful MovementWU: Artistry UnleashedBrain GamesEnergy BurstScenic Relaxation: Italy2:00 - Chaplet of Divine MercyWU: Person of Interest: Robert RedfordOutdoor Patio EnjoymentMusic Hour: Chet AtkinsGame Night: High/Low	<ul style="list-style-type: none">Strengthening ExerciseWU: Culinary Creations:Group Discussion: Playing SportsEnergy BurstPitch & Putt GolfHousehold RoutinesSole to Soul Walking ClubMusic Hour: Bill HaileyArtistic Expression	<ul style="list-style-type: none">Balance ExerciseCoffee Social in Cafe'Daily ChronicleGratitude & Reflections1:30 - American Melody BandEnergy BurstDominoesWord Game: CategoriesMusic Hour: Dean MartinScenic Relaxation	<ul style="list-style-type: none">ConductorciseObjects BINGOSorting/SequencingEnergy BurstBird Watching on PatioTable Top BowlingVolleyballMusic Hour: FolkSorting/ Sequencing	<ul style="list-style-type: none">Flexibility ExerciseBuilding/ StackingMemory Magic GameEnergy BurstBuilding/ StackingKarma the Dog VisitsHearthside Book Club3:00 - Beverly on PianoMusic Hour: Blue GrassConnect 4	<ul style="list-style-type: none">Stretching ExerciseReminisce: Going to the MoviesCoffee SocialEnergy BurstSaturday Matinee: <i>The Shack</i>Outdoor ReflectionBall TossHousehold TasksVolleyballVirtual Roadtrippers
<ul style="list-style-type: none">10:00- Mass on TV Ch.9Sole to Soul Walking ClubMorning ExerciseSing Along2:00- Chaplet of Divine MercyEnergy BurstBird WatchingMusic Hour: The BeeGeesHearthside Book Club	<ul style="list-style-type: none">Joyful MovementWU: Creative ThinkingBrain Games1:30 - CommunionEnergy BurstScenic Relaxation: SpainWU: Person of Interest: Rachael RayOutdoor Patio EnjoymentMusic Hour: U2Game Night: High/Low	<ul style="list-style-type: none">Strengthening ExerciseWU: Culinary Creations:Group Discussion: Visiting MuseumsEnergy Burst1:30 - Davis Soltz Performs for Monthly Birthday PartyHousehold RoutinesSole to Soul Walking ClubMusic Hour: ABBAArtistic Expression	<ul style="list-style-type: none">Balance ExerciseCoffee Social in Cafe'Daily ChronicleTable Top BowlingEnergy BurstSorting/matchingDominoesWord Game: List ItMusic Hour: Sammy Davis Jr.Scenic Relaxation	<ul style="list-style-type: none">ConductorciseObjects BINGOBrain Games:11:30 - Lunch Out to Classic BurgerEnergy BurstStampingHorse RacingHoop TossMusic Hour: Joani MitchellSorting/ Sequencing	<ul style="list-style-type: none">Flexibility ExerciseShow Tunes Sing AlongMemory Magic GameEnergy BurstShow Tunes Sing Along2:00- Ice Cream SocialKarma the Dog VisitsHearthside Book ClubMusic Hour:Connect 4	<ul style="list-style-type: none">Stretching ExerciseReminisce: Back to SchoolCoffee SocialEnergy BurstSaturday Matinee: <i>The Guernsey Literary & Potato Peal Pie Society</i>Outdoor ReflectionBall TossHousehold TasksVolleyballVirtual Roadtrippers
<ul style="list-style-type: none">10:00- Mass on TV Ch.9Sole to Soul Walking ClubMorning ExerciseSing Along2:00- Chaplet of Divine MercyEnergy BurstBird WatchingMusic Hour: The BeeGeesHearthside Book Club	<h1>August 2025</h1> <h2>Prema Memory Support PW</h2>		<p>ACTIVITY LOCATOR KEY</p> <ul style="list-style-type: none">BodyCommunityMindSpirit <p>*Schedule Subject to Change</p>	<p>Happy Birthday!</p> <p>14th Natalie Cooper 17th Jeannette Reopel 19th Julian Zawacki 22nd Joan Piper 23rd Marcia Radner 28th Lynn Romansky</p>	<p>Dates to Remember</p> <p>1st Mass w/ Faher Wayne 5th Memory Lane Performs 11th Communion 12th Ice Cream Truck 15th Disco Dance Party 16th Tony Rarus Performs 17th Piano Entertainment 17th Grace Church Service</p>	<p>Dates to Remember</p> <p>20th American Melody Band 22nd Beverly on Piano 25th Communion 26th Davis Soltz Performs 27th Ice Cream Social 28th Luncheon Out</p>