

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<div><div></div>Strength &amp; Balance</div> <div><div></div>Creation stations</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Brain Games</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Energy Burst</div> <div><div></div>Artistry unleashed</div>	<div><div></div>Stretch &amp; Strength</div> <div><div></div>Energy Burst</div>
			1	2	3	4
<div><div></div>Sole to Sole Walking Club</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>WU: Culinary Creations: Cool Treats</div> <div><div></div>Energy Burst</div>	<div><div></div>Walk &amp; Talk</div> <div><div></div>Brain Games</div> <div><div></div>WU: Artistry Unleashed</div> <div><div></div>Energy Burst</div>	<div><div></div>Strength &amp; Balance</div> <div><div></div>Guided Creativity</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Brain Games</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Artistry unleashed</div> <div><div></div>Energy Burst</div>	<div><div></div>Stretch &amp; Strength</div> <div><div></div>Energy Burst &amp; Virtual Adventure</div>
5	6	7	8	9	10	11
<div><div></div>Sole to Sole Walking Club</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>WU: Culinary Creations-ice cream!</div> <div><div></div>Energy Burst</div>	<div><div></div>Walk &amp; Talk</div> <div><div></div>Brain Games</div> <div><div></div>Energy Burst</div>	<div><div></div>Strength &amp; Balance</div> <div><div></div>Creation Stations</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Brain Games</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Sensory stations</div> <div><div></div>Energy Burst</div>	<div><div></div>Stretch &amp; Strength</div> <div><div></div>Energy Burst</div>
12	13	14	15	16	17	18
<div><div></div>Sole to Sole Walking Club</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>WU: Culinary Creations: Cool Treats</div> <div><div></div>Energy Burst</div>	<div><div></div>Brain Games</div> <div><div></div>WU: Artistry Unleashed</div> <div><div></div>Energy Burst</div>	<div><div></div>Strength &amp; Balance</div> <div><div></div>Guided Creativity</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Brain Games</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Sensory Stations</div> <div><div></div>Energy Burst</div> <div>October Family Dinner 4pm!</div>	<div><div></div>Stretch &amp; Strength</div> <div><div></div>Energy Burst &amp; Virtual Adventure</div>
19	20	21	22	23	24	25
<div><div></div>Sole to Sole Walking Club</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>WU: Culinary Creations: Ice Cream</div> <div><div></div>Energy Burst</div>	<div><div></div>Walk &amp; Talk</div> <div><div></div>Brain Games</div> <div><div></div>Energy Burst</div>	<div><div></div>Strength &amp; Balance</div> <div><div></div>Creation Stations</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Brain Games</div> <div><div></div>Energy Burst</div>	<div><div></div>Joyful Movement</div> <div><div></div>Artistry Unleashed</div> <div><div></div>Energy Burst</div>	October Birthday's:  Dorothy P. 10/3  Ruby C. 10/18
26	27	28	29	30	31	

October 2025

Prema Memory Support

WATERMARK

RETIREMENT COMMUNITIES®

ACTIVITY LOCATOR KEY

Body

Community

Mind

Spirit