

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar Key: Bus Trips: Sign up at the Front Desk for any bus outings. W.U. : Watermark University, educational programming. Italics: Entertainer performance			10:00 Zumba Fitness (MR) 10:30 All Saints Holy Day Mass (CH) 10:45 Wii Sports (MR) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (CR) 2:30 Thanksgiving Photo Shoot (BGL) 3:30 Traveling to Las Vegas (MR) 6:30 Creative Coloroing (CR) 1	10:00 Chair Aerobics (MR) <u>10:30 Bus Outing to Dollar Tree (Front Lobby)</u> 1:30 Bible Study with Lighthouse Church (CH) 2:00 Bingo Bash (CR) 3:15 Happy Hour Gathering (BGL) 6:15 Thursday Movie Night (MR) 2	10:00 Gratitude Circle (MR) <i>10:45 Music Sing Along with Katie (LR)</i> 1:30 W.U. National Jersey Day (MR) 2:30 Happy Friday! Let's have a Pumpkin Pie Milkshake (BGL) 3:30 Silver Sneaker Exercise (MR) 6:30 Friday Night Movie Night (MR) 3	10:00 Morning Exercise with Elena (MR) 10:45 Cranium Crunches-Thanksgiving (CR) 1:30 Concierge Social (Front Desk) 2:30 Thanksgiving Reminiscing (MR) 3:30 Ducking for Darts (CR) 6:15 Saturday Movie Night (MR) 4
9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) 11:00 Cranium Crunches- Crosswords (CR) 1:30 Bingo Bash (CR) 2:30 W.U. November National Events (MR) 3:30 Cranberry Landing Walking Club (Front Lobby) 6:15 Sunday Night Jogging g the Noggin worksheets (CR) 5	10:00 This Week in History (MR) 10:45 Active Yoga (MR) 1:30 W.U. History of Thanksgiving (MR) 2:30 Tea Party Social (BGL) 3:15 Spa Session with Shannon (CR) 3:30 WFK Updates (LR) 6:15 Hallmark Special (MR) 6	10:00 Sit and Be Fit Exercise (MR) 10:45 Fall Baking Club (BGL) 11:00 Church Service with Pastor Angelo (CH) 1:30 Resident Dining Meeting with John (IDR) 2:30 V.R. Social (MR) 3:30 Meditation Session (MR) 6:15 Tuesday Night Lucy Show (MR) 7	10:00 Zumba Fitness (MR) 10:45 Give Thanks Month (MR) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (CR) 2:30 Boccee Ball Gathering (MR) 3:30 Traveling to the Caribbean (MR) 6:30 Creative Coloring (CR) 8	10:00 Chair Aerobics (MR) 10:30 Are you smarter than a 5th grader? <u>10:45 Lunch outing to Genesee Brew House (Front Desk)</u> 1:30 W.U. Art Class with Diana (AS) 2:00 Bingo Bash (CR) 2:30 Pet Visit with Tug (CR) 3:15 Happy Hour Gathering (BGL) 6:15 Thursday Movie Night (MR) 9	10:00 Gratitude Circle (MR) <i>10:45 Music Sing Along with Katie (LR)</i> 1:30 Shake Loose a Holiday Memory (MR) 2:30 Happy Friday! Let's have a Pumpkin Spice Latte (BGL) 3:30 Silver Sneaker Exercise (MR) 6:30 Friday Night Movie Night (MR) 10	10:00 Morning Exercise with Elena (MR) 10:45 Cranium Crunches- Chain Reaction (MR) 1:30 Concierge Social (Front Desk) 2:30 Veterans Day Tribute (MR) 3:00 Veterans Day Craft (AS) 6:15 Saturday Movie Night (MR) 11
9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) 11:00 Cranium Crunches- Crosswords (CR) 1:30 Bingo Bash (CR) 2:30 November Trivia- (MR) 3:30 Cranberry Landing Walking Club (Front Lobby) 6:15 Sunday Night Jogging g the Noggin worksheets (CR) 12	10:00 This Week in History (MR) 10:45 Active Yoga (MR) 1:30 W.U. November National World Kindness Day (MR) 2:30 Uno Card Game (CR) 3:30 Holy Rosary (MR) 6:15 Hallmark Special (MR) 13	10:00 Sit and Be Fit Exercise (MR) 10:45 Ping Pong (BGL) 1:30 Plinko (MR) <i>2:30 Tom Dunn Musical Entertainment (LR)</i> 3:30 Meditation Session (MR) 6:15 Tuesday Night Lucy Show (MR) 14	10:00 Zumba Fitness (MR) 10:45 Give Thanks Month (MR) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (CR) 2:30 Current Events (MR) 3:30 Traveling to Thanksgiving Towns (MR) 6:30 Creative Coloring (CR) 15	10:00 Chair Aerobics (MR) <u>10:45 Bus outing to 5 and Below (Front Lobby)</u> 11:00 Price is Right! (MR) 1:30 Pool Table Gathering (Pool Table) 2:00 Bingo Bash (CR) 3:15 Happy Hour Gathering (BGL) 6:15 Thursday Movie Night (MR) 16	10:00 Gratitude Circle (MR) <i>10:45 Music Sing Along with Katie (LR)</i> 1:30 Holiday Name that Tune (MR) 2:30 Happy Friday! Let's have a mint hot chocolate (BGL) 3:30 Silver Sneaker Exercise (MR) 6:30 Friday Night Movie Night (MR) 17	10:00 Morning Exercise with Elena (MR) 10:45 Cranium Crunches-USA Trivia (MR) 1:30 Concierge Social (Front Desk) 2:30 W.U. Canadian Thanksgiving (MR) 3:30 Table Top Puzzles (CR) 6:15 Saturday Movie Night (MR) 18
9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) 11:00 Cranium Crunches- Crosswords (CR) 1:30 Bingo Bash (CR) 2:30 Hot coco Social (BGL) 3:30 Cranberry Landing Walking Club (Front Lobby) 6:15 Sunday Night Jogging g the Noggin worksheets (CR) 19	10:00 This Week in History (MR) 10:45 Active Yoga (MR) 1:30 W.U. History of Black Friday! (MR) 2:30 Toss and Talk (MR) 3:30 Drum Fitness Gathering (MR) 4:00 Ping Pong Game (MR) 6:15 Hallmark Special (MR) 20	10:00 Sit and Be Fit Exercise (MR) 10:45 Thanksgiving Baking Club (BGL) 11:00 Church Service with Pastor Angelo (CH) 1:30 Resident Dining Meeting with John (IDR) 2:30 W.U. Amish Thanksgiving (MR) 3:30 Meditation Session (MR) 6:15 Tuesday Night Lucy Show (MR) 21	10:00 Zumba Fitness (MR) 10:45 Give Thanks Month (MR) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (CR) 2:30 Jenga Game Time (CR) 3:30 Traveling to Christmas Towns (MR) 6:30 Creative Coloring (CR) 22	Happy Thanksgiving! 10:00 Thanksgiving Boot Camp Exercise (MR) 10:45 Thanksgiving Cookies Decorating (BGL) 1:30 Thanksgiving Macy Day Parade (MR) 2:30 Hot Coco Social (Front Desk) 6:15 Holiday Movie Night (MR) 23	10:00 Gratitude Circle (MR) 10:45 Music Sing Along with Katie (LR) 1:30 W.U. Black Friday 2023 (MR) 2:30 Happy Friday! Let's have a Holiday Margarita (BGL) 3:30 Silver Sneaker Exercise (MR) 6:30 Friday Night Movie Night (MR) 24	10:00 Morning Exercise with Elena (MR) 10:45 Cranium Crunches-Christmas Trivia (MR) 1:30 Concierge Social (Front Desk) 2:30 Billiards Social (MR) 3:30 Biking in Miami (MR) 6:15 Saturday Movie Night (MR) 25
9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) 11:00 Cranium Crunches- Crosswords (CR) 1:30 Bingo Bash (CR) 2:30 Jenga Social (CR) 3:30 Cranberry Landing Walking Club (Front Lobby) 6:15 Sunday Night Jogging g the Noggin worksheets (CR) 26	10:00 This Week in History (MR) 10:45 Active Yoga (MR) 1:30 W.U. Christmas Traditions Around Europe (MR) 2:30 Table Top Puzzle Social (CR) 3:30 Holy Rosary (MR) 6:15 Hallmark Special (MR) 27	10:00 Sit and Be Fit Exercise (MR) 10:45 Jeopardy Social (MR) 1:30 CHRISTMAS TREE DECORATING (Front Lobby) 3:30 Meditation Session (MR) 6:15 Tuesday Night Lucy Show (MR) 28	10:00 Zumba Fitness (MR) 10:45 Wii Family Fued (MR) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (CR) 2:30 W.U. End Of Alzheimer (MR) 3:30 Traveling to the "North Pole" (MR) 6:30 Creative Coloring (CR) 29	10:00 Chair Aerobics (MR) 10:45 Debate Time! (MR) <u>1:15 Bus Outing to Planetarium (Front Lobby)</u> 2:30 Cranium Crunches- Holiday Word Scramble (MR) 3:30 Dean Martin Holiday Show Live (MR) 6:15 Holiday Movie Night (MR) 30	10:00 Gratitude Circle (MR) 10:45 Music Sing Along with Katie (LR) 1:30 Holiday Guess Who (MR) 2:30 Happy Friday! Let's have a Holiday Shake (BGL) 3:30 Silver Sneaker Exercise (MR) 6:30 Friday Night Movie Night (MR) 31	Happy Birthday!: Mary D- 11/06 Mike M- 11/12 David T- 11/26 Jane K- 11/26 Josephin K- 11/27 Margaret D- 11/27
NOVEMBER 2023  LEGACY AT CRANBERRY LANDING A WATERMARK RETIREMENT COMMUNITYSM		ACTIVITY LOCATOR KEY ILD- Independent Living Dining Room BGL- Balcony Garden Lounge	CR- Card Room MR- Media Room CH- Chapel	CH- Chapel AL- Activities Lounge LR- Living Room	Matthew Bailey Community Life Director Legacy at Cranberry Landing 300 Cranberry Landing Drive (585) 244-3630	