WATERMARK
LAGUNA NIGUEL

Independent Living | Assisted Living | Memory Care

experience

Extraordinary Senior Living

Senior Living, Redefined

Introducing a new era in boutique-style Independent Living, Assisted Living, and Memory Care for today's modern seniors.

With refined residences, signature dining, a wealth of resort-style amenities, enriching programming, wellness offerings, and care personalized to exceed your expectations, creating a life you love is easy at Watermark Laguna Niguel.

Watermark Retirement Communities® has been reimagining the concept of senior living for more than 30 years, maintaining its passion and commitment to creating extraordinary and innovative communities where people thrive. Our communities are known for hospitality-trained, caring associates, a vibrant spirit, and a lifestyle built on innovation — and Watermark Laguna Niguel is a true manifestation of that commitment.

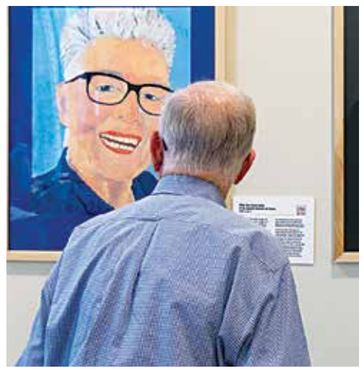
> *At Watermark Laguna Niguel, we're focused on inspiring joy and purpose in our residents. More than just an inviting and comfortable place to call home, this is a setting in which residents enjoy all the things that make life worth living.*

Vibrant Living Your Way

Comfortable, modern residences, designed with you in mind.

Our beautifully designed residences feature stylish interiors with living areas that are equally warm and welcoming. Large windows frame tranquil views of natural and developed landscapes. Studios and one-bedroom floor plans in our brand-new three-story building feature modern kitchenettes with tile backsplash, quartz countertops, and stainless steel appliances. With high ceilings, large bathrooms that feature walk-in showers, and upscale finishes throughout, Watermark Laguna Niguel is designed for elegant, modern living.

In each residence and throughout the community spaces, design by Shelter Architects and Ankrom Moisan captures the well-known Southern California spirit based in soft coastal light, a soothing marine layer, and a surprising small-town character.



Explore the possibilities – the good life begins here.

With exceptional dining, on-site arts and cultural experiences, expert-led educational programs through the award-winning Watermark University, and access to thoughtfully curated amenities and programs, life at Watermark Laguna Niguel offers no end to enrichment, activity, and joy. There is always something new to explore, a reason for delight, and social connections to be made. And equally as important: expert care at every turn.

Singular Culinary Experiences to Savor

Expertly prepared meals, full of flavor and good nutrition.

Watermark Laguna Niguel offers full-service, all-day dining at **Seasons**, where residents will come to have a favorite table, or two, to gather and dine with friends. In this warm and comfortable venue, the versatile chef-curated menus are keyed to Southern California's remarkable growing seasons. Menus feature soups, salads, entrées with a variety of accompaniments, and desserts – plus chef's daily specials. With servers trained to know and anticipate residents' favorites, dining is a celebration of good taste, good health, and good company.

Our Memory Care neighborhood offers family-style dining that welcomes family and friends. The smell of freshly baked muffins and just-ground coffee brewing evokes the convivial spirit of a family kitchen as residents gather around the table.

> *Watermark's Gourmet Bites Cuisine lets residents who benefit from eating without utensils enjoy delicious, nutrition-packed bite-sized entrées and salads.*

The Path to Well-Being Continues Here

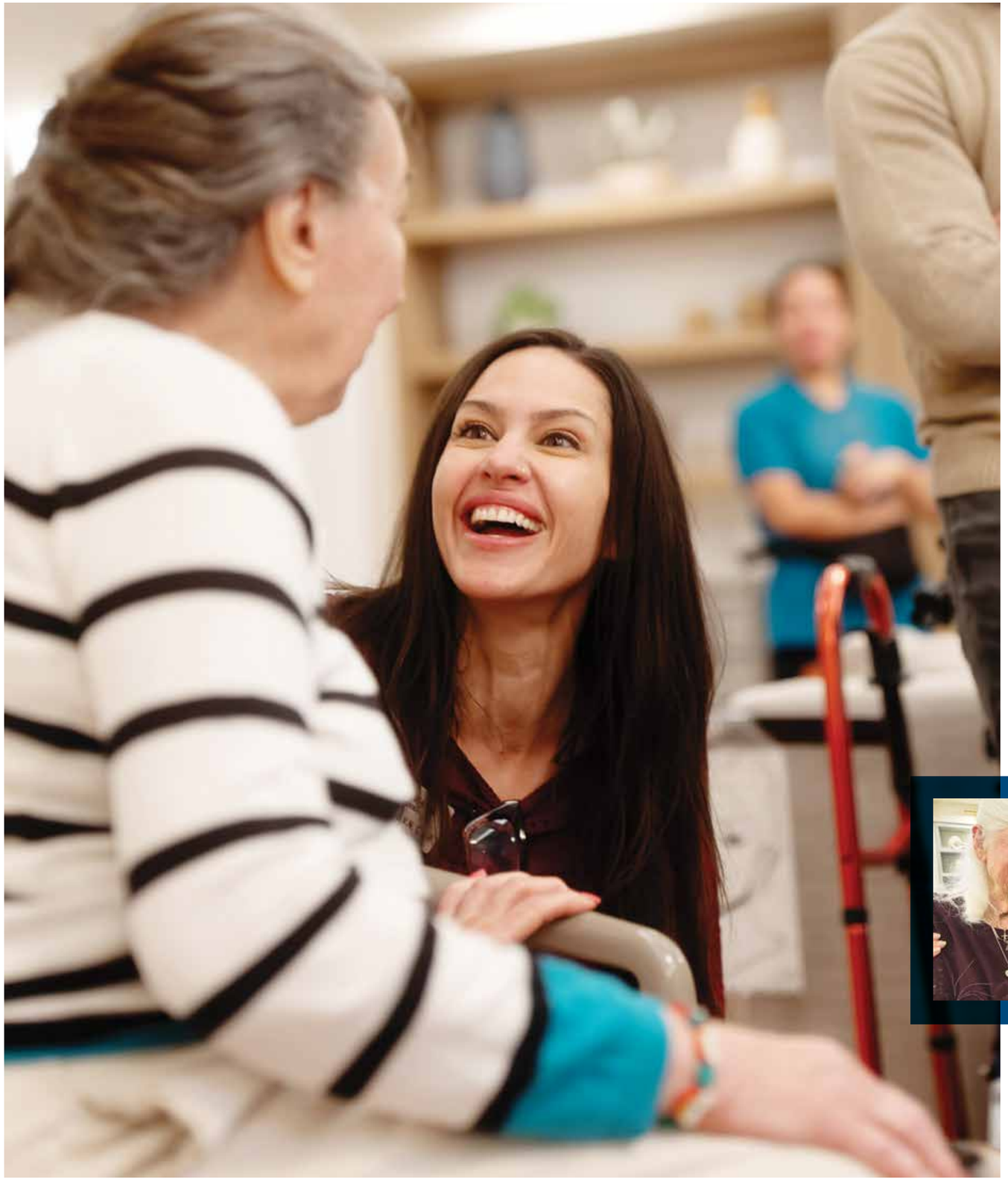
Wellness isn't just a goal – it's a part of everything we do.

Watermark Laguna Niguel is devoted to well-being in all its forms for body, mind, and spirit. From a personal training session at Vitality Fitness Center to a rejuvenating afternoon at Indulge — A Salon and Spa, residents have abundant opportunities to look and feel their best. With educational programs and activities created to stimulate the mind as well, our integrated wellness approach creates a lifestyle unlike any other.

Mental and emotional well-being play key roles in empowering any individual to thrive, and our holistic approach includes a variety of offerings that enrich the mind. Opportunities to thrive are plentiful, with award-winning adult education, exciting excursions through our Extraordinary Outings program, and even virtual reality experiences using Watermark's groundbreaking EngageVR® programming.

Whatever you desire, a world of well-being surrounds you here in sunny Southern California.

Live life with purpose, and let us know how we can support you on your lifelong journey to a happier, healthier you.



Nurturing Care at Every Step

There's something for everyone, with exceptional support from expert caregivers.

There are many ways to embrace wellness — that feeling of health, resilience, positivity, joy, and desire for more good times ahead. At Watermark Laguna Niguel, we want to make sure our residents have it all. Our expert caregivers can help: They not only offer support, but they bring inspiration.

The exceptional care at Watermark Laguna Niguel exceeds expectations by meeting residents where they are. Every interaction, every exchange is infused with warmth, caring, and empathy. We set even greater goals: to bring dignity, create joy, and elevate wellness for each and every resident, across all levels of care.

Of course, empathy and caring must be backed by knowledge and expertise. Our compassionate associates are on a mission: to help residents thrive and to foster a profound sense of well-being, not only among residents, but their families as well.

A Place That Feels Like Home

A secure environment with thoughtful, dignified care.

Watermark's holistic approach to memory care begins with our groundbreaking Prema Memory Support℠ program. Guided by the latest cognitive health science, this one-of-a-kind approach empowers residents to thrive across all aspects of life — mind, body, spirit, and community.

It all begins with our *Nayas*. Named after the ancient Sanskrit word for "guide," these exceptional professional caregivers guide residents in the rhythms of everyday life. They're trained in the latest methods for supporting those with Alzheimer's disease and other forms of dementia (their training is recognized by the Alzheimer's Association).

This specialized, proficient training paired with an innate understanding of our unique approach allows for deeper connections and a more customized relationship within a loving, nurturing environment. Here, Nayas and residents spend their days side by side, from preparing meals together to singing along to music and enjoying the loving companionship of friends and family.

It's an enhanced level of care, a more meaningful lifestyle, and a more fulfilling experience.

Exciting Excursions and Out-of-This-World Experiences

Extraordinary Outings defy stereotypical expectations of what's possible for residents in a senior living community. These outings, planned by associates, residents, and families, stretch beyond day-to-day excursions and feature special experiences to look forward to throughout the year.

Watermark's virtual reality program, EngageVR®, offers residents the opportunity to immerse themselves in exciting, virtual adventures, such as experiencing the Apollo 11 moon landing, exploring the Titanic, or embarking on a wildlife safari.

Exceptional Enrichment

Those who reside in our Memory Care neighborhood enjoy a private outdoor courtyard, along with signature dining and creative activity spaces. Gourmet Bites Cuisine allows residents with physical, neuromuscular, and cognitive challenges to enjoy the pleasures of fine dining with independence. The Pantry Program offers a personal space to store favorite foods and snacks — along with photographs and mementos — they can access at any time.

Recognizing that everyone brings a unique life experience to our community, Nayas use past occupations, preferred hobbies, and treasured talents to create opportunities for meaningful connections, along with feelings of true accomplishment, purpose, and joy.

Amenities & Services

Live the life you want. We'll manage the details.

Two signature dining venues, catering, and in-residence dining

Concierge services

Indulge — A Salon and Spa

Vitality Fitness Center — featuring modern equipment, access to personal training, and space for yoga, Pilates, and other pursuits

Renew Wellness Center — a space to meet with visiting health specialists and clinicians, work with physical therapists, and more

Preventive health screenings

The Screening Room — a theater

Award-winning Watermark University classes

Versatile programming spaces

Transportation services

Housekeeping and laundry services

Complete apartment, building, and grounds maintenance services

Administrative services including messages, packages, faxes, and copies

Move-in coordination service

Resident call response system

Cable TV and personal Wi-Fi

Accommodations for short-term stays

Private, dedicated outdoor courtyards and gardens for all residents

expect more

Watermark Retirement Communities

Watermark creates extraordinary and innovative communities where people thrive.

We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company that has been managing senior living communities across the United States for more than 30 years, building a reputation for integrity, innovation, financial stability, and high-quality service.

Visit watermarkcommunities.com to learn more.

Watermark respects, honors, and celebrates diversity in all forms. As part of this commitment, we partner with SAGE, the nation's oldest and largest nonprofit organization that not only brings awareness to the issues surrounding LGBTQ+ aging, but also provides the resources necessary to improve the lives of LGBTQ+ seniors.

As the first national senior living company to conduct SAGE platinum certifications, Watermark conducts SAGE training and maintains certifications for its communities coast to coast. Armed with greater knowledge, empathy, and understanding, Watermark communities are able to serve our diverse communities, associates, families, friends, and guests.

It's What's Inside That Counts

expect the unexpected

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27762 Forbes Road • Laguna Niguel, CA 92677 • 949-899-8175 • watermarklagunaniguel.com

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