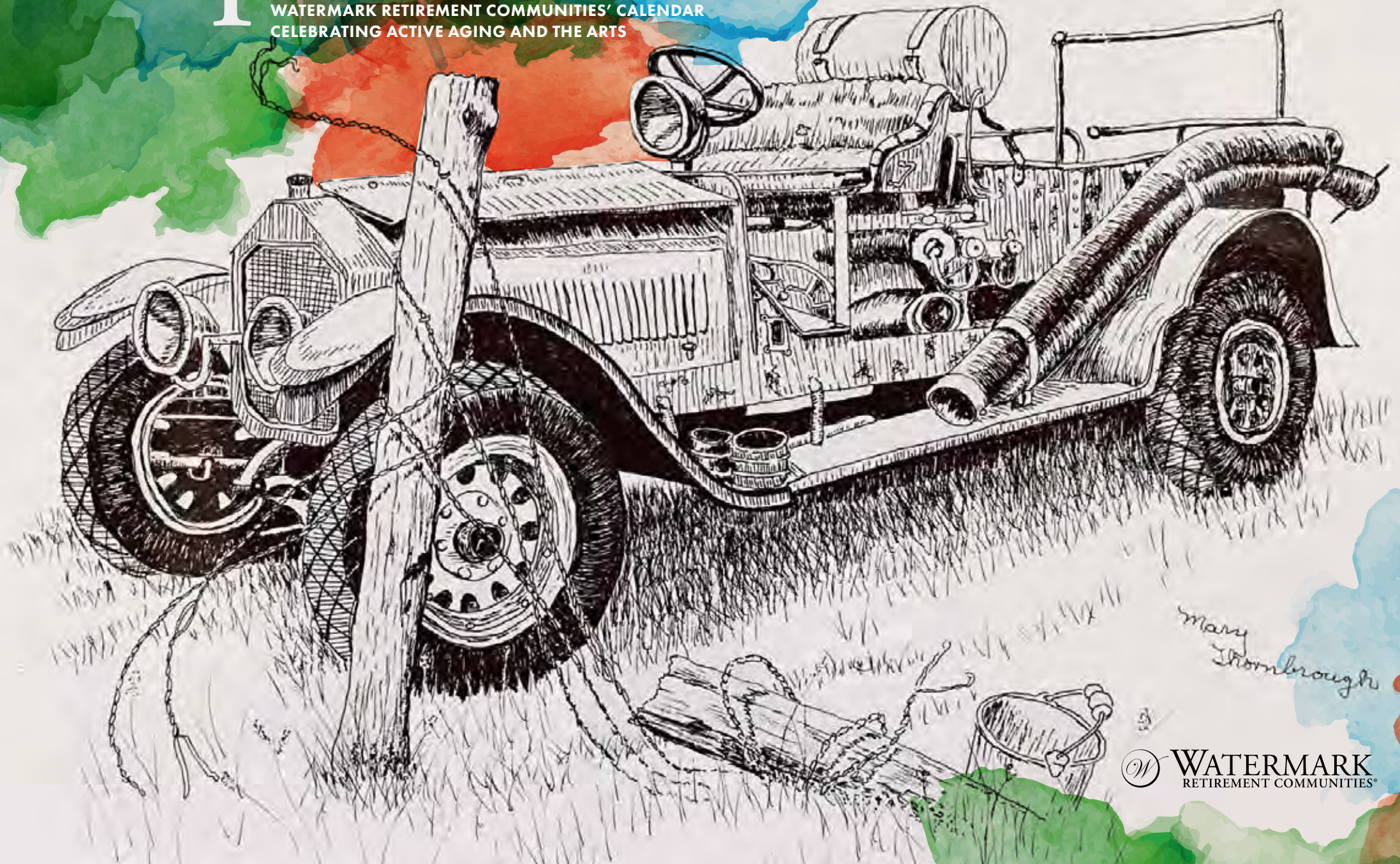


2023 Expressions

WATERMARK RETIREMENT COMMUNITIES' CALENDAR
CELEBRATING ACTIVE AGING AND THE ARTS



Discover

THE WATERMARK DIFFERENCE

Dear Watermark Family,

Welcome to 2023! We hope you'll enjoy receiving our newest edition of *Expressions* as much as we've enjoyed bringing it to you. It warms my heart year after year to flip through these pages and see so many examples of people thriving in different ways. Everyone's creativity and community spirit is truly inspiring.

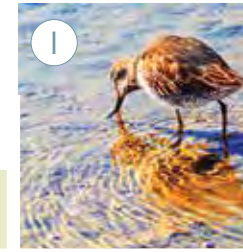
I wish to express my own personal appreciation for all of this year's contributors, from the artists to the community life teams who support their efforts. I want to add a big shoutout to everyone leading a Watermark University class. There will never be enough days in a year or years in a lifetime to acknowledge everyone who has joined in Watermark's mission to create extraordinary and innovative communities where people thrive. Thank you all.

May the coming year bring you and yours unexpected blessings.

David N. Barnes

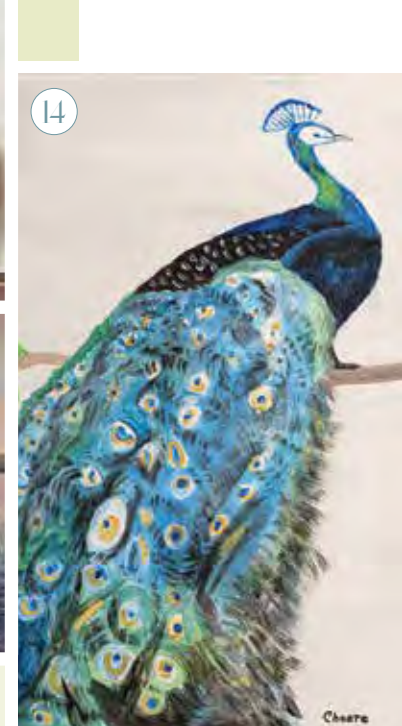
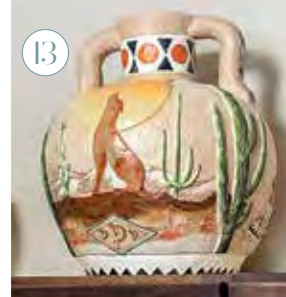
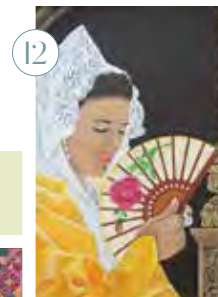
President and CEO, Watermark Retirement Communities

Front Cover Art: **OLD FIRE TRUCK**,
Mary Thornbrough, The Watermark at Trinity



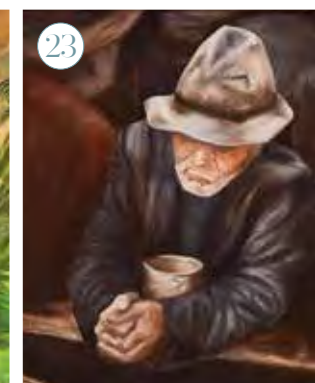
Creative 2023 Inspiration

- 1 MARGOT SCHWEIFLER – *The Fountains at The Carlotta*
- 2 PAMELA HUTH – *The Watermark at 3030 Park*
- 3 ADELE WAIFE – *The Watermark at 3030 Park*
- 4 JUDY FLATH – *The Fountains at Sea Bluffs*
- 5 HAROLD BROOKS – *East Village Place*
- 6 ADRIANA SLUTZKY – *Legacy at Fairways*
- 7 WAYNE SCHWEIFLER – *The Fountains at The Carlotta*
- 8 PETER VELONIS – *The Hacienda at the Canyon*
- 9 FRAN McNEELY – *The Hacienda at the Canyon*
- 10 JOY McALLISTER – *Parkview in Frisco*
- 11 CHUCK BROUSSARD – *The Cottages of Carmel*
- 12 JULIUS SZAKOLCZAY – *The Watermark at East Hill*
- 13 JOE LAWRENCE – *Joshua Springs Senior Living*
- 14 ANITA CHOATE – *The Fountains at Boca Ciega Bay*
- 15 DIANE LAUKZEMIS – *St. Andrew's Village*
- 16 JOE FARR – *The Fountains at Lake Pointe Woods*
- 17 FRED WRIGHT – *The Watermark at Westwood Village*
- 18 JEANETTE DEACON – *The Watermark at East Hill*
- 19 LOUISE BURNS – *The Watermark at Trinity*
- 20 BARBARA STOTTS – *St. Andrew's Village*
- 21 ROBERT HARTMAN – *The Watermark at 3030 Park*
- 22 CONSTANCE THOMAS – *The Watermark at Brooklyn Heights*
- 23 JEANNINE HUMPHREY – *The Watermark at Trinity*



WE DON'T COUNT DAYS –

WE CHOOSE TO MAKE EVERY DAY COUNT.










January

2023

WHERE ARE THE WOLVES

Heidi Pratt, The Cottages of Carmel

A worldly artist and a nature lover, Heidi made this watercolor painting with rice paper overlay after being inspired by a walk in the woods. When she doesn't have a paintbrush in hand, she enjoys growing roses on her sunny patio. Heidi believes that "art makes the soul feel good" – any time of year.

sunday	monday	tuesday	wednesday	thursday	friday	saturday
1 New Year's Day	2	3	4	5	6 	7 
8	9	10	11	12	13	14 
15	16 Martin Luther King Jr. Day	17	18	19	20	21 
22 Chinese New Year	23	24	25	26	27	28 
29	30	31			DECEMBER 2022 S M T W TH F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	FEBRUARY S M T W TH F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28

Notes: _____



February 2023

BABY, IT'S COLD OUTSIDE

David Taylor, The Lodge at North Ogden

Hats off to David Taylor for handcrafting hundreds of these beautiful beanies for babies. No stranger to community service, he also has completed four missions for his church. Before retirement, he taught in public schools for 27 years. Happy 91st birthday to him on the 25th of this month.

sunday	monday	tuesday	wednesday	thursday	friday	saturday
			1	2 Groundhog Day	3	4
5	6	7	8	9	10	11
12	13	14 Valentine's Day	15	16	17	18
19	20 Presidents Day	21 Mardi Gras	22 Ash Wednesday	23	24	25
26	27	28			JANUARY S M T W TH F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	MARCH S M T W TH F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



March

2023

LITTLE FISHING PIER

Bonnie Ellison, The Fountains at The Carlotta

Oceanside, California, was the inspiration for this watercolor painting by Bonnie Ellison, whose award-winning artwork has appeared in galleries, fairs, and shows. In addition to art, Bonnie enjoys swimming, walking, reading, and being the matriarch of a soccer-loving family, including eight grandkids.

sunday	monday	tuesday	wednesday	thursday	friday	saturday
<div>FEBRUARY</div> <div>S M T W TH F S</div> <div>1 2 3 4</div> <div>5 6 7 8 9 10 11</div> <div>12 13 14 15 16 17 18</div> <div>19 20 21 22 23 24 25</div> <div>26 27 28</div>	<div>APRIL</div> <div>S M T W TH F S</div> <div>1</div> <div>2 3 4 5 6 7 8</div> <div>9 10 11 12 13 14 15</div> <div>16 17 18 19 20 21 22</div> <div>23 24 25 26 27 28 29</div> <div>30</div>		1	2	3	4
5	6	7 	8	9	10	11
12	13	14 	15	16	17	18
Daylight Saving Time Begins					St. Patrick's Day	
19	20	21 	22	23	24	25
	First Day of Spring					
26	27	28 	29	30	31	

Notes



April
2023

ASPEN GROVE

Euayne Glinski, The Fountains at La Cholla

Born in Wisconsin in 1944, Euayne found her way to the sunny Southwest where she has enjoyed living in a casita at The Fountains at La Cholla since 2019. She painted this watercolor scene after seeing miles and miles of Aspen trees glistening outside her window as a passenger aboard a train traversing New Mexico.

sunday	monday	tuesday	wednesday	thursday	friday	saturday
<div>MARCH</div> <div>S M T W TH F S</div> <div>1 2 3 4</div> <div>5 6 7 8 9 10 11</div> <div>12 13 14 15 16 17 18</div> <div>19 20 21 22 23 24 25</div> <div>26 27 28 29 30 31</div>	<div>MAY</div> <div>S M T W TH F S</div> <div>1 2 3 4 5 6</div> <div>7 8 9 10 11 12 13</div> <div>14 15 16 17 18 19 20</div> <div>21 22 23 24 25 26 27</div> <div>28 29 30 31</div>					1
2	3	4	5	6	7	8
			Passover Begins		Good Friday	
9	10	11	12	13	14	15
Easter Sunday				Passover Ends		
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Notes



May
2023

HUMMINGBIRD

Dorothy Ward, The Fountains at Crystal Lake

Born in Albuquerque, New Mexico, Dorothy has called The Fountains at Crystal Lake home since 2016. She enjoys the people who live and work there and the interesting daily offerings. Dorothy created this oil painting last year at the age of 92. She wanted to capture the bird's vibrant colors and she did!

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	1	2	3	4	5 <div>Cinco de Mayo</div>	6
7	8	9	10	11	12 <div></div>	13
14 <div>Mother's Day</div>	15	16	17	18	19 <div></div>	20
21	22	23	24	25	26	27 <div></div>
28	29 <div>Memorial Day</div>	30	31		<div>APRIL</div> <div>S M T W T H F S</div> <div>1</div> <div>2 3 4 5 6 7 8</div> <div>9 10 11 12 13 14 15</div> <div>16 17 18 19 20 21 22</div> <div>23 24 25 26 27 28 29</div> <div>30</div>	<div>JUNE</div> <div>S M T W T H F S</div> <div>1 2 3</div> <div>4 5 6 7 8 9 10</div> <div>11 12 13 14 15 16 17</div> <div>18 19 20 21 22 23 24</div> <div>25 26 27 28 29 30</div>

Notes



June

2023

STITCHERY

Fran Schatz, The Fountains at Lake Pointe Woods

Fran received formal art training at Brooklyn College, Tyler School of Art, and Fischer Art School. At The Fountains at Lake Pointe Woods, her home for 10-plus years, she enjoys everything art related. She made this collage in 2018 from fabric, thread, and buttons. This year, Fran will celebrate her 80th birthday.

sunday	monday	tuesday	wednesday	thursday	friday	saturday
<div>MAY</div> <div>S M T W T H F S</div> <div>1 2 3 4 5 6</div> <div>7 8 9 10 11 12 13</div> <div>14 15 16 17 18 19 20</div> <div>21 22 23 24 25 26 27</div> <div>28 29 30 31</div>	<div>JULY</div> <div>S M T W T H F S</div> <div>1</div> <div>2 3 4 5 6 7 8</div> <div>9 10 11 12 13 14 15</div> <div>16 17 18 19 20 21 22</div> <div>23 24 25 26 27 28 29</div> <div>30 31</div>			1 <div>First Day of Pride Month</div>	2	3 <div></div>
4	5	6	7	8	9	10 <div></div>
11	12	13	14 <div>Flag Day</div>	15	16	17
18 <div>Father's Day</div>	19	20	21 <div>First Day of Summer</div>	22	23	24
25	26 <div></div>	27	28	29	30	

Notes



July 2023

POOL PLAY

Sue Woods, The Watermark at Oro Valley

When she isn't enjoying new friendships and admiring the mountain views from her window, Sue enjoys reading, writing letters, and listening to music. Having honed her painting skills under Lorraine Ewbank, the 95-year-old offers this advice: "Always search for possibilities and stretch your materials to the limit."

sunday	monday	tuesday	wednesday	thursday	friday	saturday
<div>JUNE</div> <div>S M T W TH F S</div> <div>1 2 3</div> <div>4 5 6 7 8 9 10</div> <div>11 12 13 14 15 16 17</div> <div>18 19 20 21 22 23 24</div> <div>25 26 27 28 29 30</div>	<div>AUGUST</div> <div>S M T W TH F S</div> <div>1 2 3 4 5</div> <div>6 7 8 9 10 11 12</div> <div>13 14 15 16 17 18 19</div> <div>20 21 22 23 24 25 26</div> <div>27 28 29 30 31</div>					1
2	3 ○	4 Independence Day	5	6	7	8
9 ☾	10	11	12	13	14	15
16	17 ●	18	19	20	21	22
23 30	24 31	25 ☾	26	27	28	29

Notes



August

2023

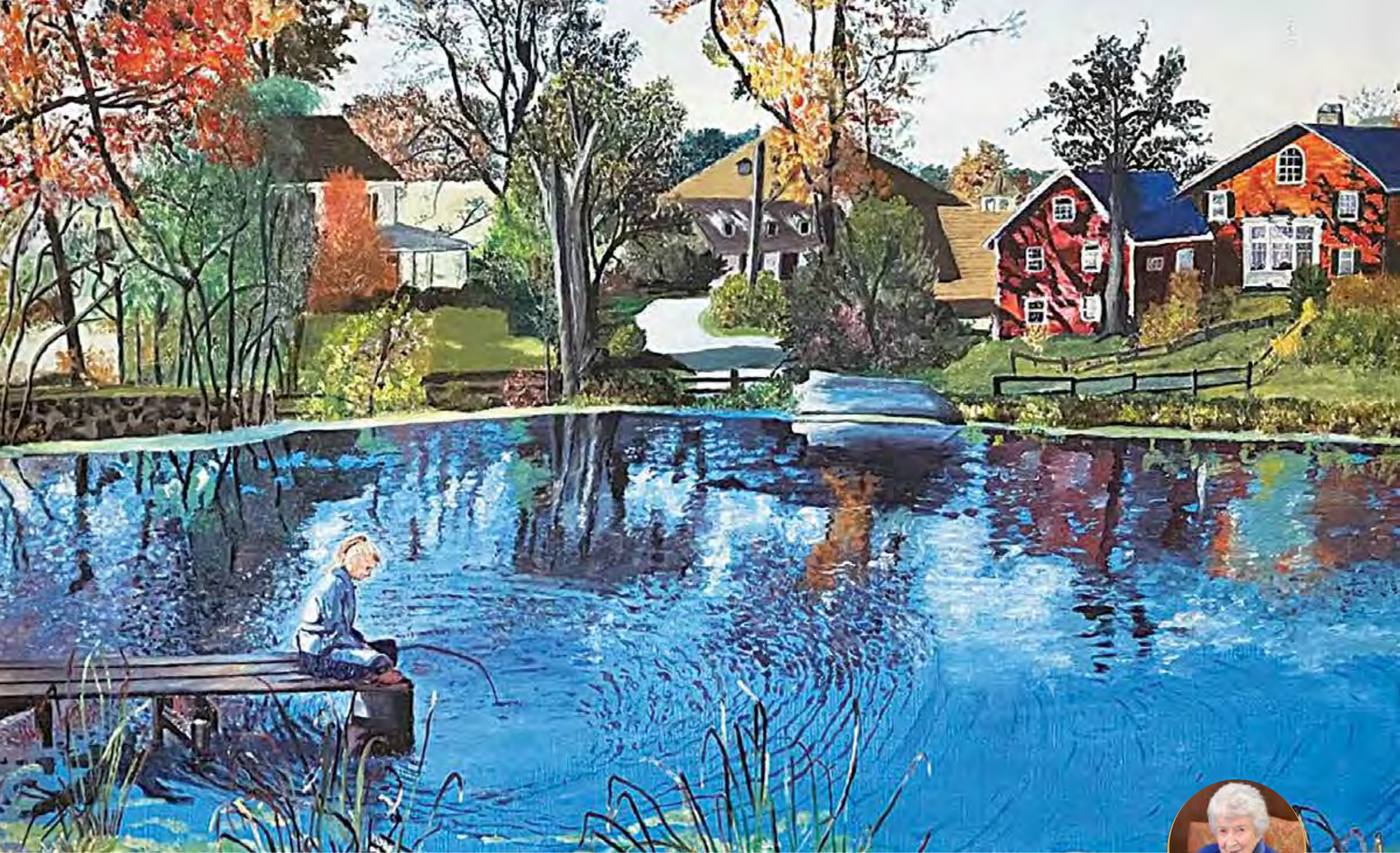
AFRICAN ELEPHANTS

Dolores Brooks, Woodbury Mews

Born in Trenton, New Jersey, in 1933, Dolores received her art education at Moravian College and Lehigh University in Bethlehem, Pennsylvania. She has won numerous awards for her artwork and it's easy to see why. This watercolor was inspired by an African Safari in Kenya. To this day, she enjoys painting, sewing design, and traveling the East Coast from Florida to Maine.

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27	28	29	30	31	<div><div>JULY</div><table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr><tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr><tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr><tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr><tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr><tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr></table></div>	S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<div><div>SEPTEMBER</div><table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1 2</td></tr><tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr><tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr><tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr><tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr></table></div>	S	M	T	W	T	F	S							1 2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
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Notes



September

2023

CONTEMPLATION

Lidia Palatino, The Watermark at 3030 Park

"Art in any medium is very relaxing," says Lidia, who completed four years of art education. Her other hobbies today include chess and computer games. Lidia hails from West New York, New Jersey, but since 2014 she has enjoyed the people, food, and community life of The Watermark at 3030 Park.



sunday	monday	tuesday	wednesday	thursday	friday	saturday
<div>AUGUST</div> <div>S M T W T H F S</div> <div>1 2 3 4 5</div> <div>6 7 8 9 10 11 12</div> <div>13 14 15 16 17 18 19</div> <div>20 21 22 23 24 25 26</div> <div>27 28 29 30 31</div>	<div>OCTOBER</div> <div>S M T W T H F S</div> <div>1 2 3 4 5 6 7</div> <div>8 9 10 11 12 13 14</div> <div>15 16 17 18 19 20 21</div> <div>22 23 24 25 26 27 28</div> <div>29 30 31</div>				1	2
3	4 Labor Day	5	6 	7	8	9
10 Grandparents' Day	11	12	13	14 	15 Rosh Hashanah Begins	16
17 Rosh Hashanah Ends	18	19	20	21	22 	23 First Day of Autumn
24 Yom Kippur Begins	25 Yom Kippur Ends	26	27	28	29 	30

Notes



October

2023

TREE CASTLE

Len Weiss, The Fountains at Millbrook

Len believes “every person has the potential to be an artist.” Having earned multiple awards during his 10-plus-year tenure at The Fountains at Millbrook, his insatiable creativity and imagination never ceases to amaze us. He constructed this latest featured work from wood, string, and other natural materials.

sunday	monday	tuesday	wednesday	thursday	friday	saturday
1	2	3	4	5	6	7
8	9 Columbus Day	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31 Halloween			<div>SEPTEMBER</div> <div>S M T W TH F S</div> <div>1 2</div> <div>3 4 5 6 7 8 9</div> <div>10 11 12 13 14 15 16</div> <div>17 18 19 20 21 22 23</div> <div>24 25 26 27 28 29 30</div>	<div>NOVEMBER</div> <div>S M T W TH F S</div> <div>1 2 3 4</div> <div>5 6 7 8 9 10 11</div> <div>12 13 14 15 16 17 18</div> <div>19 20 21 22 23 24 25</div> <div>26 27 28 29 30</div>

Notes



November

2023

CARNAVAL

Walter Moore, Sagebrook Senior Living at San Francisco

A professional photographer, Walt studied at the London Film School and spent his early adulthood traveling and photographing the world. He captured this image during San Francisco's Carnival celebration. Today, he loves gardening, dancing, and sharing his photo albums with everyone he meets at Sagebrook.



sunday	monday	tuesday	wednesday	thursday	friday	saturday
<div>OCTOBER</div> <div>S M T W T H F S</div> <div>1 2 3 4 5 6 7</div> <div>8 9 10 11 12 13 14</div> <div>15 16 17 18 19 20 21</div> <div>22 23 24 25 26 27 28</div> <div>29 30 31</div>	<div>DECEMBER</div> <div>S M T W T H F S</div> <div>1 2</div> <div>3 4 5 6 7 8 9</div> <div>10 11 12 13 14 15 16</div> <div>17 18 19 20 21 22 23</div> <div>24 25 26 27 28 29 30</div> <div>31</div>		1	2	3	4
5 <div>Daylight Saving Time Ends</div>	6	7 <div>Election Day</div>	8	9	10	11 <div>Veterans Day</div>
12 <div>Diwali</div>	13	14	15	16	17	18
19	20	21	22	23 <div>Thanksgiving Day</div>	24	25
26	27	28	29	30		

Notes



December

2023

USS MACON CA132

Jim Brown, East Village Place

Before embarking on a career in private dentistry, Jim served in the U.S. Navy. This oil painting depicts the ship he was stationed on in Korea. Seven years of art classes certainly paid off! Today, the Massachusetts native enjoys a retirement that is rich in friendships, family, and fun at East Village Place.

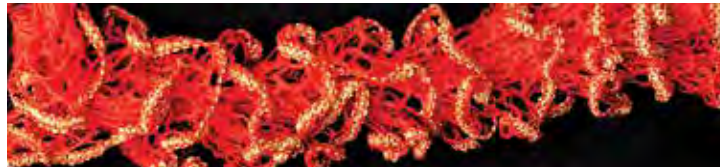


sunday	monday	tuesday	wednesday	thursday	friday	saturday
<div>NOVEMBER</div> <div>SMTWTHFS</div> <div>123456789101112131415161718192021222324252627282930</div>	<div>JANUARY 2024</div> <div>SMTWTHFS</div> <div>12345678910111213141516171819202122232425262728293031</div>				1	2
3	4	5☾	6	7 <div>Pearl Harbor Day Hanukkah Begins</div>	8	9
10	11	12●	13	14	15 <div>Hanukkah Ends</div>	16
17	18	19☾	20	21 <div>First Day of Winter</div>	22	23
24 Christmas Eve <div>New Year's Eve</div> 31	25 Christmas	26○	27	28	29	30

Creative 2023 Inspiration



HARRY KNOWLES
Legacy at Clover Blossom



Chui Lan Tse
Fremont Hills



ED JOYNER
The Fountains at The Albemarle



GAIL KOGA
The Watermark at Rosewood Gardens



SHIRLEY FERNEKES
The Fountains at Millbrook



ED SCHURIG
The Fountains at Millbrook



ANITA CHOATE
The Fountains at Boca Ciega Bay



VALERIE FULK
The Fountains at La Cholla



ROGER SWEENEY
The Fountains at Millbrook



GERRY TAMM
The Fountains at La Cholla



MADELINE ADDALIA
Woodbury Mews



JOY McALLISTER
Parkview in Frisco



DARLENE DEWOODY
Raincross at Riverside



IRIS COLLINS
The Fountains at Lake Pointe Woods



HONEY CARLEN
The Providence Fairfax



JOYCE DOPKEEN
The Seneca Rockville



LUCY MASTRODEMENICO
The Fountains at RiverVue



ELAINE LEWIS
Woodbury Mews



GENE KENNEDY
The Watermark at Continental Ranch



IRENE EPPLER
The Watermark at 3030 Park



KAYE HUMPHREYS
The Watermark at Rosewood Gardens



CAROL DATZ
The Watermark at 3030 Park



LYDIAN LAWYER
Woodbury Mews

Creative 2023 Inspiration



MARILYN ROSSI
*The Fountains at
Crystal Lake*



CATHY CAIN
Legacy at Erie Station

JOAN ZIEHL
Legacy at Erie Station



JOANNE SMITH
The Fountains at Bronson Place



BARBARA NORTH
The Watermark at Rosewood Gardens



MARILYN DUNKLE
Parkview in Frisco



KEN SUTTON
The Watermark at Cherry Hills



SANDY PICKERING
Legacy at Parklands



JOAN SOULIA
Legacy at Clover Blossom



DARRYL CHURCHILL
The Watermark at Continental Ranch



◀ In Pennsylvania, Blue Bell Place resident Vern Richardson shares his impressive musical career and describes how playing his violin (to the delight of the community) keeps him thriving.



▲ Executive Director Heather Corton isn't afraid to jump in the swimming pool along with community residents at The Glades at ChampionsGate. In fact, she's getting to know residents even better during the water aerobics sessions she teaches twice weekly.

It's "Crypto Currency" class time at The Preston of the Park Cities – except "the kids" are teaching and the residents are learning!



INSPIRATIONS

Many Watermark residents and associates love sharing their special talents through Watermark University.

Here are a few examples so inspiring they made local headlines.



▲ Behind the "dining" scenes at The Fountains at Lake Pointe Woods is a husband-and-wife team that's focusing their world-class talents on creating incredible meals for residents. And they do so with love.

Do you have a special talent, hobby, or skill you'd like to share with one of our communities as a resident, associate, or outside expert?

Speak to any Watermark community life team member about starting a Watermark University class today.



▲ At The Watermark at Bellingham, Community Life Director Olivia Grandal shares her talents as a music therapist and yoga instructor with residents through song and movement.

The Fountains at Boca Ciega Bay elevated a resident's passion for gardening and butterflies into a communitywide project to nurture a dwindling butterfly species – the Monarch.



▲ Residents at The Watermark at Trinity in Florida see the community's former maintenance manager in a whole new light – now as their painting class instructor!

Our Communities

VISIT WATERMARKCOMMUNITIES.COM FOR MORE INFORMATION

