

Is It Time to Consider Memory Care?



It's not easy to pinpoint when it's time for memory care. Learn the five signs that indicate a loved one with dementia or Alzheimer's disease may need support in a specialized memory care setting:

1. Changes in behavior become unmanageable in the current home environment.
2. Confusion and disorientation that jeopardizes their physical safety or someone else's safety.
3. They experience a decline in physical health that affects their abilities.
4. Their primary caregiver experiences burnout or is unable to provide the emotional and physical support needed.
5. Isolation occurs as they become disinterested in hobbies or activities that once brought them joy and purpose.

An Empathy-Based Approach to Memory Care

At Watermark communities, individuals lead enriching and rewarding lives in a setting where expert care always includes empathy and a loving approach. Our groundbreaking Memory Care program integrates each resident into the rhythms of daily living, creating mindful moments of connection, engagement, and growth. Trained and certified in partnership with the National Council of Certified Dementia Practitioners, universal caregivers known as *Nayas* create deeper connections and provide more personalized care within a nurturing environment.

Contact us today to learn more and schedule a private visit.
You're not alone – we are here to help you and your loved ones.

