

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00 Beginner Tai Chi (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Circuit Strength (FS) 10:00 Origami Crane Making (LI) 11:00 Barre and Pilates (FS) 3:00 Scrabble With Friends (SL) 3:00 Skyline Lounge Mixer (SL)	8:00 Beginner Tai Chi (FS) 9:00 Empower & Align- Fitness Class (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Balance & Strength 1:30 Techy Tuesday (LI) 1:45 Target Shopping Outing (SU) 3:00 Skyline Lounge Mixer (SL) 6:30 Public House Trivia (EPB)	8:00 Beginner Tai Chi (FS) 9:00 Heart & Sole Walking Club (L) 9:40 Water Walking & Lap Swim (BA) 11:00 Thinking Fast and Slow: Part 1 (TM) 1:00 Monthly Invoice Overview with Elizabeth (PDR) 3:00 Skyline Lounge Mixer (SL) 3:00 Wine Down Wednesday (EPB)	8:00 Beginner Tai Chi (FS) 9:00 Cardio and Core Strength (FG) 9:00 Heart & Sole Walking Club (L) 10:00 Balance & Strength 11:00 Cedar River Watershed Education Center (SU) 1:30 LifeLoop Assistance! (LI) 3:00 Bingo (SL) 3:00 Skyline Lounge Mixer (SL)	9:00 Empower & Align- Fitness Class (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Mexican Train (LI) 11:00 Crucial Conversations: TED Talk- The Power of Vulnerability (PDR) 2:00 WU: Asian Art Orientation (PDR) 3:00 Skyline Lounge Mixer (SL) 4:00 Spirits in the SKY- Happy Hour (SL)	9:00 Heart & Sole Walking Club (L) 9:00 ROOTS- Fitness Class (FS) 10:00 Functionally Evolved Fusion- Fitness Class 1:30 WU: Knitting 101 (LI) 2:00 Cribbage Crew (SL) 3:00 Custom Tote Bag Painting (PDR)
9:00 Heart & Sole Walking Club (L) 9:40 Water Walking & Lap Swim (SU) 10:30 Brunch Group (TM) 1:05 Seahawks Viewing (T)	8:00 Beginner Tai Chi (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Circuit Strength (FS) 10:00 Origami Crane Making (LI) 11:00 Barre and Pilates (FS) 11:45 Coffee Talk (TM) 2:45 Happy Hour Outing: Cactus (SU) 3:00 Scrabble With Friends (SL) 3:00 Skyline Lounge Mixer (SL)	8:00 Beginner Tai Chi (FS) 9:00 Empower & Align- Fitness Class (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Balance & Strength 1:30 Techy Tuesday (LI) 1:45 PCC Shopping Outing 2:00 Lifelong Learning: The Grand Canyon (TM) 3:00 Skyline Lounge Mixer (SL) 6:30 Public House Trivia (EPB)	8:00 Beginner Tai Chi (FS) 9:00 Heart & Sole Walking Club (L) 9:40 Water Walking & Lap Swim (BA) 11:00 Thinking Fast and Slow: Part 2 (TM) 2:00 Outings Committee Meeting (PDR) 3:00 Skyline Lounge Mixer (SL) 3:00 Wine Down Wednesday (EPB)	8:00 Beginner Tai Chi (FS) 9:00 Cardio and Core Strength (FG) 9:00 Heart & Sole Walking Club (L) 10:00 Balance & Strength 1:30 LifeLoop Assistance! (LI) 3:00 Bingo (SL) 3:00 Skyline Lounge Mixer (SL) 4:00 Residents Association Meeting (SL)	9:00 Empower & Align- Fitness Class (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Mexican Train (LI) 12:00 WU: Music on the Record (LI) 2:30 Crucial Conversations: TED Talk- The Rise of Predatory Scams and How to Prevent Them (PDR) 3:00 Skyline Lounge Mixer (SL) 4:00 Spirits in the SKY- Happy Hour (SL)	9:00 Heart & Sole Walking Club (L) 9:00 ROOTS- Fitness Class (FS) 9:45 Cutting Up: A Celebration of Quilting (3IPLRSP) 10:00 Functionally Evolved Fusion- Fitness Class 11:30 Lunch Outing: 36 Streets Coffee (SU) 2:00 Cribbage Crew (SL) 3:00 Mini Pot Painting with Herbs (PDR)
9:00 Heart & Sole Walking Club (L) 9:40 Water Walking & Lap Swim (SU) 10:00 Seahawks Viewing (T) 10:30 Brunch Group (TM)	8:00 Beginner Tai Chi (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Circuit Strength (FS) 10:00 Origami Crane Making (LI) 11:00 Barre and Pilates (FS) 11:45 Coffee Talk (TM) 1:30 Maintenance & Transportation Committee Meeting (PDR) 3:00 Scrabble With Friends (SL) 3:00 Skyline Lounge Mixer (SL)	8:00 Beginner Tai Chi (FS) 8:00 Massage Day - Appointments Required (SU) 9:00 Empower & Align- Fitness Class (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Balance & Strength 1:30 Techy Tuesday (LI) 1:45 Safeway Shopping Outing 3:00 Skyline Lounge Mixer (SL) 6:30 Public House Trivia (EPB)	8:00 Beginner Tai Chi (FS) 8:00 Massage Day - Appointments Required (SU) 9:00 Heart & Sole Walking Club (L) 9:40 Water Walking & Lap Swim (BA) 11:30 Resident Lunch Outing: Top Gun Dim Sum (SU) 3:00 Skyline Lounge Mixer (SL) 3:00 Wine Down Wednesday (EPB)	8:00 Beginner Tai Chi (FS) 9:00 Cardio and Core Strength (FG) 9:00 Heart & Sole Walking Club (L) 10:00 Balance & Strength 1:30 LifeLoop Assistance! (LI) 2:00 Dining Committee Meeting (TM) 3:00 Bingo (SL) 3:00 Skyline Lounge Mixer (SL)	9:00 Empower & Align- Fitness Class (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Mexican Train (LI) 11:00 Crucial Conversations: TED Talk- The Future of Money (PDR) 2:00 Life Long Learning: Who is Banksy? (TM) 3:00 Monthly Birthday Celebration (T) 3:00 Skyline Lounge Mixer (SL) 4:00 Spirits in the SKY- Happy Hour (SL)	9:00 Heart & Sole Walking Club (L) 9:00 Outing: Maple Valley Farmers Market (SU) 9:00 ROOTS- Fitness Class (FS) 10:00 Functionally Evolved Fusion- Fitness Class 11:00 All About Oktoberfest (T) 2:00 Cribbage Crew (SL) 3:00 Handmade Beaded Wine Glass Charms (PDR)
9:00 Heart & Sole Walking Club (L) 9:40 Water Walking & Lap Swim (SU) 10:30 Brunch Group (TM) 1:05 Seahawks Viewing (T) 3:00 Book Club (LI)	8:00 Beginner Tai Chi (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Circuit Strength (FS) 10:00 Origami Crane Making (LI) 11:00 Barre and Pilates (FS) 11:45 Coffee Talk (TM) 2:00 WU: What's Up with New Slang? (PDR) 3:00 Scrabble With Friends (SL) 3:00 Skyline Lounge Mixer (SL)	8:00 Beginner Tai Chi (FS) 9:00 Empower & Align- Fitness Class (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Balance & Strength 11:00 WU: The Philosophy on Architecture (TM) 1:30 Techy Tuesday (LI) 1:45 Kirkland Costco Shopping Outing 3:00 Skyline Lounge Mixer (SL) 6:30 Public House Trivia (EPB)	8:00 Beginner Tai Chi (FS) 9:00 Heart & Sole Walking Club (L) 9:40 Water Walking & Lap Swim (BA) 11:00 The Write Word Game: Oktoberfest (T) 2:45 Happy Hour Outing: Bake's Place Bar & Bistro (SU) 3:00 Skyline Lounge Mixer (SL) 3:00 Wine Down Wednesday (EPB)	8:00 Beginner Tai Chi (FS) 9:00 Cardio and Core Strength (FG) 9:00 Heart & Sole Walking Club (L) 10:00 Balance & Strength 1:30 LifeLoop Assistance! (LI) 3:00 Bingo (SL) 3:00 Skyline Lounge Mixer (SL) 3:00 Town Hall (TM) 5:15 Seahawks Viewing (SL)	9:00 Empower & Align- Fitness Class (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Mexican Train (LI) 2:30 Crucial Conversations: TED Talk- What Is an AI Anyway? (PDR) 3:00 Skyline Lounge Mixer (SL) 3:30 WU: Love for the Game: Chess 101 4:00 Spirits in the SKY- Happy Hour (SL)	9:00 Heart & Sole Walking Club (L) 9:00 ROOTS- Fitness Class (FS) 10:00 Functionally Evolved Fusion- Fitness Class 2:00 Cribbage Crew (SL) 3:00 Resin Letter Keychains (PDR)
9:00 Heart & Sole Walking Club (L) 9:40 Water Walking & Lap Swim (SU) 10:30 Brunch Group (TM)	8:00 Beginner Tai Chi (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Circuit Strength (FS) 10:00 Origami Crane Making (LI) 11:00 Barre and Pilates (FS) 11:45 Coffee Talk (TM) 3:00 Scrabble With Friends (SL) 3:00 Skyline Lounge Mixer (SL)	8:00 Beginner Tai Chi (FS) 9:00 Empower & Align- Fitness Class (FS) 9:00 Heart & Sole Walking Club (L) 10:00 Balance & Strength 1:30 Techy Tuesday (LI) 1:45 Trader Joes Shopping Outing 3:00 Skyline Lounge Mixer (SL) 6:30 Public House Trivia (EPB)		TB = Taboon M = The Mark LI = Library SU = Sign Up SL = Skyline Lounge	PDR = Private Dining Room FG = Fitness Gym FS = Fitness Studio LO = Lobby EPB = Evergreen Point Bistro	Body Community Entertainment Mind Outing Spirit