

12:30 Supported Gym Daily	9:00 am Yoga 2:00 pm Keep it Moving 3:45 Chair Abs	8:00 Neighborhood Walk 9:00 Chair Sit To Fit 10:30 Aqua Stretch 2:30 Lower Body Fit 3:45 Wind Down Tai Chi	9:00 Morning Stretch 2:00 Mat Stretch 3:45 Wellness Wednesday	9:00 Balance and Core 2:30 Chair Fit 3:45 Gratitude Journaling	9:00 Vitality Circuit 10:30 Water Aerobics 1:30 Balance and Beyond	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday Maria "Nina" P. – 8th Linda P. – 15th Deborah F. – 17th	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Publix Run12:45 Music Bingo @ Duplin Winery(free)1:00 Bingo (H)1:00 Bridge (GC)2:00 Rummikub (BR)4:00 Mix it up Monday Happy Hour (TB)7:15 Giants vs. Patriots (T) 1	<ul style="list-style-type: none">Wrapping Station (CS)8:30 Eden Garden Ranger Lead Hike11:00 Tiki Seaside Shopping1:00 Bridge (GC)1:00 Canasta (BR)3:00 Regular Dominoes (GC)3:00 WU: Learning to Express through Art with Thalia (CS)3:45 Winter Vitality (BS)6:30 Scrabble Mania (BR) 2	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Bocce Ball Bonanza (PD)10:30 360Well Principle of the Month: Creativity (H)11:00 Tricky with Taboo (GA)1:00 Bridge (GC)1:00 Hand and Foot Card Game (BR)3:00 Laughter and Loops, Crochet (CS)3:00 Origins Community Kids Make Ornaments with Members (TH)3:00 Veteran's Cocktails and Commraderie (GC)4:00 Happy Hour (BA)5:00 Dinner at Ocean Club 3	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Chess and Chinese Checkers (BR)11:00 Shopping @ the Big Chill 30 A and Lunch11:00 Tricky Trivia (BR)1:00 Bridge (GC)1:00 Canasta (BR)3:00 Matinee:The Crystal Cuckoo (T)3:00 Regular Dominoes (GC)3:45 15 min Stretch Express (BS) 4	<ul style="list-style-type: none">Wrapping Station (CS)9:00 Neighborhood Bike Ride9:30 Beach Walk11:00 Shopping @ Blue Giraffe Inlet Beach1:00 Bridge (GC)1:00 Mah-Jang (BR)3:00 Fountains Book Club4:00 Happy Hour (BA) 5	<ul style="list-style-type: none">Wrapping Station (CS)9:00 Pray the Rosary10:00 Bible Study w/ Terry and Charmane (TH)10:00 Chess and Chinese Checkers (GC)10:40 Making Gingerbread Houses @ Pearl Hotel1:00 Bridge (GC)1:00 Hand and Foot Card Game (BR)4:30 Eden Gardens Luminary Event 6
<ul style="list-style-type: none">Wrapping Station (CS)10:00 Livestream Haynes Barton, North Carolina Service (T)1:00 “Annie” @ECT and dinner @ Cantina Laredos1:00 Bridge (GC)3:00 Mexican Train Dominoes (BR)3:25 Bills vs Bengals (T)4:00 Christmas Carols and Hymnals with Kim6:30 Scrabble Challenge (BR) 7	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Walmart Run1:00 Bingo (H)1:00 Bridge (GC)2:00 Rummikub (BR)3:00 Tammy with Mary Kay for Ladies Day4:00 Mix it up Monday Happy Hour (TB)7:15 Eagles vs Chargers (T) 8	<ul style="list-style-type: none">Wrapping Station (CS)9:00 Christmas Program @ Dune Lakes Elementary1:00 Bridge (GC)1:00 Canasta (BR)2:00 Brain and Spine Support Group3:00 Regular Dominoes (GC)3:00 WU: Learning to Express through Art with Thalia (CS)3:45 Winter Vitality (BS)5:15 ROMEO’S Trivia Night @ Idyll Hounds6:30 Scrabble Mania (BR) 9	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Bocce Ball Bonanza (PD)11:00 Christmas Pot Luck Lunch and Employee Gifts11:00 Fitness Center Orientation w/ Cassidy (V)11:00 Tricky with Taboo (GA)1:00 Bridge (GC)1:00 Hand and Foot Card Game (BR)3:00 Laughter and Loops, Crochet (CS)4:00 Christmas @ Piano with Chuck 10	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Chess and Chinese Checkers (GC)11:00 Tricky Trivia (BR)11:00 WU: Holiday Harmony w/ Cassidy (H)1:00 Bridge (GC)1:00 Canasta (BR)3:00 Cocoa, Coffee and Cookies (GP)3:00 Matinee: After the Hunt (T)3:45 15 min Stretch Express (BS)5:00 December Birthday Dinner (PDR)5:15 Nutcracker Ballet @ Arnold High School7:15 Bucs vs Falcons (T) 11	<ul style="list-style-type: none">Wrapping Station (CS)9:00 Neighborhood Bike Ride9:45 Special Shopping Invitation @ Dillard’s12:30 Supported Gym Hour (V)1:00 Bridge (GC)1:00 Mah-Jang (BR)3:00 Holiday Wreath Making (H)4:00 Happy Hour (BA) 12	<ul style="list-style-type: none">Wrapping Station (CS)9:00 Pray the Rosary10:00 Chess and Chinese Checkers (GC)11:00 Fish Out Of Water “ Chef’s Brunch” Watercolor11:15 Bible Study w/ Terry and Charmane (TH)1:00 Bridge (GC)1:00 Hand and Foot Card Game (BR) 13
<ul style="list-style-type: none">Wrapping Station (CS)10:00 Livestream Haynes Barton, North Carolina Service (T)12:00 Chargers vs Chiefs (THE)1:00 Bridge (GC)1:00 Irene Levedva Academy Students Singing @ Piano3:00 Mexican Train Dominoes (BR)6:30 Scrabble Challenge (BR) 14	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Publix Run12:00 Bookmobile Visit1:00 Bingo (H)1:00 Bridge (GC)2:00 Rummikub (BR)3:00 WU: Rob Roy Tours Barcelona & Valencia (H)4:00 Mix it up Monday Happy Hour (TB)7:15 Dolphins vs Steelers (T) 15	<ul style="list-style-type: none">Wrapping Station (CS)11:30 Ambassadors Quarterly Lunch @ Old Florida Fish House1:00 Bridge (GC)1:00 Canasta (BR)3:00 Regular Dominoes (GC)3:00 WU: Learning to Express through Art with Thalia (CS)3:45 Winter Vitality (BS)6:30 Christmas Lights @ 309 Brynn Court6:30 Scrabble Mania (BR) 16	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Member Chat (PD)11:00 Santa Walk (L)11:00 Shopping @ Destin Commons11:00 Tricky with Taboo (GA)1:00 Bridge (GC)1:00 Hand and Foot Card Game (BR)3:00 Laughter and Loops, Crochet (CS)4:00 Happy Hour (BA)6:30 Sip N Wrap (CS) 17	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Chess and Checkers (GC)11:00 Tricky Trivia (BR)11:00 WU: Holiday Safety w/ Cassidy (H)1:00 Bridge (GC)1:00 Canasta (BR)3:00 Cocoa, Coffee and Pastry (GP)3:00 Matinee: The Marksman (T)3:00 Regular Dominoes (GC)3:45 15 min Stretch Express (BS)4:30 Grayton Wine Walk 18	<ul style="list-style-type: none">Wrapping Station (CS)9:00 Neighborhood Bike Ride9:30 Beach Walk1:00 Bridge (GC)1:00 Mah-Jang (BR)3:00 Fountains Book Club4:00 Happy Hour (BA) 19	<ul style="list-style-type: none">Wrapping Station (CS)9:00 Pray the Rosary10:00 Bible Study w/ Terry and Charmane (TH)10:00 Chess and Chinese Checkers (GC)11:00 Members Christmas Lunch1:00 Bridge (GC)1:00 Hand and Foot Card Game (BR)3:00 Golf Cart Rides 20
<ul style="list-style-type: none">Wrapping Station (CS)10:00 Livestream Haynes Barton, North Carolina Service (T)12:00 Bills vs Browns (T)1:00 Bridge (GC)3:00 Mexican Train Dominoes (BR)3:25 Steelers vs Lions (T)4:00 Hymnals @ Piano with Kim6:30 Scrabble Challenge (BR) 21	<ul style="list-style-type: none">Wrapping Station (CS)10:00 Walmart Run1:00 Bingo (H)1:00 Bridge (GC)2:00 Rummikub (BR)3:00 Food Committee3:00 Regular Dominoes (GC)4:00 Ugly Sweater Happy Hour (TB) 22	<ul style="list-style-type: none">Wrapping Station (CS)9:00 Morning Exercise (BS)1:00 Bridge (GC)1:00 Canasta (BR)3:00 WU: Learning to Express through Art with Thalia (CS)6:30 Christmas Lights @ Oaks by the Bay Park6:30 Scrabble Mania (BR) 23	<ul style="list-style-type: none">Wrapping Station (CS)9:00 Morning Exercise (BS)10:00 Bocce Ball Bonanza (PD)11:00 Tricky with Taboo (GA)1:00 Bridge (GC)1:00 Hand and Foot Card Game (BR)2:00 Tai Chi3:00 Laughter and Loops, Crochet (CS)3:00 Matinee: Goodnight and Goodluck, Live From Broadway with George Clooney (T) 24	<ul style="list-style-type: none">10:00 Chess and Chinese Checkers (GC)11:00 Mexican Train Dominoes (BR)12:00 Cowboys vs Commanders1:00 Bridge (GC)1:00 Canasta (BR)7:15 Broncos vs Chiefs (T) 25	<ul style="list-style-type: none">9:00 Self-Guided Circuit (BS)9:30 Beach Walk1:00 Bridge (GC)1:00 Mah-Jang (BR)1:30 Self-Guided Balance Routine (BS)4:00 Happy Hour (BA) 26	<ul style="list-style-type: none">9:00 Pray the Rosary10:00 Bible Study w/ Terry and Charmane (TH)10:00 Chess and Chinese Checkers (GC)1:00 Bridge (GC)1:00 Hand and Foot Card Game (BR)3:00 Golf Cart Rides 27
<ul style="list-style-type: none">10:00 Livestream Haynes Barton, North Carolina Service (T)12:00 Steelers vs Browns (T)1:00 Bridge (GC)3:00 Mexican Train Dominoes (BR)3:25 Eagles vs Bills (T)6:30 Scrabble Challenge (BR) 28	<ul style="list-style-type: none">10:00 Walmart Run1:00 Bingo (H)1:00 Bridge (GC)2:00 Rummikub (BR)4:00 Mix it up Monday Happy Hour (TB) 29	<ul style="list-style-type: none">11:00 Destin Commons Farmers Market1:00 Bridge (GC)1:00 Canasta (BR)3:00 Regular Dominoes (GC)3:00 WU: Learning to Express through Art with Thalia (CS)3:45 Winter Vitality (BS)6:30 Scrabble Mania (BR) 30	<ul style="list-style-type: none">10:00 Bocce Ball Bonanza (PD)11:00 Tricky with Taboo (GA)1:00 Bridge (GC)1:00 Hand and Foot Card Game (BR)2:00 Mat Stretch w/ Cassidy (V)3:00 Laughter and Loops, Crochet (CS)4:00 New Tears Eve Champagne Happy Hour5:00 New Years Eve Dinner6:30 Music & Dancing (D) 31			<ul style="list-style-type: none">BodyCommunityEntertainmentMindOutingSpirit

December 2025