SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Joyful Movement WU: Writers Collective WU: Person of Interest Energy Burst **BBQ LUNCH & DJ** **Happy Labor Day** 1	Tai Chi Brain Games WU: Artistry Unleashed Energy Burst Corn Hole 2	Strength & Balance Gratitude & Reflections Energy Burst Color My World 3	Slow Flow Yoga Brain Games **3:00 Horticulture** Virtual Adventure Energy Burst 4	Joyful Movement Energy Burst WU: Person of Interest 2:00 Happy Hour & Massages with Tiffany 5	Stretch & Strength Energy Burst Balloon Toss Movie Time 6
Happy Grandparents Day Sole to Sole Walking Club Energy Burst **2:00 Celebrating Grandparents Day with Albert and Friends - Lobby** 7	Joyful Movement WU: Culinary Creations Energy Burst **2:30 Minnie Kalan- Singer** Monday Movie 8	Tai Chi Brain Games **Zoo Trip** WU: An Eye for Art Energy Burst 9	Strength & Balance Guided Imagery Energy Burst Tic Tac Toe 10	Slow Flow Yoga Brain Games Virtual Trip Down Memory Lane Energy Burst Happy Hour 11	Joyful Movement Community Live Committee Meeting Energy Burst Music for the Soul 12	Stretch & Strength Energy Burst **2:00 Piano Performance with Suann - Lobby** Movie Time 13
Sole to Sole Walking Club Energy Burst 14	Joyful Movement WU: Culinary Creations Energy Burst **2:00 Bill Long - Guitar/Singer - 2T** Monday Movie 15	Tai Chi Brain Games **Lunch Trip** WU: Artistry Unleashed Energy Burst 16	Strength & Balance Gratitude & Reflections Energy Burst Getting to Know You Balloon Toss 17	Slow Flow Yoga Brain Games Virtual Roadtrippers Energy Burst Happy Hour 18	Joyful Movement Service Circles Energy Burst Oldies But Goodies 19	Stretch & Strength Energy Burst Movie Time 20
Sole to Sole Walking Club Energy Burst 21	Joyful Movement WU: Culinary Creations Energy Burst **4:00 Rosh Hashanah Blessings - Bistro** Monday Movie 22	Tai Chi Brain Games WU: An Eye for Art Energy Burst Getting to Know You Balloon Toss 23	Strength & Balance Guided Imagery Energy Burst Corn Hole 24	Slow Flow Yoga Brain Games Energy Burst **6:00 Alan Lurty - Piano** Happy Hour 25	Joyful Movement WU: Lives Well Lived Energy Burst Country Favorites 26	Stretch & Strength Energy Burst Movie Time 27
Sole to Sole Walking Club Energy Burst 28	Joyful Movement WU: Culinary Creations Energy Burst Monday Movie 29	Tai Chi Brain Games WU: Artistry Unleashed Energy Burst Dance to the Music 30	**Manicures Done Weekly**	**Calendar is Subject to Change** **All Activities Will Take Place in Common Areas** **Unless Otherwise Indicated** **Calendar Is Subject to Change**		

September 2025

Pathways

Prema Memory Support

BLUE BELL PLACE
A WATERMARK RETIREMENT COMMUNITY℠

ACTIVITY LOCATOR KEY

- Body
- Community
- Mind
- Spirit