

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	New Hawaii Travel Series: 4 th - Big Island 11 th - Maui 18 th - Oahu 25 th - Kauai 26 th - Molokai	Van Gogh Inspired Field of Irises Painting Workshop w/ Sonia Almonte - 12th Hawaiian Luau - 19th	Father Matt from Grace church returns in September* Father Mathew from St. Joseph's Church will be here on the 15th	New Art History Series: How Art Made the World: 7 th More Human Than Human 14th The Day Pictures Were Born 21 st The Art of Persuasion 28 th Once Upon a Time	10:00 Card Game: Hand, Knee, Foot - NL 10:45 WU Stretch & Breath - A 1:00 WU Spanish 101 - L 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR 7:00 Billiards w/ Edwin - PR	Streamed exercise only* 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Big Night (1996) - A, 591 2:15 Trivia w/ Jen - UL 4:00 Intergenerational Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: The Unlikely Pilgrimage of Harold Fry 591, AL 2:30 Piano & Vocal Hymn Duet w/ Kara Yalanis & Co. - Inn 3:30 Bocce - Bocce Court	10:45 WU Rehab Workout - A 11:30 America's Founders - 591 11:30 WU Current Affairs - AL 2:00 Hawaii Series - AL, 591 3:00 Shopping Trip: Shoprite 3:00 Nancy Paroli's Country Music Concert- Inn 7:00 Film: Walk the Line - AL, 591	10:45 WU Lucy's Limber Up - A 11:30 Series: The Wonders of America's State Parks - 591, AL 11:40 WU Lucy's Breathe Well - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 Group Beginner's Art - AR 2:30 WU Active Listening w/ Maayana - AL 4:00 Deb's Update Meeting - A	10:00 Men's Coffee Social -CS 10:45 WU Alexander Tech - A 11:30 Archaeology Series - AL, 591 1:30 WU Walking Club - NL 2:00 Documentary: Abba - Against the Odds - A, 591 3:00 Farewell Gathering for Kat w/ Strawberry Cake & Mojitos - Inn	10:00 WU Equine Therapy - Inn 10:45 WU Lucy's Limber Up - A 11:30 Oceanography -AL, 591 11:30 Flower Arranging - AR 1:00 Canasta - UL 2:00 New Art History Series: How Art Made the World - A, 591 2:00 Trip: Kelly's Creamery 3:45 WU Bible Study - INN 4:00 Communion - AL 6:30 Game Night w/ Amber & Chris - UL	10:00 Card Game: Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 WU Spanish 101 - L 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR	10:30 WU Vitality & Balance w/ Demetra - A 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: 2001 A Space Odyssey - A, 591 2:15 Craft w/ Jess:Summer Picture Frames - AR 4:00 Intergenerational Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: The History Boys - 591, A 2:00 Theater Trip: Sharon Playhouse: Annie 3:30 Bocce - Bocce Court	10:45 WU Rehab Workout - A 11:30 America's Founders - 591 11:30 WU Current Affairs - AL 1:30 WU Knit/Crochet - UL 2:00 Hawaii Series - 591, AL 2:00 WU Brain Games w/ Jen McCreery - L 3:00 Scott Stephens Concert - A 7:00 Film: Intern - AL, 591	10:45 WU Lucy's Limber Up - A 11:30 America's Parks - 591, AL 11:40 WU Lucy's Breathe Well - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 Guest Artist Program - AR 2:30 WU Active Listening w/ Maayana - AL 3:00 Swim Trip to Tymor 4:15 WU Sign Language - AL	10:45 WU Alexander Tech - A 11:30 Archaeology Series - AL, 591 1:30 WU Walking Club - NL 2:00 WU Writers Exchange - L 3:30 FMRA Lemonade & Cookies Social - UL 4:30 TED Talk: Sleep - The Secret to Living the Best ½ of your Life - AL, 591 7:00 Jazz Club Night - BIS	10:45 WU Lucy's Limber Up - A 11:30 Oceanography Series - AL, 591 1:00 Canasta - UL 2:00 Make Your Own Natural Sunscreen - AR 2:00 Art History Series - A 3:30 Sign Language Bingo w/ Edwin - UL 3:45 WU Bible Study - INN 4:00 Communion - AL	10:00 Catholic Service - Inn 10:00 Card Game: Hand, Knee, Foot - NL 10:45 WU Stretch & Breath - A 11:00 Shopping Trip: Lee Premium Outlets 1:00 WU Spanish 101 - L 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR	10:30 WU Vitality & Balance w/ Demetra - A 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Lilly - A, 591 2:15 Craft w/ Jess:Wooden Key Chains - AR 4:00 Intergenerational Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: The New Boy - 591, A 2:30 Bingo w/ prizes - UL 3:30 Bocce - Bocce Court	10:45 WU Rehab Workout - A 11:30 America's Founders - 591 11:30 WU Current Affairs - AL 1:00 Shopping Trip: Adams 1:30 WU Knit/Crochet - UL 2:00 Hawaii Series - 591,AL 3:00 Grandpa Joe's Folk Music Concert - A 7:00 Film: Inherit the Wind - AL, 591	10:45 WU Lucy's Limber Up - A 11:30 Series: America's Parks- 591, AL 11:40 WU Lucy's Breathe Well - A 1:00 Shopping Trip: Millbrook 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 Group Beginner's Art - AR 2:15 Fundraising Event - A 3:00 Classical Cello Piano Duet A Theme Dinner: Hawaiian Luau	10:45 WU Alexander Tech - A 11:30 Archaeology - AL, 591 1:30 WU Walking Club - NL 2:00 WU Health Seminar w/ Sarah: Healthy Sleep, A to ZZZZZ's -AL 3:00 Marona's Q & A - AL 3:00 Saxophone Name That tune - Inn 4:00 Trip: The Cornell on the Kingston Waterfront	10:45 WU Lucy's Limber Up - A 11:30 Oceanography Series - AL, 591 11:30 Flower Arranging - AR 1:00 Canasta - UL 2:00 Art History Series - A, 591 3:00 Make Your Sundae Social - UL 3:45 WU Bible Study - INN 4:00 Communion - AL	10:00 Card Game: Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 WU Spanish 101 - L 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Trivial Pursuit - AL 3:00 WU Greek Cooking - Bis 4:00 Shabbat Shalom - PDR	10:30 WU Vitality & Balance w/ Demetra - A 11:00 Scrabble - NL 1:00 NEW Series: The World's Greatest Geological Wonders - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: The Alamo - A, 591 4:00 Intergenerational Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 No Meditation & Movement today (Virtual Exercise Only) 1:30 Mahjong - NL 2:00 Film: Marion Apparitions of the 20 th Century - 591, A 3:30 Bocce - Bocce Court	10:45 WU Rehab Workout - A 11:30 America's Founders - 591 11:30 WU Current Affairs - AL 1:00 Shopping Trip: Tops 1:30 WU Knit/Crochet - UL 2:00 Hawaii Series - 591, AL 3:00 Jim Donnelly Concert - Inn 7:00 Classic Film: The Wings of Eagles - AL, 591	10:45 WU Lucy's Limber Up - A 11:30 America's Parks - 591, AL 11:40 WU Lucy's Breathe Well - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 2:00 Hawaii Series - AL, 591 2:00 Food Service Meeting - Bis 3:00 Swim Trip to Tymor 3:30 WU Laura's Book Club - L 4:15 WU Prayer w/ Edwin - AL	10:45 WU Tai Chi w/ Cris Caivano- A 11:30 Archaeology - AL, 591 1:30 WU Walking Club - NL 2:00 WU Writers Exchange - L 3:00 Ladder Ball - Front Lawn 3:30 TED Talk: Kiss Your Brain - Gratitude, Optimism & Neuroplasty - AL, 591 7:00 Jazz Club Night - BIS	10:45 WU Lucy's Limber Up - A 11:30 Oceanography Series - AL, 591 1:00 Canasta - UL 2:00 Art History Series - A, 591 3:00 Corn Hole & Iced Coffee - Patio 3:45 WU Bible Study - INN 4:00 Communion - AL 5:00 Birthday Dinner - PDR	10:00 Card Game: Hand, Knee, Foot - NL 10:45 WU Stretch & Breath- A 1:00 WU Spanish 101 - L 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Trivial Pursuit - AL 3:30 Wine Tasting w/ Carl - BIS 4:00 Shabbat Shalom - PDR	10:30 WU Vitality & Balance A 11:00 Scrabble - NL 1:00 NEW Series Geological Wonders - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Annie- A, 591 2:15 Craft w/ Jess: This or That - AR 4:00 Intergenerational Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: Finding Peace - 591, A 2:30 Bingo w/ prizes - UL 3:30 WU Spiritual Study w/ Beth & Maayana - AL 3:30 Bocce - Bocce Court	August 2025 Independent Living 		ACTIVITY LOCATOR KEY Your Community Life Team: Lisa Rieckermann, Director Jennifer Bourque, Associate Raegan Haege, Associate Jessica Kaufman, Associate 845-905-8102	EXERCISE - DARK RED MUSIC - PURPLE SPIRITUAL/THERAPEUTIC - BLUE ARTS & CRAFTS - DARK ORANGE EDUCATION/SOCIAL - BLACK VOCATIONAL - TEAL TRIPS - GREEN HEALTH - PINK	Location Key: A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room	Location Key cont'd: L - Library (1A) LOB - Main Lobby LR - Living Room at the Inn NL - North Lounge PDR - Private Dining Room PR - Pool Room on 1A UL - Upper Lobby