

October 2025: Assisted Living

THE WATERMARK
AT BELLEVUE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LR= Living Room B= Bistro NOM= North of Main DR= Dining Room AR= Activity Room C= Courtyard L= Lobby Body Community Entertainment Mind Outing Spirit			10:00 Search Party (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 1:15 Heart and Sole Walkers 2:00 Artful Creations: Fall into Wreaths (AR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Bridesmaids (L) 1	10:00 The Morning Roast: Brews & Boos (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 11:30 Outing: Lunch at Ivar's Seafood Bar 1:15 Heart and Sole Walkers 3:00 International Council on Active Aging: Watermark Gold Plate Presentation (DR) 4:00 Bingo (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Willy Wonka And The Chocolate Factory (L) 2	10:00 Cranium Crunch Challenge (LR) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 1:15 Weekly Shopping Trip: Safeway 2:30 New York Times Group Crossword (BT) 3:30 Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: David James (LR) 6:00 Movie: E.T. the Extra-Terrestrial (LIV) 3	11:00 Heart in Motion: Fitness Class (AR) 11:00 Outing: Scenic Drive to Doris Cooper Houghton beach (LO) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 2:00 Artful Creations: Trick-or-Tote (AR) 2:00 Football: Texas A&M vs Mississippi State (L) 3:00 Yard Games: Bocce ball (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Liar Liar (L) 4
10:00 Wit & Wisdom: History's Best Retorts (LR) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 2:00 Afternoon Matinee: Dennis the Menace (L) 2:30 Polish and Pamper (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Limitless (L) 5	10:00 The Morning Roast: Television Favorites (BT) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 2:00 WU: Taylor Swift 101 3:00 Yard Games: Ladder Toss (LR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Long Shot 6	10:00 Ocean Stars: Clown Fish (LR) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 2:00 Virtual Reality: (LR) 3:00 WU: Charm & Culture: A European Discovery Tour (M) 5:30 Resident Happy Hour (LR) 6:00 Movie: Sherlock Holmes (L) 7	10:00 Search Party (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 1:15 Heart and Sole Walkers 2:00 Artful Creations: Monsterpiece Frames (AR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Chicken Run (L) 8	10:00 The Morning Roast: Fall for the Senses (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 1:15 Heart and Sole Walkers 1:30 Outing: Bellevue Public Library Outing 2:00 Trivia! (AR) 4:00 Bingo (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Stand By Me (L) 9	10:00 Cranium Crunch Challenge (LR) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 1:15 Weekly Shopping Trip: H Mart 2:30 New York Times Group Crossword (BT) 3:30 Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: Steve Olson (LR) 6:00 Movie: We're The Millers (L) 10	11:00 Heart in Motion: Fitness Class (AR) 11:00 Scenic Drive to Duval (LO) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 1:30 Football: Texas A&M vs Florida (L) 2:00 Artful Creations: Pumpkin Suncatchers (AR) 3:00 Yard Games: Giant Checkers (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Daddy's Home (L) 11
10:00 Who Am I? Spotlight on Mahatma Gandhi (LR) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 2:00 Afternoon Matinee: Carry-On (L) 2:30 Polish and Pamper (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Wrong Paris (L) 12	10:00 The Morning Roast: Hats Through History (BT) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 3:00 Yard Games: Toss Across! (LR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Are You There God It's Me Maragret (L) 13	11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:00 Resident Council Meeting (AR) 1:15 Heart and Sole Walkers 2:30 Artful Creations: Orna-BOO-ments (AR) 4:00 The Great Ghost Town Tour (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Sherlock Holmes: A Game Of Shadows (L) 14	10:00 Search Party (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 1:00 Witch's Brew & Paint Too! (AR) 1:15 Heart and Sole Walkers 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Hot Shots! (L) 15	10:00 The Morning Roast: Milkshakes & Memories (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 1:15 Heart and Sole Walkers 2:00 Outing: Bob's Corn & Pumpkin Farm 2:00 Trivia! (BT) 3:30 Activities & Outings Council Meeting (AR) 4:00 Bingo (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Ruth & Boaz (L) 16	10:00 Cranium Crunch Challenge (LR) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 1:15 Weekly Shopping Trip: Fred Meyer 2:30 New York Times Group Crossword (BT) 3:30 Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: Mark Stern (LR) 6:00 Movie: Sweet Home Alabama (L) 17	11:00 Heart in Motion: Fitness Class (AR) 11:00 Scenic Drive to Issaquah to Hobart via May Valley Road (LO) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 1:30 Football: Texas A&M vs Arkansas (L) 2:00 Artful Creations: Friendly Frights (AR) 3:30 Yard Games: Aim for the Green! (LR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Daddy's Home 2 (L) 18
11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 2:00 Afternoon Matinee: Back-in-Action (L) 2:30 Polish and Pamper (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Great Outdoors (L) 19	10:00 The Morning Roast: Wings of History (BT) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 3:00 Yard Games: Table Tennis (LR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Earthquake: Joke Telling Business (L) 20	10:00 Orange You Glad for Calendulas? (LR) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 2:00 Chef's Table (DR) 4:00 WU: The Phantom of the Opera: A Musical Legacy (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Anyone But You (L) 21	10:00 Search Party (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 1:15 Heart and Sole Walkers 2:00 Artful Creations: Spooktacular Pumpkins (AR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Hot Shots! Part Duex (L) 22	10:00 The Morning Roast: The Sound of Vinyl (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 11:45 Outing: Lunch and Shopping at Crossroads Mall 1:15 Heart and Sole Walkers 2:00 Trivia! (BT) 4:00 Bingo (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Happiness For Beginners (L) 23	10:00 Cranium Crunch Challenge (LR) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 1:15 Weekly Shopping Trip: The Marketplace at Factoria 2:30 New York Times Group Crossword (BT) 3:30 Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: Luke Doubravsky (LR) 6:00 Movie: Tall Girl (L) 24	11:00 Heart in Motion: Fitness Class (AR) 11:00 Scenic Drive to Lake Sammamish Scenic Loop (LO) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 1:30 Football: Texas A&M vs LSU (L) 3:00 Halloween Bingo! (NOM) 5:30 Resident Happy Hour (LR) 6:00 Movie: Your Place or Mine (L) 25
11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 2:00 Afternoon Matinee: She's All That (L) 2:30 Polish and Pamper (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Wallace & Gromit: Vengeance Most Fowl (L) 26	10:00 The Morning Roast: Style & Elegance The Armani Story (BT) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 3:00 Yard Games: Giant Jenga (LR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Love Gauranteed (L) 27	11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 2:00 Food For Thought: Monthly Food Council 4:00 WU: The Sound of Music: 60th Anniversary Celebration (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: The Four Seasons (L) 28	10:00 Search Party (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 12:00 Monthly Resident Birthday Luncheon Celebration (DR) 1:15 Heart and Sole Walkers 1:30 New Resident Meet & Greet (B) 2:00 Artful Creations: Boo-licious Builds (AR) 4:00 New York Times Group Crossword (BT) 5:30 Resident Happy Hour (LR) 6:00 Movie: Parenthood (LR) 29	10:00 The Morning Roast: Sweet Scramble (BT) 11:00 Vital Moves (AR) 11:30 Breathe & Be Meditation (AR) 1:15 Heart and Sole Walkers 1:30 Outing: Boehm's Candies & Chocolates 2:00 Trivia! (BT) 4:00 Bingo (AR) 5:30 Resident Happy Hour (LR) 6:00 Movie: Otherhood (L) 30	10:00 Cranium Crunch Challenge (LR) 10:00 Hallowed Halloween! (BT) 11:00 Heart in Motion: Fitness Class (AR) 11:30 Stretch and Restore: Fitness Class (AR) 1:15 Heart and Sole Walkers 1:15 Weekly Shopping Trip: Target (Redmond) 2:00 Halloween Costume Show & Haunted Fun House (GF&AR) 3:30 Halloween Mix-n-mingle Appetizers & Drinks (DR&LR) 4:00 Musical Entertainment: Cami Voss (LR) 6:00 Movie: Hocus Pocus 31	