

October 2025: Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LR= Living Room B= Bistro NOM= North of Main DR= Dining Room AR= Activity Room C= Courtyard L= Lobby	Body Community Entertainment Mind Outing Spirit <td></td> <td> 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 Search Party (BT) 1:00 Community Corners 6:00 Movie: Bridesmaids (L) 1 <td> 10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 11:00 Brain Games & Trivia 1:00 Community Corners 2:00 Bingo (2F) 3:00 International Council on Active Aging: Watermark Gold Plate Presentation (DR) 4:00 Board Games and Ananda Baskets 6:00 Movie: Willy Wonka And The Chocolate Factory (L) 2 <td> 10:00 Cardio Champions 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 Outing: Scenic Drive to Doris Cooper Houghton beach (LO) 1:00 Community Corners 3:30 Min-n-Mingle Appetizers (ADR) 4:00 Musical Entertainment: David James (LR) 6:00 Movie: E.T. the Extra-Terrestrial (LIV) 3 <td> 10:00 Soulful Stretch 10:30 Breathe & Be Meditation 11:00 Brain Games & Trivia 1:00 Community Corners 2:00 Football: Texas A&M vs Mississippi State (L) 3:00 Boardgames and Ananda Baskets 4:00 Artful Expressions 6:00 Movie: Liar Liar (L) 4 </td></td></td></td>		10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 Search Party (BT) 1:00 Community Corners 6:00 Movie: Bridesmaids (L) 1 <td> 10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 11:00 Brain Games & Trivia 1:00 Community Corners 2:00 Bingo (2F) 3:00 International Council on Active Aging: Watermark Gold Plate Presentation (DR) 4:00 Board Games and Ananda Baskets 6:00 Movie: Willy Wonka And The Chocolate Factory (L) 2 <td> 10:00 Cardio Champions 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 Outing: Scenic Drive to Doris Cooper Houghton beach (LO) 1:00 Community Corners 3:30 Min-n-Mingle Appetizers (ADR) 4:00 Musical Entertainment: David James (LR) 6:00 Movie: E.T. the Extra-Terrestrial (LIV) 3 <td> 10:00 Soulful Stretch 10:30 Breathe & Be Meditation 11:00 Brain Games & Trivia 1:00 Community Corners 2:00 Football: Texas A&M vs Mississippi State (L) 3:00 Boardgames and Ananda Baskets 4:00 Artful Expressions 6:00 Movie: Liar Liar (L) 4 </td></td></td>	10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 11:00 Brain Games & Trivia 1:00 Community Corners 2:00 Bingo (2F) 3:00 International Council on Active Aging: Watermark Gold Plate Presentation (DR) 4:00 Board Games and Ananda Baskets 6:00 Movie: Willy Wonka And The Chocolate Factory (L) 2 <td> 10:00 Cardio Champions 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 Outing: Scenic Drive to Doris Cooper Houghton beach (LO) 1:00 Community Corners 3:30 Min-n-Mingle Appetizers (ADR) 4:00 Musical Entertainment: David James (LR) 6:00 Movie: E.T. the Extra-Terrestrial (LIV) 3 <td> 10:00 Soulful Stretch 10:30 Breathe & Be Meditation 11:00 Brain Games & Trivia 1:00 Community Corners 2:00 Football: Texas A&M vs Mississippi State (L) 3:00 Boardgames and Ananda Baskets 4:00 Artful Expressions 6:00 Movie: Liar Liar (L) 4 </td></td>	10:00 Cardio Champions 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 Outing: Scenic Drive to Doris Cooper Houghton beach (LO) 1:00 Community Corners 3:30 Min-n-Mingle Appetizers (ADR) 4:00 Musical Entertainment: David James (LR) 6:00 Movie: E.T. the Extra-Terrestrial (LIV) 3 <td> 10:00 Soulful Stretch 10:30 Breathe & Be Meditation 11:00 Brain Games & Trivia 1:00 Community Corners 2:00 Football: Texas A&M vs Mississippi State (L) 3:00 Boardgames and Ananda Baskets 4:00 Artful Expressions 6:00 Movie: Liar Liar (L) 4 </td>	10:00 Soulful Stretch 10:30 Breathe & Be Meditation 11:00 Brain Games & Trivia 1:00 Community Corners 2:00 Football: Texas A&M vs Mississippi State (L) 3:00 Boardgames and Ananda Baskets 4:00 Artful Expressions 6:00 Movie: Liar Liar (L) 4
10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 10:30 Energy Boost: Ball Toss & Table Tennis 1:00 Community Corners 1:05 Seahawks vs Tampa Bay Football Game 2:00 Afternoon Matinee: Dennis the Menace (L) 2:00 Energy Burst: Table Tennis & Mini Golf 6:00 Movie: Limitless (L) 5 <td> 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 Wings of History 1:00 Community Corners 2:00 WU: Taylor Swift 101 4:00 Board Games and Ananda Baskets 6:00 Movie: Long Shot 6 <td> 10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 11:00 Search Party (BT) 1:00 Community Corners 2:00 Ocean Stars: Clown Fish (LR) 3:30 Creating Together: Catch the Autumn Sun 6:00 Movie: Sherlock Holmes (L) 7 <td> 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 First Ladies From the Revolution to the Gilded Age 1:00 Community Corners 3:00 Culinary Creations: My Own Onigiri 6:00 Movie: Chicken Run (L) 8 <td> 10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 11:00 Orange You Glad for Calendulas? 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10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 10:30 Sunshine in My Hands 1:00 Community Corners 1:00 Seahawks vs Jaguars Football Game 2:00 Afternoon Matinee: Carry-On (L) 2:00 Energy Burst: Bocce Ball 3:00 Mindful Meditation 6:00 Movie: The Wrong Paris (L) 12 <td> 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 Hats Through History 1:00 Community Corners 3:00 Musical Moments 4:00 History of Columbus Day 6:00 Movie: Are You There God It's Me Maragret (L) 13 <td> 10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 11:00 Search Party (BT) 1:00 Community Corners 2:00 The Great Ghost Town Tour (LR) 3:30 Fall Door Designs 6:00 Movie: Sherlock Holmes: A Game Of Shadows (L) 14 <td> 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 First Ladies of World War I & World War II 1:00 Community Corners 3:00 Culinary Creations: Chocolate Peanut Butter Bars 6:00 Movie: Hot Shots! 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10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 10:30 Pumpkin Painting Fun 1:00 Community Corners 2:00 Afternoon Matinee: She's All That (L) 2:00 Energy Burst: Aim for the Green! 3:00 Mindful Meditation 6:00 Movie: Wallace & Gromit: Vengeance Most Fowl (L) 26 <td> 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 WU: Eye for Art- America's First Ladies 1:00 Community Corners 3:00 Musical Moments 4:00 Board Games and Ananda Baskets 6:00 Movie: Love Gauranteed (L) 27 <td> 10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 11:00 Search Party (BT) 1:00 Community Corners 2:00 Small Groups 4:00 WU: The Sound of Music: 60th Anniversary Celebration (BT) 6:00 Movie: The Four Seasons (L) 28 <td> 10:00 Joyful Movement 10:30 Breathe & Be Meditation 11:00 Person of Interest: Millie Bush 12:00 Monthly Resident Birthday Luncheon Celebration (DR) 1:00 Community Corners 1:30 New Resident Meet & Greet (B) 3:00 Culinary Creations: Enchanted Forest Cups 6:00 Movie: Parenthood (LR) 29 <td> 10:00 Rhythm & Motion 10:30 Breathe & Be Meditation 11:00 Buy a Doughnut Day! 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