

Age-Related Memory Loss vs. Dementia



Is it normal forgetfulness or something more serious? Learn the key differences between age-related memory loss and dementia:

Age-Related Memory Loss:

- Forgetting the day occasionally but figuring it out later
- Becoming irritated when their normal routine is altered
- Occasionally losing an item

Dementia:

- Completely losing track of the day or season
- Getting extremely agitated when there is a small change in a routine
- Putting items in strange places and being unable to find them

Thrive Memory Care

When it's time to seek specialized support, our Memory Care program incorporates each individual into the rhythms of daily living, creating mindful moments of engagement, growth, and discovery that inspire connection and well-being. Specially trained and certified caregivers known as *Nayas* create deep connections with each resident, and provide customized care and support in a nurturing and supportive environment.

Contact us today to learn more and schedule a private tour.
You're not alone – we are here to help

