

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>August Birthdays:</b> <b>Juanita H. - 6th</b> <b>Merle D. - 13th</b> <b>Terry P. - 13th</b> <b>Margaret "Pat" B. - 19th</b> <b>Ardy "ardy" N. - 22nd</b> <b>Carol F. - 29th</b> <b>Dorothy N. - 29th</b>					<div><div>● 8:30 Neighborhood Bike Ride</div><div>● 9:00 Self-Guided Senior Circuit (BS)</div><div>● 11:00 Mexican Train Dominoes (GC)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Mah-Jang (BR)</div><div>● 2:00 WU: Great Courses Series Chinese Civilization from Mao to Tao (H)</div><div>● 3:00 Bingo (H)</div><div>● 3:00 Tai Chi (T)</div><div>● 4:00 Happy Hour (B)</div></div> <div>1</div>	<div><div>● 10:00 Bible Study w/ Terry and Charmane (TH)</div><div>● 11:00 Scrabble in the Cafe' (GC)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Hand and Foot Card Game (BR)</div><div>● 2:30 Left, Right and Center (BR)</div><div>● 3:30 Golf Cart Ride (L)</div></div> <div>2</div>
<div><div>● 10:00 Livestream Haynes Barton, North Carolina Service (T)</div><div>● 10:30 Rose' and Rooftop @ Ara Sandestin</div><div>● 1:00 Bingo (H)</div><div>● 1:00 Bridge (GA)</div><div>● 3:00 Mexican Train Dominoes (BR)</div></div> <div>3</div>	<div><div>● 9:00 Gentle Yoga w/ Cassidy (V)</div><div>● 10:00 Publix Run</div><div>● 12:00 Guided Fitness Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Scattegories (BR)</div><div>● 2:00 Rummikub (BR)</div><div>● 2:00 Step and Tone w/ Cassidy (V)</div><div>● 3:00 Watersound Bookclub (LI)</div><div>● 3:45 15 min Chair Abs w/ Cassidy (BA)</div><div>● 4:00 Mix it up Monday Happy Hour (TB)</div></div> <div>4</div>	<div><div>● 9:00 Chair Sit-to-Fit w/ Cassidy (BS)</div><div>● 9:30 Coffee, Tea and Pastries (GP)</div><div>● 10:00 Aqua Stretch and Balance w/ Cassidy (P)</div><div>● 11:00 Trivia in the Cafe' (GC)</div><div>● 12:00 Guided Fitness (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Canasta (BR)</div><div>● 2:00 Chair Boxing w/ Cassidy (BS)</div><div>● 2:00 Regular Dominoes (VL)</div><div>● 3:00 WU: Seaglass Creations with Thalia (CS)</div><div>● 3:30 Qigong for beginners w/ Cassidy (BA)</div><div>● 5:00 ROMEO'S Wine and Songs @ NEAT in Alys Beach</div></div> <div>5</div>	<div><div>● 9:00 Morning Stretch w/ Cassidy (BS)</div><div>● 10:30 WU: Depression Awareness (H)</div><div>● 11:00 Left, Right and Center (GAL)</div><div>● 12:00 Guided Fitness Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Hand and Foot Card Game (BR)</div><div>● 2:00 Mat Stretch and Posture Align w/ Cassidy (V)</div><div>● 2:30 WU: Quilting with Beverly (CS)</div><div>● 3:00 Veteran's Cocktails and Commraderie (GA)</div><div>● 3:30 Destin Community Farmer's Market and Dinner at Gulf Club</div><div>● 4:00 Happy Hour (B)</div></div> <div>6</div>	<div><div>● 9:00 Body Balance and Core w/ Cassidy (V)</div><div>● 10:00 Grief Counseling with Good News Church (H)</div><div>● 11:00 Sequence Game (BR)</div><div>● 12:00 Guided Fitness Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Canasta (BR)</div><div>● 2:00 Chair interval training (BA)</div><div>● 2:00 Regular Dominoes (VL)</div><div>● 3:00 Matine: Miracles from Heaven (T)</div><div>● 3:30 15 min Grip and Hand Strength (BS)</div><div>● 6:00 Bingo (H)</div></div> <div>7</div>	<div><div>● 8:30 Senior Circuit w/ Cassidy (BS)</div><div>● 9:00 Beach Walk</div><div>● 11:00 Flowers with Melissa (H)</div><div>● 11:00 Water Aerobics w/ Cassidy (P)</div><div>● 12:00 Guided Fitness Center Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:30 Art for Rest and Recovery w/ Cassidy (CS)</div><div>● 2:00 WU: Great Courses Series Chinese Civilization from Mao to Tao (H)</div><div>● 3:00 Bingo (H)</div><div>● 4:00 Happy Hour (B)</div></div> <div>8</div>	<div><div>● 10:00 Scrabble in the Cafe' (GC)</div><div>● 11:00 Pre Season Football Buffalo Bills/NY Giants (T)</div><div>● 11:15 Bible Study w/ Terry and Charmane (TH)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Hand and Foot Card Game (BR)</div><div>● 2:00 Texans/Vikings Pre Season (T)</div><div>● 2:30 Left, Right and Center (BR)</div><div>● 3:30 Golf Cart Ride (L)</div><div>● 6:00 Chiefs/Cardinals Pre Season (T)</div></div> <div>9</div>
<div><div>● 10:00 Livestream Haynes Barton, North Carolina Service (T)</div><div>● 11:00 Dolphins/Bears Pre Season (T)</div><div>● 1:00 Bingo (H)</div><div>● 1:00 Bridge (GA)</div><div>● 2:05 Saints/Chargers Pre Season (T)</div><div>● 3:00 Mexican Train Dominoes (BR)</div><div>● 4:00 Music at the piano with Kim</div></div> <div>10</div>	<div><div>● 9:00 Gentle Yoga w/ Cassidy (V)</div><div>● 10:00 Carousel Market</div><div>● 11:00 Bookmobile</div><div>● 12:00 Guided Fitness Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Quirkle (BR)</div><div>● 2:00 Rummikub (BR)</div><div>● 2:00 Step and Tone w/ Cassidy (V)</div><div>● 3:00 WU: Rob Roy's Travels in South Africa (H)</div><div>● 3:45 15 min Chair Abs w/ Cassidy (BA)</div><div>● 4:00 Family Happy Hour For Son and Daughter Day (TB)</div></div> <div>11</div>	<div><div>● 8:30 Chair Sit-to-Fit w/ Cassidy (BS)</div><div>● 9:00 Nature Walk @ Eden Gardens</div><div>● 11:00 Trivia in the Cafe' (GC)</div><div>● 12:00 Guided Fitness (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Canasta (BR)</div><div>● 2:00 Chair Boxing w/ Cassidy (BS)</div><div>● 2:00 Regular Dominoes (VL)</div><div>● 3:00 WU: Seaglass and Shell Creations with Thalia (CS)</div><div>● 3:30 Qigong for beginners w/ Cassidy (BA)</div><div>● 5:00 Scouts for Dinner in Watersound</div></div> <div>12</div>	<div><div>● 9:00 Morning Stretch w/ Cassidy (BS)</div><div>● 10:00 Fitness Center Orientation w/ Cassidy (V)</div><div>● 11:00 360Well Principle of the Month: Health (H)</div><div>● 11:00 Left, Right and Center (GAL)</div><div>● 12:00 Guided Fitness Center Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Hand and Foot Card Game (BR)</div><div>● 2:00 Mat Stretch and Posture Align w/ Cassidy (V)</div><div>● 2:30 WU: Quilting with Beverly (CS)</div><div>● 4:00 Happy Hour (B)</div><div>● 5:00 Paella Night 87 Central</div></div> <div>13</div>	<div><div>● 9:00 Body Balance and Core w/ Cassidy (V)</div><div>● 10:00 Grief Counseling with Good News Church (H)</div><div>● 11:00 Sequence Game (BR)</div><div>● 12:00 Guided Fitness Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Canasta (BR)</div><div>● 2:00 Chair interval training (BA)</div><div>● 2:00 Regular Dominoes (VL)</div><div>● 3:00 Line Dancing with Denise (FS)</div><div>● 3:00 Matine: A Family Affair (T)</div><div>● 3:30 15 min Grip and Hand Strength (BS)</div></div> <div>14</div>	<div><div>● 8:30 Neighborhood Bike Ride</div><div>● 9:30 Senior Circuit w/ Cassidy (BS)</div><div>● 10:30 Water Aerobics w/ Cassidy (P)</div><div>● 12:00 Guided Fitness Center Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Mah-Jang (BR)</div><div>● 1:30 Art for Rest and Recovery w/ Cassidy (CS)</div><div>● 2:00 WU: Great Courses Series Early Musical Masterpieces (H)</div><div>● 3:00 Live Interactive Wheel of Fortune Game (H)</div><div>● 4:00 Happy Hour (B)</div></div> <div>15</div>	<div><div>● 9:30 Nature Walk in Watercolor and Lunch @ Wine World following</div><div>● 10:00 Bible Study w/ Terry and Charmane (TH)</div><div>● 11:00 Green Bay Packers/Colts Pre Season (T)</div><div>● 11:00 Scrabble in the Cafe' (GC)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Hand and Foot Card Game (BR)</div><div>● 2:00 49 ers/Raiders Pre Season Football (T)</div><div>● 2:30 Left, Right and Center (BR)</div><div>● 3:30 Golf Cart Ride (L)</div><div>● 5:00 Ravens/Cowboys Pre Season (T)</div></div> <div>16</div>
<div><div>● 10:00 Livestream Haynes Barton, North Carolina Service (T)</div><div>● 11:00 Jaguars/Saints Pre Season (T)</div><div>● 1:00 Bingo (H)</div><div>● 1:00 Bridge (GA)</div><div>● 2:00 Matinee: Midnight in the Switchgrass (SR)</div><div>● 4:15 Dinner and Jazz at La Crema and Tapas</div><div>● 5:00 Bills/Bears Pre Season (T)</div></div> <div>17</div>	<div><div>● 9:00 Gentle Yoga w/ Cassidy (V)</div><div>● 10:00 Walmart Run</div><div>● 12:00 Guided Fitness Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Quirkle (BR)</div><div>● 2:00 Rummikub (BR)</div><div>● 2:00 Step and Tone w/ Cassidy (V)</div><div>● 3:00 Watersound Bookclub (LI)</div><div>● 3:45 15 min Chair Abs w/ Cassidy (BA)</div><div>● 4:00 New Member Meet N Greet Happy Hour with Mike (TB)</div></div> <div>18</div>	<div><div>● 8:30 Chair Sit-to-Fit w/ Cassidy (BS)</div><div>● 9:00 Breakfast @ Fonville Press</div><div>● 10:00 Aqua Stretch and Balance w/ Cassidy (P)</div><div>● 11:00 Trivia in the Cafe' (GC)</div><div>● 12:00 Guided Fitness (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Canasta (BR)</div><div>● 2:00 Chair Boxing w/ Cassidy (BS)</div><div>● 2:00 Regular Dominoes (VL)</div><div>● 3:00 WU: Seaglass and Shell Creations with Thalia (CS)</div><div>● 3:30 Qigong for beginners w/ Cassidy (BA)</div><div>● 6:00 Scrabble in the Cafe' (GC)</div></div> <div>19</div>	<div><div>● 9:00 Morning Stretch w/ Cassidy (BS)</div><div>● 10:30 WU: Sleep Health w/ Cassidy (H)</div><div>● 10:45 Citizen for Brunch Alys Beach</div><div>● 11:00 Left, Right and Center (GAL)</div><div>● 12:00 Guided Fitness Center Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Hand and Foot Card Game (BR)</div><div>● 2:00 Mat Stretch and Posture Align w/ Cassidy (V)</div><div>● 2:30 WU: Quilting with Beverly (CS)</div><div>● 3:00 Flowers with Melissa (H)</div></div> <div>20</div>	<div><div>● 9:00 Body Balance and Core w/ Cassidy (V)</div><div>● 10:00 Grief Counseling with Good News Church (H)</div><div>● 11:00 Sequence Game (BR)</div><div>● 11:15 McGuire's Lunch PCB</div><div>● 12:00 Guided Fitness Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Canasta (BR)</div><div>● 2:00 Chair interval training (BA)</div><div>● 2:00 Regular Dominoes (VL)</div><div>● 3:00 Food Committee Members Only (H)</div><div>● 3:00 Matine: The Weekend Away (T)</div><div>● 3:30 15 min Grip and Hand Strength (BS)</div><div>● 5:00 Birthday Dinner August (PD)</div><div>● 6:30 Bingo (H)</div></div> <div>21</div>	<div><div>● 8:30 Senior Circuit w/ Cassidy (BS)</div><div>● 9:00 Beach Walk</div><div>● 10:00 Water Aerobics w/ Cassidy (P)</div><div>● 11:00 Mexican Train Dominoes (GC)</div><div>● 12:00 Guided Fitness Center Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Mah-Jang (BR)</div><div>● 1:30 Art for Rest and Recovery w/ Cassidy (CS)</div><div>● 2:00 WU: Great Courses Series Musical Masterpieces Continues (H)</div><div>● 3:00 Live Interactive Wheel of Fortune Game (H)</div><div>● 4:00 Happy Hour (B)</div></div> <div>22</div>	<div><div>● 10:00 Bible Study w/ Terry and Charmane (TH)</div><div>● 11:00 Broncos/Saints Pre Season (T)</div><div>● 11:00 Scrabble in the Cafe' (GC)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Hand and Foot Card Game (BR)</div><div>● 2:00 Seahawks/Green Bay Packers Pre Season (T)</div><div>● 2:30 Left, Right and Center (BR)</div><div>● 3:30 Golf Cart Ride (L)</div><div>● 5:30 Buffalo Bills/Tampa Bay Bucs Pre Season (T)</div></div> <div>23</div>
<div><div>● 10:00 Livestream Haynes Barton, North Carolina Service (T)</div><div>● 1:00 Bingo (H)</div><div>● 1:00 Bridge (GA)</div><div>● 3:00 Mexican Train Dominoes (BR)</div><div>● 4:00 Music at the piano with Kim</div></div> <div>24</div>	<div><div>● 9:00 Gentle Yoga w/ Cassidy (V)</div><div>● 10:00 Publix Run</div><div>● 11:00 National Eat Outside Day, Lunch on the Pool Deck (PO)</div><div>● 12:00 Guided Fitness Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Quirkle (BR)</div><div>● 2:00 Rummikub (BR)</div><div>● 2:00 Step and Tone w/ Cassidy (V)</div><div>● 3:45 15 min Chair Abs w/ Cassidy (BA)</div><div>● 4:00 Mix it up Monday Happy Hour (TB)</div></div> <div>25</div>	<div><div>● 9:00 Chair Sit-to-Fit w/ Cassidy (BS)</div><div>● 9:30 Coffee, Tea and Pastries (GP)</div><div>● 11:30 Lunch @ LA CO Rosemary</div><div>● 12:00 Guided Fitness (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Canasta (BR)</div><div>● 2:00 Chair Boxing w/ Cassidy (BS)</div><div>● 2:00 Regular Dominoes (VL)</div><div>● 3:00 WU: Seaglass and Shell Creations with Thalia (CS)</div><div>● 3:30 Qigong for beginners w/ Cassidy (BA)</div><div>● 6:00 Scrabble in Cafe' (GC)</div></div> <div>26</div>	<div><div>● 9:00 Morning Stretch w/ Cassidy (BS)</div><div>● 10:00 Fitness Center Orientation w/ Cassidy (V)</div><div>● 11:00 Left, Right and Center (GAL)</div><div>● 12:00 Guided Fitness Center Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Hand and Foot Card Game (BR)</div><div>● 2:00 Mat Stretch and Posture Align w/ Cassidy (V)</div><div>● 2:30 WU: Quilting with Beverly (CS)</div><div>● 4:00 Happy Hour with Chuck Lawson (B)</div></div> <div>27</div>	<div><div>● 9:00 Body Balance and Core w/ Cassidy (V)</div><div>● 10:00 Grief Counseling with Good News Church (H)</div><div>● 11:00 Sequence Game (BR)</div><div>● 12:00 Guided Fitness Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Canasta (BR)</div><div>● 2:00 Chair interval training (BA)</div><div>● 2:00 Regular Dominoes (VL)</div><div>● 3:00 Matine: Spencer Confidential (T)</div><div>● 3:30 15 min Grip and Hand Strength (BS)</div><div>● 4:00 Casino Party</div></div> <div>28</div>	<div><div>● 8:30 Neighborhood Bike Ride</div><div>● 9:30 Senior Circuit w/ Cassidy (BS)</div><div>● 10:30 Water Aerobics w/ Cassidy (P)</div><div>● 11:00 Mexican Train Dominoes (GC)</div><div>● 12:00 Guided Fitness Center Hour (V)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Mah-Jang (BR)</div><div>● 1:30 Art for Rest and Recovery w/ Cassidy (CS)</div><div>● 2:00 WU: Great Courses Series Musical Masterpieces Continued (H)</div><div>● 3:00 Bingo (H)</div><div>● 4:00 Happy Hour (B)</div></div> <div>29</div>	<div><div>● 10:00 Bible Study w/ Terry and Charmane (TH)</div><div>● 11:00 Scrabble in the Cafe' (GC)</div><div>● 1:00 Bridge (GA)</div><div>● 1:00 Hand and Foot Card Game (BR)</div><div>● 2:30 Left, Right and Center (BR)</div><div>● 3:30 Golf Cart Ride (L)</div><div>● 4:00 Baytowne Art Festival and dinner @ Landshark's</div></div> <div>30</div>
<div><div>● 10:00 Livestream Haynes Barton, North Carolina Service (T)</div><div>● 1:00 Bingo (H)</div><div>● 1:00 Bridge (GA)</div><div>● 3:00 Mexican Train Dominoes (BR)</div></div> <div>31</div>						<div><div>● Body</div><div>● Community</div><div>● Entertainment</div><div>● Mind</div><div>● Outing</div><div>● Spirit</div></div>