

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 Tai Chi Class, Connections Café 1:30 IN2L Music or Game 2:00 IN2L BINGO 3:00 Live Music: Olivier Zyngier, Lobby	10:00 Current News 10:30 IN2L Exercise 11:00 Ping Pong 1:30 IN2L Music or Game 2:00 Hand Massage with Aromatherapy 3:00 Movie with Snack 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 Word Search 1:30 IN2L Music or Game 2:00 Balloon Badminton 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:00 Scenic Drive: TBD 10:30 IN2L Tai Chi 11:00 IN2L Trivia 1:00 Piano w/ Natalie, Lobby 1:30 Music, Game, or News 2:00 Book Lovers Day Reading, Lobby 3:00 Movie with Snack
10:00 Current News 10:30 IN2L Chair Yoga 11:00 Spiritual Eldercare 1:30 IN2L Music or Game 2:00 Sing-A-Long 3:00 Movie with Snack 3:00 Violin Concert w/Joie, Lobby	10:00 Current News 10:30 IN2L Exercise 11:00 Flower Power 1:30 IN2L Music or Game 2:00 IN2L BINGO 3:00 Live Music! Bamboo Peru w/ Popcorn	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 1:30 IN2L Music or Game 2:00 Balloon Badminton 3:00 Movie with Snack 3:00 Walking Club 3:30 Drum Fit, Lobby ELECTION DAY	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 Tai Chi Class, Connections Café 1:30 IN2L Music or Game 2:00 IN2L BINGO 3:00 Live Music: Christopher Alexander, Lobby	10:00 Current News 10:30 IN2L Exercise 11:00 Ping Pong 1:30 IN2L Music or Game 2:00 Art & Craft 3:00 Movie with Snack 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 Word Search 1:30 IN2L Music or Game 2:00 Balloon Badminton 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:00 Scenic Drive: TBD 10:30 IN2L Tai Chi 11:00 IN2L Trivia 1:00 Piano w/ Natalie, Lobby 1:30 Music or Game or News 2:00 Balloon Valley Ball 3:00 Dance Party, Lobby VETERANS DAY
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		NOVEMBER 2023 <i>The Gardens</i>			ACTIVITY LOCATOR KEY THRIVING THROUGH MUSIC: Sunday - Thursday 10:30am-12:00pm 2:30pm-4:00pm	