

November OP 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Body Community Entertainment Mind Outing Spirit						Conductorcise (OP) Word Game/Trivia (OP) Comedy Club (OP) Energy Burst (OP) Music/1940's (OP) 1:30 Movie: Sister Act 2 (OP) 1:30 Prize Bingo (AR) Watercolor Painting (OP)

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November OP 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
- Conductorcise (OP) - Yoga Exercise (OP) 10:00 Catholic Mass (OP) - Music/Tchaikovsky (OP) - Sole to Soul Walking (OP) 1:00 Piano Music (L) 2:00 Grace Church Service (L) 3:00 Volleyball (WR) - Documentary (OP) 16	- Joyful Movement (OP) - WU: Artistry (OP) - Billiards (OP) - Card Games (OP) - Energy Burst (OP) - Music/Chet Atkins (OP) 1:30 Chaplet of Divine Mercy (AR) 2:00 Wii Bowling (AR) - Dominoes (OP) 17	- Discuss: Autumn (OP) - Strength Exercise (OP) 10:30 WU: Culinary Creations (OP) - Energy Burst (OP) - Hearthside book Club (OP) - Jig Saw Puzzle (OP) - Reminisce/Snow (OP) 1:30 Chet Kerr Sings (L) 6:15 Prize Bingo (AR) 18	- Cardio Exercise (OP) - Karaoke (OP) - Energy Burst (OP) - Music/The Who (OP) - Tabletop Bowling (OP) 1:30 Corn Hole (WR) 1:30 WU: Timely Topics Around The World (AR) - Bingo (OP) 19	- Before/After Game (OP) - Jigsaw Puzzle (OP) 10:00 WU: Jeff The Plant Guy (AR) - Energy Burst (OP) - Music/Celine Dion (OP) - Relaxation (OP) 1:30 WU: Old News (AR) 2:30 Ice Cream Social (OP) - Comedy Club (OP) 20	- Coffee Social (C) - Energy Burst (OP) - Flexibility Exercise (OP) - Music/Lawrence Welk (OP) - WU: Poetry Corner (OP) 1:30 Disco Dance Party (WR) 2:45 Karma The Dog (OP) - Card Games (OP) 21	- Conductorcise (OP) - Word Game/Trivia (OP) - Comedy Club (OP) - Energy Burst (OP) - Music Hour/1970's (OP) 1:30 Movie: Sweet Home Alabama (OP) 1:30 Prize Bingo (AR) 1:50 Tony Rarus Performs (OP) - Watercolor Painting (OP) 22
- Conductorcise (OP) - Yoga Exercise (OP) 10:00 Catholic Mass (OP) - Music/Brahms (OP) - Sole to Soul Walking (OP) 2:00 Chaplet of Divine Mercy (AR) 3:00 Volleyball (WR) - Documentary (OP) 23	- Joyful Movement (OP) - WU: Artistry (OP) - Billiards (OP) - Card Games (OP) - Energy Burst (OP) - Music/Reba McIntyre (OP) 1:00 Communion Service (OP) 1:45 Horse Racing (AR) - Dominoes (OP) 24	- Discuss: Thanksgiving (OP) - Strength Exercise (OP) 10:30 WU: Culinary Creations (OP) - Energy Burst (OP) - Hearthside book Club (OP) - Reminisce/Diesel & Vine (OP) 1:30 Irving Lewis Performs (L) 6:15 Prize Bingo (AR) 25	- Cardio Exercise (OP) - WU: Person/Tommy Dorsey (OP) 11:30 OP Fazio's Trip (L) - Energy Burst (OP) - Music/Talking Heads (OP) 1:30 WU: Arm Chair Travel (AR) 3:00 Pitch & Putt (WR) - Bingo (OP) 26	- Balance Exercise (OP) 9:00 Thanksgiving Parade (OP) - Energy Burst (OP) - Music/Salena (OP) - Relaxation (OP) 12:00 Thanksgiving Luncheon (OP) 1:00 Football Games (OP) - Comedy Club (OP) 27	- Coffee Social (C) - Energy Burst (OP) - Flexibility Exercise (OP) - Music/Mitch Miller (OP) - WU: Poetry Corner (OP) 2:45 Karma The Dog (OP) 3:00 Beverly on The Piano - Card Games (OP) 28	- Conductorcise (OP) - Word Game/Trivia (OP) - Comedy Club (OP) - Energy Burst (OP) - Music/1980's (OP) 1:30 Movie: Dolly Parton (OP) 1:30 Prize Bingo (AR) - Watercolor Painting (OP) 29
- Conductorcise (OP) - Yoga Exercise (OP) 10:00 Catholic Mass (OP) - Music/Chopin (OP) - Sole to Soul Walking (OP) 2:00 Chaplet of Divine Mercy (AR) 3:00 Volleyball (WR) - Documentary (OP) 30	- Joyful Movement (OP) - WU: Artistry (OP) - Billiards (OP) - Card Games (OP) - Energy Burst (OP) - Music Hour (OP) 1:30 Chaplet of Divine Mercy (AR) - Dominoes (OP) 1	- Group Discussions: (OP) - Strength Exercise (OP) 10:30 WU: Culinary Creations (OP) - Energy Burst (OP) - Hearthside book Club (OP) - Music Hour (OP) - Reminisce (OP) 6:15 Prize Bingo (AR) 2	- Cardio Exercise (OP) - Energy Burst (OP) - Music Hour (OP) - Tabletop Bowling (OP) 1:30 WU: Timely Topics Around The World (AR) - Bingo (OP) 3	- Balance Exercise (OP) - Before/After Game (OP) - Energy Burst (OP) - Music Hour (OP) - Music Hour (OP) - Relaxation (OP) - Comedy Club (OP) 4	- Coffee Social (C) - Energy Burst (OP) - Flexibility Exercise (OP) - Strengthening Exercise (OP) - Music Hour (OP) - Poetry Corner - WU: Poetry Corner (OP) 2:45 Karma The Dog (OP) - Card Games (OP) 5	- Conductorcise (OP) - Word Game/Trivia (OP) - Comedy Club (OP) - Energy Burst (OP) - Music Hour (OP) - Target Shoot (OP) 1:30 Prize Bingo (AR) 1:30 Saturday Matinee - Watercolor Painting (OP) 6