

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar Key: Bus Trips: Sign up at the Front Desk for any bus outings. W.U. : Watermark University, educational programming. Italics: Entertainer performance			Morning: 10:00 Zumba Fitness (AR) 10:30 All Saints Holy Day Mass (CH) Afternoon: 1:30 Bingo Bash (CR) 2:30 Gardens Baking Club (AR) Evening: 6:15 Creative Coloring (AR) 1	Morning: 10:00 Chair Aerobics (AR) 10:45 Riddles Gathering (AR) Afternoon: 2:00 Bingo Bash (CR) 3:15 Thanksgiving Pictures (AR) Evening: 6:15 Thursday Night Movie (AR) 2	Morning: <i>9:45 Music Sing Along with Katie (AR)</i> 10:45 Silver Sneaker Exercise (AR) Afternoon: 1:30 W.U. National Jersey Day (MR) 2:30 Happy Friday! Let's have a Pumpkin Pie Milkshake (AR) Evening: 6:15 Holiday Movie (AR) 3	Morning: 10:45 Morning Exercise with Elena (AR) 11:15 Creative Coloring (AR) Afternoon: 1:30 Concierge Social (Front Desk) 2:30 Jeopardy Time! (AR) Evening: 6:15 Saturday Night Movie Night (AR) 4
Morning: 9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) Afternoon: 1:30 Bingo Bash (CR) 2:30 W.U. November National Events (MR) Evening: 6:15 Sunday Movie Night (AR) 5	Morning: 10:00 This week in History (MR) 10:30 Active Yoga (AR) Afternoon: 1:30 W.U. History of Thanksgiving (MR) 2:30 Tea Party Social (BGL) Evening: 6:15 Hallmark Special (AR) 6	Morning: 10:00 Sit and be Fit Exercise (AR) 11:00 Church Service with Pastor Angelo (CH) Afternoon: 1:30 Manicures and Tunes (AR) 3:15 Meditation Session (AR) Evening: 6:15 Carol Burnett Show (AR) 7	Morning: 10:00 Zumba Fitness (AR) 10:45 Wii Sports (AR) Afternoon: 1:30 Bingo Bash (CR) 3:15 Hand Massages (AR) Evening: 6:15 Creative Coloring (AR) 8	Morning: 10:00 Chair Aerobics (AR) <u>10:45 Lunch outing to Genesee Brew House (Front Desk)</u> Afternoon: 1:30 W.U. Art Class with Diana (AS) 2:00 Bingo Bash (CR) 2:30 Pet Visit with Tug (AR) Evening: 6:15 Thursday Night Movie (AR) 9	Morning: <i>9:45 Music Sing Along with Katie (AR)</i> 10:45 Silver Sneaker Exercise (AR) Afternoon: 1:30 Thanksgiving Reminiscing (AR) 2:30 Happy Friday! Let's have a Pumpkin Spice Latte (AR) Evening: 6:15 Holiday Movie (AR) 10	Morning: 10:45 Morning Exercise with Elena (AR) 11:15 Veterans Day Sing a long (AR) Afternoon: 2:30 Veterans Day Tribute (MR) 3:00 Veterans Day Craft (AS) Evening: 6:15 Saturday Night Movie Night (AR) 11
Morning: 9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) Afternoon: 1:30 Bingo Bash (CR) 3:00 November Trivia (AR) Evening: 6:15 Sunday Movie Night (AR) 12	Morning: 10:00 This week in History (MR) 10:30 Active Yoga (AR) Afternoon: 1:30 W.U. November National World Kindness Day (MR) 3:00 Thrive by Music Programming (AR) Evening: 6:15 Hallmark Special (AR) 13	Morning: 10:00 Sit and be Fit Exercise (AR) 10:45 Family Feud Game! (AR) Afternoon: 1:30 Thanksgiving Crafts (AR) <i>2:30 Tom Dunn Musical Entertainment (LR)</i> Evening: 6:15 Carol Burnett Show (AR) 14	Morning: 10:00 Zumba Fitness (AR) 10:45 Wii Sports (AR) Afternoon: 1:30 Bingo Bash (CR) 3:15 Current Events Social (AR) Evening: 6:15 Creative Coloring (AR) 15	Morning: 10:00 Chair Aerobics (AR) 10:45 Common Sense Test (AR) Afternoon: 2:00 Bingo Bash (CR) 3:30 Holy Rosary (AR) Evening: 6:15 Thursday Night Movie (AR) 16	Morning: <i>9:45 Music Sing Along with Katie (AR)</i> 10:45 Silver Sneaker Exercise (AR) Afternoon: 1:30 Holiday Name that Tune (AR) 2:30 Banana Bread Day! (AR) Evening: 6:15 Holiday Movie (AR) 17	Morning: 10:45 Morning Exercise with Elena (AR) 11:15 Creative Coloring (AR) Afternoon: 1:30 Concierge Social (Front Desk) 3:00 Bean Bag Toss (AR) Evening: 6:15 Saturday Night Movie Night (AR) 18
Morning: 9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) Afternoon: 1:30 Bingo Bash (CR) 2:30 Hot Coco Social (AR) Evening: 6:15 Sunday Movie Night (AR) 19	Morning: 10:00 This week in History (MR) 10:30 Active Yoga (AR) Afternoon: 1:30 W.U. History of Black Friday! (MR) 3:00 V.R. Social (AR) Evening: 6:15 Hallmark Special (AR) 20	Morning: 10:00 Sit and be Fit Exercise (AR) 11:00 Church Service with Pastor Angelo (CH) Afternoon: 1:30 W.U. Amish Thanksgiving (AR) 3:00 Jenga Game (AR) Evening: 6:15 Carol Burnett Show (AR) 21	Morning: 10:00 Zumba Fitness (AR) 10:45 Manicures with Elena (AR) Afternoon: 1:30 Bingo Bash (CR) 3:00 Gratitude Circle (AR) Evening: 6:15 Creative Coloring (AR) 22	Morning: 10:00 Thanksgiving Boot Camp Exercise (MR) 10:45 Cranberry Landing Baking Club (AR) Afternoon: 1:30 Thanksgiving Macy Day Parade (MR) 2:30 Hot Coco Social (Front Desk) Evening: 6:15 Holiday Movie Night (MR) 23	Morning: <i>9:45 Music Sing Along with Katie (AR)</i> 10:45 Silver Sneaker Exercise (AR) Afternoon: 1:30 W.U. Holiday Traditions (AR) 2:30 Happy Friday! Let's have a Margarita (AR) Evening: 6:15 Holiday Movie Night (AR) 24	Morning: 10:45 Morning Exercise with Elena (AR) 11:15 Jogging the Noggin (AR) Afternoon: 1:30 Concierge Social (Front Desk) 3:00 Biking in Miami (AR) Evening: 6:15 Saturday Night Movie Night (AR) 25
Morning: 9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) Afternoon: 1:30 Bingo Bash (CR) 3:30 Cranberry Landing Walking Club (AR) Evening: 6:15 Sunday Movie Night (AR) 26	Morning: 10:00 This week in History (MR) 10:45 Active Yoga (AR) Afternoon: 1:30 W.U. Christmas Traditions Around Europe (MR) 3:00 Drum Fitness (AR) Evening: 6:15 Hallmark Special (AR) 27	Morning: 10:00 Sit and be Fit Exercise (AR) 10:45 Jeopardy Social (AR) Afternoon: 1:30 CHRISTMAS TREE DECORATING (Front Lobby) 3:30 Meditation Session (AR) Evening: 6:15 Carol Burnett Show (AR) 28	Morning: 10:00 Zumba Fitness (AR) 10:45 Gardens Christmas Tree Decorating (AR) Afternoon: 1:30 Bingo Bash (CR) 2:30 W.U. End Of Alzheimer (MR) Evening: 6:15 Creative Coloring (AR) 29	Morning: 10:00 Chair Aerobics (AR) 10:45 Christmas Trivia (AR) Afternoon: 1:30 W.U. Art Class with Diana (AS) 2:00 Bingo Bash (CR) Evening: 6:15 Holiday Movie Night (AR) 30	Morning: <i>9:45 Music Sing Along with Katie (AR)</i> 10:45 Silver Sneaker Exercise (AR) Afternoon: 1:30 Card Game (AR) 2:30 Happy Friday! Let's have a Holiday Shake! (AR) Evening: 6:15 Holiday Movie Night (AR) 31	Happy Birthday!: Mary D- 11/06 Mike M- 11/12 David T- 11/26 Jane K- 11/26 Josephin K- 11/27 Margaret D- 11/27
NOVEMBER 2023- GARDENS 		ACTIVITY LOCATOR KEY SR- Sensory Room BGL- Balcony Garden Lounge	CR- Card Room MR- Media Room CH- Chapel	CH- Chapel AL- Activities Lounge LR- Living Room AR- Activity Room	Matthew Bailey Community Life Director Legacy at Cranberry Landing 300 Cranberry Landing Drive (585) 244-3630	