

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
9:45 Spiritual Music Offering (BR) 2 10:15 Communion Services (BR) 10:30 Mass in DC Basilica (BR) 1:00 Brain Game: Giant Cross Word (TVR) 2:00 Outreach Ministries (BR) 3:00 Bingo Bonanza with Candy (1FAR)	9:45 Sit Down Soccer Exercise 3 10:30 Journaling Reflections: What Challenges you (LB) 1:30 Eye on Art: Watercolors of the Season (1FAR) 2:00 Book Lover Club : Library visit (LB) 3:00 Fall Trivia Challenge and Banana Muffins (1FAR)	Election Day 4 9:45 Happy Trails Walking Club: Mall (LBR) 11:00 Bible Discussion with Mrs. Grady (BR) 1:00 Watermark University: Nemours Hospital Crafting Corner (BR) 3:30 Social Hour: Cocktails & Mocktails (TVR)	5 9:45 Ball Fitness Exercise 10:30 360 Wellness Workshop: Your brain will not be the same with Sharon (BR) 1:00 Brain Game: Word within a word (BR) 2:00 Bayada Fun & Fit Workout Class (BR) 3:00 Ice Cream Social Gathering with Chocolate Cookies (BR)	6 10:00 Linvilla Orchards Farm (LBR) 10:30 Insightful Talk with Tim T. (1FAR) 1:00 Brain Games: Name 10 Game (1FAR) 2:00 WU Eye on Art: Harvest Cornucopia Centerpiece (1FAR) 3:00 Social Hour: Cozy afternoon of Coco and Marshmallow Treats (1FAR)	9:45 Ball Toss Rally (1FAR) 10:30 Bingo Bonanza with Candy (BR) 1:00 Holiday Tree Decorating (BR) 3:00 Harvest Trivia and Happy Hour (BR)
9:45 Ball Fitness Exercise Class (1FAR) 9 9:45 Spiritual Music Offering (BR) 10:15 Communion Services (BR) 10:30 Mass in DC Basilica (BR) 1:00 Cornhole Game (1FAR) 2:00 Reverend Dorman Speaks (BR) 3:30 Sunday Cinema: First 50 Dates (BR)	9:45 Sit Down Soccer Exercise 10 10:30 Bayada Health Talk: Diabetes Healthy Habits (BR) 10:30 Journaling Reflections: New Experiences (LB) 1:00 Documentary: How to design a creative Life (BR) 1:30 Book Lover Club (LB) 3:00 Social Hour: Cocktails & Mocktails (BR)	Veterans Day 11 9:45 Happy Trails Walking Club: Mall (LBR) 11:00 Bible Discussion with Mrs. Grady (BR) 1:30 Veteran's Day Celebration (BR) 2:30 Carol Regan performs (BR)	12 9:45 Pool noodle Workout Exercise 11:00 Brain Games: Name 10 Game (BR) 1:00 Book Lover Club (LB) 2:00 Bayada Fun & Fit Workout Class (BR) 3:00 Ice Cream Social: Pumpkin Ice Cream (BR)	13 9:45 Power Weight Exercise (1FAR) 10:30 Insightful Talk with Tim T. (1FAR) 12:00 Dine-in Movie Theater (TVR) 3:00 Social Hour: Cocktails, Mocktails and Music (1FAR)	9:45 Morning Move and groove Exercise (1FAR) 1 10:30 Festival of Lights: Brantwyn Estates (LBR) 2:00 Festival of Trees Event at Brantwyn Estates (LBR) 3:30 Friday Flic: The Night at the Museum (BR)
9:45 Relaxed Seated Tai Chi (TVR) 16 9:45 Spiritual Music Offering (BR) 10:15 Communion Services (BR) 10:30 Mass in DC Basilica (BR) 1:00 Ball Fitness Exercise Class (1FAR) 2:00 Reverend Gloria (LBR) 3:00 Mini Golf Game (LBR)	9:45 Pool noodle Workout Exercise 17 10:30 Journaling Reflections (LB) 1:00 Model Train Display: Brandywine River Museum (LBR) 1:00 Monday Matinee: Boys in the Boat (TVR) 3:30 Name that tune Game (1FAR)	18 10:00 Brunch -First Watch Restaurant (LBR) 11:00 Bible Discussion with Mrs. Grady (BR) 1:00 WU Creative Baking: Cutout Gingerbread Cookies (1FAR) 3:00 Music and Manicures (1FAR)	19 9:45 Seated Yoga Exercise 11:00 Activity, Food, Resident Council Meeting (1FAR) 1:00 Comedy Hour: TV Classics (BR) 2:00 Bayada Fun & Fit Workout Class (BR) 3:00 Ice Cream Social Gathering (BR)	20 9:45 Balloon Badminton Game 10:30 Insightful Talk with Tim T. (1FAR) 3:00 Brain Games: Word within a Word (1FAR) 5:30 Thanksgiving Day Dinner and Guests (DR)	9:45 Sit Down Soccer Game (BR) 2 10:30 Fairfax Shopping (LBR) 1:00 WU Documentary: Origin of the First Thanksgiving (TVR) 2:00 New Residents Welcome Gathering (1FAR) 3:30 Friday Flic: Hallmark Holiday with popcorn (BR)
9:45 Spiritual Music Offering (BR) 23 10:15 Communion Services (BR) 10:30 Mass in DC Basilica (BR) 1:30 Brain Game: Giant Cross Word (TVR) 2:00 Reverend Gloria (BR) 3:00 Sunday Cinema: Romanic Comedy (BR)	9:45 Sit Down Soccer Exercise 24 10:15 Dollar Store Shopping (LBR) 1:00 360 Wellness: Listening with Curiosity Workshop with Sharon (BR) 1:00 Book Lover Club (LB) 3:00 Social Hour: Cocktails, Mocktails and Music (BR)	25 9:45 Happy Trails Walking Club: Mall (LBR) 11:00 Bible Discussion with Mrs. Grady (BR) 1:30 Zen Care: Hand and Shoulder Massages 3:00 Scenic Drive (LBR)	26 9:45 Power Weight Exercise 10:30 Fall Trivia Challenge (LL) 11:00 WU: Creative Holiday Cookies (1FAR) 2:00 Bayada Fun & Fit Workout Class (BR) 3:00 Friendsgiving and Birthday Party Celebration (BR)	Thanksgiving Day 27 9:45 Pool Noodle Workout Exercise (1S) 10:30 Insightful Talk with Tim T. (1FAR) 12:00 Thanksgiving Day Lunch (DR) 1:00 Thanksgiving Bingo (1FAR) 3:00 Thursday Matinee: Hallmark Holiday	Black Friday 2 9:45 Yoga: Slow Flow Breathe (BR) 11:00 Family Feud Game (1FAR) 1:00 WU Documentary: Holidays Celebration worldwide (BR) 3:00 Bingo Bonanza with Candy (1FAR)
9:45 Spiritual Music Offering (BR) 30 10:15 Communion Services (BR) 10:30 Mass in DC Basilica (BR) 1:00 Word within a Word Game (BR) 2:00 Reverend Gloria (BR) 3:00 Bingo Bonanza with Candy (1FAR)					

Activity Locator Key:

LBR = Lobby Reception	VR = 2nd Floor Veteran's Room
BR = Brandywine Room	PTO = 1st Floor Outside Patio
AR = 1st Floor Activity Room	DR = 1st Floor Dining Room
TVR = 2nd Floor TV Room/Movie	
LB = 3rd Floor Library	

Lets Celebrate Birthdays:

RONALD "Ron" F. – 2nd
 Martin C. – 4th
 Lois P. – 15th
 Barbara G. – 18th
 ELIZABETH P. – 19th
 Joanne M. – 24th
 Joseph M. – 27th
 Patricia "Trish" S. – 27th
 Richard H. – 27th
 Stephanie Y. – 29th

November 202

Assisted Living