

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Art History schedule: 10/2: Audubon 10/16: Cezanne 10/30: Munch			10:30 Workout w/ Weights* - LR 11:00 Pictionary - LR 11:30 Archaeology Series -591 2:30 Walking Club - Inn Lobby 3:00 Oktoberfest Concert w/ Tranchina Duo - A	10:00 Equine Therapy - Patio 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 Oceanography Series - 591 2:00 Cornhole - LR 2:00 Art History Film - A, 591 3:00 Film Discussion * - AR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* 6:30 Game Night w/ Amber & Chris - UL	10:30 Stretch Band Workout* - LR 11:00 Singalong w/Jess- LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Crafts w/Com.Life*: Card Making - LR 4:00 Shabbat Shalom & Holiday Dinner - PDR	10:30 Pool Noodle Fitness*LR 11:00 Brain Game: Word Magic - LR 1:00 Series: Geological Wonders - 591 2:00 Saturday Film: Dennis the Menace - 591, LR 4:00 Inter-generational Piano Sing Along - LR
9:30 Church Trip 10:00 Catholic Mass - LR,591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 New Film: F1 - 591, LR	10:30 Fab, Fit & Fun* - LR 11:00 Game: Word Wow - LR 11:30 America's Founders- 591 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Opera part 1: Rusalka, w/ Dr. Marguerite Mullee - AL 7:00 Film: Chocolat 591, LR	10:30 Chair Yoga* - LR 11:00 Brain Games: Word Scramble - LR 11:30 State Parks Series- 591 2:00 Halloween Bingo! - LR 3:00 Art w/ Ellen* - LR 4:00 Deb's Update Meeting - A	10:30 Workout w/ Weights* - LR 11:00 Guess in 10 - LR 11:30 Archaeology Series -591 12:30 Pizza Lunch - DR 2:00 Health Seminar w/ Sarah: Minds Matter - Strengthening Our Mental Health - AL 2:15 DC Board of Elections - LR 3:00 Opera: Rusalka, part 2 - AL	10:30 Fitness Flow* - LR 11:00 Flower Arranging - LR 11:30 Oceanography Series - 591 2:00 WU Art Opening: Landscapes & Ellen's Nantucket Trees - Art Gallery 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* LR	10:30 Stretch Band Workout* - LR 11:00 Singalong w/Jess- LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Crafts w/Com.Life*: Halloween Wind Chimes - LR 4:00 Shabbat Shalom- PDR	10:30 Pool Noodle Fitness*LR 11:00 Brain Game: Word Magic - LR 1:00 Series: Geological Wonders - 591 2:00 Saturday Film: Move Over Darling - 591, LR 4:00 Inter-generational Piano Sing Along - LR
9:30 Church Trip 10:00 Catholic Mass - LR,591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:30 Kara & Co. Hymns & Piano - LR	10:30 Fab, Fit & Fun* - LR 11:00 Game: Word Wow - LR 11:30 America's Founders- 591 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Let's Make Pumpkin Muffins w/ Jen - LR 7:00 Film: Downton Abbey 591, LR	10:30 Chair Yoga* - LR 11:00 Brain Games: Riddle Me This - LR 11:30 State Parks - 591 2:00 Pumpkin Muffins & The Price Is Right - LR 3:00 Art w/ Ellen* - LR 3:00 Fountains Radio Workshop* - A	Fall Festival! 10:00 Fountains History Wagon Ride - Lobby 11:00 Donuts & Cider Social - LR 11:30 Archaeology Series -591 3:00 Walking Club - LR 3:30 Grandpa Joe's Folk Music Concert - A	10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 Oceanography - 591 2:00 Pumpkin Putt Putt - LR 2:00 Art History Film* - A, 591 2:30 Art History Film Discussion w/ Ellen* - AR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* LR	10:30 Stretch Band Workout* - LR 11:00 Singalong w/Jess- LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Crafts w/Com.Life*: Foam Pumpkins - LR 3:00 Manicures w/ Brittney - LR 4:00 Shabbat Shalom- PDR	10:30 Pool Noodle Fitness*LR 11:00 Brain Game: Word Magic - LR 1:00 Series: Geological Wonders - 591 2:00 Saturday Film: The Still of the Night - 591, LR 4:00 Inter-generational Piano Sing Along - LR
9:30 Church Trip 10:00 Catholic Mass - LR,591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 1:45 Theater Trip: Sweeney Todd @ Rhinebeck Performing Arts Center	10:30 Fab, Fit & Fun* - LR 11:00 Game: Word Wow - LR 11:30 America's Founders- 591 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Gordon George Concert - LR 7:00 Film: The Clearing - 591, LR	10:30 Chair Yoga* - LR 11:00 Brain Games: Word Scramble - LR 11:30 State Parks Series- 591 2:00 Karaoke w/ Jess - LR 3:00 Art w/ Ellen* - LR 4:15 Sign Language w/ Edwin* - AL	10:30 Workout w/ Weights* - LR 11:00 Resident Council - LR 11:30 Archaeology Series -591 2:00 Saxophone Name That Tune - LR 2:30 FMRA Social - AL 3:30 Father Matt's Service - AL	10:30 Fitness Flow* - LR 11:00 Flower Arranging - LR 11:30 Oceanography - 591 2:00 Cooking w/ Juliet* - DR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - LR	10:30 Stretch Band Workout* - LR 11:00 Singalong w/Jess- LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 3:00 Painting w/ Jess: Fall Pumpkins - LR	10:30 Pool Noodle Fitness*LR 11:00 Brain Game: Word Magic - LR 1:00 Series: Geological Wonders - 591 2:00 Saturday Film: Thursday Murder Club - 591, LR 2:00 Fountains Radio Workshop - A 4:00 Piano Sing Along - LR
9:30 Church Trip 10:00 Catholic Mass - LR,591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social -LR 11:15 Good News Network LR 2:00 Classic Film: Walk, Don't Run - LR, 591 3:00 Trip: NDSO @ Marriott Pavilion: Broadway Concert	10:30 Fab, Fit & Fun* - LR 11:00 Game: Word Wow - LR 11:30 America's Founders- 591 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Gloria's Line Dancers: Halloween Performance - A 7:00 Film: Vertigo - 591, LR	10:30 Chair Yoga* - LR 11:00 Brain Games: Trivia - LR 11:30 State Parks Series- 591 2:00 Pumpkin Floats & Pictionary Social - LR 3:00 Art w/ Ellen* - LR 4:15 Edwin's Prayer Group* - AL	10:30 Workout w/ Weights* - LR 11:00 Name 5 - LR 11:30 Archaeology -591 2:00 Halloween Jeopardy - LR 2:00 Spooky Stories w/ Lorraine* - AL 3:00 Music Appreciation: 19 th Century Supernatural Music - A 4:15 Guided Rosary w/ The Knights of Columbus Volunteers - AL	10:30 Fitness Flow* - LR 11:00 This Date in History - LR 11:30 Oceanography - 591 2:00 Ping Pong- LR 2:00 Art History Film - A, 591 3:45 Art History Film Discussion w/ Ellen* - AR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - LR 5:00 Birthday Dinner - PDR	10:30 Stretch Band Workout* - LR 11:00 Singalong w/Jess- LR 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Team Trivia Pursuit - AL 3:00 Halloween Dance Party w/ Frankie Keene - A 4:00 Shabbat Shalom- PDR	Please check channel 591 daily for updates
October 2025 INN THE FOUNTAINS AT MILLBROOK A WATERMARK RETIREMENT COMMUNITY™		ACTIVITY LOCATOR KEY Your Community Life Team: Lisa Rieckermann, Director Jennifer Bourque, Associate Raegan Haege, Associate Jessica Kaufman, Associate 845-905-8102	EXERCISE - DARK RED MUSIC - PURPLE SPIRITUAL/THERAPEUTIC - BLUE ARTS & CRAFTS - DARK ORANGE EDUCATION/SOCIAL - BLACK VOCATIONAL - TEAL TRIPS - GREEN HEALTH - PINK	Location Key: A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room	Location Key cont'd: L - Library (1A) LOB - Main Lobby LR - Living Room at the Inn NL - North Lounge PDR - Private Dining Room UL - Upper Lobby	Watermark University Classes are taught by live Instructors and indicated by an *