

Getting the Help You Need



When a loved one is diagnosed with Alzheimer's disease or dementia, the whole family is affected. Learn how to find support and resources:

- Family members, friends, and neighbors can work together to share responsibilities and provide breaks for the primary caregiver.
- Geriatric care managers are professionals who can suggest needed services and help you get them.
- Health care providers who specialize in dementia care understand the disease and level of care needed. These professionals can offer recommendations on how to meet those needs.
- Mental health professionals and social workers can provide needed emotional support and help develop plans to manage caregiver stress.

An Empathy-Based Approach to Memory Care

Our supportive and welcoming Thrive Memory Care program specializes in caring for individuals living with Alzheimer's disease and dementia. Certified through the National Council of Certified Dementia Practitioners, specially trained universal caregivers known as *Nayas* incorporate each resident into the rhythms of daily living, cultivating a sense of community, connection, well-being, and peace of mind for the entire family.

Contact us today to learn more and schedule a private tour.
You're not alone – we are here to help.

