
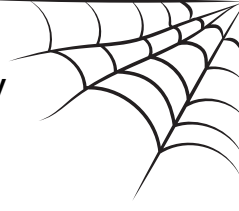
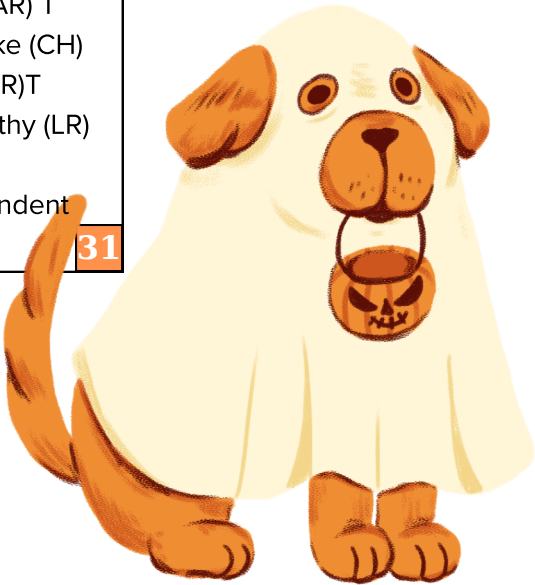



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Happy October Birthdays!!!</div> <div>Activities led by:</div> <div>Nancy T. - 3rd</div> <div>Frank T. - 6th</div> <div>Marianne P. -23rd</div> <div>Lucille M. -24th</div> <div>Alice E. - 30th</div> <div></div> <div></div>			10:00 Tai Chi (AR) K/T 10:00 Trip: Library K/T 1:30 October Special Days (AR) K/T 2:30 Bean Bag Toss (AR) K 3:30 Happy Hour (AR) K/T 6:15 Board Games (Independent) 1	10:00 Seated Strength Training (AR) K 10:00 Trip: Public Market K/T 10:45 "Autumn: World of Colors" (MR) K 1:15 Holy Rosary (MR) 2:30 Bingo BASH! (AR) K/T 3:30 Walking Club (Lobby) K 6:15 Brain Teasers (Independent) 2	10:00 Silver Sneakers Exercise (AR) T 10:45 Bible Study with Mike (CH) 1:30 Hot Chocolate (LR) T 2:00 Sing-A-Long with Kathy - LR 3:30 FriYay BINGO - AR- T 6:15 Card Games - Independent 3	10:00 Weekend Workout (AR) D/Ty 10:45 Morning Meditation (LR) D/Ty 1:30 Saturday Social (AR) D/Ty 2:30 BINGO BASH! (AR) D/Ty 3:30 Walking Club (Lobby) D/Ty 6:15 Game Night - Independent 4
9:45 Sunday Stretch (AR)K/Ty 10:30 Catholic Service (CH) 1:30 Sunday Matinee (MR) K/Ty 3:00 Manicures (AR) K/Ty 6:15 Creative Coloring - Independent 5	10:00 Sit & Be Fit (AR) K 10:00 Trip: Aldi K/T 1:30 Bocce Ball (AR) K/T 2:30 Board Games (AR) K/T 3:30 Walking Club (Lobby) K/T 6:15 Crossword Puzzles (Independent) 6	10:00 Seated Yoga (AR) K 11:00 Church Service with Pastor Angelo (CH) 1:30 Dining Meeting w/ John (ILDR) 2:30 Would You Rather? (AR) K/T 3:30 <i>Don Mancuso (LR)</i> 6:15 Word Searches (Independent) 7	10:00 Seated Exercise (AR) K 10:45 Ladderball (AR) K/T 1:30 Trip: Scenic Drive K/T 3:30 Happy Hour (AR) K/T 6:15 Board Games (Independent) 8	10:00 Ageless Aerobics (AR) K 10:45 Shuffleboard (AR) K 11:30 Trip: Lunch at Bill Grays K/T 1:30 W.U.Art Class with Diana (AS) 2:30 Bingo BASH! (AR) K/T 3:30 Walking Club -Lobby-K/T 6:15 Brain Teasers - Independent 9	10:00 Silver Sneakers Exercise (AR) T 10:45 Bible Study with Mike (CH) 1:30 Apple Cider Mimosas (LR) T 2:00 Sing-A-Long with Kathy (LR) 3:30 FriYay BINGO (AR) T 6:15 Card Games -Independent 10	10:00 Weekend Workout (AR) D/Ty 10:45 Morning Meditation (LR) D/Ty 1:30 Saturday Social (AR) D/Ty 2:30 BINGO BASH! (AR) D/Ty 3:30 Walking Club (Lobby) D/Ty 6:15 Game Night - Independent 11
9:45 Sunday Stretch (AR) K/Ty 10:30 Catholic Service (CH) 1:30 Sunday Matinee (MR) K/Ty 3:00 Manicures (AR) K/Ty 6:15 Creative Coloring (Independent) 12	10:00 Sit & Be Fit (AR) K 10:00 Trip: Wegmans K/T 1:30 Noodle Ball (AR) K/T 2:30 Card Games (AR) K/T 3:30 Walking Club (Lobby) K/T 6:15 Crossword Puzzles (Independent) 13	10:00 Seated Yoga (AR) K 10:00 Trip: Dollar Tree K/T 1:30 TED Talk Tuesday (MR) K/T 2:30 Bingo BASH! (AR) K/T 3:30 Seated Biking (AR) K/T 6:15 Word Searches (Independent) 14	10:00 Tai Chi (AR) K 10:00 Trip: Library K/T 1:30 Assisted Living Resident Council (AR) 2:30 Independent Living Resident Council (LR) 3:30 Happy Hour (AR) K/T 6:15 Board Games (Independent) 15	10:00 Seated Strength Training (AR) K 10:00 Trip: Cider and Donuts at Schutts Apple Mill K/T 1:15 Holy Rosary (MR) 2:30 Bingo BASH! (AR) K/T 3:30 Walking Club (Lobby) K/T 6:15 Brain Teasers (Independent) 16	10:00 Silver Sneakers Exercise (AR) T 10:45 Bible Study with Mike (CH) 1:30 Apple Harvest Punch (LR) T 2:00 Sing-A-Long with Kathy (LR) 3:30 FriYay BINGO (AR)T 6:15 Card Games -Independent 17	10:00 Weekend Workout (AR) D/Ty 10:45 Morning Meditation (LR) D/Ty 1:30 Saturday Social (AR) D/Ty 2:30 BINGO BASH! (AR) D/Ty 3:30 Walking Club (Lobby) D/Ty 6:15 Game Night - Independent 18
9:45 Sunday Stretch (AR) K/Ty 10:30 Catholic Service (CH) 1:30 Sunday Matinee (MR) K/Ty 3:00 Manicures (AR) K/Ty 6:15 Creative Coloring (Independent) 19	10:00 Sit & Be Fit (AR) K 10:00 Trip: Aldi- K/T 1:30 Halloween Pumpkin Decorating (AR) K/T 3:30 Walking Club (Lobby) K/T 6:15 Crossword Puzzles (Independent) 20	10:00 Seated Yoga (AR) K 11:00 Church Service with Pastor Angelo (CH) 1:30 Dining Meeting w/ John (ILDR) 2:30 Bingo BASH! (AR) K/T 3:30 Cardio Drumming (AR) K/T 6:15 Word Searches (Independent) 21	10:00 Seated Exercise (AR) K 10:00 Trip: Fall Foliage Scenic Drive K/T 10:45 "Rick Steves: Munich and the Foothills of the Alps" (MR) K/T 1:30 Happy Hour (LR) K/T 2:30 <i>Mike Sidoti (LR)</i> 3:30 Ring Toss (AR) K/T 6:15 Board Games (Independent) 22	10:00 Ageless Aerobics (AR) K 10:45 "Stories about your Favorite Halloween Candy" (MR) K/T 11:30 Trip: Lunch at Rohrbach Brewing Company K/T 1:30 W.U.Art Class with Diana (AS) 2:30 Bingo BASH! (AR) K/T 3:30 Walking Club (Lobby) K/T 5:30 Resident Family Council (LR) 6:15 Brain Teasers (Independent) 23	10:00 Silver Sneakers Exercise (AR) T 10:45 Bible Study with Mike (CH) 1:30 Hot Apple Cider (LR) T 2:00 Sing-A-Long with Kathy (LR) 3:30 FriYay BINGO (AR) T 6:15 Card Games -Independent 24	10:00 Weekend Workout (AR) D/Ty 10:45 Morning Meditation (LR) D/Ty 1:30 Friends and Family Trick or Treat Event 6:15 Game Night - Independent 25
9:45 Sunday Stretch (AR) K/Ty 10:30 Catholic Service (CH) 1:30 Sunday Matinee (MR) K/Ty 3:00 Manicures (AR) K/Ty 6:15 Creative Coloring (Independent) 26	10:00 Sit & Be Fit (AR) K 10:00 Trip: Wegmans- K/T 1:30 Flavor Experience (AR) K/T 2:30 UNO! (AR) K/T 3:30 Walking Club (Lobby) K/T 6:15 Crossword Puzzles (Independent) 27	10:00 Seated Yoga (AR) K 10:00 Trip: Homegoods K/T 1:30 Trip: Wickham Farms Pumpkin Patch K/T 3:30 Seated Biking (AR) K/T 6:15 Word Searches (Independent) 28	10:00 Tai Chi (AR) K/T 10:00 Trip: Library K/T 1:30 Halloween Trivia (AR) K/T 2:30 October Birthday Social (AR) K/T 3:30 Halloween Mad Libs (AR) K/T 6:15 Board Games (Independent) 29	10:00 Seated Strength Training (AR) K 10:00 Trip: Savers K/T 1:15 Holy Rosary (MR) 2:30 Bingo BASH! (AR) K/T 3:30 Walking Club (Lobby) K/T 6:15 Brain Teasers (Independent) 30	10:00 Silver Sneakers Exercise (AR) T 10:45 Bible Study with Mike (CH) 1:30 Candy Corn Punch (LR)T 2:00 Sing-A-Long with Kathy (LR) 3:30 FriYay BINGO (AR) T 6:15 Card Games -Independent 31	
<div>October 2025</div> <div>Independent & Assisted Living</div> <div></div>		<div>ACTIVITY LOCATOR KEY</div> <div>W.U. - Watermark University, educational programming</div> <div>Italics - Entertainer Performance</div> <div>Bus Trips - Sign up in Lobby (Bus Trips must be signed up for before the day of the outing</div>		AR- Activity Room MR- Media Room CH- Chapel GR- Game Room ILDR- Independent Living Dining Room Independent- Self directed, materials are available in the activity room	FD- Front Desk AS- Art Studio LR- Living Room PA- Patio **Calendar subject to change. Please refer to Daily Activity Sheets for the most accurate information. **	