

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<ul style="list-style-type: none"><li>● Strength &amp; Balance</li><li>● Gratitude &amp; Reflections</li><li>● Energy Burst</li><li>● Van Ride</li><li>● Thrive with music</li><li>● Bruce and Captain</li><li>● Snacks and chat</li><li>● Movie Time</li></ul> <div>1</div>	<ul style="list-style-type: none"><li>● Slow Flow Yoga</li><li>● Brain Games</li><li>● Virtual Adventure</li><li>● Energy Burst</li><li>● Line dancing with music</li><li>● Games</li><li>● snack and Chat</li><li>● Movie Time</li></ul> <div>2</div>	<ul style="list-style-type: none"><li>● Joyful Movement</li><li>● Energy Burst</li><li>● WU: Person of Interest</li><li>● Big Wa (AL)</li><li>● Games</li><li>● Thrive with music</li><li>● Happy Hour (AL)</li><li>● Snack and chat</li><li>● Movie Time</li><li>● October Fest</li></ul> <div>3</div>	<ul style="list-style-type: none"><li>● Stretch &amp; Strength</li><li>● Energy Burst</li><li>● Goodwill trip(AL)</li><li>● Puzzles</li><li>● Beauty Time</li><li>● Thrive with music</li><li>● Snack time</li><li>● Movie Time</li></ul> <div>4</div>
<ul style="list-style-type: none"><li>● Sole to Sole Walking Club</li><li>● Energy Burst</li><li>● Cowboy Church (AL)</li><li>● Card Games</li><li>● Thrive with music</li><li>● Snack and chat</li><li>● Movie Time</li></ul> <div>5</div>	<ul style="list-style-type: none"><li>● Joyful Movement</li><li>● WU: Writers Collective</li><li>● WU: Person of Interest</li><li>● Energy Burst</li><li>● Hello Neighbor With music</li><li>● Bingo</li><li>● Games</li><li>● snack and Chat</li><li>● Movie Time</li></ul> <div>6</div>	<ul style="list-style-type: none"><li>● Tai Chi</li><li>● Brain Games</li><li>● WU: Artistry Unleashed</li><li>● Energy Burst</li><li>● Hello Neighbor with music</li><li>● Games</li><li>● Snack and Chat</li><li>● Puzzles</li><li>● Movie Time</li></ul> <div>7</div>	<ul style="list-style-type: none"><li>● Strength &amp; Balance</li><li>● Guided Imagery</li><li>● Energy Burst</li><li>● Van Ride</li><li>● Thrive with music</li><li>● Arts and Craft</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>8</div>	<ul style="list-style-type: none"><li>● Slow Flow Yoga</li><li>● Brain Games</li><li>● Virtual Trip Down Memory Lane</li><li>● Energy Burst</li><li>● Thrive with music</li><li>● Games</li><li>● Line dancing</li><li>● Snack and Chat</li><li>● Movie time</li></ul> <div>9</div>	<ul style="list-style-type: none"><li>● Joyful Movement</li><li>● Community Live Committee Meeting</li><li>● Energy Burst</li><li>● Line dancing</li><li>● Frank and Pam (Sing along)</li><li>● Happy Hour (AL)</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>10</div>	<ul style="list-style-type: none"><li>● Stretch &amp; Strength</li><li>● Energy Burst</li><li>● Card Games</li><li>● Thrive with music</li><li>● Beauty Time</li><li>● Snack and Chat</li><li>● Reading</li><li>● Movie Time</li></ul> <div>11</div>
<ul style="list-style-type: none"><li>● Sole to Sole Walking Club</li><li>● Energy Burst</li><li>● Cowboy Church (AL)</li><li>● Card Games</li><li>● Thrive with music</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>12</div>	<ul style="list-style-type: none"><li>● Joyful Movement</li><li>● WU: Culinary Creations</li><li>● Energy Burst</li><li>● Arts and craft</li><li>● Thrive with music</li><li>● Games</li><li>● Snack and Chat</li><li>● Movie time</li></ul> <div>13</div>	<ul style="list-style-type: none"><li>● Tai Chi</li><li>● Brain Games</li><li>● WU: An Eye for Art</li><li>● Energy Burst</li><li>● Hello Neighbor With music</li><li>● connect four game</li><li>● Bingo</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>14</div>	<ul style="list-style-type: none"><li>● Strength &amp; Balance</li><li>● Gratitude &amp; Reflections</li><li>● Energy Burst</li><li>● Pride Day</li><li>● Van Ride</li><li>● Thrive with music</li><li>● Cookie Frost</li><li>● Snack and Chat</li><li>● Games</li><li>● Movie Time</li></ul> <div>15</div>	<ul style="list-style-type: none"><li>● Slow Flow Yoga</li><li>● Brain Games</li><li>● Virtual Roadtrippers</li><li>● Energy Burst</li><li>● Games</li><li>● Karoke with Perry</li><li>● 70s Dance Party</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>16</div>	<ul style="list-style-type: none"><li>● Joyful Movement</li><li>● Service Circles</li><li>● Energy Burst</li><li>● Thrive with music</li><li>● Angry Crab(AL)</li><li>● Happy Hour</li><li>● Snack and Chat</li><li>● Games</li><li>● Movie Time</li></ul> <div>17</div>	<ul style="list-style-type: none"><li>● Stretch &amp; Strength</li><li>● Energy Burst</li><li>● Games</li><li>● Thrive with music</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>18</div>
<ul style="list-style-type: none"><li>● Sole to Sole Walking Club</li><li>● Energy Burst</li><li>● Cowboy Church(AL)</li><li>● Card Games</li><li>● Thrive with music</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>19</div>	<ul style="list-style-type: none"><li>● Joyful Movement</li><li>● WU: Culinary Creations</li><li>● Energy Burst</li><li>● Thrive with music</li><li>● Bowling</li><li>● Puzzles or games</li><li>● Uno card games</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>20</div>	<ul style="list-style-type: none"><li>● Tai Chi</li><li>● Brain Games</li><li>● WU: Artistry Unleashed</li><li>● Energy Burst</li><li>● Hello Neighbor</li><li>● Bingo</li><li>● Games</li><li>● Snack and Chat</li><li>● Movie time</li></ul> <div>21</div>	<ul style="list-style-type: none"><li>● Strength &amp; Balance</li><li>● Guided Imagery</li><li>● Energy Burst</li><li>● Van Ride</li><li>● Thrive with music</li><li>● Bingo</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>22</div>	<ul style="list-style-type: none"><li>● Slow Flow Yoga</li><li>● Brain Games</li><li>● Energy Burst</li><li>● Games</li><li>● Thrive with music</li><li>● Coloring</li><li>● games</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>23</div>	<ul style="list-style-type: none"><li>● Joyful Movement</li><li>● Service Circles</li><li>● Energy Burst</li><li>● Frank and Pam (Sing along)</li><li>● Happy Hour</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>24</div>	<ul style="list-style-type: none"><li>● Stretch &amp; Strength</li><li>● Energy Burst</li><li>● Thrive with music</li><li>● Arts and Craft</li><li>● Games</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>25</div>
<ul style="list-style-type: none"><li>● Sole to Sole Walking Club</li><li>● Energy Burst</li><li>● Cowboy Church(AL)</li><li>● Games</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>26</div>	<ul style="list-style-type: none"><li>● Joyful Movement</li><li>● WU: Culinary Creations</li><li>● Energy Burst</li><li>● Thrive with music</li><li>● Walking</li><li>● Games</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>27</div>	<ul style="list-style-type: none"><li>● Tai Chi</li><li>● Brain Games</li><li>● WU: An Eye for Art</li><li>● Energy Burst</li><li>● Hello Neighbor</li><li>● Thrive with music</li><li>● Games , corn hole toss</li><li>● bowling</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>28</div>	<ul style="list-style-type: none"><li>● Strength &amp; Balance</li><li>● Gratitude &amp; Reflections</li><li>● Energy Burst</li><li>● Van Ride</li><li>● Games</li><li>● Snack and Chat</li><li>● Thrive with music</li><li>● Movie Time</li></ul> <div>29</div>	<ul style="list-style-type: none"><li>● Slow Flow Yoga</li><li>● Brain Games</li><li>● Virtual Roadtrippers</li><li>● Energy Burst</li><li>● Thrive with music</li><li>● Bingo</li><li>● Games</li><li>● Snack and Chat</li><li>● Movie time</li></ul> <div>30</div>	<ul style="list-style-type: none"><li>● Joyful Movement</li><li>● Service Circles</li><li>● Energy Burst</li><li>● Happy Halloween</li><li>● Costume and makeup</li><li>● Happy Hour</li><li>● Snack and Chat</li><li>● Movie Time</li></ul> <div>31</div>	<div>Resident Birthdays:</div> <div>● Lenard C. - 10/3</div> <div>● Margaret C. - 10/9</div> <div>● Lucia F. - 10/10</div> <div>● Trisha D. - 10/10</div> <div>● Sharon A. - 10/12</div> <div>● June D. - 10/15</div> <div>● Angie M. - 10/23</div> <div></div>
<div>OCTOBER 2025</div> <div>PREMA MEMORY SUPPORT</div> <div></div>			<div>ACTIVITY LOCATOR KEY</div> <div>● Body</div> <div>● Community</div> <div>● Mind</div> <div>● Spirit</div>	<div></div> <div>Staff Birthday:</div> <div>● Maria G. - 10/1</div> <div>● Angela M. - 10/2</div> <div>● Hannah W. - 10/15</div> <div>● Chris H. - 10/16</div> <div>● Juanita D. - 10/23</div>		