

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Note:</u> Activities in bold denote special programs such as: live music, religious services, & Watermark University courses.</p>	<p>Labor Day 9:45- Exercise Video 10:30- Outdoor Experiences 12:00 Labor Day Picnic Lunch 1:30- Artistic Expression 3:00- Movie: “Oxford Year” 4:15- iN2L: Animal Adventures 6:15- Comedy Club “Jerry Seinfeld”</p> <div>1</div>	<p>9:45- WU: Exercise with Kim 10:30- One Long Word 11:00- Prayer Service & Communion in Pub 1:30- WU: Engage VR 1:30- Country Duo Performs 3:00- Outdoor Reflection 4:15- iN2L: Meditation 6:15- Prize Bingo</p> <div>2</div>	<p>9:30 Blood Pressure Clinic 9:45- Cardio Exercise 10:30- Scattergories 1:30- WU: Timely Topics Around The World 3:00- Happy Hour/National Cheese Pizza Day 4:15- Dominoes in the Pub 6:00- Poker With Friends in the Pub</p> <div>3</div>	<p>9:45- Theraband Exercise 10:30- WU: Health Talk: “Dining As We Age” 11:30- Lunch Out Trip 1:30- Outdoor Relaxation 1:30- WU: Engage VR 3:00- King’s in the Corner 4:15- iN2L: Relaxation 6:15-LCR in Activity Room</p> <div>4</div>	<p>9:45- Balance Exercise 10:30- Group Crossword Puzzle 1:30- Ethan Stone on Piano 2:45 Karma The Dog Visits 3:00- Outdoor Reflection 4:15- iN2L: Breathe 6:15- An Eye For Art: Vision: Watercolor painting</p> <div>5</div>	<p>9:45- Flexibility Exercise 10:30- Darts & Billiards 1:30- Prize Bingo 3:00- Movie Matinee: “The Penguin Lessons” 4:15- iN2L: Radio Garden 6:15- Coffee Social in Cafe/Daily Chronicles</p> <div>6</div>
<p>9:45- Exercise with Krysten 10:00- Mass on TV Ch 9 11:00- Prayer Service & Communion in Pub 2:00- Chaplet Of Divine Mercy- On TV 3:00- Volleyball 4:15- iN2L: Art History 6:15- EWTN Worship Service CH 18</p> <div>7</div>	<p>Grandparent’s Day 9:45- Resistance Exercise 10:30- WU: Family Recipes 1:30- American Melody Band Performance 3:00- Happy Hour in the Pub/ Person of Interest: M. Rooney 4:15- iN2L: Animal Adventures 6:15- Comedy Club: “Robin Williams”</p> <div>8</div>	<p>9:45- WU: Exercise with Kim 10:30- One Long Word 11:00- Prayer Service & Communion in Pub 1:30- WU: Engage VR 2:00 Axe Throwing & Apple Pie 3:00- Outdoor Reflection 4:15- iN2L: Meditation 6:15- Prize Bingo</p> <div>9</div>	<p>9:45- Cardio Exercise 10:30- WU: 360 Well “One Step Ahead of Falls” 10:30- Miniature Golf Trip 1:30- S’mores Outdoor Fun 3:30- WU: Timely Topics Around The World 4:15- Dominoes in the Pub 6:00- Poker With Friends</p> <div>10</div>	<p>9:45- Theraband Exercise 10:30- WU: Scrumptious Delights 11:00- Word Games 1:30- Kayaking Trip 1:30- WU: Engage VR 3:00- Trivia 4:15- iN2L: Relaxation 6:15-LCR in Activity Room</p> <div>11</div>	<p>9:45- Balance Exercise 10:30- Group Crossword Puzzle 1:30- Catholic Mass with Father Wayne 2:30- Ice Cream Truck 2:45 Karma The Dog Visits 3:00- Happy Hour in the Pub 4:15- iN2L: Breathe 6:15- An Eye For Art: Vision: Colored Pencil Art</p> <div>12</div>	<p>9:45- Flexibility Exercise 10:30- Darts & Billiards 1:30- Prize Bingo 3:00- Movie Matinee: “Marry Me” 4:15- iN2L: Bubble Popper 6:15- Coffee Social in Cafe/Daily Chronicles</p> <div>13</div>
<p>9:45- Exercise with Krysten 10:00- Mass on TV Ch 9 11:00- Prayer Service & Communion in Pub 2:00- Chaplet of Divine Mercy 3:00- Volleyball 4:15- iN2L: Art History 6:15- EWTN Worship Service CH 18</p> <div>14</div>	<p>9:45- Resistance Exercise 10:30- Scattergories 1:15- Communion 1:30- WU: Not Just Rocks; Geology 3:00- Happy Hour in the Pub/ Person of Interest: Grandma Moses 4:15- iN2L: Animal Adventures 6:15- Comedy Club: “Lucy”</p> <div>15</div>	<p>9:45- WU: Exercise with Kim 10:30- One Long Word 11:00- Prayer Service & Communion in Pub 1:30- WU: Engage VR 1:30- WU: Chef’s Kitchen 3:00- Wii Bowling 4:15- iN2L: Meditation 6:15- Prize Bingo</p> <div>16</div>	<p>9:30 Blood Pressure Clinic 9:45- Cardio Exercise 10:30- Plinko/Trivia 1:30- Human Slot Machine 3:00- WU: Timely Topics Around The World 4:15- Dominoes in the Pub 6:00- Poker With Friends in the Pub</p> <div>17</div>	<p>9:45- Theraband Exercise 10:00- Jeff The Plant Guy 1:30- Ben & Ed Perform for Birthday Party 1:30- WU: Engage VR 3:00- Outdoor Meditation 4:15- iN2L: Relaxation 6:15-LCR in Activity Room</p> <div>18</div>	<p>9:45- Balance Exercise 10:30- Group Crossword Puzzle 1:30- Disco Dance Party 2:45 Karma The Dog Visits 3:00- Happy Hour in the Pub 4:15- iN2L: Breathe 6:15- An Eye For Art: Vision: Acrylic Painting</p> <div>19</div>	<p>9:45- Flexibility Exercise 10:30- Darts & Billiards 1:30- Prize Bingo 3:00- Movie Matinee: “The Sunset” 4:15- iN2L: Wordle 6:15- Coffee Social in Cafe/Daily Chronicles</p> <div>20</div>
<p>9:45- Morning Exercise 10:00- Mass on TV Ch 9 11:00- Prayer Service & Communion in Pub 1:00- Piano Entertainment 2:00- Grace Church Service 3:00- Volleyball 4:15- iN2L: Art History 6:15- EWTN Worship Service CH 18</p> <div>21</div>	<p>9:45- Resistance Exercise 10:30- Scattergories 1:30- Chaplet of Divine Mercy 2:00- Horse Racing 3:00- WU: Travelling Beers “Flights of Beer” 4:15- iN2L: Animal Adventures 6:15- Comedy Club: “Bob Newhart” Rosh Hashanah Begins</p> <div>22</div>	<p>9:45- WU: Exercise with Kim 10:30- One Long Word 11:00- Prayer Service & Communion in Pub 1:30- WU: Engage VR 1:30- Corn Hole 3:00- Sunshine Club 4:15- iN2L: Meditation 6:15- Prize Bingo</p> <div>23</div>	<p>9:45- Cardio Exercise 10:30- Food For Thought Mtg 11:00- Word Game 1:30- Wii Bowling 3:00- WU: Timely Topics Around The World 4:15- Dominoes in the Pub 6:00- Poker With Friends in the Pub</p> <div>24</div>	<p>9:45- Theraband Exercise 10:30- Resident Council Mtg 11:00- Word Games 1:30- WU: Engage VR 1:30 Birds of Prey Program 3:00- Outdoor Enjoyment 4:15- iN2L: Relaxation 6:15-LCR in Activity Room</p> <div>25</div>	<p>9:45- Balance Exercise 10:30- Group Crossword Puzzle 1:30- WU: Armchair Travel 2:45 Karma The Dog Visits 3:00- Happy Hour in the Pub 4:15- iN2L: Breathe 6:15- An Eye For Art: Vision: Scrap Paper Art</p> <div>26</div>	<p>9:45- Flexibility Exercise 10:30- Darts & Billiards 1:30- Prize Bingo 3:00- Movie Matinee: “Impossible Rogue Nations” 4:15- iN2L: Piggy Bankers 6:15- Coffee Social in Cafe/Daily Chronicles</p> <div>27</div>
<p>9:45- Exercise with Krysten 10:00- Mass on TV Ch 9 11:00- Prayer Service & Communion in Pub 1:30- Chet Kerr Performs 3:00- Chaplet of Divine Mercy 4:15- iN2L: Art History 6:15- EWTN Worship Service CH 18</p> <div>28</div>	<p>9:45- Resistance Exercise 10:30- Scattergories 1:15- Communion 1:30- Pokeno 3:00- Happy Hour in the Pub/ Person of Interest: Michael J. Fox 4:15- iN2L: Animal Adventures 6:15- Comedy Club: “Jonathon Winters”</p> <div>29</div>	<p>9:45- WU: Exercise with Kim 10-4 Flu Vaccine 10:30- One Long Word 11:00- Prayer Service & Communion in Pub 1:30- WU: Engage VR 1:30- WU: Music Appreciation 3:00- Ice Cream Social 4:15- iN2L: Meditation 6:15- Prize Bingo</p> <div>30</div>	<p>Engage VR-Virtual Reality</p> <p>If you are interested in traveling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus.</p> <p>Happy Birthday</p> <p>7th Mary Franz 8th Susan Trelease 8th Nancy Clifford 20th Bob King 22nd Lenny Freeman 24th Joan Robinson 28th Marilyn Rice</p>	<p>Pet Therapy</p> <p>Reduce Anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dogs; Karma, Fiona, Bunny and Gus.</p>	<p>Transportation/Medical Appointments</p> <p>Appointments can be made on Tuesdays and Thursdays, 9-3 only through Judy Gagnon. For Memory Care residents,a family member or staff person must accompany them.</p> <p>Dates to Remember</p> <p>2nd Country Duo Performs 4th Buona Vita Lunch 5th Ethan Stone on Piano 12th Ice Cream Truck 10th Miniature Golf Trip 10th S’mores Outdoor Fun 12th Catholic Mass 11th Kayaking Trip</p>	 <p>18th Ben & Ed perform for Monthly Birthday Party 18th Jeff The Plant Guy 21st Piano Entertainment 21st Grace Church Service 25th Birds of Prey Program 28th Chet Kerr Entertains 30th Ice Cream Social</p>
<p>September 2025</p> <p>Assisted Living</p> <p> EAST VILLAGE PLACE A WATERMARK RETIREMENT COMMUNITYSM</p>			<p>ACTIVITY LOCATOR KEY</p> <p>*Schedule is subject to change</p> 			