

The Watermark
at Southpark Meadows

ASSISTED LIVING & MEMORY CARE



INSPIRED LIVING

A LITTLE MORE AUSTIN IN EVERY DAY

At The Watermark at Southpark Meadows, life has an easygoing energy all its own.

Spend a morning in the courtyard, meet friends for lunch, try something new in a Watermark University class, or head out to enjoy Austin. Music, conversation, good food, and plenty of opportunities to stay engaged are all part of life here.

And when you need support, it's here. Thoughtful services, caring associates, and personalized Assisted Living and Memory Care make everyday life easier while keeping the focus on the person, not the care.

It's a community with plenty happening, plenty of heart, and plenty of room to make each day your own.

> *Watermark communities nationwide bring together thoughtful care, engaging experiences, and a more personal approach to senior living.*

Explore our amazing community.





“She is so happy… she has blossomed and she absolutely loves it here.”

— FRIEND OF A RESIDENT AT THE WATERMARK

A PLACE OF YOUR OWN

COMFORTABLE SPACE. YOUR PERSONAL TOUCH.

Your residence is your own space to settle in, relax, and make your own.

Bring your favorite furniture, photographs, artwork, and all the things that make the space personal. Then step outside your door when you’re ready for lunch with friends, a class, time in the courtyard, or whatever else sounds good that day.

At The Watermark at Southpark Meadows, residences are designed for comfort and ease, with options to suit different preferences and needs.

There’s privacy when you want it, with an entire community just outside your door.

LIFE AT SOUTHPARK MEADOWS

MORE TO ENJOY.
LESS TO MANAGE.

There's no one right way to spend a day here.

Join a fitness class, catch up with friends over coffee, listen to live music, spend some time outside, or see what's happening in a Watermark University class. When you feel like getting out, scheduled outings make it easy to explore Austin and beyond.

There's plenty happening, but nothing says you have to do it all. Choose what interests you, keep the routines you enjoy, and leave some of the everyday tasks to us.

With dining, housekeeping, transportation, and caring associates nearby, you have more time for the people and things you enjoy.





Everyday life gets easier when so many of the details are already handled. Housekeeping, dining, transportation, residence maintenance, and caring associates nearby mean fewer things to manage — and more time for whatever you'd rather be doing.

SPECIAL PLACES AND SHARED SPACES.

- Fitness Center
- Salon & Barber Services
- Private Dining Room
- Library
- Media Room
- Game & Activities Room
- Chapel
- Courtyard and Outdoor Spaces
- Walking Paths
- Dining Room

“Mom likes the food so much she has canceled outside lunches with me for specific menu items.”

— FAMILY MEMBER OF A RESIDENT AT THE WATERMARK



DINING TOGETHER

GOOD FOOD. GOOD COMPANY.

Some of the best parts of the day happen around the table.

At The Watermark at Southpark Meadows, our culinary team prepares seasonal menus with plenty of variety, from familiar favorites to something new. Enjoy a leisurely breakfast, meet friends for lunch, or make dinner an occasion with family. Fresh ingredients, thoughtful preparation, and changing menus keep things interesting from one meal to the next.

GOURMET BITES CUISINE

For residents who may have difficulty using utensils, Gourmet Bites Cuisine transforms many menu favorites into easy-to-manage bites while preserving the flavors, ingredients, and presentation of the original dish. It’s another way we help residents enjoy dining with greater independence.

WELLNESS & WELL-BEING

MORE WAYS
TO FEEL GOOD



Maybe it's *Chair Aerobics* in the morning, learning a little conversational Spanish, making something with your hands, or heading out to explore Austin. Wellness at The Watermark at Southpark Meadows is about finding the things that keep you moving, curious, connected, and feeling good.

At The Watermark at Southpark Meadows, wellness is about the whole person. Our signature 360Well® program brings together four connected areas — mind, body, spirit, and community — with opportunities to feel good, stay engaged, and keep doing the things that matter to you.

360Well®





Physical well-being can take many forms. Build strength, flexibility, and balance in the Fitness Center, join a group class, or simply get outside for some fresh air. Our courtyard and outdoor spaces make it easy to add a little movement and time outside to the day.

Keeping your mind engaged matters, too. Watermark University classes, creative programs, games, music, and Extraordinary Outings offer plenty of ways to stay curious and try something new.

And wellness isn't something you have to do alone. Time with friends, shared meals, conversation, and being part of community life can be just as important to feeling good.

AUSTIN, CLOSE AT HAND

STAY CONNECTED TO THE CITY YOU KNOW

Living at The Watermark at Southpark Meadows keeps you close to the people, places, and experiences that make Austin feel like Austin.

Head out for live music, meet family for lunch, browse a favorite shop, visit a museum, or spend an afternoon somewhere new. South Austin puts plenty within easy reach, with downtown, local restaurants, parks, cultural destinations, and everyday conveniences nearby.

And when someone else is doing the driving, getting out can be even easier. Scheduled transportation and Extraordinary Outings offer more ways to enjoy the city, whether you're revisiting a longtime favorite or discovering something new.

There's a lot to love about Austin. Living here means you can keep enjoying it.

PERSONALIZED SUPPORT

CARE THAT STARTS WITH YOU





SUPPORT & BELONGING

CARE BUILT AROUND REAL LIFE

Assisted Living

A little support can make more of the day possible. Assisted Living offers personalized help with daily needs while keeping your choices and routines at the center.

Enjoy your own residence, chef-prepared dining, classes, fitness, outings, and time with friends, with caring associates available around the clock when you need support.

Memory Care

When someone you love is living with memory loss, familiarity, connection, and understanding matter.

Through Prema Memory Support℠, specially trained Naya caregivers get to know each resident's history, preferences, routines, and abilities. Our approach emphasizes validation rather than correction, helping create meaningful moments of connection throughout the day.

Residents enjoy a secure Memory Care neighborhood with opportunities for dining, movement, creativity, conversation, and time outdoors, all shaped around the individual.

SERVICES AND AMENITIES

THE DETAILS, HANDLED

At The Watermark at Southpark Meadows, everyday services and thoughtful conveniences make life easier. From dining and housekeeping to transportation and support available around the clock, more of the details are taken care of, so you can spend your time where you want it most.



- Chef-prepared dining
- Fitness Center
- Salon & Barber Services
- Private Dining Room
- Library
- Media Room
- Game & Activities Room
- Chapel
- Courtyard and outdoor spaces
- Watermark University classes
- Extraordinary Outings
- Scheduled transportation
- Housekeeping
- Residence maintenance
- Move-in coordination
- Resident call response system
- Caring associates available 24 hours a day
- Pet-friendly community



Watermark Retirement Communities

A different way to think about senior living.

For more than 30 years, Watermark Retirement Communities has been creating communities where people can continue to grow, connect, explore, and live life on their own terms.

That means looking beyond the expected. Creating opportunities to learn something new. Making wellness personal. Bringing people together over good food and shared experiences. And providing thoughtful support that begins with getting to know the individual.

Across Watermark communities, signature programs such as Watermark University, Extraordinary Outings, 360Well®, and Prema Memory Support℠ bring that philosophy to life in different ways.

Because no two people are exactly alike — and life in a Watermark community shouldn't be one-size-fits-all.

Visit watermarkcommunities.com to learn more.

Scan to Learn More

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