

November PW 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Body Community Entertainment Mind Outing Spirit						Coffee Social (PW) Energy Burst (PW) Stretch & Strength WU: Reminisce/My New Cars (PW) Ball Exercise (PW) Household Tasks (PW) Movie: Goonies (PW) Music: 1930's (PW) Virtual Road Trippers (PW)

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November PW 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Exercise (PW) Sole to Soul Walking Club 10:00 Catholic Mass (PW) Energy Burst (PW) Music/Tchaikovsky (PW) Sing-a-long (PW) 1:00 Piano Entertainment (L) 2:00 Grace Church Service (L) Hearthside Book Club (PW) 16	Brain Games (PW) Joyful Movement WU: Artistry Unleashed (PW) Energy Burst (PW) Music: Chet Atkins (PW) Scenic Relaxation/Connecticut (PW) WU: Person of Interest/Tommy Dorsey (PW) Games: Hi/Lo (PW) 17	Strengthening Exercise (PW) 10:30 WU: Culinary Creations (PW) Discussion: Thanksgiving Dinner (PW) Dominoes (PW) Music: Temptations (PW) Sole to Soul Walking (PW) 1:30 Chet Kerr Sings (L) Sorting /Sequencing (PW) 18	Coffee Social (C) Guided Meditation Strength & Balance Game: Rhymes With (PW) Energy Burst (PW) Matching/Memory (PW) Music: The Who (PW) 4:15 Dominoes (P) Scenic Relaxation/Rhode Island (PW) 19	Conductorcise (PW) Objects Bingo (PW) 11:30 Friendly's (L) Energy Burst (PW) Music: Celine Dion (PW) Volleyball (PW) WU: Poetry Corner (PW) 2:00 Ice Cream Social (PW) Artistic Expression (PW) 20	Joyful Movement Service Circles Show Tunes Sing-a-long (PW) Animal Trivia (PW) Karma The Dog Visits (PW) Memory Magic Game (PW) Music: Lawrence Welk (PW) 1:30 Disco Dance Party (WR) Connect 4 (PW) 21	Coffee Social (PW) Energy Burst (PW) Stretch & Strength WU: Reminisce/Diesel & The Vine (PW) Ball Exercise (PW) Household Tasks (PW) Music: 1960's (PW) 2:10 Tony Rarus Sings (PW) Virtual Road Trippers (PW) 22
Morning Exercise (PW) Sole to Soul Walking Club 10:00 Catholic Mass (PW) Energy Burst (PW) Music/Brahms (PW) Sing-a-long (PW) 2:00 Chaplet of Divine Mercy (PW) Hearthside Book Club (PW) 23	Brain Games (PW) Joyful Movement WU: Artistry Unleashed (PW) Energy Burst (PW) Food/Senses: Bread (PW) Music: Reba McIntyre (PW) Scenic Relaxation/Massachusetts (PW) WU: Person of Interest (PW) Games: Hi/Lo (PW) 24	Strengthening Exercise (PW) 10:30 WU: Culinary Creations (PW) Discuss: Fall (PW) Dominoes (PW) Music: Flamingoes (PW) Sole to Soul Walking (PW) WU: Artistry 1:30 Irving Lewis Performs (L) Sorting /Sequencing (PW) 25	Coffee Social (C) Gratitude/Reflections Strength & Balance Game: Rhymes With (PW) Energy Burst (PW) Matching/Memory (PW) Music: Talking Heads (PW) 4:15 Dominoes (P) Relaxation/Thanksgiving (PW) 26	Joyful Movement (PW) 9:00 Thanksgiving Parade (PW) Energy Burst (PW) Football Games (PW) Music: Salena (PW) Relaxation: Fall Holiday (PW) 12:00 Thanksgiving Holiday Meal (PW) Artistic Expression (PW) 27	Joyful Movement Show Tunes Sing-a-long (PW) WU: Lives Well Lived Animal Trivia (PW) Karma The Dog Visits (PW) Memory Magic Game (PW) Music: Mitch Miller (PW) Connect 4 (PW) 28	Coffee Social (PW) Energy Burst (PW) Stretch & Strength WU: Reminisce (PW) Ball Exercise (PW) Household Tasks (PW) Movie: Dolly Parton Tribute (PW) Music: 1970's (PW) Virtual Road Trippers (PW) 29
Morning Exercise (PW) Sole to Soul Walking Club 10:00 Catholic Mass (PW) Energy Burst (PW) Music/Chopin (PW) Sing-a-long (PW) 2:00 Chaplet of Divine Mercy (PW) Hearthside Book Club (PW) 30	1	2	3	4	5	6