



Assisted Living • Memory Care



extraordinary

Be surprised. Be delighted. Be yourself.



Unexpected Opportunities, Unlimited Choices

Imagine living in a place where people know your name. It's where peers understand you, new friends embrace you, and compassionate, trained associates support all your interests and needs.

Today's seniors want greater choices and a more active lifestyle than ever before. That's why we design every day at The Watermark at Southpark Meadows with engaging events, new opportunities, delicious cuisine, and personalized wellness.

Trade in cooking, cleaning, and yard work for happy hours and musical performances. Will you start off the day with cocoa and a chat, or get caught up in a morning movie? Will you join in Brain Games before a fun afternoon of line dancing, or go on adventures with fascinating friends? It's all part of our culture of choice.

They provided such great care for our mother. The whole operation is so professional (clear, responsive, helpful), and the care was top notch.



welcome

Dining and the Good Life

A good meal with good friends is one of life's greatest pleasures. Here, residents regularly connect around the table to catch up, swap stories, and share laughs.

Our ever-changing menu features everything from gourmet selections to comfort foods. Each meal is crafted with intention by our culinary team to be both healthy and delicious. And with Gourmet Bites Cuisine, you have the option to transform menu items into hand-held creations to enjoy without assistance, utensils, or distractions.

The Dining Team goes above and beyond to meet everyone's needs. They strive to make the dining room a true "experience" for everyone.



Sample Menu:

Mesclun of Baby Greens

Baked Salmon with
Lemon Dill Sauce

Roasted Prime Rib Au Jus
with Whipped Potatoes

Pasta Marinara

Spring Vegetables

Freshly Baked
Cherry Pie





How Will You Spend the Day?

There's always something happening with cultural programs, engaging events, and exciting outings. Stay as busy — or as free — as you choose and make friends along the way.

The [community] is beautiful and they always have so many neat and fun things to do!

Sample Classes:

Yoga & Flexibility	Tai Chi Balance
UpBeat Cardio	Ping Pong Challenge
Line Dancing	Bible Study
Worship & Hymns	Joyful Movement
Brain Games	





take it easy

Keeping Up With You Today, Tomorrow, and Always

As life takes its twists and turns, we're beside you every step of the way in our Assisted Living neighborhood. Daily check-ins and wellness options are only the beginning. Our goal is to assure you the right balance of independence and support as needed. Expert care is provided based on your schedule — never ours.

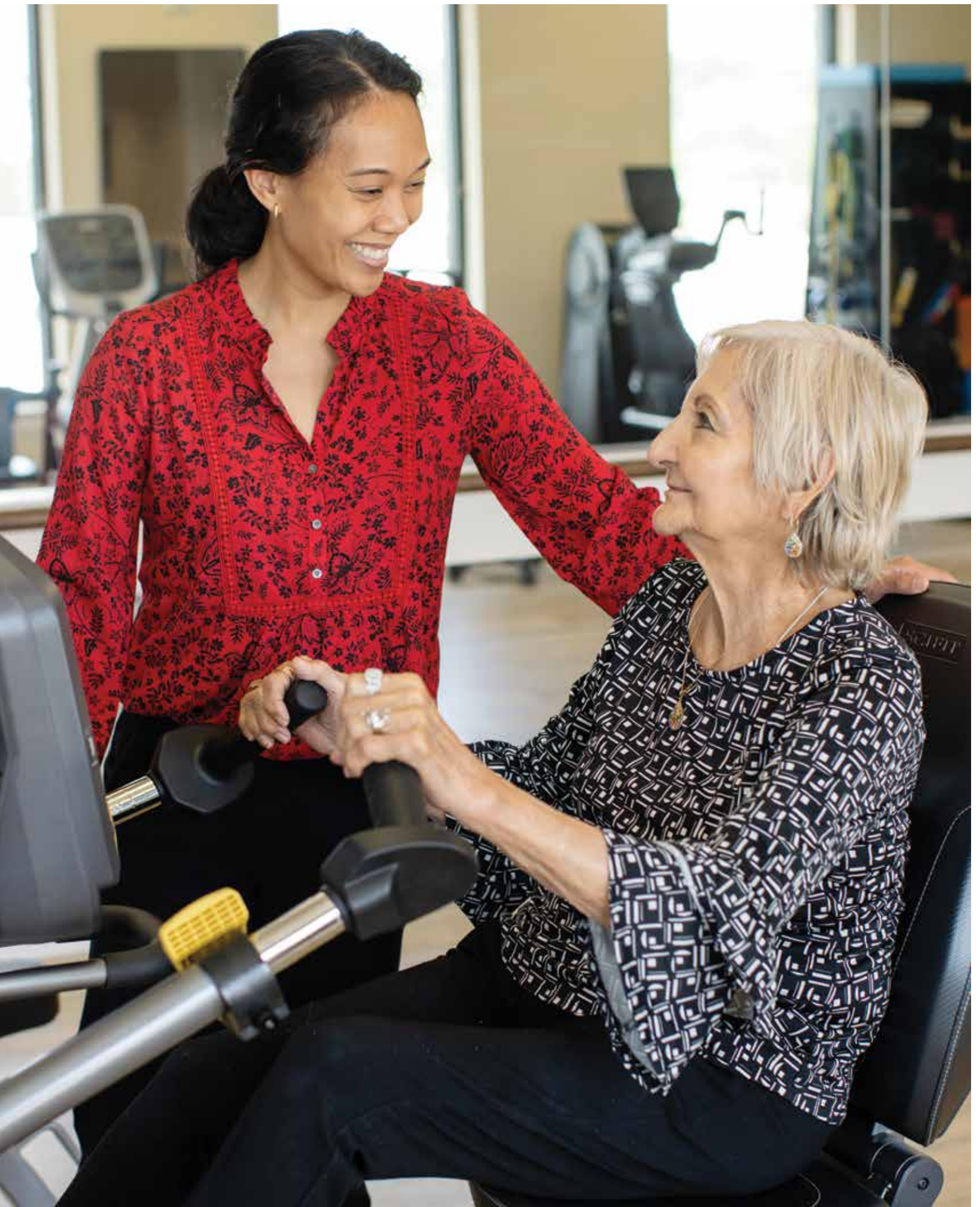
We have physical and occupational therapy right on-site, so you can get stronger faster. For scheduled outings and errands, sit back and let us do the driving. We offer personal transportation to and from shops and appointments, as well as group excursions to local attractions and cultural events.

360Well®

Whole-person wellness is about a lifelong journey of personal growth. By nurturing the mind, body, spirit, and community, this popular signature program empowers individuals to live happier, healthier, and more fulfilling lives. Either individually or with the help of a 360Well coordinator, each resident can design a holistic journey that meets their personal goals.



All of the residents and staff have been friendly, helpful, and always try to make her feel accepted.





Inspiring Confidence and Connections

When a loved one is experiencing moderate cognitive impairment, we're ready to welcome new residents into an uplifting, secure, and understanding environment that inspires connection and well-being.

Dedicated caregivers are trained in accordance with guidelines set out by the Alzheimer's Association. These compassionate associates incorporate residents into the rhythms of daily living, helping them engage in each moment and focusing on whatever evokes feelings of joy and purpose.

Prema Memory SupportSM offers customized care 24/7, putting each resident's unique life experiences, preferences, and needs first. Our positive approach focuses on what people can do, never what they cannot.



I love this place. The staff take such wonderful care of the residents.





have it all

The Carefree Lifestyle You've Been Looking For

Today's seniors want to continue an active lifestyle of independence. That's why we offer a full suite of modern amenities.

The residents were engaged and all had smiles on their faces while activities were being conducted.

- Salon & Barber Services
- Fitness Center
- Library
- Media Room
- Private Dining Room
- Chapel
- Game & Activities Room
- Delicious, Healthy Meals
- Scheduled Transportation Services
- 24/7 Associate Support
- Housekeeping
- Move-in Coordination
- Pet-friendly







experience

What Makes a Watermark Community?

You can feel the difference as soon as you walk into a Watermark Community. The smiles are friendly, the calendar is full, and the residents are always on the go. Excellent associates, genuine care, and signature programs make life great every day. That's what happens when you're supported by a company with more than 30 years of experience.

Watermark University

This award-winning program creates endless opportunities. Associates, residents, loved ones, and experts share their passions and knowledge with the community. Not only do these classes engage us in learning new things, they also bring our community together. Some favorites include *Watercolors*, *Flower Arranging*, and *Ballroom Dancing*.

Take a look at the calendar on our website and see if there's a class coming up that would interest you.



This is an amazing retirement community! I can tell that the people who run it genuinely care about their residents. The staff is always friendly, welcoming, and keeps all the residents engaged all the time.





Rest. Relax. Recuperate.

At The Watermark at Southpark Meadows, you have the opportunity to experience our lifestyle for yourself with a short-term stay. Maybe you need a little extra help while recovering from a surgery or illness. Maybe you're looking for peace of mind while a caretaker goes on vacation. Or maybe you're curious to try out our lifestyle with no commitment necessary. Call to learn the full details of this incredible opportunity.

*They really helped to ease my mind,
and made me feel good about having
professionals to guide me.*





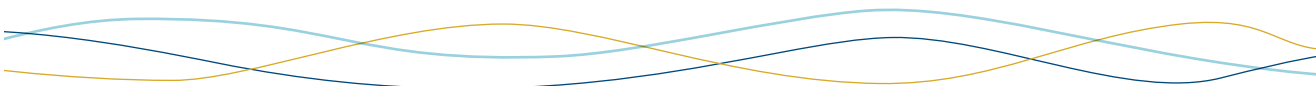
possibility,
purpose & joy

About Watermark Retirement Communities

Watermark creates extraordinary and innovative communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company that has been managing senior living communities across the United States for more than 30 years, building a reputation for integrity, innovation, financial stability, and high-quality service.

Visit watermarkcommunities.com to learn more.







It's What's Inside That Counts
expect the unexpected



LEAVE US A REVIEW



THE WATERMARK
AT SOUTHPARK MEADOWS

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