

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						● 9:30 Fitness Fun: Hasfit Aerobics and Strength (BR) ● 10:30 Brain Aerobics (BR) ● 1:00 Craft Corner: Mosaic Gnomes (BR) ● 1:00 Saturday Movie Matinee (CR) ● 3:30 Happy Hour w/Music (CB) ● 6:00 Nightly Cinema (CR) 1
● 9:30 Fitness Fun: Yoga Stretch ● 10:30 Televised Catholic Service (CB) ● 10:30 Televised Worship Service (CR) ● 1:30 Range of Motion: Tai Chi (BR) ● 2:30 Gratitude Tree (BR) ● 3:30 Sunday Happy Hour (CB) ● 6:00 Nightly Cinema (CR) 2	● 9:30 Fitness Fun: Hasfit Aerobics and Strength (BR) ● 10:15 Brain Aerobics: Scrabble ● 1:30 WU: DAPS presents Move, Laugh, Connect (CR) ● 2:30 Music with Mark: Classical Piano (L) ● 3:30 Happy Hour with Music (CB) ● 6:00 Nightly Cinema (CR) 3	● 9:30 Chair Yoga Dancing plus Balance (BR) ● 10:30 Family Fued (CR) ● 10:30 WU: Prayer & Bible Discussion (TR) ● 1:30 Witty Word Play (BR) ● 3:30 Happy Hour /Sweet Bingo (CB) ● 6:00 Nightly Cinema (CR) 4	● Bridge Outing ● 9:30 Fitness Fun: Chair Yoga Strength ● 10:30 WU: National Geo Series: World Geography and Cultures (CR) ● 1:30 Connect Four Game (BR) ● 2:30 Lucky Dog Card Game (BR) ● 3:30 The Daily Splash: What was the Name of that Tune? (CB) ● 6:00 Nightly Cinema (CR) 5	● 9:30 Total Body Workout with Sharon plus Balance (BR) ● 10:00 Dallas Arboretum Outing ● 10:15 WU:Paths of Promise (CR) ● 2:30 Musical Notes with Julie Free (L) ● 3:30 Are You Smarter than a Sixth Grader Pub Quiz, Happy Hour (TB) ● 6:00 Nightly Cinema (CR) 6	● 9:30 Chair Yoga Dancing (BR) ● 9:30 Move & Bloom (BR) ● 1:30 Connect Four Game (BR) ● 2:30 Word Search (BR) ● 3:30 Happy Hour /Pokeno Game (CB) ● 6:00 Nightly Cinema (CR) 7	● 9:30 Fitness Fun: Hasfit Aerobics and Strength (BR) ● 10:30 Brain Aerobics (BR) ● 12:00 Violin Concert W\ Jane (L) ● 1:00 Craft Corner: Daffodil Broach (BR) ● 1:00 Saturday Movie Matinee (CR) ● 3:30 Happy Hour w/Music (CB) ● 6:00 Nightly Cinema (CR) 8
● 9:30 Fitness Fun: Yoga Stretch ● 10:30 Televised Catholic Service (CB) ● 1:00 Fall/Gratitude Crafts (BR) ● 2:30 Word Search Mania (BR) ● 3:30 Sunday Happy Hour (CB) ● 6:00 Nightly Cinema (CR) 9	● 9:30 Fitness Fun: Hasfit Aerobics and Strength (BR) ● 10:15 Brain Aerobics: Scrabble ● 1:30 WU: For Love and Art (CR) ● 1:30 WU: DAPS presents Move, Laugh, Connect (CR) ● 2:30 Lucky Dog Card Game (BR) ● 3:30 Happy Hour with Music (CB) ● 3:30 Happy Hour with Music (CB) ● 6:00 Nightly Cinema (CR) 10	● 9:30 Chair Yoga Dancing plus Balance (BR) ● 10:30 WU: Jennifer Golden, RPh. Wellness This Season (BR) ● 10:30 WU: Prayer & Bible Discussion (TR) ● 1:30 Witty Word Play (BR) ● 2:30 WU: Current Events w/ Randy Mayeux (CR) ● 3:30 Happy Hour /Sweet Bingo (CB) ● 6:00 Nightly Cinema (CR) 11	● Bridge Outing ● 9:30 Fitness Fun: Chair Yoga Strength ● 9:30 Human Rights Museum (BUS) ● 10:15 WU Geography: Travelogue w/Beccye (CR) ● 1:30 Connect Four Game (BR) ● 1:30 WU Learning /Biography Club/Mark Twain (TR) ● 2:30 Lucky Dog Card Game (BR) ● 3:30 The Daily Splash: What was the Name of that Tune? (CB) ● 6:00 Nightly Cinema (CR) 12	● 9:30 Total Body Workout with Sharon plus Balance (BR) ● 10:15 WU:Paths of Promise (CR) ● 1:30 WU:Silver Sneakers w/Tina (BR) ● 3:30 Are You Smarter than a Sixth Grader Pub Quiz, Happy Hour (TB) ● 6:00 Music Appreciation w/Norris Perry (L) 13	● 9:30 Chair Yoga Dancing (BR) ● 10:15 Brain Aerobics (BR) ● 1:30 Connect Four Game (BR) ● 2:30 Word Search (BR) ● 3:30 Happy Hour /Pokeno Game (CB) ● 6:00 Nightly Cinema (CR) 14	● 9:30 Fitness Fun: Hasfit Aerobics and Strength (BR) ● 10:30 Brain Aerobics (BR) ● 1:00 Saturday Movie Matinee (CR) ● 1:30 Craft Corner: Button Day (BR) ● 2:30 Witty Word Play ● 3:30 Happy Hour w/Music (CB) ● 6:00 Nightly Cinema (CR) 15
● 9:30 Fitness Fun: Yoga Stretch ● 10:30 Televised Catholic Service (CB) ● 1:30 Range of Motion: Tai Chi (BR) ● 2:30 Gratitude Project (BR) ● 3:30 Sunday Happy Hour (CB) ● 6:00 Nightly Cinema (CR) 16	● 9:30 Fitness Fun: Hasfit Aerobics and Strength (BR) ● 10:15 Brain Aerobics: Scrabble ● 1:30 WU: DAPS presents Move, Laugh, Connect (CR) ● 2:30 Music with Krystal Rodriguez (L) ● 3:30 Happy Hour with Music (CB) ● 3:30 Happy Hour with Music (CB) ● 6:00 Nightly Cinema (CR) 17	● 9:30 Chair Yoga Dancing plus Balance (BR) ● 10:30 Brain Aerobics (BR) ● 10:30 WU: Prayer & Bible Discussion (CR) ● 1:30 MArketing Event W Cyndi (TR) ● 1:30 Resident Council Meeting (CR) ● 3:30 Happy Hour /Sweet Bingo (CB) ● 6:00 Nightly Cinema (CR) 18	● Bridge Outing ● 9:30 Fitness Fun: Chair Yoga Strength ● 10:30 WU: National Geo Series: World Geography and Cultures (CR) ● 1:30 Connect Four Game (BR) ● 1:30 Jewelry Making with Beccye (TR) ● 2:30 Lucky Dog Card Game (BR) ● 3:30 Social Hour: Birthday Happy Hour (CB) ● 3:30 The Daily Splash: What was the Name of that Tune? (CB) ● 6:00 Nightly Cinema (CR) 19	● 9:30 Total Body Workout with Sharon plus Balance (BR) ● 1:30 WU:Silver Sneakers w/Tina (BR) ● 2:30 Music w/Tony Macaroni (L) ● 3:30 Are You Smarter than a Sixth Grader Pub Quiz, Happy Hour (TB) ● 6:00 Nightly Cinema (CR) 20	● 9:30 Chair Yoga Dancing (BR) ● 9:30 Move & Bloom (BR) ● 10:15 Brain Aerobics (BR) ● 11:00 Park Lane Jewelers (L) ● 1:00 360 Well: Fitness Discovery W/ Jay (TR) ● 3:30 Happy Hour /Pokeno Game (CB) ● 6:00 Nightly Cinema (CR) 21	● 9:30 Fitness Fun: Hasfit Aerobics and Strength (BR) ● 10:30 Brain Aerobics (BR) ● 1:00 Craft Corner (BR) ● 1:00 Saturday Movie Matinee (CR) ● 1:30 Craft Corner: This Day in History (BR) ● 2:30 Witty Word Play ● 3:30 Happy Hour w/Music (CB) ● 6:00 Nightly Cinema (CR) 22
● 9:30 Fitness Fun: Yoga Stretch ● 10:30 Televised Catholic Service (CB) ● 1:30 Range of Motion: Tai Chi (BR) ● 2:30 Gratitude Project (BR) ● 3:30 Sunday Happy Hour (CB) ● 6:00 Nightly Cinema (CR) 23	● 9:30 Fitness Fun: Hasfit Aerobics and Strength (BR) ● 10:15 Brain Aerobics: Scrabble ● 1:30 WU: DAPS presents Move, Laugh, Connect (CR) ● 2:30 Lucky Dog Card Game (BR) ● 3:30 Happy Hour with Music (CB) ● 6:00 Nightly Cinema (CR) 24	● 9:30 Chair Yoga Dancing plus Balance (BR) ● 10:00 Total Hearing Care (L) ● 10:30 Brain Aerobics (BR) ● 10:30 WU: Prayer & Bible Discussion (CR) ● 1:00 Mobile Mini Mall (L) ● 1:30 Witty Word Play (BR) ● 2:30 WU: Current Events w/ Randy Mayeux (CR) ● 3:30 Happy Hour /Sweet Bingo (CB) ● 6:00 Nightly Cinema (CR) 25	● Bridge Outing ● 9:30 Fitness Fun: Chair Yoga Strength ● 10:15 WU Geography: Travelogue w/Beccye (CR) ● 10:15 WU Geography: Travelogue w/Beccye (CR) ● 1:30 Connect Four Game (BR) ● 2:30 Lucky Dog Card Game (BR) ● 2:30 WU: Name That Tune w/ Mike Frankel (CR) ● 3:30 The Daily Splash: What was the Name of that Tune? (CB) ● 6:00 Nightly Cinema (CR) 26	● 9:30 Total Body Workout with Sharon plus Balance (BR) ● 1:30 WU:Silver Sneakers w/Tina (BR) ● 3:30 Are You Smarter than a Sixth Grader Pub Quiz, Happy Hour (TB) ● 6:00 Nightly Cinema (CR) 27	● 9:30 Chair Yoga Dancing (BR) ● 10:15 Brain Aerobics (BR) ● 1:30 Connect Four Game (BR) ● 2:30 Word Search (BR) ● 3:30 Happy Hour /Pokeno Game (CB) ● 6:00 Nightly Cinema (CR) 28	● 9:30 Fitness Fun: Hasfit Aerobics and Strength (BR) ● 10:30 Brain Aerobics (BR) ● 1:00 Saturday Movie Matinee (CR) ● 1:30 Craft Corner: History of St. Andrews (BR) ● 2:00 Traditions & Trivia on St. Andrews (BR) ● 3:30 Happy Hour w/Music (CB) ● 3:30 Saturday Music : "Jazz Express" (L) ● 6:00 Music With Ruby (L) 29
● 9:30 Fitness Fun: Yoga Stretch ● 10:30 Televised Catholic Service (CB) ● 1:30 Range of Motion: Tai Chi (BR) ● 2:30 St. Andrews Day (BR) ● 3:30 Sunday Happy Hour (CB) ● 6:00 Nightly Cinema (CR) 30						

Activity Locator Key:

- Body
- Community
- Entertainment
- Mind
- Outing
- Spirit

CR = Community Room (1st Floor)
TR = Tea Room (7th Floor)
CB = Craddock’s Bar /Lounge (1st Floor)
PT = Poker Table (3rd Floor)
L = Lobby (1st Floor)
WU = Watermark University
BR = Bridge (3rd Floor)
DR = Dining Room(1st Floor)
GR = Grill Room (1st Floor)

Leadership Team:

Executive Director: Chad Hubbard
Resident Care Director: Rhonda Battee
Community Life Director: Sonny Peterson
Memory Care Director: Delondria Epps
Dining Services Director: Kyle Blazer
Maintenance Director: Brandon DeLeon
Sales Director: Cynthia Seskes

November 2025 The Bridge