

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <ul style="list-style-type: none"> <li>● 10:00- Mass on TV Ch.9</li> <li>● Sole to Soul Walking Club Morning Exercise</li> <li>● 1:30 - <b>Reborns w/Reason</b></li> <li>● 2:00- <b>Chaplet of Divine Mercy</b></li> <li>● Energy Burst</li> <li>● Bird Watching</li> <li>● Music Hour: The Supremes</li> <li>● Hearthside Book Club</li> </ul>	<p><b>Note:</b> Activities in <b>bold</b> denote special programs such as : live music, religious services, &amp; Watermark University courses.</p> <ul style="list-style-type: none"> <li>● Joyful Movement</li> <li>● <b>WU: Artistry Unleashed</b></li> <li>● Brain Games</li> <li>● Energy Burst</li> <li>● <b>WU: Person of Interest: Alfred Hitchcock</b></li> <li>● Scenic Relaxation: Vermont</li> <li>● Music Hour: Chet Atkins</li> <li>● Game Night: High/Low</li> </ul>	<p><b>Transportation/ Medical Appointments:</b> Appointments can be made on <b>Tuesdays</b> and <b>Thursdays, 9-3 only</b>, through Judy Gagnon. For Memory Care residents, a family member or staff person <b>must</b> accompany them.</p> <ul style="list-style-type: none"> <li>● Strengthening Exercise</li> <li>● <b>WU: Culinary Creations:</b></li> <li>● Group Discussion: Fall Treats</li> <li>● Energy Burst</li> <li>● 1:30 - <b>Out Trip to Giovanni's</b></li> <li>● Fun with Felt</li> <li>● Sole to Soul Walking Club</li> <li>● Dominoes</li> <li>● Music Hour: Dean Martin</li> <li>● Artistic Expression</li> </ul>	<ul style="list-style-type: none"> <li>● Balance Exercise</li> <li>● Coffee Social in Cafe'</li> <li>● Daily Chronicle</li> <li>● Gratitude &amp; Reflections</li> <li>● Connect 4</li> <li>● Energy Burst</li> <li>● Sorting/Sequencing</li> <li>● Word Game: Rhymes With...</li> <li>● Music Hour: Chuck Berry</li> <li>● Scenic Relaxation</li> </ul>	<ul style="list-style-type: none"> <li>● Conductorcise</li> <li>● Objects BINGO</li> <li>● <b>WU: Poetry Corner: I Knew A Man By Sight</b></li> <li>● Energy Burst</li> <li>● 1:30 - <b>Oktoberfest Band</b></li> <li>● Bird Watching on Patio</li> <li>● Table Top Bowling</li> <li>● Volleyball</li> <li>● Music Hour: The Who</li> <li>● Sorting/ Sequencing</li> </ul>	<ul style="list-style-type: none"> <li>● Flexibility Exercise</li> <li>● Show Tunes Sing Along</li> <li>● Memory Magic Game</li> <li>● Energy Burst</li> <li>● 1:30 - <b>Mass w/Father Wayne</b></li> <li>● <b>Karma the Dog Visits</b></li> <li>● Dog Trivia</li> <li>● Hearthside Book Club</li> <li>● Music Hour: Bach</li> <li>● Connect 4</li> </ul>	<ul style="list-style-type: none"> <li>● Stretching Exercise</li> <li>● <b>WU: Reminisce: Who Wants to Go Hunting?</b></li> <li>● Coffee Social</li> <li>● Energy Burst</li> <li>● Saturday Matinee: <i>Willy Wonka &amp; the Chocolate Factory</i></li> <li>● Outdoor Reflection</li> <li>● Ball Toss</li> <li>● Household Tasks</li> <li>● Volleyball</li> <li>● Virtual Roadtrippers</li> </ul>
<ul style="list-style-type: none"> <li>● 10:00- Mass on TV Ch.9</li> <li>● Sole to Soul Walking Club Morning Exercise</li> <li>● 1:30 - <b>Reborns w/Reason</b></li> <li>● 2:00- <b>Chaplet of Divine Mercy</b></li> <li>● Energy Burst</li> <li>● Bird Watching</li> <li>● Music Hour: The Supremes</li> <li>● Hearthside Book Club</li> </ul>	<ul style="list-style-type: none"> <li>● Joyful Movement</li> <li>● <b>WU: Artistry Unleashed</b></li> <li>● Brain Games</li> <li>● Energy Burst</li> <li>● <b>WU: Person of Interest: Alfred Hitchcock</b></li> <li>● Scenic Relaxation: Vermont</li> <li>● Music Hour: Chet Atkins</li> <li>● Game Night: High/Low</li> </ul>	<ul style="list-style-type: none"> <li>● Strengthening Exercise</li> <li>● <b>WU: Culinary Creations:</b></li> <li>● Group Discussion: Fall Treats</li> <li>● Energy Burst</li> <li>● 1:30 - <b>Out Trip to Giovanni's</b></li> <li>● Fun with Felt</li> <li>● Sole to Soul Walking Club</li> <li>● Dominoes</li> <li>● Music Hour: Dean Martin</li> <li>● Artistic Expression</li> </ul>	<ul style="list-style-type: none"> <li>● Balance Exercise</li> <li>● Coffee Social in Cafe'</li> <li>● Daily Chronicle</li> <li>● Gratitude &amp; Reflections</li> <li>● Axe Throwing</li> <li>● Energy Burst</li> <li>● Sorting/Sequencing</li> <li>● Word Game: Rhymes With...</li> <li>● Music Hour: Fats Domino</li> <li>● Scenic Relaxation</li> </ul>	<ul style="list-style-type: none"> <li>● Conductorcise</li> <li>● Objects BINGO</li> <li>● <b>WU: Poetry Corner: Raking Leaves</b></li> <li>● Energy Burst</li> <li>● Karaoke</li> <li>● Bird Watching on Patio</li> <li>● Table Top Bowling</li> <li>● Volleyball</li> <li>● Music Hour: Pink Floyd</li> <li>● Sorting/ Sequencing</li> </ul>	<ul style="list-style-type: none"> <li>● Flexibility Exercise</li> <li>● Show Tunes Sing Along</li> <li>● Memory Magic Game</li> <li>● Energy Burst</li> <li>● Jigsaw Puzzles</li> <li>● <b>Karma the Dog Visits</b></li> <li>● Dog Trivia</li> <li>● Hearthside Book Club</li> <li>● Music Hour: Beethoven</li> <li>● Connect 4</li> </ul>	<ul style="list-style-type: none"> <li>● Stretching Exercise</li> <li>● <b>WU: Reminisce: School Days</b></li> <li>● Coffee Social</li> <li>● Energy Burst</li> <li>● Saturday Matinee: <i>Wild Babies</i></li> <li>● Outdoor Reflection</li> <li>● Ball Toss</li> <li>● Household Tasks</li> <li>● Volleyball</li> <li>● Virtual Roadtrippers</li> </ul>
<ul style="list-style-type: none"> <li>● 10:00- Mass on TV Ch.9</li> <li>● Sole to Soul Walking Club Morning Exercise</li> <li>● Sing Along</li> <li>● 2:00- <b>Chaplet of Divine Mercy</b></li> <li>● Energy Burst</li> <li>● Bird Watching</li> <li>● Music Hour: Whitney Houston</li> <li>● Hearthside Book Club</li> </ul>	<ul style="list-style-type: none"> <li>● Joyful Movement</li> <li>● <b>WU: Artistry Unleashed</b></li> <li>● Brain Games</li> <li>● Energy Burst</li> <li>● <b>WU: Person of Interest: Yvonne de Carlo</b></li> <li>● Scenic Relaxation: Maine</li> <li>● Music Hour: Linda Ronstadt</li> <li>● Game Night: High/Low</li> </ul>	<ul style="list-style-type: none"> <li>● Strengthening Exercise</li> <li>● <b>WU: Culinary Creations:</b></li> <li>● Group Discussion: Carving</li> <li>● Pumpkins</li> <li>● Energy Burst</li> <li>● 1:30 - <b>The Elderly Brothers Perform for Monthly Birthdays</b></li> <li>● Fun with Felt</li> <li>● Dominoes</li> <li>● Music Hour: Frank Sinatra</li> <li>● Artistic Expression</li> </ul>	<ul style="list-style-type: none"> <li>● Balance Exercise</li> <li>● Coffee Social in Cafe'</li> <li>● Daily Chronicle</li> <li>● Gratitude &amp; Reflections</li> <li>● Connect 4</li> <li>● Energy Burst</li> <li>● Sorting/Sequencing</li> <li>● Word Game: Rhymes With...</li> <li>● Music Hour: John Denver</li> <li>● Scenic Relaxation</li> </ul>	<ul style="list-style-type: none"> <li>● Conductorcise</li> <li>● Objects BINGO</li> <li>● <b>WU: Poetry Corner: A Boy on First</b></li> <li>● Energy Burst</li> <li>● 1:30 <b>Caden Performs</b></li> <li>● Table Top Bowling</li> <li>● Volleyball</li> <li>● Music Hour: The Band</li> <li>● Sorting/ Sequencing</li> </ul>	<ul style="list-style-type: none"> <li>● Flexibility Exercise</li> <li>● Show Tunes Sing Along</li> <li>● Memory Magic Game</li> <li>● Energy Burst</li> <li>● 1:30 - <b>Disco Dance Party</b></li> <li>● <b>Karma the Dog Visits</b></li> <li>● Dog Trivia</li> <li>● Hearthside Book Club</li> <li>● Music Hour: Phil Collins</li> <li>● Connect 4</li> </ul>	<ul style="list-style-type: none"> <li>● Stretching Exercise</li> <li>● <b>WU: Reminisce: Remembering Big Red</b></li> <li>● Coffee Social</li> <li>● Energy Burst</li> <li>● Saturday Matinee: <i>ET The Extra Terrestrial</i></li> <li>● Outdoor Reflection</li> <li>● Ball Toss</li> <li>● Household Tasks</li> <li>● Volleyball</li> <li>● Virtual Roadtrippers</li> </ul>
<ul style="list-style-type: none"> <li>● 10:00- Mass on TV Ch.9</li> <li>● Sole to Soul Walking Club Morning Exercise</li> <li>● 1:00 - <b>Piano Entertainment</b></li> <li>● 2:00- <b>Grace Church Service</b></li> <li>● Energy Burst</li> <li>● Bird Watching</li> <li>● Music Hour: Tina Turner</li> <li>● Hearthside Book Club</li> </ul>	<ul style="list-style-type: none"> <li>● Joyful Movement</li> <li>● <b>WU: Artistry Unleashed</b></li> <li>● Brain Games</li> <li>● Energy Burst</li> <li>● <b>WU: Person of Interest: John Asten</b></li> <li>● Scenic Relaxation: Ireland</li> <li>● Music Hour: Dolly Parton</li> <li>● Game Night: High/Low</li> </ul>	<ul style="list-style-type: none"> <li>● Strengthening Exercise</li> <li>● <b>WU: Culinary Creations:</b></li> <li>● Group Discussion: Leaf Peeping</li> <li>● Energy Burst</li> <li>● 1:30 - <b>Foliage Trip</b></li> <li>● Fun with Felt</li> <li>● Sole to Soul Walking Club</li> <li>● Dominoes</li> <li>● Music Hour: Sammy Davis Jr.</li> <li>● Artistic Expression</li> </ul>	<ul style="list-style-type: none"> <li>● Balance Exercise</li> <li>● Coffee Social in Cafe'</li> <li>● Daily Chronicle</li> <li>● Gratitude &amp; Reflections</li> <li>● Corn Hole</li> <li>● Energy Burst</li> <li>● Sorting/Sequencing</li> <li>● Word Game: Rhymes With...</li> <li>● Music Hour: Mamas &amp; the Papas</li> <li>● Scenic Relaxation</li> </ul>	<ul style="list-style-type: none"> <li>● Conductorcise</li> <li>● Objects BINGO</li> <li>● <b>WU: Poetry Corner: The Hair Cut</b></li> <li>● Energy Burst</li> <li>● Karaoke</li> <li>● Table Top Bowling</li> <li>● Volleyball</li> <li>● Music Hour: Blue Grass</li> <li>● Sorting/ Sequencing</li> </ul>	<ul style="list-style-type: none"> <li>● Flexibility Exercise</li> <li>● Show Tunes Sing Along</li> <li>● Memory Magic Game</li> <li>● Energy Burst</li> <li>● Jigsaw Puzzles</li> <li>● <b>Karma the Dog Visits</b></li> <li>● Dog Trivia</li> <li>● 3:00 - <b>Beverly on Piano</b></li> <li>● Music Hour: Grateful Dead</li> <li>● Connect 4</li> </ul>	<ul style="list-style-type: none"> <li>● Stretching Exercise</li> <li>● <b>WU: Reminisce: Pigs I Remember</b></li> <li>● Coffee Social</li> <li>● Energy Burst</li> <li>● Saturday Matinee: <i>Radio</i></li> <li>● Outdoor Reflection</li> <li>● Ball Toss</li> <li>● Household Tasks</li> <li>● Volleyball</li> <li>● Virtual Roadtrippers</li> </ul>
<ul style="list-style-type: none"> <li>● 10:00- Mass on TV Ch.9</li> <li>● Sole to Soul Walking Club Morning Exercise</li> <li>● <b>Lisa's Musical Roll &amp; Stroll</b></li> <li>● 3:00- <b>Chaplet of Divine Mercy</b></li> <li>● Energy Burst</li> <li>● Bird Watching</li> <li>● Music Hour: Aretha Franklin</li> <li>● Hearthside Book Club</li> </ul>	<ul style="list-style-type: none"> <li>● Joyful Movement</li> <li>● <b>WU: Artistry Unleashed</b></li> <li>● Brain Games</li> <li>● Energy Burst</li> <li>● <b>WU: Person of Interest: Boris Karlof</b></li> <li>● Scenic Relaxation: New England</li> <li>● Music Hour: Reba McIntyre</li> <li>● Game Night: High/Low</li> </ul>	<ul style="list-style-type: none"> <li>● Strengthening Exercise</li> <li>● <b>WU: Culinary Creations:</b></li> <li>● Group Discussion: Halloween</li> <li>● Costumes</li> <li>● 11:30 - <b>Luncheon: Fazio's Pizza</b></li> <li>● Energy Burst</li> <li>● Fun with Felt</li> <li>● Sole to Soul Walking Club</li> <li>● Dominoes</li> <li>● Music Hour: Judy Garland</li> <li>● Artistic Expression</li> </ul>	<ul style="list-style-type: none"> <li>● Balance Exercise</li> <li>● Coffee Social in Cafe'</li> <li>● Daily Chronicle</li> <li>● Gratitude &amp; Reflections</li> <li>● Connect 4</li> <li>● Energy Burst</li> <li>● Sorting/Sequencing</li> <li>● Word Game: Rhymes With...</li> <li>● Music Hour: Beegees</li> <li>● Scenic Relaxation</li> </ul>	<ul style="list-style-type: none"> <li>● Conductorcise</li> <li>● Objects BINGO</li> <li>● <b>WU: Poetry Corner: Autumn Joys</b></li> <li>● Energy Burst</li> <li>● Karaoke</li> <li>● 2:30 - <b>Ice Cream Social</b></li> <li>● Table Top Bowling</li> <li>● Volleyball</li> <li>● Music Hour: Classical</li> <li>● 6:00 - <b>Trick or Treaters</b></li> </ul>	<ul style="list-style-type: none"> <li>● Flexibility Exercise</li> <li>● Show Tunes Sing Along</li> <li>● Memory Magic Game</li> <li>● Energy Burst</li> <li>● 1:30 - <b>Halloween Parade/ Party</b></li> <li>● <b>Karma the Dog Visits</b></li> <li>● Dog Trivia</li> <li>● Hearthside Book Club</li> <li>● Music Hour: The Beach Boys</li> <li>● Connect 4</li> </ul>	<p><b>Dates to Remember</b></p> <p>2<sup>nd</sup> Oktoberfest Entertainment</p> <p>3<sup>rd</sup> Catholic Mass w/Father Wayne</p> <p>13<sup>th</sup> &amp; 27<sup>th</sup> Communion</p> <p>14<sup>th</sup> Elderly Brothers Perform</p> <p>19<sup>th</sup> Piano Entertainment</p> <p>19th Grace Church Service</p> <p>24<sup>th</sup> Sing Along w/Beverly</p> <p>26<sup>th</sup> Lisa's Roll &amp; Stroll</p> <p>30<sup>th</sup> Ice Cream Social</p> <p>31<sup>st</sup> Halloween Parade/Party</p>
<h1>October 2025</h1> <h2>Prema Memory Support PW</h2> 			<p><b>Happy Birthday!</b></p> <p>4<sup>th</sup> Barbara Drzal</p> <p>11<sup>th</sup> Claire Sampson</p> <p>22<sup>nd</sup> Sheila Ryan</p> <p>24<sup>th</sup> Ralph Zepke</p>		<p><b>Pet Therapy:</b></p> <p>Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.</p> 	