

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<div> <div>●</div>9:45am Sit Down Soccer <div>●</div>Balloon table Badminton <div>●</div>11:00am WU: Baking with Maria in (AL) <div>●</div>1:00PM Documentary: Good Sleep, Good Habits <div>●</div>2:00pm Name 10 Game <div>●</div>3:0pm Ice Pops on the Patio </div> <div>1</div>	<div> <div>●</div>9:45am Seated Yoga <div>●</div>10:00am Hand Stress Balls <div>●</div>10:30am Candy Bingo (BR) <div>●</div>1:00pm Matching Game <div>●</div>2:00pm Meeta Performs (BR) <div>●</div>3:00pm Animal Trivia on L2N <div>●</div>4:00pm Bell and Bongo Music sing-a-long </div> <div>2</div>
<div> <div>●</div>9:45am Chair Dancing <div>●</div>10:00am Dart game Rally <div>●</div>10:15am Communion(BR) <div>●</div>10:30am Live Mass DC Basilica(BR) <div>●</div>1:00pm Outdoor Golf Game Patio <div>●</div>2:00pm Outreach Ministries(BR) <div>●</div>3:00pm Cookies Social Patio </div> <div>3</div>	<div> <div>●</div>9:45am Chair Stretches <div>●</div>10:30am Toe Tapping to Jazz Classics <div>●</div>11:00am WU- Reflections on Journaling with Norma (AL) <div>●</div>1:30pm Bingo for Prizes <div>●</div>2:30pm Bean Bag Game <div>●</div>3:00pm Ice cream Patio </div> <div>4</div>	<div> <div>●</div>9:45am Hand Stretches/Stress Balls <div>●</div>9:45am Walking Club <div>●</div>9:45am Documentary: Simply the Best Tina Turner (BR) <div>●</div>1:00pm Watercolor by Numbers <div>●</div>1:30pm WU- Taco Tuesday with Sharon(AL) <div>●</div>3:00pm Ring Toss Ice Tea & Pretzels Patio </div> <div>5</div>	<div> <div>●</div>9:45am L2N Movement Classes <div>●</div>10:00am Spa Day Manicures <div>●</div>12:00 noon Men's Beef & Beer & Phillies game 2nd FI <div>●</div>1:00pm Fun Word Game Challenge <div>●</div>2:00pm Bayada Fun & Fit Fitness (BR) <div>●</div>3:00pm Ice Cream Social (BR) </div> <div>6</div>	<div> <div>●</div>9:45am Chair Dancing <div>●</div>9:45am Walking Group <div>●</div>9:45am Documentary: Desi Arnes (BR) <div>●</div>10:00am Fun Trivia Challenge <div>●</div>2:30pm WU: Carol's Crafting Corner: Summer magnets <div>●</div>3:00pm Soda & Snacks TV R </div> <div>7</div>	<div> <div>●</div>9:45am Table Ball Toss <div>●</div>11:00am WU- Making Smoothies With Maria (AL) <div>●</div>1:00pm Golf Game Patio <div>●</div>2:30pm Pool Party / Water Fun with Slushies(AL) <div>●</div>3:00pm Afternoon Music & Manicures </div> <div>8</div>	<div> <div>●</div>9:45am Band Stretches <div>●</div>10:30am Energy Golf Game <div>●</div>1:00pm Documentary: Remembering Princess Diana(BR) <div>●</div>1:00pm Classic music Sing- a long <div>●</div>2:00pm Name 10 Game <div>●</div>3:00pm Bingo with Prizes </div> <div>9</div>
<div> <div>●</div>9:45am L2N Move & Groove <div>●</div>10:00am Bean Bag Toss Patio <div>●</div>10:15am Communion (BR) <div>●</div>10:30am Live Mass DC Basilica(BR) <div>●</div>11:00am Word Game Challenge <div>●</div>2:00pm Pastor Gloria Preaches(BR) <div>●</div>3:00pm Ice Cream on the Pa </div> <div>10</div>	<div> <div>●</div>9:30am Band Stretches <div>●</div>10:30am Bayada Health Talk: Home Safety <div>●</div>11:00am WU- Letter writing Skills with Norma(AL) <div>●</div>1:00pm Word within a word Game <div>●</div>2:30pm WU- Popsicle Creation with Maris (AL) <div>●</div>3:00pm Music and Manicures </div> <div>11</div>	<div> <div>●</div>9:45am Chair Bongo and Bells <div>●</div>10:15am Matching Game Rally <div>●</div>10:30am WU-Lets make charm Bracelets with Carol (AL) <div>●</div>1:30pm Carol Regan performs <div>●</div>2:30pm Let's Celebrate August Birthdays(BR) <div>●</div>4:00pm Garden Social Hour with Pops patio </div> <div>12</div>	<div> <div>●</div>9:45am Chair Exercise <div>●</div>10:30am WU-Baking Cookies with Norma <div>●</div>1:00pm Table tennis with noodles <div>●</div>2:00pm Bayada Fun & Fit Fitness(BR) <div>●</div>3:00pm Ice Cream Social(BR) <div>●</div>4:00pm TV Classic 50's , 60's </div> <div>13</div>	<div> <div>●</div>9:45am Movement Dancing <div>●</div>10:15am Name 10 Game Rally <div>●</div>10:15am Bubble Factory Patio <div>●</div>1:00pm Virtual Road Trip on N2L <div>●</div>2:00pm WU Beading Jewelry Art with Maria <div>●</div>4:00pm Table Badminton Toss </div> <div>14</div>	<div> <div>●</div>9:45am Sit Down Soccer <div>●</div>10:15am Garden Club Caring and watering <div>●</div>11:00am Golf Game Challenge <div>●</div>11:00am WU Baking with Maria (AL) <div>●</div>12:00noon Dine- in- Movie Theater(BR) <div>●</div>2:00pm Candy Bingo <div>●</div>3:00pm Smores and Soda </div> <div>15</div>	<div> <div>●</div>9:45am Slow Flow Exercise <div>●</div>10:15am Solo Float Challenge Patio <div>●</div>11:00am Watercolor by Numbers <div>●</div>1:30pm Music School performs (BR) <div>●</div>3:00pm Classic Movie Matinee with Snacks </div> <div>16</div>
<div> <div>●</div>9:45am Chair Stretches <div>●</div>9:45am Spiritual offering (BR) <div>●</div>10:15 Communion (BR) <div>●</div>10:30am Live Mass DC Basilica(BR) <div>●</div>1:00pm Bingo for Prizes <div>●</div>2:00pm Outreach Ministries <div>●</div>3:00pm Trivia games with Cheese and Crackers </div> <div>17</div>	<div> <div>●</div>9:45am Move and Grove to Music <div>●</div>10:15am Family Feud Game <div>●</div>11:00am WU-Norma's Poetry Corner: Keeping it Positive <div>●</div>1:00pm Matching Game <div>●</div>2:00pm Guided sing- a -long with N2L <div>●</div>3:00pm Bubble Garden Factory with Fruit salad </div> <div>18</div>	<div> <div>●</div>9:45am Chair Tai Exercises <div>●</div>10:15am Finish my line <div>●</div>11:00am Hand Clay Sculpting <div>●</div>1:00pm WU- Mt. Cuba Sun & Stars Solar Viewing (AL) <div>●</div>1:00pm Celebrity Face Challenge <div>●</div>3:0pm Soda Cheese & Crackers Social Patio </div> <div>19</div>	<div> <div>●</div>9:45am Table Ball toss <div>●</div>10:30am Gratitude Journaling with Norma <div>●</div>11:30am Name 10 Game <div>●</div>1:00pm Book Club (AL) <div>●</div>2:00pm Fun & Fit Fitness(BR) <div>●</div>3:00pm Ice Cream Social(BR) <div>●</div>4:00pm Board Game Fun with Pops </div> <div>20</div>	<div> <div>●</div>9:45am Slow Flow Yoga in Chair <div>●</div>9:45am Walking Club Lobby <div>●</div>9:45am Documentary: Wind Riders Balloon Pilots <div>●</div>10:30am Word within word Game <div>●</div>1:30pm WU- Scrapbooking with Carol <div>●</div>2:30pm Let's Celebrate Senior Safari Party (BR) <div>●</div>4:0pm Jazz Cafe & Cocktails </div> <div>21</div>	<div> <div>●</div>9:45am Toe tapping to Music <div>●</div>10:15am Daytripper's on L2N <div>●</div>11:00am Sit Down Soccer <div>●</div>11:00am Making Smoothies with Maria (BR) <div>●</div>2:00pm Candy Bingo <div>●</div>3:00pm Splash Party with Smoothies(AL) <div>●</div>4:00pm Golf game Challenge Patio </div> <div>22</div>	<div> <div>●</div>9:45am Band Exercises <div>●</div>10:15am Moving and Grooving to Country Music <div>●</div>11:15am Would you Rather be/ Why? (AL) <div>●</div>1:00pm Trivia Challenge Game <div>●</div>2:30pm Watercolor Painting Patio Scenes </div> <div>23</div>
<div> <div>●</div>9:45am Chair Bongo and Bells <div>●</div>10:15am Matching Game Rally <div>●</div>10:15am Communion (BR) <div>●</div>10:30am Live Mass DC Basilica(BR) <div>●</div>2:00pm Pastor Gloria Preaches(BR) <div>●</div>4:00pm Garden Social Hour with Ice Cream Sandwich party </div> <div>24</div>	<div> <div>●</div>9:45am Baking a cake with Norma <div>●</div>11:00am WU-Norma's Poetry Corner: Classic Writings <div>●</div>1:00pm Golf Game Rally <div>●</div>2:00pm Day Trippers on N2L <div>●</div>3:00pm Summer fun Facts with Smoothies Patio </div> <div>25</div>	<div> <div>●</div>9:45am Sit Down Soccer <div>●</div>9:45am Ted Talk: The Benefits of Gratitude <div>●</div>11:00am Bible Discussion Mrs Grady <div>●</div>1:00pm Color pencil Drawing & Tracing <div>●</div>2:00pm Bongos and Bell Music <div>●</div>3:00pm Dogs on Parade Lobby </div> <div>26</div>	<div> <div>●</div>9:45am Band Exercises <div>●</div>10:30am Music and Mediation & Stress Balls Patio <div>●</div>11:00am Let's make Jell-O Treats <div>●</div>1:00pm Book Club(AL) <div>●</div>2:00pm Fun & Fit Fitness (BR) <div>●</div>3:00pm Peach Ice Cream Social (BR) <div>●</div>4:30pm Bingo with Prizes </div> <div>27</div>	<div> <div>●</div>9:45am Slow Flow Yoga in Chair <div>●</div>9:45am Walking Club Lobby <div>●</div>9:45am Morning Documentary: National Train Travel(BR) <div>●</div>1:00pm Would you Rather Be Game? <div>●</div>3:00pm Name 10 Game with popcorn </div> <div>28</div>	<div> <div>●</div>9:45am Toe tapping to Country Music <div>●</div>10:15am WU Making Personalized Friendship Notes <div>●</div>1:00pm Matching & Board Games <div>●</div>1:30pm Food/Activity/ Resident Council Meeting <div>●</div>3:00pm Trivia Challenge with Soda& snacks </div> <div>29</div>	<div> <div>●</div>9:45am Table Ball Toss Game <div>●</div>10:15am Bean Bag Challenge <div>●</div>10:15am Watercolor By Numbers (BR) <div>●</div>11:15am Music and Manicures <div>●</div>1:00pm Social Hour party with Slushies and Snacks <div>●</div>3:00pm Classic Movie Time (BR) </div> <div>30</div>
<div> <div>●</div>9:45am Chair Dancing <div>●</div>10:00am Badminton Table Tennis <div>●</div>9:45am Spiritual offering (BR) <div>●</div>10:15 Communion (BR) <div>●</div>10:30am Live Mass DC Basilica(BR) <div>●</div>2:00pm Pastor Gloria Preaches <div>●</div>3:00pm Social Hour with Refreshments. </div> <div>31</div>	<div> <div> <div>August 2025</div> <div> <div>Prema</div> <div>Memory Support</div> </div> </div> </div>			<div> <div>ACTIVITY LOCATOR KEY</div> <div> <div>●</div>Body <div>●</div>Community <div>●</div>Mind <div>●</div>Spirit </div> </div>		