

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|--|--|---|---|---|--|---|--|
| | 10:00 Wake Up and Workout- 2 LR 1:30 April IQ - B 2:00 The Biggest Pranks - B 1 | 10:00 Seated Fitness - 2 LR 1:30 Bingo - DR 6:00 Discovery w/ Donna - L 2 | 10:00 Chair Yoga-2 LR 10:30 Manicures-LC 3:00 Tea & Trivia- B 6:00 Movie 2LR 3 | 10:00 Stretching and Balance - 2 LR 2:00 WU: Horticulture 2LC 3:00 Who, What, Where Trivia 2LR 4 | 10:00 Wake Up and Workout- 2 LR 1:30 Finish The Thought - B 3:00 Happy Hour -2 LR 5 | 2:00 Movie Matinee - 2 LR 2:00 Adult Coloring - LC 6 | |
| 10:00 Communion with Lucy - 2LR 2:00- Independent Word Puzzles- LC 7 | 10:00 Wake Up and Workout- 2 LR 2:00 WU: The Life and Poetry of Emily Dickinson with Drinks- B 8 | 10:00 Seated Fitness - 2 LR 10:30 Weis Market 2:00 Entertainer 6:00 Discovery w/ Donna - L 9 | 10:00 Chair Yoga- 2 LR 10:30 Manis - LC 2:00 Food Demo LC 6:00 Movie 2LR 10 | 10:00 Stretching and Balance - 2 LR 2:30 Cindy McGrath - L 6:15 Jigsaw Puzzle Club 2 LR 11 | 10:00 Wake Up and Workout- 2 LR 3:00 Happy Hour -2 LR 6:15 Bingo w/ Jocie - DR 12 | 10:15 Word Games with Theresa - LC 1:30 WU: No Bake Dessert- Scottish Cookies 2:30 Movie Matinee - 2 LR 13 | |
| 10:00 Communion with Lucy - 2LR 1:30 Gardening Club - P 2:30-Independent Word Puzzles- LC 14 | 10:00 Wake Up and Workout- 2 LR 2:00 WU: Greek Culture and Food 2 LC 3:00 Entertainer - L 15 | 10:00 Seated Fitness - 2 LR 10:30 Dollar Tree 1:30 Menu Plan -DR 2:00-Arts & Crafts- LC 6:00 Discovery w/ Donna - L 16 | 10:00 Chair Yoga- 2 LR 10:30 Manicures - LC 2:00 Resident Council - 2 LR 2:30 Blue Bell Store 6:00 Movie 2LR 17 | 10:00 Stretching 11:30 Blue Bell Inn Lunch Trip 2:00 Anniversary of Paul Revere's Ride and Poem-B 18 | 10:00 Wake Up and Workout- 2 LR 1:30 Have a Laugh - B 3:00 Happy Hour -2 LR 19 | 2:00 Movie Matinee - 2 LR 2:00 Adult Coloring - LC 20 | |
| 10:00 Communion with Lucy - 2LR 2:00- Independent Word Puzzles- LC 21 | 10:00 Wake Up and Workout- 2 LR 2:00 WU: Passover Seder and Jewish Traditions- B 22 | 10:00 Seated Fitness - 2 LR 10:30 Nail Salon Trip 2:00 Minnie - 2 LR 6:00 Discovery w/ Donna - L 23 | 10:00 Chair Yoga- 2 LR 3:00 WU: Poetry Reading By Patricia- 2 LC 6:00 Movie 2 LR 24 | 10:00 Stretching and Balance - 2 LR 2:30 WU: History of Tree-Themed Songs - B 25 | 10:00 Wake Up and Workout- 2 LR 3:00 Happy Hour/ April BDays -2 LR 6:15 Bingo w/ Jocie - DR 26 | 10:15 Word Games with Theresa - LC 2:00 Movie Matinee - 2 LR 27 | |
| 10:00 Communion with Lucy - 2LR 2:00- Independent Word Puzzles- LC 28 | 10:00 Wake Up and Workout- 2 LR 2:00- WU: Life and Music of Willie Nelson - B 29 | 10:00 Fitness -2LR 1:30 Bingo - DR 2:30 WU: Scottish Folktales - B 6:00 Discovery w/ Donna - L 30 | ACTIVITY LOCATOR KEY L - Lobby DR - Dining Room B - 1st Floor Bistro 2LR - 2nd Floor Living Room LC - Learning Center P - Patio | | | ALL ACTIVITIES ARE SUBJECT TO CHANGE | |

APRIL 2024
Traditional

