

# A Dementia Diagnosis: 10 Questions to Ask Your Doctor



A diagnosis of dementia or Alzheimer's disease can be overwhelming for the entire family. Learn the key questions to ask your family's physician to help navigate the emotional and physical aspects of the diagnosis.

## Key questions to ask your family's physician:

1. What type of dementia does my loved one have?
2. How far has the dementia progressed?
3. What symptoms and changes should we anticipate?
4. What medications do you recommend?
5. What other treatments may help slow the decline?
6. Should my mother or father still drive?
7. Is living at home still an option?
8. In what ways can I help?
9. What specialists should we see?
10. What resources are available to help support my family?

## An Empathy-Based Approach to Memory Care

At Watermark communities, individuals lead enriching and rewarding lives in a setting where expert care always includes empathy and a loving approach. Our groundbreaking Memory Care program integrates each resident into the rhythms of daily living, creating mindful moments of connection, engagement, and growth. Trained and certified in partnership with the National Council of Certified Dementia Practitioners, universal caregivers known as *Nayas* create deeper connections and provide more personalized care within a nurturing environment.

Contact us today to learn more and schedule a private visit.  
You're not alone – we are here to help you and your loved ones.

