

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Note:</b> Activities in <b>bold</b> denote special programs such as: live music, religious services, & Watermark University courses.						
	<b>Pet Therapy</b>  Reduce Anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dogs; Karma, Fiona, Bunny and Gus.	<b>Transportation/Medical Appointments</b>  Appointments can be made on Tuesdays and Thursdays, 9-3 only through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.	9:30- Blood Pressure Clinic 9:45- Cardio Exercise 10:30- Scattergories <b>1:30- WU: Timely Topics Around The World</b> 3:00- Corn Hole 4:15- Dominoes in the Pub 6:00- Poker With Friends in the Pub           1	9:45- Theraband Exercise <b>10:30- WU: Health Talk: "Low Vision"</b> 11:00- Word Game <b>12:00 Special Oktoberfest Lunch</b> <b>1:30- Oktoberfest Entertainment</b> 1:30- WU: Engage VR 3:00- Oktoberfest Dice Bingo 4:15- iN2L: Relaxation 6:15-LCR in Activity Room           2	9:45- Balance Exercise <b>10:30- Group Crossword Puzzle</b> <b>1:30- Catholic Mass with Father Wayne</b>  2:45- Karma The Dog Visits 3:00- Happy Hour in the Pub 4:15- iN2L: Breathe 6:15- An Eye For Art: Vision: Colored Pencil Art           3	9:45- Flexibility Exercise <b>10:30- Darts &amp; Billiards</b> <b>1:30- Prize Bingo</b> <b>3:00- Movie Matinee: The Wrong Paris</b> 4:15- iN2L: Radio Garden 6:15- Coffee Social in Cafe/Daily Chronicles           4
9:45- Morning Exercise <b>10:00- Mass on TV Ch 9</b> <b>11:00- Catholic Mass w/ Father Jack in the Pub</b> 2:00- Chaplet of Divine Mercy/TV 3:00- Volleyball 4:15- iN2L: Art History 6:15- EWTN Worship Service CH 18           5	9:45- Resistance Exercise <b>10:30- Scattergories</b> <b>1:30- Horseracing</b> <b>3:00- Happy Hour in the Pub/ Person of Interest: Boris Karloff</b> 4:15- iN2L: Animal Adventures <b>6:15- Comedy Club: "Carol Burnett"</b> 6	9:45- WU: Exercise with Kim <b>10:30- One Long Word</b> <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>1:30- WU: Engage VR</b> <b>1:30- Wii Bowling</b> <b>3:00- WU: Holocaust Presentation with Larry</b> 4:15- iN2L: Meditation <b>6:15- Prize Bingo</b> 7	9:45- Cardio Exercise <b>10:30- 360 Well: "Minds Matter- Strengthening Mental Health"</b> <b>11:30- Lunch Trip to Figaro's</b> 1:30- Outdoor Enjoyment <b>3:00- WU: Timely Topics Around The World</b> 4:15- Dominoes in the Pub 6:00- Poker With Friends in the Pub           8	9:45- Theraband Exercise <b>10:30- Plinko/Trivia</b> <b>1:30- Human Slot Machine</b> <b>1:30- WU: Engage VR</b> <b>3:00- Pitch &amp; Putt Golf</b> 4:15- iN2L: Relaxation <b>6:15-LCR in Activity Room</b> 9	9:45- Balance Exercise <b>10:30- Group Crossword Puzzle</b> <b>1:30- Pokeno</b> 2:45 Karma The Dog Visits 3:00- Happy Hour in the Pub 4:15- iN2L: Breathe 6:15- An Eye For Art: Vision: Watercolor Art           10	9:45- Flexibility Exercise <b>10:30- Darts &amp; Billiards</b> <b>1:30- Prize Bingo</b> <b>3:00- Movie Matinee: The Thursday Murder Club</b> 4:15- iN2L: Bubble Popper 6:15- Coffee Social in Cafe/Daily Chronicles           11
9:45- Morning Exercise <b>10:00- Mass on TV Ch 9</b> <b>11:00- Catholic Mass w/ Father Jack in the Pub</b> 2:00- Chaplet of Divine Mercy/TV 3:00- Volleyball 4:15- iN2L: Art History 6:15- EWTN Worship Service CH 18           12	9:45- Resistance Exercise <b>10:30- Scattergories</b> <b>1:15- Communion</b> <b>1:30- Dice Game of 10,000</b> <b>3:00- Happy Hour in the Pub/ Person of Interest: Yvonne De Carlo</b> 4:15- iN2L: Animal Adventures <b>6:15- Comedy Club: "Victor Borge"</b> 13	9:45- WU: Exercise with Kim <b>10:30- One Long Word</b> <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>11:00- Jimmy Mazz Trip</b> <b>1:30- WU: Engage VR</b> <b>1:30- The Elderly Brothers Perform for Birthday Party</b> <b>3:00- Outdoor Reflection</b> 4:15- iN2L: Meditation <b>6:15- Prize Bingo</b> 14	9:30 Blood Pressure Clinic 9:45- Cardio Exercise <b>10:30- Scattergories</b> <b>1:30- Westview Farms Creamery Hayride/Foliage Trip</b> <b>3:00- WU: Timely Topics Around the World</b> 4:15- Dominoes in the Pub 6:00- Poker With Friends in the Pub           15	9:45- Theraband Exercise <b>10:00- Jeff The Plant Guy</b> <b>11:00- Jigsaw Puzzle or Outdoor Walks</b> <b>1:30- Caden Entertains</b> <b>1:30- WU: Engage VR</b> <b>3:30- WU: Old News</b> 4:15- iN2L: Relaxation <b>6:15-LCR in Activity Room</b> 16	9:45- Balance Exercise <b>10:30- Group Crossword Puzzle</b> <b>1:30- Disco Dance Party</b> 2:45 Karma The Dog Visits 3:00- Happy Hour in the Pub 4:15- iN2L: Breathe 6:15- An Eye For Art: Vision: Scrap Paper Art           17	9:45- Flexibility Exercise <b>10:30- Darts &amp; Billiards</b> <b>1:30- Prize Bingo</b> <b>3:00- Movie Matinee: Tower Heist</b> 4:15- iN2L: Wordle 6:15- Coffee Social in Cafe/Daily Chronicles           18
9:45- Morning Exercise <b>10:00- Mass on TV Ch 9</b> <b>11:00- Catholic Mass w/ Father Jack in the Pub</b> <b>1:00- Piano Entertainment</b> <b>2:00- Grace Church Service</b> 4:15- iN2L: Art History 6:15- EWTN Worship Service CH 18           19	9:45- Resistance Exercise <b>10:30- WU: Scrumptious Delights</b> <b>1:30- Chaplet of Divine Mercy/TV</b> <b>3:00- WU: Happy Hour in the Pub/ PTravelling Beers with Emily</b> 4:15- iN2L: Animal Adventures <b>6:15- Comedy Club: "Smother's Brothers"</b> 20	9:45- WU: Exercise with Kim <b>10:30- One Long Word</b> <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>1:30- WU: Engage VR</b> <b>1:30- WU: Chef's Kitchen</b> <b>3:00- Wii Bowling</b> 4:15- iN2L: Meditation <b>6:15- Prize Bingo</b> 21	9:45- Cardio Exercise <b>10:30- Food For Thought Meeting</b> <b>11:00- Word Game</b> <b>1:30- WU: Timely Topics Around The World</b> <b>3:00- Pokeno</b> 4:15- Dominoes in the Pub 6:00- Poker With Friends in the Pub           22	9:45- Theraband Exercise <b>10:30- Resident Council Meeting</b> <b>11:00- Word Game</b> <b>1:30- Giovanni's Pastry Trip</b> <b>1:30- WU: Engage VR</b> <b>3:00- WU: First Ladies</b> 4:15- iN2L: Relaxation <b>6:15-LCR in Activity Room</b> 23	9:45- Balance Exercise <b>10:30- Group Crossword Puzzle</b> <b>1:30- WU: Arm Chair Travel with Kim</b> 2:45 Karma The Dog Visits <b>3:00- Sing Along With Beverly on the Piano</b> 4:15- iN2L: Breathe 6:15- An Eye For Art: Vision: Acrylic Art           24	9:45- Flexibility Exercise <b>10:30- Darts &amp; Billiards</b> <b>1:30- Prize Bingo</b> <b>3:00- Movie Matinee: Groundhog Day</b> 4:15- iN2L: Piggy Bank 6:15- Coffee Social in Cafe/Daily Chronicles           25
9:45- Morning Exercise <b>10:00- Mass on TV Ch 9</b> <b>11:00- Catholic Mass w/ Father Jack in the Pub</b> <b>1:30- Lisa Pernice Strolls with Guitar</b> 3:00- Chaplet of Divine Mercy with Kelly 4:15- iN2L: Art History 6:15- EWTN Worship Service CH 18           26	9:45- Resistance Exercise <b>10:30- Scattergories</b> <b>1:15- Communion</b> <b>1:30- Swifferboard</b> <b>3:00- Happy Hour in the Pub/ Person of Interest: Alfred Hitchcock</b> 4:15- iN2L: Animal Adventures <b>6:15- Comedy Club: "The Three Stooges"</b> 27	9:45- WU: Exercise with Kim <b>10:30- One Long Word</b> <b>11:00- Prayer Service &amp; Communion in Pub</b> <b>1:30- WU: Engage VR</b> <b>1:30- WU: Timely Topics Around The World</b> <b>3:00- WU: Halloween Craft</b> 4:15- iN2L: Meditation <b>6:15- Prize Bingo</b> 28	9:45- Cardio Exercise <b>10:30- Sunshine Club</b> <b>1:30- WU: To the Moon ...and Back Again</b> <b>3:00- WU: Fall Chex Mix Recipe</b> 4:15- Dominoes in the Pub 6:00- Poker With Friends in the Pub           29	9:45- Theraband Exercise <b>10:30- Halloween Storytelling Puzzle</b> <b>1:30- WU: Music Appreciation with Raya</b> <b>1:30- WU: Engage VR</b> <b>3:00- Ice Cream Social</b> 4:15- iN2L: Relaxation <b>6:00- Halloween Trick Or Treat</b> 30	9:45- Balance Exercise <b>10:30- Group Crossword Puzzle</b> <b>1:30- Halloween Parade/Party</b> 2:45 Karma The Dog Visits <b>3:00- Happy Hour in the Pub: Spirit Card Readings</b> 4:15- iN2L: Breathe 6:15- An Eye For Art: Vision: Colored Pencil Art           31	<b>Engage VR-Virtual Reality</b>  If you are interested in traveling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus.
<div> <div>October 2025</div> <div>Assisted Living</div> <div>  </div> </div>		<div> <div>ACTIVITY LOCATOR KEY</div> <div>           *Schedule is subject to change         </div> </div>	<div> <div>Happy Birthday</div> <div>           4<sup>th</sup> Barbara Drzal            11<sup>th</sup> Claire Sampson            22<sup>nd</sup> Sheila Ryan            24<sup>th</sup> Ralph Zepke         </div> </div>	<div> <div>Dates to Remember</div> <div>           2<sup>nd</sup> 1:30 Oktoberfest Entertainment            3<sup>rd</sup> 1:30 Catholic Mass            7<sup>th</sup> WU: Holocaust Presentation            14<sup>th</sup> The Elderly Brothers Perform            16<sup>th</sup> Jeff The Plant Guy         </div> </div>	<div> <div>Dates to Remember</div> <div>           19<sup>th</sup> 1pm Piano Entertainment            19<sup>th</sup> 2pm Grace Church Service            24<sup>th</sup> 3PM Sing-a-long with Beverly            26<sup>th</sup> 1:30 Lisa Pernice Sings            30<sup>th</sup> 3pm Ice Cream Social            30<sup>th</sup> Trick or Treat            31<sup>st</sup> 1:30pm Halloween Parade         </div> </div>	