



Modern Assisted Living

 THE HACIENDA
AT THE RIVER
ELAN COLLECTION

What is

ASSISTED LIVING?



An Assisted Living community offers daily, round-the-clock support for individuals who wish to maintain as much independence as possible while still receiving help with various tasks, including medication management and personal care.

Assisted Living at The Hacienda® at the River affords each member the opportunity to live life as they desire with confidence that expert help is available whenever needed, even if those needs change in the future. Social engagement and personal fulfillment are expressly promoted within our residential care home model, giving individuals the freedom to pursue all the things that make life worth living. It is more than a place to live, it is a place to truly thrive.

Private Assisted Living suites are comfortable, richly appointed, light-filled, and spacious, with French doors that open to a verdant courtyard of shade trees, gardens, deep covered porches, and benches. With the living room, library, kitchen, central courtyard, and gardens all just steps away, each residence is a comfortable personal oasis with no yard to maintain, kitchen to clean, or housekeeping chores.



Who needs

ASSISTED LIVING?

Who among us hasn't wished for a personal assistant to help accomplish the never-ending cycle of daily tasks? Or give us a little physical boost because our muscles and joints aren't 18 anymore?

For individuals who value their independence and want to remain socially active without the hassle of being personally responsible for every minute daily task, Assisted Living is an ideal choice. With dedicated associates to help with the to-dolists and heavy lifting and neighbors bustling around the shared home spaces, Assisted Living at The Hacienda at the River feels like a true community because it is. Here, you'll find a welcoming environment where every associate and fellow member becomes part of your extended family.

Naya Caregivers

Unlike dated care models of the past where support is meted out in ad hoc fashion, The Hacienda at the River embraces daily wellness continuity through *Nayas*, who support the holistic well-being of every member and perform nearly all of the tasks generally associated with a quality care environment. Nayas know the member's whole story, understanding the complexity of the whole person. They guide and support each individual and their family with the vital and interconnected life functions of nourishment, sleep, movement, engagement, and relationships.



Spaces

In defiance of old health care clichés, Assisted Living at The Hacienda at the River never feels institutional, uncomfortable, or uninspired. On the contrary, The Hacienda's many connected spaces are designed to support well-being, communicating a sense of comfort and integrity, bolstered by the casual ease of indoor/outdoor living.

It is an intimate, family-centered setting, where associates and members engage with one another like family in a shared home. Stories are shared, meals are savored, and memories are made—together.

*Call 520-485-1060 today
to schedule a private tour.
Let your heart find its home.*



FIND YOUR UNIQUE BALANCE

In the Presence of Horses®

Building skills of resilience, self-reliance, problem-solving, and heart-centered teamwork through equine programming, In the Presence of Horses is one of the foundational programs of The Hacienda community.

Developed by equine wellness work pioneer Barbara K. Rector of Adventures in Awareness™, The Hacienda's In the Presence of Horses program is especially beneficial for people with Parkinson's disease, dementia, or depression.

Using an invitational approach, where human and horse invite one another to interact, members learn about relationship development and communication skills, with an emphasis on trust and choice. These special visits with horses encourage meaningful connections to self, to others, and to the larger community.



The Hacienda® at the River is an award-winning senior living community in the Catalina Foothills of Tucson animated by the warm desert beauty and hospitality of the Southwest. With refined residences, elevated dining, tailored care, gardens, and a celebrated equine program, The Hacienda is dedicated to vibrant longevity inspired by the ranching lifestyle traditions of independence, neighborliness, and discovery.

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INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE



A WATERMARK RETIREMENT COMMUNITY™

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