


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 AM Chair Exercise 11:00 AM Golden Valley Assembly of God 3:00 PM Short Story	9:30 AM Chair Exercise 11:00 AM Bingo 3:00 PM Happy Hour & Music	9:30 AM Chair Exercise 11:00 AM Spa Day 3:00 PM Bowling	9:30 AM Chair Exercise 11:00 AM Little House on the Prairie 3:00 PM Ball Toss
9:30 AM Movie & Popcorn 2:30 PM Sundae Sundays 3:00 PM Games (Guess the Animal)	9:30 AM Chair Exercise 10:30 AM Mix Spices 3:00 PM Bingo	9:30 AM Chair Exercise 11:00 AM Put Together Spice Jars 3:00 PM Drums	9:30 AM Chair Exercise 11:00 AM Golden Valley Assembly of God 3:00 PM Short Story	9:30 AM Chair Exercise 11:00 AM Bingo 3:00 PM Happy Hour & Paint	9:30 AM Chair Exercise 11:00 AM Spa Day 3:00 PM Balloon Swat	9:30 AM Chair Exercise 11:00 AM I Love Lucy 3:00 PM Ball Toss
9:30 AM Movie & Popcorn 2:30 PM Sundae Sundays 3:00 PM Games (Starting Letter)	9:30 AM Chair Exercise 10:30 AM Tea Party 3:00 PM Bingo	9:30 AM Chair Exercise 11:00 AM Craft (Thanksgiving Gnomes) 3:00 PM Darts	9:30 AM Chair Exercise 11:00 AM Golden Valley Assembly of God 3:00 PM Short Story	9:30 AM Chair Exercise 11:00 AM Bingo 3:00 PM Happy Hour & Thanksgiving Craft	9:30 AM Chair Exercise 11:00 AM Spa Day 3:00 PM Drums	9:30 AM Chair Exercise 11:00 AM I Dream of Jeannie 3:00 PM Ball Toss
9:30 AM Movie & Popcorn 2:30 PM Sundae Sundays 3:00 PM Games (3 Words)	9:30 AM Chair Exercise 10:30 AM Tea Party 3:00 PM Bingo	9:30 AM Chair Exercise 11:00 AM Fun Facts 3:00 PM Tic-Tac-Toe	9:30 AM Chair Exercise 11:00 AM Golden Valley Assembly of God 3:00 PM Short Story	9:30 AM Chair Exercise 11:00 AM Bingo 3:00 PM Happy Hour & Shoot the Turkey  Thanksgiving	9:30 AM Chair Exercise 11:00 PM Spa Day 3:00 PM Bowling	9:30 AM Chair Exercise 11:00 AM Gilligan's Island 3:00 PM Ball Toss
9:30 AM Movie & Popcorn 2:30 PM Sundae Sundays 3:00 PM Games (All About Me)	9:30 AM Chair Exercise 10:30 AM Tea Party 3:00 PM Bingo	9:30 AM Chair Exercise 11:00 AM Fun Facts 3:00 PM Drums	9:30 AM Chair Exercise 11:00 AM Golden Valley Assembly of God 2:30 PM Birthday Celebration 3:00 PM Short Story	9:30 AM Chair Exercise 11:00 AM Bingo 3:00 PM Happy Hour & Music		
NOVEMBER 2023 Memory Care  WHITE CLIFFS SENIOR LIVING A WATERMARK RETIREMENT COMMUNITY <sup>SM</sup>		ACTIVITY LOCATOR KEY				