

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Happy Birthday Theresa ● 9:30 Strength & Balance ● 10:30 Gratitude & Reflections ● 11:00 1:1 with Nayas ● 1:00 iN2L: Lassie ● 2:00 Energy Burst ● 2:30 Theresa's Birthday Social ● 3:30 Creative Art: Sponge Painting ● 4:00 iN2L: Beach Boys & Table Games	● 9:30 Slow Flow Yoga ● 10:00 Crosslife Church ● 10:30 Brain Games ● 11:00 iN2L:Karaoke on the Mic ● 1:00 iN2L: Classic Comedy ● 2:00 Energy Burst ● 3:00 360 Virtual Skydive Adventure ● 3:30 Porch Chat & Lemonade ● 4:00 Reminisce: Vintage Postcards	● 9:30 Joyful Movement ● 10:30 Bingo ● 11:00 Sing-Along ● 1:00 iN2L: Classic Sitcom ● 1:30 Energy Burst:Noodle Ball ● 2:00 Creative Color ● 3:00 Happy Hour with Charmaine & Carlos K iN2L: 50's Music ● 4:00 Table Games	● 9:30 Stretch & Strength ● 10:30 iN2L: Trivia ● 11:00 Porch Chat ● 1:00 iN2L: Classic Comedy ● 1:30 Energy Burst ● 2:00 Porch Chat with Nayas ● 3:00 Art by Number ● 4:00 Group Table Puzzles
● 9:30 Foundry Church ● 10:30 Drum Beat Circle ● 11:00 iN2L: Music Trivia ● 1:00 Netflix: Our Planet ● 2:00 Energy Burst ● 2:30 Porch Chat & Ice Pops ● 3:00 Creative Color & Music ● 4:00 Utube: Passport to Germany	● 9:30 Joyful Movement ● 10:30 WU: 1st Ladies from Revolution - Gilded Age ● 11:00 Word Games ● 1:00 iN2L: Classic Sitcom ● 2:00 Energy Burst ● 2:30 Person of Interest- Millie Bush ● 3:00 VR Experience ● 4:00 Lavender Lounge Nail Spa & Acoustic Music	Happy Birthday Tanja ● 9:30 Tai Chi ● 10:00 Autumn Words ● 11:00 An Eye for Art: Portrait of A Lady ● 1:00 iN2L: Classic Comedy ● 2:00 Scenic Drive ● 2:00 iN2L: Musical ● 2:30 Tanja's Birthday Social ● 3:00 VR Experience ● 3:30 Wags & Kisses with Odie ● 4:00 Tables Games & Music	● 9:30 Strength & Balance ● 10:30 Guided Imagery: Germany iN2L: Music Trivia ● 1:1 1:1 with Nayas ● 1:00 iN2L: Lassie ● 1:45 Energy Burst ● 2:30 Mom's Kitchen: Cookie Bake Netflix: Wipe Out ● 3:30 Creative Art: Pumpkins ● 4:00 iN2L: Country Music & Table Games	● 9:30 Slow Flow Yoga ● 10:00 Crosslife Church ● 10:30 Brain Games ● 11:00 iN2L:Karaoke on the Mic ● 1:00 iN2L: Classic Comedy ● 2:00 Singer Lauren Carder G ● 3:00 Virtual Trip Down Memory Lane ● 3:30 Seeds of Happiness ● 4:00 Remembering Wash Days with Kim	● 9:30 Group Walk ● 10:30 Bingo ● 11:00 Sing-Along ● 1:00 iN2L: Classic Sitcom ● 1:30 Energy Burst:Noodle Ball ● 2:00 Ukulele Drifters ● 3:00 Happy Hour with Charmaine & Carlos K iN2L: 50's Music ● 4:00 Table Games	● 9:30 Stretch & Strength ● 10:30 iN2L: Trivia ● 11:00 Porch Chat ● 1:00 iN2L: Classic Comedy ● 1:30 Energy Burst ● 2:00 Porch Chat with Nayas ● 3:00 Art by Number ● 4:00 Group Table Puzzles
● 9:30 Foundry Church ● 10:30 Soul 2 Sole Walking Group ● 11:00 iN2L: Music Trivia ● 1:00 Netflix: Our Planet ● 2:00 Energy Burst ● 2:30 Porch Chat & Ice Pops ● 3:00 Creative Color & Music ● 4:00 Utube: Passport to Germany	● 9:30 Joyful Movement ● 10:30 WU: 1st Ladies of WW1 & WW2 ● 11:00 Picnic, Ponies & Pumpkins ● 1:00 iN2L: Classic Sitcom ● 2:00 Energy Burst ● 2:30 Culinary Creations- Victory Garden Salad ● 3:00 VR Experience ● 4:00 Lavender Lounge Nail Spa & Acoustic Music	● 9:30 Tai Chi ● 10:00 Camping Words ● 11:00 Markers Studio: Lady Bird's Wildflowers ● 12:00 Dominoes Pizza Lunch ● 1:00 iN2L: Classic Comedy ● 2:00 Energy Burst ● 2:30 iN2L: Instrumental Music ● 3:00 VR Experience ● 3:30 Wags & Kisses with Odie ● 4:00 Tables Games & Music	● 9:30 Strength & Balance ● 10:30 Gratitude & Reflections ● 11:00 iN2L: Music Trivia ● 11:00 1:1 with Nayas ● 1:00 iN2L: Classic Sitcom ● 2:00 Energy Burst ● 2:30 Ladies Tea Time Netflix Sports:30 for 30 ● 3:00 Bingo & Acoustic Music ● 3:30 Creative Art: Sponge Painting ● 4:00 iN2L:Elvis & Table Games	● 9:30 Slow Flow Yoga ● 10:00 Crosslife Church ● 10:30 Brain Games ● 11:00 iN2L: Karaoke on the Mic ● 1:00 iN2L: Classic Comedy ● 2:00 Energy Burst ● 3:00 Virtual Road-Trippers: Ducati Diavel Cruising Miami ● 3:30 Porch Chat & Lemonade ● 4:00 Reminisce:Vintage Magazines	● 9:30 Group Walk ● 10:30 Bingo ● 11:00 Sing-Along ● 1:00 iN2L: Classic Sitcom ● 1:30 Fall Health Fair & Games LR ● 2:00 Creative Color ● 3:00 Happy Hour with Charmaine & Carlos K iN2L: 50's Music ● 4:00 Table Games	● 9:30 Stretch & Strength ● 10:30 iN2L: Trivia ● 11:00 Porch Chat ● 1:00 iN2L: Classic Comedy ● 1:30 Energy Burst ● 2:00 Porch Chat with Nayas ● 3:00 Art by Number ● 4:00 Group Table Puzzles
● 9:30 Foundry Church ● 10:30 Soul 2 Sole Walking Group ● 11:00 iN2L: Music Trivia ● 1:00 Netflix: Our Planet ● 2:00 Energy Burst ● 2:30 Porch Chat & Ice Pops ● 3:00 Creative Color & Music ● 4:00 Utube: Passport to Germany	● 9:30 Joyful Movement ● 10:00 Joyful Memories Performance ● 11:00 Word Games ● 1:00 iN2L: Classic Sitcom ● 2:00 Energy Burst ● 2:30 Mom's Kitchen: Cookie Bake ● 3:00 Creative Color & Music ● 4:00 Lavender Lounge Nail Spa & Acoustic Music	● 9:30 Tai Chi ● 10:00 A Words ● 11:00 World of Words: Words of Wisdom ● 1:00 iN2L: Classic Comedy ● 2:00 Scenic Drive ● 2:00 iN2L: Musical ● 2:30 Creative Color:Our First Ladies ● 3:00 WU: Post-War 1 st Ladies to Current Era ● 3:30 Wags & Kisses with Odie ● 4:00 Tables Games & Music	● 9:30 Strength & Balance ● 10:30 Guided Imagery: Germany ● 11:00 iN2L: Music Trivia ● 11:00 1:1 with Nayas ● 1:00 iN2L: Classic Sitcom ● 2:00 Energy Burst ● 3:00 Bingo & Acoustic Music ● 3:30 Creative Art: Pumpkins ● 4:00 iN2L:The Beatles & Table Games	● 9:30 Slow Flow Yoga ● 10:00 Kairos Edventures Porch Social ● 11:00 iN2L: Karaoke on the Mic ● 1:00 iN2L:Classic Comedy Movie ● 2:00 Oktoberfest Show with Jimmy Horzen DR ● 3:00 Oktoberfest Social ● 3:30 Porch Chat & Lemonade ● 4:00 Traveling Trunk with Kim: Vintage Toys	● 9:30 Joyful Movement ● 10:30 Bingo ● 11:00 Sing-Along ● 1:00 iN2L: Classic Sitcom ● 1:30 Energy Burst:Noodle Ball ● 2:00 Creative Color ● 3:00 Happy Hour with Charmaine & Carlos K iN2L: 50's Music ● 4:00 Table Games	● 9:30 Stretch & Strength ● 10:30 iN2L: Trivia ● 11:00 Porch Chat ● 1:00 iN2L: Classic Comedy ● 1:30 Energy Burst ● 2:00 Porch Chat with Nayas ● 3:00 Art by Number ● 4:00 Group Table Puzzles
● 9:30 Foundry Church ● 10:30 Soul 2 Sole Walking Group ● 11:00 iN2L: Music Trivia ● 1:00 Netflix: Our Planet ● 2:00 Energy Burst ● 2:30 Porch Chat & Ice Pops ● 3:00 Creative Color & Music ● 4:00 Utube: Passport to Germany	● 9:30 Joyful Movement ● 10:30 Culinary Creations - Texas Sheet Cake ● 11:00 Picture Bingo ● 1:00 iN2L: Classic Sitcom ● 2:00 Energy Burst ● 2:30 The History of The Texas Sheet Cake & A Piece of Cake ● 3:00 VR Experience ● 4:00 Lavender Lounge Nail Spa & Acoustic Music	● 9:30 Tai Chi ● 10:30 Rhyming Words ● 11:00 iN2L: Karaoke on The Mic ● 1:00 iN2L: Classic Comedy ● 2:00 Energy Burst ● 2:30 iN2L: Instrumental Music ● 3:00 VR Experience ● 3:30 Wags & Kisses with Odie ● 4:00 Tables Games & Music	● 9:30 Strength & Balance ● 10:00 Dancing with Jesse ● 10:30 Gratitude & Reflections ● 11:00 iN2L: Music Trivia ● 11:00 1:1 with Nayas ● 1:00 iN2L: Classic Sitcom ● 2:00 Energy Burst ● 2:30 Men's Pub ● 3:00 Bingo & Acoustic Music ● 3:30 Creative Art: Sponge Painting ● 4:00 iN2L:Elvis & Table Games	● 9:30 Slow Flow Yoga ● 10:00 Crosslife Church ● 10:30 Brain Games ● 11:00 iN2L: Karaoke on the Mic ● 1:00 iN2L: Classic Comedy ● 2:00 Energy Burst ● 2:00 Professor Mental DR ● 3:00 Virtual Road-Trippers: Italian Road Trip in Ferrari Modena ● 3:30 Wags & Kisses with Chaz ● 4:00 Reminisce:Vintage Magazines	● 9:30 Joyful Movement ● 10:00 Kid City USA Costume Parade ● 11:00 Sing-Along ● 1:00 iN2L: Classic Sitcom ● 1:30 Energy Burst:Noodle Ball ● 2:00 Creative Color ● 3:00 Happy Hour Halloween Costume Contest & Social iN2L: 50's Music ● 4:00 Table Games	All activities and events are subject to change. Please RSVP at the front desk for events in BOLD print.

October 2025
Prema Memory Support



ACTIVITY LOCATOR KEY

● Body
● Community
● Mind
● Spirit

