


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>Labor Day</b> ● Joyful Movement <b>WU: Artistry Unleashed</b> Brain Games ● <b>12:00 - Labor Day Picnic Lunch</b> ● Energy Burst Scenic Relaxation: Table Top Bowling Scenic Relaxation: Yellowstone Music Hour: Willie Nelson Game Night: High/Low <b>1</b>	● Strengthening Exercise <b>WU: Culinary Creations:</b> Group Discussion: Back to School ● Energy Burst ● <b>1:30 - Country Duo Performs</b> Sole to Soul Walking Club Jigsaw Puzzles Music Hour: Judy Garland Artistic Expression <b>2</b>	● Balance Exercise Coffee Social in Cafe' Daily Chronicle Gratitude & Reflections ● Energy Burst Square Dancing Connect 4 ● Word Game: Categories Music Hour: Frank Sinatra Scenic Relaxation <b>3</b>	● Conductorcise Objects BINGO <b>WU: Poetry Corner: Our Five Senses</b> ● Energy Burst Karaoke Bird Watching on Patio Table Top Bowling Volleyball Music Hour: The Beatles Sorting/ Sequencing <b>4</b>	● Flexibility Exercise Show Tunes Sing Along ● Memory Magic Game ● Energy Burst ● <b>1:30 - Ethan Stone on Piano</b> Jigsaw Puzzles <b>Karma the Dog Visits</b> Dog Trivia Hearthside Book Club Music Hour: 1940's Connect 4 <b>5</b>	● Stretching Exercise ● <b>WU: Reminisce: Home Work</b> Coffee Social ● Energy Burst Saturday Matinee: <i>Vicky and Her Mystery</i> Outdoor Reflection Ball Toss Household Tasks Volleyball Virtual Roadtrippers <b>6</b>
● <b>10:00-</b> Mass on TV Ch.9 ● Sole to Soul Walking Club ● Morning Exercise Sing Along ● <b>2:00- Chaplet of Divine Mercy</b> Energy Burst Bird Watching Music Hour: The Supremes Hearthside Book Club <b>7</b>	● <b>Grandparent's Day</b> ● Joyful Movement <b>WU: Artistry Unleashed</b> Brain Games ● <b>1:30 - American Melody Band Performance</b> Energy Burst ● <b>WU: Person of Interest: Grandma Moses</b> Scenic Relaxation: Canada Music Hour: Chuck Berry Game Night: Crazy 8's <b>8</b>	● Strengthening Exercise <b>WU: Culinary Creations:</b> Group Discussion: Packing School Lunches ● Energy Burst Pitch & Putt Golf <b>WU: Book Club:Animal Friends</b> Sole to Soul Walking Club Music Hour: Bette Midler Artistic Expression <b>9</b>	● Balance Exercise Coffee Social in Cafe' Daily Chronicle ● Energy Burst ● <b>1:30 - S'mores!</b> Dance Party Axe Throwing ● Word Game: Categories Music Hour: Dean Martin Scenic Relaxation <b>10</b>	● Conductorcise Objects BINGO ● Energy Burst Karaoke Volleyball <b>WU: Reminisce: Fall - A good Time to Be a Kid</b> Target Shooting Laughter is the Best Medicine! Music Hour: Joani Mitchell Sorting/ Sequencing <b>11</b>	● Flexibility Exercise Show Tunes Sing Along ● Energy Burst ● <b>1:30 - Catholic Mass w/Father Wayne</b> <b>2:30 - Ice Cream Truck!</b> <b>Karma the Dog Visits</b> Dog Trivia Hearthside Book Club Music Hour: 1950's Connect 4 <b>12</b>	● Stretching Exercise ● <b>WU: Reminisce: One-Room Schoolhouse</b> Coffee Social ● Energy Burst Saturday Matinee: <i>Blue Miracle</i> Outdoor Reflection Ball Toss Household Tasks Volleyball Virtual Roadtrippers <b>13</b>
● <b>10:00-</b> Mass on TV Ch.9 ● Sole to Soul Walking Club ● Morning Exercise Sing Along ● <b>2:00- Chaplet of Divine Mercy</b> Energy Burst Bird Watching Music Hour: Aretha Franklin Hearthside Book Club <b>14</b>	● Joyful Movement <b>WU: Artistry Unleashed</b> Brain Games ● Energy Burst <b>1:30 - Communion</b> ● <b>WU: Person of Interest: Doris Day</b> Scenic Relaxation: Montana Music Hour: Blue Grass Game Night: High/Low <b>15</b>	● Strengthening Exercise <b>WU: Culinary Creations:</b> Group Discussion: Going to the Fair ● Energy Burst ● <b>1:15 - Ice Cream Out Trip</b> Cornhole Gratitude/ Pen Pals Sole to Soul Walking Club Music Hour: Barbara Streisand Artistic Expression <b>16</b>	● Balance Exercise Coffee Social in Cafe' Daily Chronicle Gratitude & Reflections Connect 4 ● Energy Burst Sorting/Sequencing ● Word Game: Rhymes With... Music Hour: Carol King Scenic Relaxation <b>17</b>	● Conductorcise Objects BINGO Dress Up and Get Silly ● Energy Burst ● <b>1:30 - Ben &amp; Ed Perform for Monthly Birthday Party</b> Scenic Relaxation: Ireland Table Top Bowling Volleyball Music Hour: The Cars Sorting/ Sequencing <b>18</b>	● Flexibility Exercise Show Tunes Sing Along Memory Magic Game ● Energy Burst ● <b>1:30 - Disco Dance Party</b> <b>Karma the Dog Visits</b> Dog Trivia Hearthside Book Club Music Hour: 1960's Connect 4 <b>19</b>	● Stretching Exercise ● <b>WU: Reminisce: Stormy Weather</b> Coffee Social ● Energy Burst Saturday Matinee: <i>Rudy</i> Outdoor Reflection Ball Toss Household Tasks Volleyball Virtual Roadtrippers <b>20</b>
● <b>10:00-</b> Mass on TV Ch.9 ● Sole to Soul Walking Club ● Morning Exercise ● <b>1:00 - Piano Entertainment</b> ● <b>2:00- Grace Church Service</b> Energy Burst Bird Watching Music Hour: Bay City Rollers Hearthside Book Club <b>21</b>	● Joyful Movement <b>WU: Artistry Unleashed</b> Brain Games ● Energy Burst ● <b>1:30 - Chaplet of Divine Mercy</b> ● <b>WU: Person of Interest: Judy Garland</b> Scenic Relaxation: Music Hour: Rock & Roll Game Night: High/Low <b>22</b>	● Strengthening Exercise <b>WU: Culinary Creations:</b> Group Discussion: Fall Yard Clean up ● Energy Burst Fun with Felt Sole to Soul Walking Club Dominoes Music Hour: Whitney Houston Artistic Expression <b>23</b>	● Balance Exercise Coffee Social in Cafe' Daily Chronicle <b>11:30 - Luncheon Out</b> ● Energy Burst Table Top Bowling <b>WU: Reminisce: The Old Barn</b> Dominoes Word Game: Categories Music Hour: Nat King Cole Scenic Relaxation <b>24</b>	● Conductorcise <b>WU: Poetry Corner: Around Our Breakfast Table</b> Matching Sorting/ Sequencing ● Energy Burst <b>1:30 - Birds of Prey Program</b> Volleyball Documentary: <i>Dancing with the Birds</i> Music Hour: The Flamingos Sorting/ Sequencing <b>25</b>	● Flexibility Exercise ● Show Tunes Sing Along Memory Magic Game ● Energy Burst Jigsaw Puzzles <b>Karma the Dog Visits</b> Dog Trivia Hearthside Book Club Music Hour: 1970's Connect 4 <b>26</b>	● Stretching Exercise ● <b>WU: Reminisce: Cellars</b> Coffee Social ● Energy Burst Saturday Matinee: <i>Fatherhood</i> Outdoor Reflection Ball Toss Household Tasks Volleyball Virtual Roadtrippers <b>27</b>
● <b>10:00-</b> Mass on TV Ch.9 ● Sole to Soul Walking Club ● Morning Exercise Sing Along ● <b>2:00 - Chet Kerr Entertains</b> ● <b>3:00- Chaplet of Divine Mercy</b> Energy Burst Bird Watching Music Hour: Taylor Swift Hearthside Book Club <b>28</b>	● Joyful Movement <b>WU: Artistry Unleashed</b> Brain Games ● Energy Burst ● <b>1:30 - Communion</b> ● <b>WU: Person of Interest: Salvador Dali</b> Scenic Relaxation: Wyoming Music Hour: Drum & Fife Bands Game Night: High/Low <b>29</b>	● Strengthening Exercise <b>10-4 Flu Vaccine Clinic</b> <b>WU: Culinary Creations:</b> Group Discussion: Occupations ● Volleyball <b>2:30 - Ice Cream Social</b> Sole to Soul Walking Club Music Hour: Mariah Carrey Artistic Expression <b>30</b>	<b>Note:</b> Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.			<b>Transportation/ Medical Appointments:</b> Appointments can be made on <b>Tuesdays</b> and <b>Thursdays, 9-3 only</b> , through Judy Gagnon. For Memory Care residents, a family member or staff person <b>must</b> accompany them.

September 2025

Prema Memory Support PW

 EAST VILLAGE PLACE  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

ACTIVITY LOCATOR KEY

**Happy Birthday!**  
7<sup>th</sup> Mary Franz  
8<sup>th</sup> Susan Trelease  
8<sup>th</sup> Nancy Clifford  
20<sup>th</sup> Bob King  
22<sup>nd</sup> Lenny Freeman  
24<sup>th</sup> Joan Robinson  
28<sup>th</sup> Marilyn Rice

\*Schedule Subject to Change

**As the weather transitions we will be making every effort to host our activities outside in the courtyard.**  
Dates to Remember  
2<sup>nd</sup> Country Duo  
5<sup>th</sup> Ethan Stone on Piano  
10<sup>th</sup> S'mores Outdoor Fun  
12<sup>th</sup> Catholic Mass  
12<sup>th</sup> Ice Cream Truck  
16<sup>th</sup> Ice Cream Out Trip  
18<sup>th</sup> Ben & Ed Perform

**Pet Therapy:**  
Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.  
Dates to Remember  
21<sup>st</sup> Piano Entertainment  
21<sup>st</sup> Grace Church Service  
23<sup>rd</sup> Tony Fazio/ Monthly Birthdays!  
25<sup>th</sup> Birds of Prey Program  
28<sup>th</sup> Chet Kerr Entertains  
30<sup>th</sup> Ice Cream Social

