

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|--|--|
| | | | <div><div>● 9:30 Fitness Fun: Chair Yoga Strength</div><div>● 10:00 Irving Arts Center</div><div>● 10:30 Let's Learn how to Play the Qwirkle game (CR(F)</div><div>● 1:30 Mexican Train Game (CB/(F)</div><div>● 3:30 The Daily Splash: Name that Tune (CB/(F)</div><div>● 6:00 Nightly Cinema Bad Teacher (CR(F)</div></div> <div>1</div> | <div><div>● 9:30 Total Body Workout with Sharon plus Balance (B(F)</div><div>● 10:00 Spirit: Meditation and Breathing (B(F)</div><div>● 1:00 Community Art Project/Painting small canvases to combine (CR(F)</div><div>● 2:30 Singer, Brad Ackland Performs (L(F)</div><div>● 3:30 Are You Smarter than a Sixth Grader Pub Quiz, Happy Hour (TB)</div><div>● 6:00 Nightly Cinema (CR(F)</div></div> <div>2</div> | <div><div>● 9:30 Chair Yoga Dancing (B(F)</div><div>● 10:30 Watermark University: The Peoples Music (CR(F)</div><div>● 1:30 BBC: Earth Science - Mind Blowing Mysteries (CR(F)</div><div>● 3:30 Happy Hour /Pokeno Game (CB/(F)</div><div>● 6:00 Nightly Cinema (CR(F)</div></div> <div>3</div> | <div><div>● 9:00 Doughnut Social (CB/(F)</div><div>● 9:30 Fitness Fun: Hasfit Aerobics and Strength (B(F)</div><div>● 12:00 Violinist Jane Escuetta (CR(F)</div><div>● 1:00 Saturday Movie Matinee: Galaxy Quest (CR(F)</div><div>● 2:00 Craft Corner "Matchbook Candy Greeting for gifts " (B(F)</div><div>● 3:30 Happy Hour w/Music (CB/(F)</div><div>● 6:00 Movie Night: Stepford Wives (CR(F)</div></div> <div>4</div> |
| <div><div>● 9:30 Fitness Fun: Yoga Stretch</div><div>● 10:30 Televised Catholic Service (CB/(F)</div><div>● 10:30 Televised Worship Service (CR(F)</div><div>● 11:00 Dallas Museum of Art (CB)</div><div>● 1:30 Range of Motion: Tai Chi (B(F)</div><div>● 2:30 Word Search Mania (B(F)</div><div>● 3:30 Sunday Happy Hour (CB/(F)</div><div>● 6:00 Nightly Cinema The Mexican (CR(F)</div></div> <div>5</div> | <div><div>● 9:30 Fitness Fun: Hasfit Aerobics and Strength (B(F)</div><div>● 10:15 The Men's Club (TR(F)</div><div>● 1:30 WU: DAPS presents Move, Laugh, Connect (CR(F)</div><div>● 2:30 Music with Mark: Classical Piano (L(F)</div><div>● 3:30 Happy Hour with Music (CB/(F)</div></div> <div>6</div> | <div><div>● 9:30 Chair Yoga Dancing plus Balance (B(F)</div><div>● 10:30 WU: Prayer & Bible Discussion (CR(F)</div><div>● 2:30 360Well: Technology and connections (CB/(F)</div><div>● 3:30 Happy Hour /Sweet Bingo (CB/(F)</div><div>● 6:00 Movie: The Baxter (CR(F)</div></div> <div>7</div> | <div><div>● 9:30 Fitness Fun: Chair Yoga Strength</div><div>● 10:30 WU: National Geo Series: World Geography and Cultures (CR(F)</div><div>● 1:30 WU Learning /Biography Club/Bette Davis (TR(F)</div><div>● 3:30 The Daily Splash: Name that Tune (CB/(F)</div></div> <div>8</div> | <div><div>● 9:30 Total Body Workout with Sharon plus Balance (B(F)</div><div>● 10:00 Spirit: Meditation and Breathing (B(F)</div><div>● 10:45 Mind Your Body: Thirsty Thursdays (CB/(F)</div><div>● 1:00 Community Art Project/Painting small canvases to combine (CR(F)</div><div>● 1:00 Rita - Jewelry (L(F)</div><div>● 1:30 WU:Silver Sneakers w/Tina (B(F)</div><div>● 2:30 Violin Performance by Marek Eneti (L(F)</div><div>● 3:30 Are You Smarter than a Sixth Grader Pub Quiz, Happy Hour (TB)</div><div>● 6:00 Nightly Cinema (CR(F)</div></div> <div>9</div> | <div><div>● 9:30 Chair Yoga Dancing (B(F)</div><div>● 10:00 CASINO</div><div>● 3:30 Happy Hour /Pokeno Game (CB/(F)</div></div> <div>10</div> | <div><div>● 9:30 Fitness Fun: Hasfit Aerobics and Strength (B(F)</div><div>● 2:00 Craft Corner "Matchbook Candy Greeting for gifts " (B(F)</div><div>● 3:30 Happy Hour w/Music (CB/(F)</div></div> <div>11</div> |
| <div><div>● 9:30 Fitness Fun: Yoga Stretch</div><div>● 10:30 Televised Catholic Service (CB/(F)</div><div>● 10:30 Televised Worship Service (CR(F)</div><div>● 1:30 Range of Motion: Tai Chi (B(F)</div><div>● 2:30 Word Search Mania (B(F)</div><div>● 3:30 Sunday Happy Hour (CB/(F)</div></div> <div>12</div> | <div><div>● 9:30 Fitness Fun: Hasfit Aerobics and Strength (B(F)</div><div>● 10:15 The Men's Club (TR(F)</div><div>● 10:30 WU: For Love and Art (CR(F)</div><div>● 1:30 WU: DAPS presents Move, Laugh, Connect (CR(F)</div><div>● 2:30 360 Well: Technology and Connections (CR(F)</div><div>● 3:30 Happy Hour with Music (CB/(F)</div></div> <div>13</div> | <div><div>● 9:30 Chair Yoga Dancing plus Balance (B(F)</div><div>● 10:30 WU: Prayer & Bible Discussion (CR(F)</div><div>● 2:30 WU: Current Events w/ Randy Mayeux (CR(F)</div><div>● 3:30 Happy Hour /Sweet Bingo (CB/(F)</div></div> <div>14</div> | <div><div>● 9:30 Fitness Fun: Chair Yoga Strength</div><div>● 10:15 WU Geography: Travelogue to Ethiopia w/Beccye (CR(F)</div><div>● 1:30 Jewelry Making with Beccye (TR(F)</div><div>● 3:30 The Daily Splash: Monthly Birthday Celebration and Name that Tune (CB/(F)</div></div> <div>15</div> | <div><div>● 9:30 Total Body Workout with Sharon plus Balance (B(F)</div><div>● 10:00 Spirit: Meditation and Breathing (B(F)</div><div>● 10:45 Mind your Body/Thirsty Thursday</div><div>● 1:00 Community Art Project/Painting small canvases to combine (CR(F)</div><div>● 1:30 WU:Silver Sneakers w/Tina (B(F)</div><div>● 2:30 Live Concert with Toni Macaroni (L(F)</div><div>● 3:30 Are You Smarter than a Sixth Grader Pub Quiz, Happy Hour (TB)</div></div> <div>16</div> | <div><div>● AL Outing</div><div>● 9:30 Chair Yoga Dancing (B(F)</div><div>● 3:30 Happy Hour /Pokeno Game (CB/(F)</div></div> <div>17</div> | <div><div>● 9:30 Fitness Fun: Hasfit Aerobics and Strength (B(F)</div><div>● 12:00 Ocktober Fest Music w/Mike Frankel (L(F)</div><div>● 2:00 Craft Corner "Matchbook Candy Greeting for gifts " (B(F)</div><div>● 3:30 Happy Hour w/Music (CB/(F)</div></div> <div>18</div> |
| <div><div>● 9:30 Fitness Fun: Yoga Stretch</div><div>● 10:30 Televised Catholic Service (CB/(F)</div><div>● 10:30 Televised Worship Service (CR(F)</div><div>● 1:00 Range of Motion: Tai Chi (B(F)</div><div>● 1:30 Wizard of Oz hat making with Beccye (CR(F)</div><div>● 3:30 Sunday Happy Hour (CB/(F)</div></div> <div>19</div> | <div><div>● 9:30 Fitness Fun: Hasfit Aerobics and Strength (B(F)</div><div>● 10:15 The Men's Club (TR(F)</div><div>● 1:30 WU: DAPS presents Move, Laugh, Connect (CR(F)</div><div>● 2:30 Rummikub with Friends (CR(F)</div><div>● 3:30 Happy Hour with Music (CB/(F)</div></div> <div>20</div> | <div><div>● 9:30 Chair Yoga Dancing plus Balance (B(F)</div><div>● 9:30 Shopping Outing: Target, CVS, Northpark (RSVP Needed) (L(F)</div><div>● 10:30 WU: Prayer & Bible Discussion (CR(F)</div><div>● 2:30 Music Appreciation with Julie Free (L(F)</div><div>● 3:30 Happy Hour /Sweet Bingo (CB/(F)</div></div> <div>21</div> | <div><div>● 9:30 Fitness Fun: Chair Yoga Strength</div><div>● 10:30 WU: National Geo Series: World Geography and Cultures (CR(F)</div><div>● 11:00 Desta Ethiopian Restaurant outing/Ethiopian Culture Talk with Rachel</div><div>● 1:30 Mexican Train Game (CB/(F)</div><div>● 2:00 WU Ethiopian Coffee Making/Tasting with Rachel (CB/(F)</div><div>● 2:30 WU: Name That Tune w/ Mike Frankel (CR(F)</div><div>● 3:30 The Daily Splash: What was the Name of that Tune? (CB/(F)</div></div> <div>22</div> | <div><div>● 9:30 Total Body Workout with Sharon plus Balance (B(F)</div><div>● 10:00 Spirit: Meditation and Breathing (B(F)</div><div>● 1:00 Qwirkle Game (CB/(F)</div><div>● 1:30 WU:Silver Sneakers w/Tina (B(F)</div><div>● 2:30 Music Appreciation with Sherry Hamilton (L(F)</div><div>● 3:30 Are You Smarter than a Sixth Grader Pub Quiz, Happy Hour (TB)</div></div> <div>23</div> | <div><div>● AL Outing</div><div>● 9:30 Chair Yoga Dancing (B(F)</div><div>● 10:30 DRUMBEATS IN THE PARK\PICNIC</div><div>● 3:30 Happy Hour /Pokeno Game (CB/(F)</div></div> <div>24</div> | <div><div>● 9:30 Fitness Fun: Hasfit Aerobics and Strength (B(F)</div><div>● 2:00 Craft Corner "Matchbook Candy Greeting for gifts " (B(F)</div><div>● 3:30 Happy Hour w/Music (CB/(F)</div><div>● 3:30 Saturday Music : "Jazz Express" (L(F)</div></div> <div>25</div> |
| <div><div>● 9:30 Fitness Fun: Yoga Stretch</div><div>● 10:30 Televised Catholic Service (CB/(F)</div><div>● 10:30 Televised Worship Service (CR(F)</div><div>● 1:00 Range of Motion: Tai Chi (B(F)</div><div>● 2:30 Word Search Mania (B(F)</div><div>● 3:30 Sunday Happy Hour (CB/(F)</div></div> <div>26</div> | <div><div>● 9:30 Fitness Fun: Hasfit Aerobics and Strength (B(F)</div><div>● 10:00 Mobile Mini Mall (L(F)</div><div>● 10:15 The Men's Club (TR(F)</div><div>● 1:30 Mosaic Art Class (TR(F)</div><div>● 1:30 WU: DAPS presents Move, Laugh, Connect (CR(F)</div><div>● 2:30 Rummikub with Friends (CR(F)</div><div>● 3:30 Happy Hour with Music (CB/(F)</div></div> <div>27</div> | <div><div>● 9:30 Chair Yoga Dancing plus Balance (B(F)</div><div>● 10:30 WU: Prayer & Bible Discussion (CR(F)</div><div>● 2:30 WU: Current Events w/ Randy Mayeux (CR(F)</div><div>● 3:30 Happy Hour /Sweet Bingo (CB/(F)</div></div> <div>28</div> | <div><div>● 9:30 Fitness Fun: Chair Yoga Strength</div><div>● 10:15 WU Geography: Travelogue to New Zealand w/Beccye (CR(F)</div><div>● 1:30 Letters to King Charles (CR(F)</div><div>● 1:30 Mexican Train Game (CB/(F)</div><div>● 3:30 The Daily Splash: What was the Name of that Tune? (CB/(F)</div></div> <div>29</div> | <div><div>● 9:30 Total Body Workout with Sharon plus Balance (B(F)</div><div>● 10:00 Spirit: Meditation and Breathing (B(F)</div><div>● 1:00 Qwirkle Game (CB/(F)</div><div>● 1:30 WU:Silver Sneakers w/Tina (B(F)</div><div>● 3:30 Are You Smarter than a Sixth Grader Pub Quiz, Happy Hour (TB)</div></div> <div>30</div> | <div><div>● AL Outing</div><div>● 7:00 WIZARD OF OZ DAY</div><div>● 9:30 Chair Yoga Dancing (B(F)</div><div>● 10:30 Watermark University: The Peoples Music (CR(F)</div><div>● 1:30 COSTUME CONTEST (L(F)</div><div>● 3:30 Happy Hour /Pokeno Game (CB/(F)</div><div>● 6:00 Nightly Cinema WIZARD OF OZ (CR(F)</div></div> <div>31</div> | |

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Activity Locator Key:

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Body

●

Community

●

Entertainment

●

Mind

●

Outing

●

Spirit

CR = Community Room (1st Floor)

TR = Tea Room (7th Floor)

CB = Craddock's Bar /Lounge (1st Floor)

PT = Poker Table (3rd Floor)

L = Lobby (1st Floor)

WU = Watermark University

BR = Bridge (3rd Floor)

DR = Dining Room(1st Floor)

GR = Grill Room (1st Floor)

Leadership Team:

Executive Director: Chad Hubbard

Resident Care Director: Rhonda Battee

Community Life Director: Sonny Peterson

Dining Services Director: Kyle Blazer

Maintenance Director: Brandon DeLeon

Sales Director: Cynthia Seskes

October 2025 Assisted Living