

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10:00 AM Spa Day [B] 10:30 AM Golden Valley Assembly of God [CT] 1:00 PM Bead Art [A] 2:00 PM Game: Connect 4 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Movie Night: I Still Believe [CT]	10:00 AM Bowling League [B] 1:00 PM Game: 2:00 PM Happy Hour & Music [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	9:00 AM Coffee & Donuts [B] 10:00 AM Bible Study: JW Broadcast [CT] 1:00 PM Let's Talk Food W/ Dobry [D] 2:00 PM Poker W/ Tammy [CR] 3:00 PM Book Reading [LB] 6:00 PM Movie Night: Sleepless In Seattle [CT]	9:00 AM News & Views 10:00 AM Coffee & Tea Social [B] 1:00 PM Puzzles [LB] 2:00 PM Magazines [L] 3:00 PM Book Reading [LB] 6:00 PM Evening Stroll: Inside
9:00 AM Coffee & Tea Social [B] 10:00 AM 1:00 PM Sundae Sundays [B] 2:00 PM Worship Service W/ Pastor Keith [CT] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	10:00 AM Getting To Know Me [B] 1:00 PM Recipes W/ Letha [WU] 2:00 PM Mixed Drink Monday & Music [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 Pm Movie Night: A Walk To Remember [CT]	10:00 AM Chair Exercise W/ Joshua Lopez [W] 1:00 PM Shuffle Board [BR] 2:00 PM Paint A Rock For Cecil W/ Kalynn [WU] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	10:00 AM Coffee & Tea Social [B] 10:30 AM Golden Valley Assembly of God [CT] 1:00 PM Pop The Pumpkin 2:00 PM Cookie Decorating [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Movie Night: The Fault In Our Stars [CT]	9:30 AM Making Frozen Margarita Mousse W/ Kalynn [WU] 1:00 PM Bowling League [B] 2:00 PM Happy Hour & Music [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	9:00 AM Coffee & Tea Social [B] 10:00 AM Bible Study: JW Broadcast [CT] 1:00 PM Puzzles [LB] 2:00 PM Poker W/ Tammy [CR] 3:00 PM Book Reading [LB] 6:00 PM Movie Night: Mona Lisa Smile [CT]	9:00 AM News & Views 10:00 AM Coffee & Tea Social [B] 1:00 PM Puzzles [LB] 2:00 PM Magazines [L] 3:00 PM Book Reading [LB] 6:00 PM Evening Stroll: Inside
9:00 AM Coffee & Tea Social [B] 10:00 AM 1:00 PM Sundae Sundays [B] 2:00 PM Worship Service W/ Pastor Keith [CT] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	10:00 AM 1:00 PM Memory Game 2:00 PM Mixed Drink Monday & Music [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 Pm Movie Night: Sweet Home Alabama [CT]	10:00 AM Chair Exercise W/ Joshua Lopez [W] 11:00 AM Outing: Culver's 2:00 PM Paint A Rock For Cecil W/ Kalynn [WU] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	10:00 AM Spa Day [B] 10:30 AM Golden Valley Assembly of God [CT] 1:00 PM Sip & Paint [B] 2:00 PM Game: Tic-Tac-Toe 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Movie Night: Midnight In Paris [CT]	10:00 AM Bowling League [B] 1:00 PM Town Hall Meeting [D] 2:00 PM Happy Hour & Music [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	9:00 AM Coffee & Donuts [B] 10:00 AM Bible Study: JW Broadcast [CT] 1:00 PM Puzzles [LB] 2:00 PM Poker W/ Tammy [CR] 3:00 PM- 7:00 PM Mingle Jingle 6:00 PM Movie Night: Left Upside Down [CT]	9:00 AM News & Views 9:00 AM- 3:00 PM Mingle Jingle 10:00 AM Coffee & Tea Social [B] 1:00 PM Puzzles [LB] 3:00 PM Book Reading [LB] 6:00 PM Evening Stroll: Inside
9:00 AM Coffee & Tea Social [B] 10:00 AM 1:00 PM Sundae Sundays [B] 2:00 PM Worship Service W/ Pastor Keith [CT] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	10:00 AM Making Hot Coco Bombs [B] 1:00 PM Recipes W/ Letha [WU] 2:00 PM Mixed Drink Monday & Music [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 Pm Movie Night: Funny Thing About Love [CT]	10:00 AM Chair Exercise W/ Joshua Lopez [W] 1:00 PM Thankful Leaf [B] 2:00 PM Paint A Rock For Cecil W/ Kalynn [WU] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	10:00 AM Spa Day [B] 10:30 AM Golden Valley Assembly of God [CT] 1:00 PM Game: Shoot The Turkey 2:00 PM Game; Giant Jenga 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Movie Night: The Book Thief [CT]	10:00 AM Bowling League [B] 1:00 PM Bingo [B] 2:00 PM Happy Hour & Music [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside  Thanksgiving	9:00 AM Coffee & Tea Social [B] 10:00 AM Bible Study: JW Broadcast [CT] 1:00 PM Puzzles [LB] 2:00 PM Poker W/ Tammy [CR] 3:00 PM Book Reading [LB] 6:00 PM Movie Night: Belle [CT]	9:00 AM News & Views 10:00 AM Coffee & Tea Social [B] 1:00 PM Puzzles [LB] 2:00 PM Magazines [L] 3:00 PM Book Reading [LB] 6:00 PM Evening Stroll: Inside
9:00 AM Coffee & Tea Social [B] 10:00 AM 1:00 PM Sundae Sundays [B] 2:00 PM Worship Service W/ Pastor Keith [CT] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	10:00 AM Popcorn Bar Social [B] 1:00 PM Game: What Did It Cost 2:00 PM Mixed Drink Monday & Music [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 Pm Movie Night: Corsage [CT]	10:00 AM Chair Exercise W/ Joshua Lopez [W] 11:00 AM Outing: Rutherford's 66 Diner 2:00 PM Paint A Rock For Cecil W/ Kalynn [WU] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside	10:00 AM Spa Day W/ Serenity Hospice [WU] 10:30 AM Golden Valley Assembly of God [CT] 1:00 PM Game: Horse Shose 2:00 PM Birthday Celebration [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Movie Night: Dream Horse [CT]	10:00 AM Bowling League [B] 1:00 PM Bingo [B] 2:00 PM Happy Hour & Music [B] 3:00 PM Thrive Cart W/ Kalynn [WU] 6:00 PM Evening Stroll: Inside		
<b>NOVEMBER 2023</b>  <b>Independent Living</b>   <b>WHITE CLIFFS</b> SENIOR LIVING <small>A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup></small>		<b>ACTIVITY LOCATOR KEY</b>  Chapel/Theater [CT]  Billiard Room [BR]  Watermark University [WU]	Bistro [B]  Activities Room [A]  Dinning Room [D]  Card Room [CR]	Lobby [L]  Library [LB]  Wellness Room [W]  Patio [P]	Gazebo [G]  Court Yard [CY]	