

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Watermark University classes, taught by a live instructor are indicated by an *	New Hawaii Travel Series: 4 th - Big Island 11 th - Maui 18 th - Oahu 25 th - Kauai 26 th - Molokai	Hawaiian Luau - 19th	Father Matt from Grace Church returns in September* Father Mathew from St. Joseph's church will be here on the 15th	New Art History Series: How Art Made the World: 7th- More Human than Human 14th The Day Pictures Were Born 21st The Art of Persuasion 28th Once Upon a Time	10:30 Rehab Workout- LR 11:00 Singalong w/Jess- LR 11:45 Mission Meet up- LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 4:00 Shabbat Shalom- PDR	10:30 Pool Noodle Fitness* - LR 11:00 Brain Game: Word Magic - LR 11:45 Mission Meet Up - LR 1:00 Real Zen Series - 591 2:00 Saturday Cinema & Popcorn: Big Night - 591, A, LR 4:00 Inter-generational Piano Sing Along - LR
9:30 Church Trip 10:00 Catholic Mass - LR,591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: The Unlikely Pilgrimage of Harold Fry- 591 2:30 Piano & Vocal Hymn Duet w/ Kara Yalanis & Co. - LR	10:30 Fab, Fit & Fun* - LR 11:00 Game: Word Wow - LR 11:30 America's Founders- 591 11:45 Mission Meet Up - LR 2:00 Hawaii Series - AL, 591 2:00 Scrabble - LR 3:00 Nancy Paroli's Country Music Concert - LR 7:00 Film: Walk the Line - 591, LR	10:30 Chair Yoga* - LR 11:00 Brain Games: Word Scramble - LR 11:30 The Wonders of America's State Parks Series- 591 11:45 Mission Meet Up- LR 2:00 Wii Bowling - LR 3:00 Art w/ Raegan & Jess* - LR 4:00 Deb's Update Meeting - A	10:30 Workout w/ Weights* - LR 11:00 Fun Facts & Famous Birthdays of August - LR 11:30 Archaeology Series -591 11:45 Mission Meet Up - LR 2:00 Documentary: Abba Against the Odds -591 3:00 Farewell gathering for Kat w/Strawberry Cake & Mojitos LR	10:00 Equine Therapy* - LR 11:00 This Date in History* LR 11:30 Oceanography Series - 591 11:45 Mission Meet up- LR 2:00 Trip: Kelly's Creamery 2:00 Art History Film - A 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - LR 6:30 Game Night - UL	10:30 Rehab Workout- LR 11:00 Singalong w/Jess- LR 11:45 Mission Meet up- LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Crafts w/ Community Life: Summer Picture Frames - LR 4:00 Shabbat Shalom- PDR	10:30 Pool Noodle Fitness* - LR 11:00 Brain Game: Word Magic - LR 11:45 Mission Meet Up - LR 1:00 Real Zen Series - 591 2:00 Saturday Cinema & Popcorn: 2001 A Space Odyssey - 591, A, LR 4:00 Inter-generational Piano Sing Along - LR
9:30 Church Trip 10:00 Catholic Mass - LR,591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: The History Boys - 591, LR 2:00 Trip: Sharon Playhouse - Annie	10:30 Fab, Fit & Fun* - LR 11:00 Game: Word Wow - LR 11:30 America's Founders- 591 11:45 Mission Meet Up - LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Hawaii Series - AL, 591 2:00 UNO - LR 3:00 Scott Stephens Concert - A 7:00 Film: Intern - 591, LR	10:30 Chair Yoga* - LR 11:00 Brain Games: Name 5 - LR 11:30 The Wonders of America's State Parks Series- 591 11:45 Mission Meet Up- LR 2:00 Wii Bowling - LR 3:00 Art w/ Raegan & Jess* - LR 4:00 Popsicles on the Patio	10:30 Workout w/ Weights* - LR 11:00 Name the US States - LR 11:30 Archaeology Series -591 11:45 Mission Meet Up - LR 2:00 Make Your Own Natural Sunscreen - LR 3:30 TED Talk: Sleep - the Secret to Living the Best 1/3 of Your Life - 591, LR	10:30 Fitness Flow* - LR 11:00 Flower Arranging - LR 11:30 Oceanography Series - 591 11:45 Mission Meet up -LR 2:00 Ladder Ball - LR 2:00 Art History Film - A 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - LR	10:00 Catholic Service followed by Confessions w/ Father Mathew McDonald of St. Joseph's Church - LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Crafts w/ Community Life: Wooden Key Chains - LR 4:00 Shabbat Shalom- PDR	10:30 Pool Noodle Fitness* - LR 11:00 Brain Game: Word Magic - LR 11:45 Mission Meet Up - LR 1:00 Real Zen Series - 591 2:00 Saturday Cinema & Popcorn: Lilly - 591, A, LR 4:00 Inter-generational Piano Sing Along - LR
9:30 Church Trip 10:00 Catholic Mass - LR,591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: The New Boy - 591, LR 2:30 Bingo w/ prizes - UL	10:30 Fab, Fit & Fun* - LR 11:00 Game: Word Wow - LR 11:30 America's Founders- 591 11:45 Mission Meet Up - LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Hawaii Series - AL, 591 2:00 Scrabble - LR 3:00 Grandpa Joe's Concert- A 7:00 Film: Inherit the Wind - 591, LR	10:30 Chair Yoga* - LR 11:00 Brain Games: Riddles - LR 11:30 The Wonders of America's State Parks Series- 591 11:45 Mission Meet Up- LR 12:15 Theme Lunch: Hawaiian Luau 2:00 Wii Bowling - LR 3:00 Classical Cello & Piano Duet w/ David Gee & Lynne Mackey - A	10:30 Workout w/ Weights* - LR 11:00 Guess in 10 - LR 11:30 Archaeology Series -591 11:45 Mission Meet Up - LR 2:00 Health Seminar: Healthy Sleep w/ Sarah* - AL 3:00 Saxophone Name That Tune w/ Wil Greenstreet - LR 4:00 Water Balloon Challenge - Inn Patio	10:30 Fitness Flow* - LR 11:00 This Date in History* LR 11:30 Oceanography Series - 591 11:45 Mission Meet up -LR 2:00 Cooking w/ Juliet* - DR 2:00 Art History Film - A 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - LR	10:30 Rehab Workout- LR 11:00 Singalong w/Jess- LR 11:45 Mission Meet up- LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Creative Coloring - LR 3:30 Manicures w/ Brittney - LR 4:00 Shabbat Shalom- PDR	10:30 Pool Noodle Fitness* - LR 11:00 Brain Game: Word Magic - LR 11:45 Mission Meet Up - LR 1:00 NEW Series Geological Wonders - 591 2:00 Saturday Cinema & Popcorn: The Alamo - 591, A, LR 4:00 Inter-generational Piano Sing Along - LR
9:30 Church Trip 10:00 Catholic Mass - LR,591 10:30 Fitness w/ Lisa - LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Marion Apparitions of the 20 th Century - 591, LR	10:30 Fab, Fit & Fun* - LR 11:00 Game: Word Wow - LR 11:30 America's Founders- 591 11:45 Mission Meet Up - LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Hawaii Series - AL, 591 2:00 UNO - LR 3:00 Jim Donnelly Concert - LR 7:00 Classic Film: The Wings of Eagles - 591, LR	10:30 Chair Yoga* - LR 11:00 Brain Games: Word Scramble - LR 11:30 The Wonders of America's State Parks Series- 591 11:45 Mission Meet Up- LR 2:00 Wii Bowling - LR 2:00 Hawaii Series - AL, 591 3:00 Art w/ Raegan & Jess* - LR 4:15 Edwin's Prayer Group AL	10:30 Workout w/ Weights* - LR 11:00 Resident Council- LR 11:30 Archaeology Series -591 11:45 Mission Meet Up - LR 2:00 Pictionary - LR 3:00 Ice Cream Sandwich Social - LR 3:30 TED Talk: Kiss Your Brain - Gratitude, Optimism & Neuroplasty - 591, LR	10:30 Fitness Flow* - LR 11:00 Flower Arranging - LR 11:30 Oceanography Series - 591 11:45 Mission Meet up -LR 2:00 Cornhole - LR 2:00 Art History Film - A 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - LR 5:00 Birthday Dinner - PDR	10:30 Rehab Workout- LR 11:00 Singalong w/Jess- LR 11:45 Mission Meet up- LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Crafts w/ Community Life: This or That - LR 4:00 Shabbat Shalom- PDR	10:30 Pool Noodle Fitness* - LR 11:00 Brain Game: Word Magic - LR 11:45 Mission Meet Up- LR 1:00 NEW Series Geological Wonders - 591 2:00 Saturday Cinema & Popcorn: Annie - 591, A, LR 4:00 Inter-generational Piano Sing Along - LR
9:30 Church Trip 10:00 Catholic Mass - LR,591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Finding Peace - 591, LR 2:30 Bingo w/ prizes - UL	<h1>August 2025</h1> <h2>INN</h2>  <p>THE FOUNTAINS AT MILLBROOK A WATERMARK RETIREMENT COMMUNITY™</p>		ACTIVITY LOCATOR KEY Your Community Life Team: Lisa Rieckermann, Director Jennifer Bourque, Associate Raegan Haege, Associate Jessica Kaufman, Associate 845-905-8102	EXERCISE - DARK RED MUSIC - PURPLE SPIRITUAL/THERAPEUTIC - BLUE ARTS & CRAFTS - DARK ORANGE EDUCATION/SOCIAL - BLACK VOCATIONAL - TEAL TRIPS - GREEN HEALTH - PINK	Location Key: A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room	Location Key cont'd: L - Library (1A) LOB - Main Lobby LR - Living Room at the Inn NL - North Lounge PDR - Private Dining Room UL - Upper Lobby