

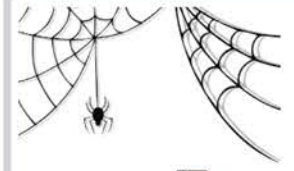




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>DR = The Seasons AS = Art Studio TB = The Burrow T = Taboon MC = Memory Care WU = Watermark University TR = Theatre Room L = Lobby DP = Dining Patio</p>	<p></p> <p>360Well Body Community Entertainment Mind Outing</p>	<p>October Birthdays James "Jim" B. - 5th Berton "Bert" T. - 7th Bernard "Bern" C. - 28th</p>				
<p>10:00am Catholic Mass – Televised (TR) 5</p> <p>10:00am Church Trips</p> <p>1:00pm Mahjongg / Games (TB)</p> <p>3:00pm Sunday Matinee Movie (TR)</p>	<p>9:00am Island Walking Club (MILR) 6</p> <p>10:15am Mindful Movement (WU)</p> <p>11:15am Marco Library</p> <p>1:30pm Strength & Tone (WU)</p> <p>2:00pm Fun Facts! (TB)</p> <p>3:00pm Mexican Train (TB)</p> <p>4:30pm Bingo Night @ Jewish Congregation</p>	<p>9:00am Island Walking Club (MILR) 7</p> <p>10:15am Tai Chi (L)</p> <p>1:00pm Publix/Bank</p> <p>1:30pm Down to the Core (WU)</p> <p>2:00pm Card Making Class w/ Sue (AS)</p> <p>3:00pm Euchre / Games (TB)</p>	<p>9:00am Island Walking Club (MILR) 8</p> <p>9:00am Watermark Men's Group Outing – Doreen's Cup of Joe</p> <p>10:15am Balance & Stretch Class (WU)</p> <p>1:30pm Strength & Tone (WU)</p> <p>2:00pm Bible study with Pastor Kurt (TB)</p> <p>3:00pm LCR Left, Center, Right, Dice Game "Bring Quarters" (PD)</p> <p>7:00pm Movie Night! (TR)</p>	<p>9:00am Island Walking Club (MILR) 9</p> <p>10:15am Tai Chi (TL)</p> <p>11:00am Calusa Garden Club "Walk the Grounds" (L)</p> <p>1:30pm Down to the Core (WU)</p> <p>3:00pm Rummikub (TH)</p> <p>5:00pm Slide – R –Us Shuffleboard (TB)</p>	<p>9:00am Island Walking Club (MILR) 10</p> <p>10:15am Friday Fitness Class (WU)</p> <p>10:30am Flu Shot Clinic (WU)</p> <p>11:00am Lunch Outing! Island Gypsy @ Isle Capri</p> <p>1:30pm Strength & Tone (WU)</p> <p>3:00pm Lounge & Listen w/ Live Vibes by Michael Nardi Duo (LR)</p>	<p>9:00am Island Walking Club (L) 11</p> <p>10:15am Taoist YOGA w/ Stew (WU)</p> <p>1:00pm Bridge / Games (TB)</p> <p>4:00pm Lawn Games: Ladder Toss (TL)</p>
<p>10:00am Catholic Mass – Televised (TR) 12</p> <p>10:00am Church Trips</p> <p>1:00pm Mahjongg / Games (TB)</p> <p>2:00pm Afternoon Tunes By Tom Sheppard (L)</p> <p>3:00pm Sunday Matinee Movie (TR)</p>	<p>Indigenous Peoples' Day 13</p> <p>9:00am Island Walking Club (MILR)</p> <p>10:15am Mindful Movement (WU)</p> <p>11:15am Marco Library</p> <p>1:30pm Strength & Tone (WU)</p> <p>2:30pm 360 Well Talk by Sheila "Mental Health & Why It's Important" (TR)</p> <p>3:00pm Mexican Train (TB)</p> <p>7:00pm Pockets & Pints! Billards (TB)</p>	<p>9:00am Island Walking Club (MILR) 14</p> <p>10:15am Tai Chi (L)</p> <p>1:00pm Publix/Bank</p> <p>1:30pm Down to the Core (WU)</p> <p>2:00pm Sip & Paint "Halloween Door Decor" by Bobby (AS)</p> <p>3:00pm Euchre / Games (TB)</p>	<p>9:00am Island Walking Club (MILR) 15</p> <p>10:15am Balance & Stretch Class (WU)</p> <p>11:00am Marco Lutheran Church Luncheon –RSVP (MLC)</p> <p>1:30pm Strength & Tone (WU)</p> <p>2:00pm Book Club Discussion "By Any Other Name" (TB)</p> <p>7:00pm Movie Night! (TR)</p>	<p>9:00am Island Walking Club (MILR) 16</p> <p>10:15am Tai Chi (TL)</p> <p>11:00am Creative Explore w/ Calusa Gardens Club (AS)</p> <p>1:30pm Down to the Core (WU)</p> <p>2:30pm Cooking Class w/ Chef Salvatore "Tiramisu & KitchenTour" (T)</p> <p>3:00pm Rummikub (TH)</p> <p>5:00pm Slide – R –Us Shuffleboard (TB)</p>	<p>AD Paint The Town Pink! Wear you Pink to Support Breast Cancer Awareness Month 17</p> <p>9:00am Island Walking Club (MILR)</p> <p>10:15am Friday Fitness Class (WU)</p> <p>1:30pm Strength & Tone (WU)</p> <p>3:00pm Lounge & Listen w/ Live Vibes by Moon Over Miami (LR)</p>	<p>9:00am Island Walking Club (L) 18</p> <p>10:15am Taoist YOGA w/ Stew (WU)</p> <p>1:00pm Bridge / Games (TB)</p> <p>4:00pm Oktober Fall Fest Event (L) </p>
<p>10:00am Catholic Mass – Televised (TR) 19</p> <p>10:00am Church Trips</p> <p>1:00pm Mahjongg / Games (TB)</p> <p>3:00pm Sunday Matinee Movie (TR)</p>	<p>9:00am Island Walking Club (MILR) 20</p> <p>10:15am Mindful Movement (WU)</p> <p>11:15am Marco Library</p> <p>1:30pm Strength & Tone (WU)</p> <p>2:00pm History Lecture by Adrian Kerr "Columbus" (TR)</p> <p>3:00pm Mexican Train (TB)</p> <p>7:00pm Pockets & Pints! Billards (TB)</p>	<p>9:00am Island Walking Club (MILR) 21</p> <p>10:15am Tai Chi (L)</p> <p>1:00pm Publix/Bank</p> <p>1:30pm Down to the Core (WU)</p> <p>2:00pm Art Enthusiast (AS)</p> <p>3:00pm Euchre / Games (TB)</p>	<p>9:00am Island Walking Club (MILR) 22</p> <p>10:15am Balance & Stretch Class (WU)</p> <p>1:30pm Strength & Tone (WU)</p> <p>1:30pm Watermark Ladies outing! Patchington Fashion Show</p> <p>2:00pm Bible Study with Pastor Kurt (TB)</p> <p>3:00pm Game On! (TB)</p> <p>7:00pm Movie Night! (TR)</p>	<p>9:00am Island Walking Club (MILR) 23</p> <p>10:15am Tai Chi (TL)</p> <p>11:00am Imagination Art Station (AS)</p> <p>1:30pm Down to the Core (WU)</p> <p>2:00pm Member Dining Committee (WU)</p> <p>3:00pm Rummikub (TH)</p> <p>5:00pm Slide–R–Us Shuffleboard (TB)</p>	<p>9:00am Island Walking Club (MILR) 24</p> <p>10:15am Friday Fitness Class (WU)</p> <p>10:30am Rookery Bay Environmental Learning Center Outing</p> <p>1:30pm Strength & Tone (WU)</p> <p>3:00pm Lounge & Listen w/ Live Vibes by JR Erb Trio (LR)</p>	<p>9:00am Island Walking Club (L) 25</p> <p>10:15am Taoist YOGA w/ Stew (WU)</p> <p>1:00pm Bridge / Games (TB)</p> <p>4:00pm Lawn Games: Corn Hole (L)</p>
<p>10:00am Catholic Mass – Televised (TR) 26</p> <p>10:00am Church Trips</p> <p>1:00pm Mahjongg / Games (TB)</p> <p>2:00pm Sunday Sounds by Boyd (L)</p> <p>3:00pm Sunday Matinee Movie (TR)</p>	<p>9:00am Island Walking Club (MILR) 27</p> <p>10:15am Mindful Movement (WU)</p> <p>11:15am Marco Library</p> <p>1:30pm Strength & Tone (WU)</p> <p>2:00pm Trivia Talk (TB)</p> <p>3:00pm Mexican Train (TB)</p> <p>4:30pm Bingo Night @ Jewish Congregation</p>	<p>9:00am Island Walking Club (MILR) 28</p> <p>10:15am Tai Chi (L)</p> <p>1:00pm Publix/Bank</p> <p>1:30pm Down to the Core (WU)</p> <p>2:00pm Calusa Garden Club How to Make a "Terrarium" (AS)</p> <p>3:00pm Euchre / Games (TB)</p>	<p>9:00am Island Walking Club (MILR) 29</p> <p>10:15am Balance & Stretch Class (WU)</p> <p>1:30pm Strength & Tone (WU)</p> <p>2:00pm Vincent Van Gogh Lecture By Carol J. (TR)</p> <p>3:15pm LCR Left, Center, Right, Dice Game "Bring Quarters" (PD)</p> <p>7:00pm Movie Night! (TR)</p>	<p>9:00am Island Walking Club (MILR) 30</p> <p>10:15am Tai Chi (TL)</p> <p>11:00am Open Canvas (AS)</p> <p>1:30pm Down to the Core (WU)</p> <p>2:00pm Member Council Meeting (WU)</p> <p>3:00pm Rummikub (TH)</p> <p>5:00pm Slide – R –Us Shuffleboard (TB)</p>	<p>Halloween 31</p> <p>9:00am Island Walking Club (MILR)</p> <p>10:15am Friday Fitness Class (WU)</p> <p>1:30pm Strength & Tone (WU)</p> <p>3:00pm Happy Halloween Party "Dress in Your Best Costume" Music by Mike Y. Trio (LR) Birthday Celebrations</p>	<p></p> <p>HAPPY HALLOWEEN</p>