

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>Resident Birthday's</u> Marlene Marnon 9/6 Betty Hess 9/8 Suzanne Flannery 9/10 Sandy Billings 9/10 Irma Arrendondo 9/12	<u>Resident Birthday's</u> Deborah Goodwin 9/21 Richard Gaylord 9/24 Joe DuBois 9/24 Annabelle Mamo 9/30		Morning: Daily Chronicle Chat September IQ Trivia Zumba Afternoon: Move To The Music! Volleyball 3:00 September Birthday Social -SR Book Club: Make Room For Rooney Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Famous September Birthday's HAS Fit Exercise Afternoon: WU: "Happy" Basketball Dunk Popcorn Social Evening: Game Of Choice & Evening Movie
Morning: Daily Chronicle Chat Our Daily Bread Reading Spiritual Eldercare Church Service Priority One Fitness Afternoon: WU: "Working: What We Do All Day" Bowling Ice Tea Social Evening: Game Of Choice & Evening Movie	Labor Day Morning: Daily Chronicle Chat Baking Club: Apple Pie Bites Relaxing Seated Yoga Afternoon: Cornhole Labor Day TV Special 3:30 Labor Day Social -AR Labor Day Laughs Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Book Club: Chicken Soup For The Soul Zumba Afternoon: Bocce Ball Who Am I? Trivia Creative Corner: Yarn Wrapped Apples Left, Center, Right! Dice Game Evening: Game Of Choice & Evening Movie	Happy Birthday Marlene M. Morning: Daily Chronicle Chat Armchair Passport: France Sit & Stretch Afternoon: Putt Putt Golf Happy Healthy Nails UNO Card Game Would You Rather? Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Walking Club 11:00 St. Charles Catholic Church Service -MP Afternoon: Drum Circle With Lauren! Creative Corner: Scrapbook Paper Sunflowers Reminiscing: The State Fair Giant Janga Evening: Game Of Choice & Evening Movie	Happy Birthday Betty H. Morning: Daily Chronicle Chat Dice Bowling Seated Boxing With Paul Eugene Afternoon: Music Therapy With Nick! Ping Pong Toss 3:00 Happy Hour With Standard Time -SR Shake Awake Your Taste! Dice Game Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Searching For September HAS Fit Exercise Afternoon: WU: "Puff: Wonders Of The (Great Barrier) Reef" Noodle Ball Table Puzzle Social Evening: Game Of Choice & Evening Movie
Happy Birthday Suzanne F. & Sandy B. Morning: Daily Chronicle Chat Our Daily Bread Reading Spiritual Eldercare Church Service Priority One Fitness Afternoon: WU: "Dancing With The Birds" Cornhole Lemonade Social Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Book Club: Chicken Soup For The Soul 11:00 First Bible Baptist Service -AR Afternoon: Seated Resistance Band Exercise Give Back To The Community Program: Coupons For The Troops Bowling Finish The Phrase Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Baking Club: Chocolate Chip Muffins Relaxing Seated Yoga Afternoon: Cornhole Hot Cocoa Social Old Maid Card Game Guess In 10 Trivia: US States Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Armchair Passport: Portugal Seated Tai Chi Exercise Afternoon: Volleyball September Jeopardy Trivia Happy Healthy Nails Shake Loose A Memory! Dice Game Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Walking Club 11:00 St. Charles Catholic Church Service -MP Afternoon: Putt Putt Golf Creative Corner: Ice Cream Kick- Ball! Ready, Set, Roll! Ping Pong Game Reminiscing: Back To School Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat German Jeopardy Trivia Move To The Music Afternoon: Music Therapy With Nick! Bowling 3:00 Happy Hour With Brian & Linda -SR Scattergories Trivia Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Cranium Crunches HAS Fit Exercise Afternoon: WU: "Brave Blue World" Horse Races Dice Game Apple Cider Social Evening: Game Of Choice & Evening Movie
Morning: Daily Chronicle Chat Our Daily Bread Reading Spiritual Eldercare Church Service Priority One Fitness Afternoon: WU: "My Octopus Teacher" Bocce Ball Hot Cocoa Social Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Baking Club: Pumpkin Bars Relaxing Seated Yoga Afternoon: Noodle Ball 2:00 Entertainment With AMPS -SR Pumpkin Spice Social Name That Tune! Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Book Club: Chicken Soup For The Soul Seated Hula Dancing! Afternoon: Seated Resistance Band Exercise Give Back To The Community Program: Dog Biscuits Pokeno Shake Awake Your Taste! Dice Game Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Armchair Passport: Germany Sit & Stretch Afternoon: Zumba Happy Healthy Nails Goodbye Summer, Hello Fall! Social Cornhole Evening: Game Of Choice & Evening Movie	Happy Birthday Deborah G. Morning: Daily Chronicle Chat Walking Club 11:00 St. Charles Catholic Church Service -MP Afternoon: Drum Circle With Lauren! Creative Corner: Button Letter Monogram Craft Reminiscing: Oktoberfest 3:00 A Taste Of Fall Social -AR Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Autumn A To Z Seated Tai Chi Exercise Afternoon: Music Therapy With Nick! Bocce Ball 3:00 Happy Hour With Mariana -SR UNO Attack Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat All About Octoberfest HAS Fit Exercise Afternoon: WU: "Germany And Its Beers: Big Time Brewing" Left, Center, Right! Dice Game Table Puzzle Social Evening: Game Of Choice & Evening Movie
Happy Birthday Richard G. & Joe D. Morning: Daily Chronicle Chat & Our Daily Bread Reading Spiritual Eldercare Church Service Priority One Fitness Afternoon: WU: "Halftime" Volleyball Root Beer Float Social Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Baking Club: Apple Brown Betty 11:00 First Bible Baptist Service -AR Afternoon: Bowling Autumn Apple Social Crazy 8's Card Game Walking Club Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Book Club: Chicken Soup For The Soul Zumba Afternoon: Putt Putt Golf Creative Corner: Color By Number Walking Club Shake Awake Your Taste! Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Armchair Passport: Japan Seated Tai Chi Exercise Afternoon: Ping Pong Toss Happy Healthy Nails Finish The Line Noodle Ball Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Walking Club 11:00 St. Charles Catholic Church Service -MP Afternoon: Volleyball Creative Corner: Apple Tree Painting 3:00 Entertainment With Hanna PK -SR Giant Janga Evening: Game Of Choice & Evening Movie	Morning: Daily Chronicle Chat Book Club: Make Room For Rooney Seated Boxing With Paul Eugene Afternoon: Music Therapy With Nick! Basketball Dunk 3:00 Happy Hour With Genesee 3- SR Slamwhich! Card Game Evening: Game Of Choice & Evening Movie	Happy Birthday Annabelle M. Morning: Daily Chronicle Chat Make A Word HAS Fit Exercise Afternoon: 1:00 Travelogue With Linda LoCastra -MP Giant Janga Purple Cow Social Evening: Game Of Choice & Evening Movie
		<div>SEPTEMBER 2023</div> <div>Gardens</div>			ACTIVITY LOCATOR KEY AR- Bovenzi Activity Room MP- Multipurpose Room SR- Sunrise Dinning Room	Event Key: Live Entertainment & Special Guests Watermark University Courses Fun, Special Events & Days! Creative Corner Give Back Programs Exercise & Physical Games
					Tracy LaFountain Community Life Director (585)546-7275 tmlafountain@watermarkcommuni * Programs are subject to change. Please refer to the Daily Sheets located at the front desk	