

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Labor Day BBQ Lunch and Music by DJ Betsy Outdoors <div>1</div>	10:15 Chair Yoga - 2T 2:00 Community Crossword Puzzle - 2AR 3:15 WU: Discover Alaska with Kally - 2T 4:00 Ice Breakers- L <div>2</div>	10:00 WU: Aging and Osteoporosis Discussion & Exercise w/ Dr. Wade- Fox Therapy - 2T 11:00 Weis Trip 2:00 Bingo - 2AR 3:15 September IQ & Gazette - 2AR 4:00 Ice Breakers- L <div>3</div>	Football Season Begins Wear Your Team Colors 10:15 Stretching & Balance - 2T 2:00 WU: Horticulture - 2AR 3:30 Football Trivia - Lobby 4:00 Ice Breakers- L 8:20 Eagles vs. Dallas - Community TV's <div>4</div>	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:30 Happy Hour and Massages with Tiffany - 2AR 4:00 Ice Breakers- L <div>5</div>	2:15 Word Mining - 2AR Independent August Word Games Available in the Bistro <div>6</div>
Assisted Living Week 10:00 Communion with Lucy - Bistro 2:00 Celebrating Grandparents Day with Albert and Friends - Lobby 4:00 Ice Breakers- L <div>7</div>	10:15 WU: The Benefits of Chair Yoga with Bree - 2T 2:30 Minnie Kalan - Singer - 2T 2:30 Ice Cream Truck 4:00 Ice Breakers- L <div>8</div>	10:15 Seated Aerobics - 2T 10:30 Elmwood Park Zoo Trip 1:00 Sunshine & Drinks - Outdoors 2:00 Word Mining - 2AR 4:00 Ice Breakers- L <div>9</div>	10:15 Coordination & Agility Training - 2T 10:45 Nail Salon Trip 2:00 Bingo - 2AR 3:15 Tic Tac Toe - 2AR 4:00 Ice Breakers- L <div>10</div>	10:00 Residents & Associates Exercise & Discussion with Dr. Wade- Fox Therapy - 2T 1:00 WU: Community Outing & Remembrance 3:00 4:00 Ice Breakers- L <div>11</div>	Wear 50's,60's,70's 10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:30 Happy Hour - 2AR 4:00 Ice Breakers- L <div>12</div>	2:00 Piano Performance with Suann - Lobby Independent August Word Games Available in the Bistro <div>13</div>
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L <div>14</div>	10:15 Seated Aerobics - 2T 1:00 Word Mining - 2AR 2:00 Bill Long - Singer/Guitarist - 2T 4:00 Ice Breakers- L <div>15</div>	Mexican Independence Day 10:15 Chair Yoga - 2T 1:00 Menu Planning-B 2:00 Bingo - 2AR 3:00 Beautiful Mexico Matching Game - 2AR 3:30 WU: Frida Kahlo - 2AR 4:00 Ice Breakers- L <div>16</div>	10:15 Coordination & Agility Training - 2T 10:45 Boscov's Trip 2:00 Resident Council -2T 2:30 BBP Store - 2T 3:00 Checkers - 2T 4:00 Ice Breakers- L <div>17</div>	10:15 Stretching & Balance - 2T 11:15 Red Lobster Trip 2:30 Activity Planning and Refreshments - 2AR 4:00 Ice Breakers- L <div>18</div>	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:30 Happy Hour - 2AR 4:00 Ice Breakers- L <div>19</div>	2:15 Word Mining - 2AR Independent August Word Games Available in the Bistro <div>20</div>
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L <div>21</div>	10:15 Seated Aerobics - 2T 2:00 Celebrating Autumn with Cider & Cookies - 2AR 4:00 WU: Rosh Hashanah Blessings - Bistro <div>22</div>	10:15 Chair Yoga - 2T 1:00 Checkers - 2T 2:00 Bingo - 2AR 3:15 WU:Presidents and Their Pets - 2T 4:00 Ice Breakers- L 4:30 Chinese Dine-In Dinner - 2AR <div>23</div>	10:15 Coordination & Agility Training - 2T 1:00 Tic Tac Toe - 2T 2:00 WU: Cooking Demo with the Chef- 2AR 3:00 Book Club - 2AR 4:00 Ice Breakers- L <div>24</div>	10:15 Stretching & Balance - 2T 10:45 Grocery Outlet Trip 2:00 Community Word Puzzle - 2AR 4:00 Ice Breakers- L 6:00 Alan Lurty - Piano <div>25</div>	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:30 Happy Hour and Birthday Party- 2AR 4:00 Ice Breakers- L <div>26</div>	Independent August Word Games Available in the Bistro <div>27</div>
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L <div>28</div>	10:15 Seated Aerobics - 2T 2:00 WU: Spotlight on Gene Autry - 2AR 2:30 The Cowboy Code 3:00 Corn Hole - 2T 4:00 Ice Breakers- L <div>29</div>	10:15 Chair Yoga - 2T 1:00 Word Mining - 2AR 2:00 Bingo - 2AR 3:15 Checkers - 2T 4:00 Ice Breakers- L <div>30</div>	Manicures every Wednesday by appointment. Sign up at the front desk		Every Thursday evening join your friends for some jigsaw puzzle therapy in the Activities Room	
<h1>September 2025</h1> <h2>Traditional</h2> <div> BLUE BELL PLACE A WATERMARK RETIREMENT COMMUNITYSM</div>			ACTIVITY LOCATOR KEY L - Lobby DR - Dining Room B - 1st Floor Bistro 2T- 2nd Fl. Theater 2AR - 2nd Fl. Activities Room			
Calendar is Subject to Change See Daily Calendar in Lobby for most accurate schedule!						