

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Happy Birthday!</b>  <b>10/4- Anna K.</b> <b>10/13- Karen R.</b> <b>10/08- Arden P.</b> <b>10/27- Elisabeth B-A</b> <b>10/31 Thomas S.</b>			<b>Yom Kippur Begins</b> ● Strength Exercise Class ● Brain Games: Trivia Challenge ● <b>10:00 Active Aging: Beach Boardwalk &amp; Pizza Outing</b> ● 1:00 Word within a word ● <b>2:00 Bayada Fun &amp; Fit Class (BR)</b> ● <b>3:00 Social Hour: Ice Cream</b>	● <b>Walking Club - Lobby</b> ● Sitting Slow Flow Yoga ● Brain Games: Name 10 Game ● Arm Chair Travel Virtual -IN2L ● Bells and Bongos Energy Burst ● Bingo Bonanza with Candy ● Hands in Clay Class ● Thirsty Thursday: Spice Cocktails	● Chair Tai Chi ● Pool Noodle Workout ● Brain Game: Word within a Word Game ● <b>1:00 Brandywine Zoo Outing</b> ● <b>12:30 Friday Flic: Freaky Friday(2<sup>nd</sup> Fl TV)</b> ● Mini Golf Game ● Playing Bongos & Bells	● Fall Prevention: Legs Strength ● Balloon Badminton Exercise ● Brain Games: Name that tune & Trivia - IN2L ● Corn Hole Challenge ● <b>3:00 Anna Kennedy 100<sup>th</sup> Birthday Party Celebration (BR)</b> ● Comedy hour 50's&60's (TV Room)
● Pool Noodle Workout ● Name 10 Game ● Spiritual Music Offering(BR) & IL2N ● <b>10:15 Communion (BR)</b> ● <b>10:30 Mass in DC Basilica(BR)</b> ● <b>2:00 Outreach Ministries(BR)</b> ● Eye on Art: Pencils & Watercolor ● Bingo Bonanza with Candy	● <b>Breast Cancer Awareness - Wear Pink</b> ● Move& Groove Movement Exercise ● Brain Game: Word Game ● <b>10:30 Bayada Health Talk: Healthy Joints with Kerry(BR)</b> ● <b>1:00 WU- Kitchen Creation: Pumpkin Bread with Maria(AL)</b> ● Trivia Game & Name 10(BR)	● <b>9:45 Walking Club-Lobby</b> ● Brain Games: Trivia Challenge ● Bingo Bonanza with Candy ● <b>10:30 WU: Eye on Art: Breast Cancer Bracelet Making(AR)</b> ● Ring Toss Game ● Sit down Soccer & Hot Cider ● Refreshments ● Mini Golf Rally	● Strength Band Exercise ● Sing- a -Long on IN2L ● Bean Bag Toss Rally ● Sit Down Soccer ● Matching Game ● <b>2:00 Bayada Fun &amp; Fit Workout(BR)</b> ● <b>3:00 Social Hour: Carmel Ice Cream Treat(BR)</b>	● <b>9:45 Walking Club- Lobby</b> ● Seated Yoga Exercise ● Brain Games: Name 10 game ● Virtual Trip Down Memory Lane with IN2L ● Bingo Bonanza with Candy ● Movie Time: Vacation ● Bubble Factory (Patio)	● Balloon Badminton Exercise ● Relax Hand & Shoulder Massages ● Pool Noodle workout ● <b>1:00 Deliver Cancer Bracelets Outing to Hospitals</b> ● Word within a Word ● WU-Creative Cooking: Making Spice Bread	● Power Weight Workout ● Bean Bag Toss Game ● Name 10 Game ● <b>10:30 4 Legged Friends SPCA Visit- lobby</b> ● <b>12:00 Active Aging: Wagon Hayride Outing</b> ● Trivia Challenge Rally
● Sole to Sole Move and Groove Movement in chair ● Stretch Band Legs and Arms ● Spiritual Music Offering(BR) & IL2N ● <b>10:15 Communion (BR)</b> ● <b>10:30 Mass in DC Basilica(BR)</b> ● <b>1:00 Bingo Bonanza(AR)</b> ● <b>2:00 Reverend Gloria (BR)</b> ● 3:00 Table Games Rally	● <b>Indigenous People's Day</b> ● WU: Culinary Creations: Making Spiced Cookies ● Ring Toss Rally ● Bingo Bonanza with Candy ● <b>10:30 WU-Indigenous People's History Film(2<sup>nd</sup> Fl TV)</b> ● Eye on Art: Halloween Banner ● Sing- a Long - IN2L	● <b>9:45 Walking Club-Lobby</b> ● Brain Games: Word within a Word ● Balloon Badminton Game ● Eye on Art: Fall Foliage Art ● <b>2:00 Sean Reilly Performs (BR)</b> ● Meditating & Sketching with Color Pencils ● Social Hour: Soda & Snacks	● Seated Tai Chi Exercise ● Trivia Challenge & name 10 game ● Mini Golf Game ● Meditation & Manicures ● <b>2:00 Bayada Fun &amp; fit Workout (BR)</b> ● <b>3:00 Ice Cream Float Social (BR)</b> ● Balloon Table Toss	● <b>9:45 Walking Club- Lobby</b> ● low Flow Yoga Exercise ● Brain Games: Giant Crossword ● Arm Chair Travel - IN2L ● Move & Groove to Country Music ● <b>12:00 Dine-in-Theater: Breakfast at Tiffany's (2<sup>nd</sup> Fl.)</b> ● Eye on Art: Mini Ghost Craft ● Brain Games: Name 10	● Band Stretch Exercise ● The Matching Game Rally ● Family Feud Game ● Brain Games: Word within a Word ● <b>1:00 Bingo Bonanza with Candy ( 3rd Fl Library)</b> ● Bean Bag Toss Game ● Mini Golf Game	● Sit Down Soccer ● Slow Flow Breathe ● Bean Bag Toss ● Brain Game: Word within a Word ● <b>2:00 University of Delaware Singers Performance -Lobby</b> ● <b>3:30 Giant Cross Word Puzzl- Lobby</b>
● Pool Noodle Workout ● Name 10 Game ● Spiritual Music Offering(BR) & IL2N ● <b>10:15 Communion (BR)</b> ● <b>10:30 Mass in DC Basilica(BR)</b> ● <b>1:00 Bingo Bonanza(AR)</b> ● <b>2:00 Outreach Ministries(BR)</b> ● Eye on Art: Watercolor by numbers ● Ball toss Game	● <b>National Cookie &amp; Diwali Month</b> ● Toe Tapping Chair Movement ● Brain Games: Name 10 & Trivia ● Fall Prevention :Leg Workout ● <b>1:00 Documentary: What is Diwali(BR)</b> ● Balloon Badminton Exercise ● <b>Social Hour: Pumpkin Milk Shakes &amp; Cookies(AR)</b>	● <b>9:45 Walking Club - Lobby</b> ● Brain Games: Fact or Fiction ● Name that Tune Game ● Energy Corn Hole ● <b>10:30 WU-All about Clay Molding Workshop with Amanda (AR)</b> ● Mini Golf Game ● <b>1:30 Carol Regan Performs in Pathways</b>	● Stretch Band Exercise ● Guided Arm Chair Travel - IN2L ● Mini Golf Game ● <b>10:30 Activity, Residents &amp; Food Council Meeting(AR)</b> ● <b>2:00 Bayada Fun &amp;Fit Workout(BR)</b> ● <b>3:00Snickerdoodles &amp; Ice Cream(BR)</b> ● Mini Golf Game	● <b>National Gumbo Month</b> ● Slow Flow Chair Yoga ● Brain Games: Card Matching Game ● Table Balloon Badminton ● <b>1:00 WU- Crafting Corner: Making Fall Door Swags (AL)</b> ● Trivia Challenge ● Sing- a -Long to Favorites	● Sit Down Soccer ● Move & Groove to Country Music ● Relax Guided Meditation-IN2L ● <b>10:30 Bingo Bonanza with Candy(AL)</b> ● WU- Creative Cooking: Spiced Cake with topping ● Social Hour: Cookies and Mocktails	● <b>National Miniature Golf Day</b> ● Ball Toss Exercise ● Mini Golf Rally ● Brain Game Word Within a Word ● <b>2:00 Olga's Music School Performance(BR)</b> ● Saturday Cinema: Night at the Museum on TV
● Move and Groove Chair Movement ● Stretch Band Legs and Arms ● Spiritual Music Offering(BR) & IL2N ● <b>10:15 Communion (BR)</b> ● <b>10:30 Mass in DC Basilica(BR)</b> ● <b>1:00 Bingo Bonanza(AR)</b> ● <b>2:00 Reverend Gloria (BR)</b> ● Word Within a Word Game	● Slow Flow Breathe ● Sing-a Long -IN2L ● Brain Games: Scattergories Game ● Eye on Art: Fall Craft ● ArmChair Travel ● <b>2:00 Active Aging: Nature Walk &amp; Fall Birding-Lobby</b>	● <b>9:45 Walking Club - Lobby</b> ● Chair Tai Chi Exercise ● Brain Games: Finish the Phrase ● Ball Toss game ● Zen Self Care: Facial, Hand & Shoulder Massage(AR) ● <b>3:30 Movie Matinee: Robin Williams in RV (BR)</b>	● Fall Prevention: Arms & Hands ● Eye on Art: Watercolor by Numbers ● Corn hole Game ● <b>2:00 Fun &amp; Fit Workout with Bayada (BR)</b> ● <b>3:00 Halloween Birthday Party &amp; Cocktails/Ice Cream - Dress up if you dare?(BR)</b>	● 9:45 Walking Club-Lobby ● 10:30 Insightful Talks Tim T.(AR) ● Virtual Roadtrippers - IN2L ● WU- Creative Cooking: Pumpkin Cookies ● <b>1:00 Fall Foliage Scenic Drive Outing - Lobby</b> ● Word within a Word game ● Name that Tune: IN2L	● <b>Halloween Candy Giveaway</b> ● Slow Flow Breathe ● WU- Creative Baking: Sugar Cookies ● Fact or Fiction ● Get up and Move to Country Music ● <b>3:30 Friday Flics: Hocus Pocus &amp; Popcorn &amp; Candy (BR)</b>	<b>Please sign up family members for any outings or scenic rides you would like them to attend!!</b>

# October 2025

## Prema Memory Support



**ACTIVITY LOCATOR KEY**

- Body
- Community
- Mind
- Spirit

(BR): Brandywine Room  
(2<sup>nd</sup> Fl.): Second Floor  
TV Room  
(3<sup>rd</sup> Fl.) Third Floor  
Library

Dates and times for scheduled events, entertainment and outings may change without notice.

Sorry for any inconvenience